

Northeast Michigan Community Mental Health Authority Board September 2021 Meetings



➤ **Public Hearing/
Board Meeting,
Thursday,
September 9th @
3:00 PM**

All meetings are held in the Board Training Room at 400 Johnson Street in Alpena.

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY BOARD

BOARD MEETING

September 9, 2021 at 3:00 p.m.

A G E N D A

- I. Call to Order**
- II. Roll Call & Determination of a Quorum**
- III. Pledge of Allegiance**
- IV. Appointment of Evaluator**
- V. Acknowledgement of Conflict of Interest**
- VI. Information and/or Comments from the Public**
- VII. Approval of Minutes.....(See pages 1 - 5)**
- VIII. Consent Agenda.....(See pages 6-8)**
 - 1. Contracts**
 - a. Partners In Prevention**
 - b. Thunder Bay Transportation**
 - c. Autism of America**
 - d. ACORN – Autism Centers of Michigan**
 - e. Touchstone Services Inc., dba Light of Hope Clubhouse**
 - f. Rite Aid**
 - g. Catholic Human Services**
 - h. AT & T Corporate Digital Advantage Agreement**
- IX. FY20 - 21 Budget Amendment #2.....(See pages 9-13)**
- X. FY21-22 Budget Hearing(See pages 14-15)**
- XI. September Monitoring Reports**
 - 1. Budgeting 01-004 (Available at the meeting)**
- XII. Board Policies Review and Self Evaluation**
 - 1. General Executive Constraint 01-001 [Review](See page 16)**
 - 2. Compensation and Benefits 01-008 [Review](See pages 17-18)**
 - 3. Board Committee Structure 02-006 [Review & Self-Evaluation](See pages 19-20)**
 - 4. Chief Executive Officer Search Process 03-005[Review & Self-Evaluation (See pages 21-22)**
- XIII. Linkage Reports**
 - 1. Northern Michigan Regional Entity**
 - a. Board Meeting August 25th (Verbal Update)**
 - b. Board Meeting July 28th(See pages 23-28)**
 - 2. MACMHB**
 - a. Fall Board Conference – October 25 & 26 [Grand Traverse Resort?] (Verbal Update)**
- XIV. Chair’s Report**
 - 1. Setting Perpetual Calendar.....(See pages 29-30)**
 - 2. Board Self-Evaluation Report (See Insert Booklet)**
- XV. Director’s Report**
 - 1. Director’s Report..... (Available at the Meeting)**
 - 2. QI Council Update.....(See pages 31-37)**
- XVI. Information and/or Comments from the Public**
- XVII. Information and/or Comment for the Good of the Board**
- XVIII. Next Meeting – Thursday, October 14 at 3:00 p.m.**
 - 1. Set October Agenda(See page 38)**
 - 2. Meeting Evaluation (Verbal)**
- XIX. Adjournment**

MISSION STATEMENT

To provide comprehensive services and supports that enable people to live and work independently.

Northeast Michigan Community Mental Health Authority Board
August 12, 2021

I. Call to Order

Chair Eric Lawson called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Robert Adrian, Geyer Balog, Les Buza, Bonnie Cornelius, Roger Frye, Lynnette Grzeskowiak, Terry Larson, Eric Lawson, Pat Przeslawski, Terry Small

Absent: Judy Jones (excused), Gary Nowak (excused)

Staff & Guests: Carolyn Bruning, Lee Ann Bushey, Connie Cadarette, Mary Crittenden, Rebekah Duhaime, Erin Fletcher, Ruth Hewett, Chelsea Meeder, Larry Patterson, Nena Sork, Eileen Tank, Jen Whyte

III. Pledge of Allegiance

Attendees recited the Pledge of Allegiance as a group.

IV. Appointment of Evaluator

Bob Adrian was appointed as evaluator for this meeting.

V. Acknowledgement of Conflict of Interest

No conflicts were identified.

VI. Information and/or Comments from the Public

There were no comments presented.

VII. Approval of Minutes

Moved by Roger Frye, supported by Pat Przeslawski, to approve the minutes of the July 8, 2021 meeting as presented. Motion carried.

VIII. Educational Session – Compliance Audit (Straley, Lamp & Kraenzlein PC)

Chelsea Meeder from Straley, Lamp & Kraenzlein provided Board members with an overview of the Compliance Report conducted for FY20. She reported the opinion indicated the Agency complied with all the requirements granting an unmodified opinion. This is the best opinion to be awarded. She reported they reviewed the material weakness, etc. She reviewed the examined Financial Status Reports which had no adjustments to correct submission. This was a clean audit.

Eric Lawson provided kudos to the team for getting a clean audit. Nena Sork noted this audit period was the first year with our current financial/compliance team.

Moved by Pat Przeslawski, supported by Lynnette Grzeskowiak, to accept and file the FY20 Compliance Report. Pat Przeslawski noted this agency's staff is something to be proud of. Motion carried.

IX. Consent Agenda

- 1 Saginaw Psychological Services Inc.**
- 2 modéle Consulting LLC**

Moved by Pat Przeslawski, supported by Terry Small, to approve the Consent Agenda as presented. Motion carried.

X. August Monitoring Reports

1. Treatment of Individuals Served 01-002

Ruth Hewett reported the Committee met in July and reviewed the quarterly report. Ruth Hewett reported the semi-annual report was also reviewed and forwarded to the State. The State Rights office will be here next week conducting their triennial audit, Tuesday through Friday.

2. Staff Treatment 01-003

Nena Sork reported the overall Agency turnover rate for the six months is 16%. She reported she participated in a conference call Monday with MDHHS to discuss staffing needs and issues related to retaining staff and the rates were much higher in other regions.

3. Budgeting 01-004

Connie Cadarette reviewed the Statement of Revenue and Expense for month ending June 30, 2021. She reported the revenues are coming in more than budgeted. At this point, we are underspent in Medicaid by \$2.1M and underspent in Healthy Michigan by \$618,699.15.6% more and 27.6% more in Healthy Michigan this year. Connie reported the General Funds underspending is similar across the state due to the spend-downs not being assessed to individuals. In pre-pandemic years, an individual's spend-down was covered by General Funds.

Larry Patterson reviewed the variances in the expense portion of this report. He reported the salaries and pension variance is due to the 3% retention payments being awarded to staff. He reported staff recruitment costs are increased this year. He notes there is a strong effort to develop new methods of attracting staff. Contract Inpatient is also overspent and this will most likely require a budget adjustment. Contract residential is somewhat due to a timing issue but this will also need a budget adjustment. Rent is due to the relocation of residents from the group homes due to renovation projects and rent associated with the relocations. The variance in Capital Equipment is due to the additional items being purchased. The adaptive client equipment variance is due to the wheelchair previously reported.

4. Financial Condition 01-005

Connie Cadarette reviewed the Proprietary Funds report noting the change in net position of \$291,277. There are 47 days of unrestricted net funds. The quarterly balance sheet of the endowment fund was also reviewed.

Connie Cadarette reported the NMRE puts out bids every three years for audit purposes. She reported four of the five boards use the same audit firm for their audits. She reported it would be much easier for the NMRE to have all five board use the same auditing firm. This will provide an option to have another set of eyes looking at the books. The bids were received and a firm (Roslund, Prestage & Company, P.C. (RPC)) the other four boards use was suggested to be used for the entire region. The cost is slightly more than what this Agency has paid by about \$10,000. Board members expressed concerns about not having a local company providing services versus a company outside our service area. The proposal was for a three-year agreement. Bob Adrian voiced concern about paying more money for the service. If our current auditor provided a bid and were lower, why go with the higher bid. Eric Lawson suggested the board representatives on the NMRE relay the concerns at the NMRE Board meeting. Connie Cadarette will alert Deanna at the NMRE of the Board's concern. It may be we try it for one year but not lock into a three-year contract.

The following motion is aimed at the monitoring reports only and not related to the discussion about potential audit firms for next year's audit.

Moved by Roger Frye, supported by Terry Small, to accept the August Monitoring Reports as presented. Motion carried.

XI. Board Policies Review & Self-Evaluation

1. Chairperson's Role 02-004

Board members reviewed this policy. Eric Lawson requested input from Board members as to whether this policy is being followed. He requested an "s" be added to paragraph 3 on the second page. Another change would be to change township to county in that paragraph.

2. Board Member Per Diem 2-009

The per diem rates and mileage rates were discussed. The hotel rate was clarified. The mileage rate was increased effective July 1, 2021 to 55¢ from 50¢. This policy did not require any revisions.

3. Board Self-Evaluation 02-012

Pat Przeslawski noted this evaluation process is difficult to do. She reported having less committees in the governance process has worked well.

Moved by Les Buza, supported by Bob Adrian, to revise Policy 02-004 Chairperson's Role as discussed. Motion carried.

XII. Linkage Reports

1. Northern Michigan Regional Entity (NMRE)

a. Board Meeting July 28, 2021

Roger Frye reported there were many expenses approved for SUD using the PA2 dollars. Eric Lawson noted the next NMRE meeting should have discussion related to the audit bid. Bob Adrian questioned if this Agency provided substance use treatment. Nena Sork noted the services provided by this Agency are for those with a co-occurring disorder, individuals with a serious mental illness and substance use disorder. Our services are billed under the mental illness codes. Catholic Human Services is the provider of substance use services in this region.

2. Community Mental Health Association of Michigan (CMHAM)

a. Annual Dues Assessment

The dues for this Agency from the CMHAM will increase by \$261 for the year. The dollars are based on the size of the budget. Nena Sork informed Board members of the advantages this Agency receives due to the Agency being a member of this organization.

Moved by Terry Larson, supported by Les Buza to approve the dues assessment for the Community Mental Health Association of Michigan. Motion carried.

3. Advisory Council

Les Buza reported the Council viewed a slide presentation on the residential home program. He reported the program was a well put together and suggested this be an educational session to the Board in the future. Nena Sork noted our new Home Manager, Nicole Kaiser, with support from Rebekah Duhaime, put the presentation together.

XIII. Operations Report

Mary Crittenden reviewed the July data with the Board. She noted 992 unduplicated individuals received services. Outpatient counseling is down slightly as there are currently three vacancies in this program. In addition, vacations impact the number of services delivered during July. One new person was admitted to the residential home program.

XIV. Chair's Report

Eric Lawson presented an option to waive the November 4th meeting due to the timing of the meeting. The regular November meeting would have fell on Veteran's Day, which is a holiday for the Agency. The December meeting falls early in the month of December. Terry Larson indicated if there was a need to conduct business the Board Chair could call a meeting.

Moved by Terry Larson, supported by Terry Small, to cancel the November 4th meeting unless there is a need to convene which will be at the call of the Chair. Motion carried.

1. Begin Board Self-Evaluation

Board members reviewed the excerpts of the self-evaluation of the policies provided during the meeting. The next step is to compile the results of the feedback received through the survey included in the mailing.

2. Director's Evaluation

Eric Lawson reported the performance of the director is reviewed each month during monitoring reports. Pat Przeslawski notes she is very satisfied with the direction the Agency is going.

Moved by Roger Frye, supported by Pat Przeslawski, to award a positive evaluation to the Director for the period of August 2020 through July 2021. Pat Przeslawski reported this past year with COVID challenges services were still provided in a positive manner. Roger Frye indicated the staff need to be acknowledged in the support of the Director. Eric Lawson noted the provision of leadership training is also good to see. Motion carried.

XV. Director's Report

1. Director's Update

Nena Sork provided Board members with an update of the various activities she has participated in during the past month. She thanked the Board for their confidence they have shown in her and thanked her staff for all the support. She attended the Director's Forum on July 12th which was held virtually. She noted the Board Association is very active in legislative activities. Nena Sork reported the counties have supported the resolutions recently. She reported the NMRE Finance committee was held yesterday. The OPS Committee is working very hard to have a rural exemption should the state try to privatize the mental health system.

She noted she attended the Alcona County Commissioners meeting and the Montmorency County Commissioners meeting. After the Montmorency meeting, she continued on to Gaylord for the NMRE Board meeting. The region directors met with all the Representatives in the northern region to discuss the Whitehead and Shirkey bills. The representatives from our region who were in attendance included Representative Sue Allor and Representative Ken Borton. Senator Stamas did not attend. The Presque Isle County Commissioner's meeting was moved and we were notified after the meeting of the change. She will meet with them on August 27th.

Met with the Cheboygan/Presque Isle Human Services as part of their annual meeting. She attended the NMORC (Northern Michigan Opioid Response Consortium) Prevention meeting. She also participated in a Great Lakes Leadership Cohort addressing issues related to COVID. Budget planning for FY22 has begun. She reported the Agency trustees had their annual meeting with VOYA. She reported a few months ago a retention payment was discussed with the Board related to contributions to a deferred comp account. Progress is being made to that end and educational sessions are set up for staff to attend to learn more. The Emergency Managers Team meeting was held on Monday.

As mentioned in the monitoring report related to Staff Treatment and turnover, MDHHS hosted a call on Monday related to the crisis of staff recruiting. She notes increased costs related to recruitment will continue. Contract renewals and budgets are underway.

Nena reports this Board had discussed holding the last quarter payment back due to the State not following the schedule outlined to eliminate the local match process. There is a Senate Bill in the process to be passed. She notes traction is underway to resolve this concern. The payment is due soon. Nena would recommend our quarterly payment be made rather than cause more issues.

Nena Sork reported community activities include staff participating in a Pop Up Pantry on August 21st, the Suicide Prevention Walk on September 25th and the Take Back Event on October 25th.

2. Endowment Fund Grant Awards

The grant award from the Endowment Fund was reviewed. The report for this period indicates assistance was provided with work clothing and a bicycle for transportation to work.

Bob Adrian questioned if there was traction with the letters written to the legislators. Nena Sork reported this did get everyone to the table. Representative Sue Allor and Ken Borton attended the Northern Caucus gathering the week of July 26th. Representatives from our partner Boards were also in attendance. She reported Senator Stamas did not attend and his office sent a form letter out to each county; basically the same letter..

XVI. Information and/or Comments from the Public

Eileen Tank, Bay View Center, provided the board with information about the drop in center. She reports the Bay View Center is a recovery center accepting people with a recovery diagnosis, over 18 and must be able to take care of themselves. The Center provides opportunities for group and socialization activities. Eileen had been the Director and is now the Assistant Director. She reported the 10-year anniversary is coming up September 17th and will be publicized. She extended an invitation to all Board members. She reported this Agency has been very supportive of the Center.

Eric Lawson noted this might be a good topic for an educational session for the future for the Board.

XVII. Information and/or Comments for the Good of the Board

Roger Frye noted the NMRE Board meeting topic was to decide how much money should be held in the budget for SUD. He noted one board had overspent their allotment. Terry Larson noted there is a large amount in reserves.

XVIII. Next Meeting

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, September 9, 2021 at 3:00 p.m.

1. Set September Agenda

The September agenda items were reviewed. The Public Hearing for the FY22 budget will be held in conjunction with the meeting.

XIX. Evaluation of Meeting

Bob Adrian was evaluator of the meeting. Eric Lawson provided the Board with Bob’s evaluation from notes on the form. The meeting started on time. Short audit education was quicker than normal for an educational session. He noted there was lots of discussion and input. This was a good meeting with lots of meaningful dialogue.

XX. Adjournment

Moved by Geyer Balog, supported by Terry Small, to adjourn the meeting. Motion carried. This meeting adjourned at 4:20 p.m.

Bonnie Cornelius, Secretary

Eric Lawson, Chair

Diane Hayka
Recorder

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Nena Sork
SUBJECT: Consent Agenda
DATE: August 30, 2021

I. Contracts/Agreements

A. Partners in Prevention

This is a continuation agreement with Partners in Prevention to provide various educational opportunities to community members and staff. The total amount of this agreement is not to exceed \$30,347. This is an increase of \$3,551.00 over the previous agreement. Partners in Prevention will provide the following:

1. Adult Trauma Training – this training is a four-week course for adults to learn and begin healing from their own trauma.
2. Mental Health First Aid Training – targeted for both Youth Mental Health First Aid and Adult Mental Health First Aid in the four-county catchment area.
3. Trauma Training Project and Suicide Prevention Education
4. Caring for Children who Experience Trauma – This is offered as a six-week curriculum consisting of 12 hours of training.

We recommend approval.

B. Thunder Bay Transportation Authority

The Agency contracts for transportation services from Thunder Bay Transportation Authority (TBTA). The amount budgeted for FY20/21 was \$80,000. There is no change in the proposed contract at this time. This contract will be monitored closely and if an amendment is necessary, the amendment will be provided to the Board for approval. The run cost continues to include a fuel surcharge in addition to the base charge.

Run	Cost/Hour FY 20/21	Cost/Hour FY 21/22
Contracted Services	\$42.54	\$42.54
Bus Aide (if requested by NeMCMHA)	\$16.25	\$16.25

We recommend approval.

C. Autism of America

This is a continuation contract the Agency has with Autism of America. Autism of America currently provides services to approximately 50 children/young adults with a diagnosed autism spectrum disorder served by the Agency. The rates are as follows:

Service	Code	Cost/Unit/Encounter FY20/21	Cost/Unit/Encounter FY21/22
Determine Eligibility	H0031	\$420.24/encounter	\$420.24/encounter
ABA Behavior ID Assessment	97151	\$43.44/unit (no more than 8 units allowed)	\$43.44/unit (no more than 8 units allowed)
Family Guidance/ Training	97156	\$27.17/15-minute unit or \$108.60/hour	\$27.17/15-minute unit or \$108.60/hour
ABA Supervision & Monitoring	97155	\$27.17/15-minute unit or \$108.60/hour	\$27.17/15-minute unit or \$108.60/hour
Adaptive Behavior Treatment	97153	\$13.57/15-minute unit (BCBA) \$11.31/15-minute unit (tech staff)	\$14.67/15-minute unit (BCBA) \$12.41/15-minute unit (tech staff)

We recommend approval.

D. ACORN – Autism Centers of Michigan

Autism Centers of Michigan is an organization able to provide the needed autism services for children. Autism Centers of Michigan is an Acorn Health Company. The cost for services are slightly higher in some areas but given the lack of qualified providers in the area, the rates are acceptable to management. There is no capitation on the autism contracts as we are mandated to provide the service and this is flexible with each provider.

Autism Centers of Michigan has not requested a rate increase for any of the services provided.

Service	Code	BCBA Cost/Unit/Encounter	BCaBA Cost/Unit/Encounter	Behavior Technician
Determine Eligibility	H0031	\$153.00/hour	N/A	N/A
ABA Behavior ID Assessment	97151	\$27.00/15-minute unit or \$108.00/hr	\$19.12/15-minute unit or \$76.48/hr	N/A
Family Guidance/Training	97156	\$27.00/15-minute unit or \$108.00/hr	\$19.12/15-minute unit or \$76.48/hr	N/A
ABA Supervision and Monitoring	97155	\$27.00/15-minute unit or \$108.00/hr	\$19.12/15-minute unit or \$76.48/hr	N/A
Adaptive Behavior Monitoring	97153	\$15.56/15-minute unit or \$62.24/hr	\$15.56/15-minute unit or \$62.24/hr	\$13.50/15-minute unit or \$54.00/hr

We recommend approval.

E. Touchstone Services Inc., dba Light of Hope Clubhouse

This is a continuation contract with Touchstone Services to provide psychosocial rehabilitation services (Clubhouse). The total amount for a full-year contract is \$489,730. This is the same as

last year's budget for this contract. The monthly installments will be \$40,810.83. The Agency will conduct a semi-annual review to address costs incurred. Note: Touchstone has received their CARF International Accreditation. We recommend approval.

F. Rite Aid

This agreement with Rite Aid will provide the provision of flu shots for Northeast's eligible members by authorized pharmacists at a cost of \$32.00/vaccine. Rite Aid provides access to flu shots for employees in all of our counties by way of voucher if the employee is unable to attend the flu shot clinic at the Alpena Office. We recommend approval.

G. Catholic Human Services

This contract is a continuation agreement with Catholic Human Services to provide wraparound coordination and services for Children with Serious Emotional Disturbances. This is a Medicaid-funded service. The unit cost is an average of \$58.24 per unit. It is anticipated Catholic Human Service will provide a minimum of 1,860 units for FY22 totaling \$108,330.00. If the 1,860 units are exceeded, a cost settlement will be conducted and Board approval will be sought. We recommend approval.

H. AT & T Corporate Digital Advantage Agreement

The Agency has been using Verizon Cellular for all Agency cellular phones, laptops, iPads, tablets and MiFis. The currently monthly cost is approximately \$7,900.00. With this cost, each device is limited to 2 MB/month. The annual cost is approximately \$94,800; however, the cost can increase if a device uses more than the allotted 2 MB for the month. The AT & T plan has unlimited voice, text and data for the same amount of devices and will cost \$5,802 per month for an annual cost of \$69,624.00, saving the Agency \$25,000. A test was conducted at the Agency sites to assure connectivity. We recommend approval.

Northeast Michigan Community Mental Health Authority
2020-2021 Budget Amendment #2
Revenue Budget

Line #	Revenue Source	FY21 Budget Amendment #1	\$\$\$ Incr./ (Decr.)	FY21 Budget Amendment #2	Totals	% of Total Budget
1	Rent Income	\$ 12,951	\$ -	\$ 12,951	\$ 12,951	0.04%
2	State Contracts		\$ -		105,187	0.30%
3	PASARR (Nursing Home Services)	103,587	\$ 1,600	105,187		
4	Private Contracts		\$ -		58,912	0.17%
5	Blue Horizons Management Services	18,250	\$ -	18,250		
6	MI Child Collaborative Care Grant	40,662	\$ -	40,662		
7	Local Funding		\$ -		603,450	1.74%
8	Alcona County Allocation	35,223	\$ -	35,223		
9	Alpena County Allocation	150,216	\$ -	150,216		
10	Montmorency County Allocation	31,435	\$ -	31,435		
11	Presque Isle County Allocation	49,764	\$ -	49,764		
12	Rebates/Incentives/Other local revenue/Grants	299,312	\$ 37,500	336,812		
13	Interest Income	12,165	\$ -	12,165	12,165	0.03%
14	Medicaid	27,345,847	\$ 2,329,715	29,675,562	29,675,562	85.34%
15	General Funds from MDCH		\$ -		1,046,679	3.01%
16	Operational (Community) Funding	1,046,679	\$ -	1,046,679		
17	Carryforward from FY19 to FY20	-	\$ -	-		
18	Healthy Michigan Plan	1,875,267	\$ 462,000	2,337,267	2,337,267	6.72%
19	Third Party Insurance (incl. COFR)	387,346	\$ (20,000)	367,346	367,346	1.06%
20	Residential Clients - Room & Board	521,551	\$ -	521,551	521,551	1.50%
21	Club House Food Sales	-	\$ -	-	-	0.00%
22	Donations	-	\$ -	-	-	0.00%
23	Other Revenue		\$ -		31,450	0.09%
24	Reimbursed Class Fees	4,250	\$ -	4,250		
25	Telephone Usage Rebates	-	\$ -	-		
26	Representative Payee Fees	17,550	\$ -	17,550		
27	Record Copying Fees	7,250	\$ -	7,250		
28	Michigan Rehabilitation Services	-	\$ -	-		
29	Miscellaneous Other Income	2,400	\$ -	2,400		
30	Total Revenues	\$ 31,961,705	\$ 2,810,815	\$ 34,772,520	\$ 34,772,520	100.00%

Northeast Michigan Community Mental Health Authority
2020-2021 Budget Amendment #2
 Expenditure Budget (by account)

Line #	Expenditure Type	FY21 Budget Amendment #1	\$\$\$ Incr./(Decr.)	FY21 Budget Amendment #2
1	Salaries	\$ 13,612,264	\$ 913,350	\$ 14,525,614
2	Social Security Tax	686,351	\$ -	686,351
3	Health Savings Accounts	47,000	\$ 3,980	50,980
4	Health Insurance (self insured)	2,342,272	\$ 433,700	2,775,972
5	Prescription Insurance (self insured)	423,669	\$ 41,075	464,744
6	Dental Insurance (self insured)	116,367	\$ -	116,367
7	Vision Insurance (self insured)	36,628	\$ -	36,628
8	Life Insurance	30,991	\$ -	30,991
9	Long Term Disability Insurance	29,307	\$ -	29,307
10	Short Term Disability Insurance	164,969	\$ -	164,969
11	Pension	758,694	\$ 102,225	860,919
12	Pension (Social Security Opt Out)	306,225	\$ 57,175	363,400
13	Unemployment	8,000	\$ -	8,000
14	Workers Compensation	176,246	\$ -	176,246
15	Office Supplies	29,125	\$ -	29,125
16	Postage	18,596	\$ -	18,596
17	Advertisement/Recruitment	45,317	\$ 28,860	74,177
18	Public Relations/Community Education	14,542	\$ 2,500	17,042
19	Employee Relations/Wellness	52,072	\$ 8,000	60,072
20	Computer Maintenance/Supplies	378,214	\$ -	378,214
21	Activity/Program Supplies	30,512	\$ 5,500	36,012
22	Medical Supplies & Services	143,732	\$ -	143,732
23	Household Supplies	56,030	\$ 2,000	58,030
24	Clothing	-	\$ -	-
25	Contracted Inpatient	1,258,246	\$ 89,000	1,347,246
26	Contracted Transportation	66,498	\$ 14,000	80,498
27	Contracted Residential (incl. Self Determination)	5,332,517	\$ 543,750	5,876,267
28	Contracted Employees/Services	3,958,329	\$ 290,500	4,248,829
29	Telephone / Internet (Communications)	133,955	\$ 5,540	139,495
30	Staff Meals & Lodging	30,225	\$ -	30,225
31	Staff Travel Mileage	162,635	\$ 2,500	165,135
32	Vehicle Gasoline	108,657	\$ -	108,657
33	Client Travel Mileage	37,893	\$ -	37,893
34	Board Travel and Expenses	13,664	\$ -	13,664
35	Staff Development-Conference Fees	31,795	\$ -	31,795
36	Staff Physicals/Immunizations	13,393	\$ -	13,393
37	Professional Fees (Audit, Legal, CARF)	66,574	\$ 5,250	71,824
38	Professional Liability Insurance Drs.	21,295	\$ -	21,295
39	Property/Staff Liability Insurance (net)	44,022	\$ -	44,022
40	Heat	26,213	\$ -	26,213
41	Electricity	95,703	\$ -	95,703
42	Water/Sewage	26,228	\$ 1,000	27,228
43	Sanitation	11,102	\$ -	11,102
44	Office Building/Equipment Maintenance	70,038	\$ -	70,038
45	Home Maintenance (incl. Envir. Modifications)	40,815	\$ 4,100	44,915
46	Vehicle Maintenance	46,620	\$ -	46,620
47	Rent-Homes and Office Buildings	226,023	\$ 72,000	298,023
48	Rent-Equipment	6,004	\$ -	6,004
49	Membership Dues	29,318	\$ 8,800	38,118
50	Food	149,309	\$ -	149,309
51	Food Stamps	(83,746)	\$ -	(83,746)
52	Capital Equipment over \$200	330,435	\$ 108,050	438,485
53	Consumable Equipment under \$200	6,570	\$ -	6,570
54	Computer Equipment over \$200	65,400	\$ 13,000	78,400
55	Client Adaptive Equipment	14,828	\$ 15,000	29,828
56	Depreciation Expense Adjustment	34,384	\$ (40)	34,344
57	General Fund Expenditures	9,640	\$ -	9,640
58	Local Fund Expenditures (10% State Hospital)	70,000	\$ 40,000	110,000
59	Unidentified Budget Corrections (TBD)	-	\$ -	-
60	Total Expenditures	\$ 31,961,705	\$ 2,810,815	\$ 34,772,520

Northeast Michigan Community Mental Health Authority
2020-2021 Budget Amendment #2
 Expenditure Budget (by program)

Line #	Program	FY21 Budget Amendment #1	\$\$\$ Incr./Decr.)	FY21 Budget Amendment #2	FY21 to FY21 Amendment #2 % Incr./Decr.)
1	Board Administration	\$ 742,861	\$ 133,500	\$ 876,361	18.0%
2	DD Administration	180,123	\$ 44,000	224,123	24.4%
3	Managed Information Systems (MIS)	1,197,207	\$ 136,000	1,333,207	11.4%
4	Staff Development	36,247	\$ 13,800	50,047	38.1%
5	Budget & Finance	1,013,326	\$ 136,500	1,149,826	13.5%
6	Clerical Support Services	511,496	\$ 39,700	551,196	7.8%
7	Human Resources	514,544	\$ 88,850	603,394	17.3%
8	Facilities, Vehicles, Equip. Maintenance	896,921	\$ -	896,921	0.0%
9	Quality Improvement	221,198	\$ 30,100	251,298	13.6%
10	MI Outpatient	1,264,191	\$ 14,000	1,278,191	1.1%
11	MI Administration	60,447	\$ 6,640	67,087	11.0%
12	Physician Services	1,626,547	\$ 211,050	1,837,597	13.0%
13	Housekeeping	134,346	\$ 3,985	138,331	3.0%
14	Customer Service	77,058	\$ 10,650	87,708	13.8%
15	Older Adult Services - PASARR	72,892	\$ 1,600	74,492	2.2%
16	Older Adult Case Management	647,451	\$ 66,325	713,776	10.2%
17	MI Case Management	736,785	\$ 2,500	739,285	0.3%
18	Assertive Community Treatment (ACT)	472,890	\$ 20,000	492,890	4.2%
19	Children's Home Based and Comm. Services	674,303	\$ 107,955	782,258	16.0%
20	MI Child Collaborative Care Grant	50,216	\$ -	50,216	0.0%
21	Children's Wraparound	108,330	\$ -	108,330	0.0%
22	DD Case Management	804,063	\$ 38,535	842,598	4.8%
23	DD Clinical Support	270,116	\$ 149,600	419,716	55.4%
24	Applied Behavioral Analysis (Autism) Services	1,335,915	\$ -	1,335,915	0.0%
25	Behavior Health Home	209,820	\$ (99,000)	110,820	-47.2%
26	Private Hospitalization (all populations)	1,258,246	\$ 89,000	1,347,246	7.1%
27	State Hospitalization (County 10% Share only)	70,000	\$ 40,000	110,000	57.1%
28	DD Community Employment	1,242,000	\$ -	1,242,000	0.0%
29	DD Community Support	1,016,027	\$ 160,500	1,176,527	15.8%
30	MI Adult Clubhouse (Touchstone Inc. 1/1/2020)	489,730	\$ 103,000	592,730	21.0%
31	Bay View Center	96,900	\$ 36,500	133,400	37.7%
32	Peer Directed Activities	28,450	\$ -	28,450	0.0%
33	MI Peer Support Services	163,300	\$ 19,700	183,000	12.1%
34	MI Community Employment	185,558	\$ -	185,558	0.0%
35	Contracted Residential	4,366,426	\$ 233,000	4,599,426	5.3%
36	Respite (DD & MI)	145,265	\$ -	145,265	0.0%
37	DD SIP Monitoring	497,553	\$ 94,000	591,553	18.9%
38	DD Supported Independent Living (SIP)	1,785,768	\$ -	1,785,768	0.0%
39	Self Determination (DD & MI)	1,612,315	\$ 367,750	1,980,065	22.8%
40	Hospital Transportation	26,397	\$ -	26,397	0.0%
41	Cambridge Residential DD	607,341	\$ 75,900	683,241	12.5%
42	Princeton Residential DD	646,195	\$ 102,550	748,745	15.9%
43	Walnut Residential DD	717,874	\$ 83,175	801,049	11.6%
44	Thunder Bay Heights Residential DD	674,286	\$ 59,100	733,386	8.8%
45	Pinepark Residential DD	581,417	\$ 47,200	628,617	8.1%
46	Brege Residential DD	659,886	\$ 51,450	711,336	7.8%
47	Harrisville Residential DD	605,442	\$ 29,400	634,842	4.9%
48	Millcreek Residential DD	626,036	\$ 62,300	688,336	10.0%
49	Budget Corrections to be spread to programs		\$ -		100.0%
50	Total Expenditures	\$ 31,961,705	\$ 2,810,815	\$ 34,772,520	8.8%

Northeast Michigan Community Mental Health Authority
2020-2021 Budget Amendment #2

Capital Purchases

Line #	Program	Description	\$\$\$
Equipment, Furniture, Building Improvements			
	Staff Development	Training Item	1,000
	Facilities	4 x 4 SUV (1)	26,000
	Facilities	Mini Van (1)	28,000
	Facilities	Mini Van w/Ramp (2)	76,000
	Facilities	Extended Hi-Top Van (3)	156,000
	Facilities	Alpena Office - HVAC Replaced	9,000
	Facilities	Seal/Repair Alpena Office Parking Lot	10,000
	Housekeeping	New Vacuum Cleaners	1,635
	Cambridge	One Major Appliance	1,000
	Princeton	One Major Appliance	1,000
	Walnut	One Major Appliance	1,000
	Thunder Bay	One Major Appliance	1,000
	Pine Park	One Major Appliance	1,000
	Brege	One Major Appliance	1,000
	Brege	TV	800
	Brege	Love Seat	1,000
	Harrisville	One Major Appliance	1,000
	Millcreek	One Major Appliance	1,000
	Total Equipment, Furniture, Building Improvements		\$ 317,435
Computer Equipment			
	MIS	Laptops 10 @ \$1,800.00 each	18,000
	MIS	Cisco Switch	8,000
	MIS	Cisco Switch for the internet	8,000
	MIS	Cisco Router 7800	12,400
	MIS	Desktop Computers 5 @ \$1,200.00 each	6,000
	MIS	iPads (Verison Connection) s/cases and keyboards \$1,300.00 each	13,000
	MIS	10-15 Cisco Phones @ \$500.00 each	7,500
	MIS	Fax/Server	5,000
	Total Computer Equipment		\$ 77,900

Vehicle Replacement Policy:

Agency owned vehicles will be reviewed for replacement when:

- a. they have reached a service life of five years and/or they have accumulated 120,000 miles,*
- b. excessive wear or costs dictates that the vehicle be removed from service, or*
- c. safety conditions require that they be removed from service.*

Northeast Michigan Community Mental Health Authority
2020-2021 Budget Amendment #2
Staffing - Full Time Equivalents (FTE's)

Line #	Program	FY21 Budget Amendment #1	FTE Incr./((Decr.)	FY21 Budget Amendment #2	% Incr./((Decr.)
1	Board Administration	6.39	0.52	6.91	8.1%
2	DD Administration	2.00	-	2.00	0.0%
3	Managed Information Systems (MIS)	6.00	-	6.00	0.0%
4	Staff Development	0.37	-	0.37	0.0%
5	Budget & Finance	9.98	-	9.98	0.0%
6	Clerical Support Services	7.85	-	7.85	0.0%
7	Human Resources	4.15	-	4.15	0.0%
8	Facilities, Vehicles, Equip. Maintenance	2.85	0.05	2.90	1.8%
9	Quality Improvement	2.00	-	2.00	0.0%
10	MI Outpatient	11.50	-	11.50	0.0%
11	MI Administration	0.50	-	0.50	0.0%
12	Physician Services	10.10	-	10.10	0.0%
13	Housekeeping	3.60	-	3.60	0.0%
14	Customer Service	1.25	-	1.25	0.0%
15	Geriatric Services - PASARR	0.91	-	0.91	0.0%
16	Geriatric Case Management	10.71	-	10.71	0.0%
17	MI Case Management (see DD Case Manage)	11.78	-	11.78	0.0%
18	Assertive Community Treatment (ACT)	6.00	-	6.00	0.0%
19	Children's Home Based and Comm. Services	8.80	1.63	10.43	18.5%
20	MI Child Collaborative Care Grant	0.50	-	0.50	0.0%
21	DD Case Management (see MI Case Manage)	10.00	-	10.00	0.0%
22	DD Clinical Support	1.80	-	1.80	0.0%
23	Applied Behavioral Analysis (Autism) Services	2.00	-	2.00	0.0%
24	Behavior Health Home	2.35	-	2.35	0.0%
25	DD Community Employment	12.70	-	12.70	0.0%
26	DD Community Living Supports	17.41	-	17.41	0.0%
27	Peer Directed Activities	0.78	-	0.78	0.0%
28	MI Peer Support Services	3.63	-	3.63	0.0%
29	MI Community Employment	3.55	-	3.55	0.0%
30	SIP Monitoring	9.97	-	9.97	0.0%
31	DD Supported Independent Living (SIP)	37.85	-	37.85	0.0%
32	Self Determination (MI & DD)	4.31	-	4.31	0.0%
33	Hospital Transportation (new)	0.67	-	0.67	0.0%
34	Cambridge Residential DD	12.43	-	12.43	0.0%
35	Princeton Residential DD	13.97	-	13.97	0.0%
36	Walnut Residential DD	13.65	-	13.65	0.0%
37	Thunder Bay Residential DD	12.13	-	12.13	0.0%
38	Pinepark Residential DD	12.61	-	12.61	0.0%
39	Brege Residential DD	13.42	-	13.42	0.0%
40	Harrisville Residential DD	12.57	-	12.57	0.0%
41	Millcreek Residential DD	12.23	-	12.23	0.0%
42	Total FTE's	317.27	2.20	319.47	0.7%

Northeast Michigan Community Mental Health Authority
2021-2022 Continuation Budget
Revenue Budget

Line #	Revenue Source	FY21 Budget	\$\$\$ Incr./ (Decr.)	FY22 Continuation Budget	Totals	% of Total Budget
1	Rent Income	\$ 12,951	\$ -	\$ 12,951	\$ 12,951	0.04%
2	State Contracts				105,187	0.30%
3	PASARR (Nursing Home Services)	105,187	-	105,187		
4	Private Contracts				58,912	0.17%
5	Blue Horizons Management Services	18,250	-	18,250		
6	MI Child Collaborative Care Grant	40,662	-	40,662		
7	Local Funding				603,450	1.74%
8	Alcona County Allocation	35,223	-	35,223		
9	Alpena County Allocation	150,216	-	150,216		
10	Montmorency County Allocation	31,435	-	31,435		
11	Presque Isle County Allocation	49,764	-	49,764		
12	Rebates/Incentives/Other local revenue	336,812	-	336,812		
13	Interest Income	12,165	-	12,165	12,165	0.03%
14	Medicaid	29,675,562	-	29,675,562	29,675,562	85.34%
15	General Funds from MDCH				1,046,679	3.01%
16	Operational (Community) Funding	1,001,627	-	1,001,627		
17	Carryforward from FY20 to FY21	45,052	-	45,052		
18	Healthy Michigan Plan	2,337,267	-	2,337,267	2,337,267	6.72%
19	Third Party Insurance (incl. COFR & Child Waiver)	367,346	-	367,346	367,346	1.06%
20	Residential Clients - Room & Board	521,551	-	521,551	521,551	1.50%
21	Club House Food Sales	-	-	-	-	0.00%
22	Donations	-	-	-	-	0.00%
23	Other Revenue				31,450	0.09%
24	Reimbursed Class Fees	4,250	-	4,250		
25	Telephone Usage Rebates	-	-	-		
26	Representative Payee Fees	17,550	-	17,550		
27	Record Copying Fees	7,250	-	7,250		
28	Michigan Rehabilitation Services	2,400	-	2,400		
29	Miscellaneous Other Income	-	-	-		
30	Total Revenues	\$ 34,772,520	\$ -	\$ 34,772,520	\$ 34,772,520	100.00%

Northeast Michigan Community Mental Health Authority
2021-2022 Continuation Budget
 Expenditure Budget (by account)

Line #	Expenditure Type	FY21 Budget	\$\$\$ Incr./(Decr.)	FY22 Continuation Budget	% Incr./(Decr.)
1	Salaries	\$ 14,525,614	\$ -	\$ 14,525,614	0.0%
2	Social Security Tax	686,351	-	686,351	0.0%
3	Health Savings Accounts	50,980	-	50,980	0.0%
4	Health Insurance (self insured)	2,775,972	-	2,775,972	0.0%
5	Prescription Insurance (self insured)	464,744	-	464,744	0.0%
6	Dental Insurance (self insured)	116,367	-	116,367	0.0%
7	Vision Insurance (self insured)	36,628	-	36,628	0.0%
8	Life Insurance	30,991	-	30,991	0.0%
9	Long Term Disability Insurance	29,307	-	29,307	0.0%
10	Short Term Disability Insurance	164,969	-	164,969	0.0%
11	Pension	860,919	-	860,919	0.0%
12	Pension (Social Security Opt Out)	363,400	-	363,400	0.0%
13	Unemployment	8,000	-	8,000	0.0%
14	Workers Compensation	176,246	-	176,246	0.0%
15	Office Supplies	29,125	-	29,125	0.0%
16	Postage	18,596	-	18,596	0.0%
17	Advertisement/Recruitment	74,177	-	74,177	0.0%
18	Public Relations/Community Education	17,042	-	17,042	0.0%
19	Employee Relations/Wellness	60,072	-	60,072	0.0%
20	Computer Maintenance/Supplies	378,214	-	378,214	0.0%
21	Activity/Program Supplies	36,012	-	36,012	0.0%
22	Medical Supplies & Services	143,732	-	143,732	0.0%
23	Household Supplies	58,030	-	58,030	0.0%
24	Clothing	-	-	-	100.0%
25	Contracted Inpatient	1,347,246	-	1,347,246	0.0%
26	Contracted Transportation	80,498	-	80,498	0.0%
27	Contracted Residential (incl. Self Determination)	5,876,267	-	5,876,267	0.0%
28	Contracted Employees/Services	4,248,829	-	4,248,829	0.0%
29	Telephone / Internet (Communications)	139,495	-	139,495	0.0%
30	Staff Meals & Lodging	30,225	-	30,225	0.0%
31	Staff Travel Mileage	165,135	-	165,135	0.0%
32	Vehicle Gasoline	108,657	-	108,657	0.0%
33	Client Travel Mileage	37,893	-	37,893	0.0%
34	Board Travel and Expenses	13,664	-	13,664	0.0%
35	Staff Development-Conference Fees	31,795	-	31,795	0.0%
36	Staff Physicals/Immunizations	13,393	-	13,393	0.0%
37	Professional Fees (Audit, Legal, CARF)	71,824	-	71,824	0.0%
38	Professional Liability Insurance Drs.	21,295	-	21,295	0.0%
39	Property/Staff Liability Insurance (net)	44,022	-	44,022	0.0%
40	Heat	26,213	-	26,213	0.0%
41	Electricity	95,703	-	95,703	0.0%
42	Water/Sewage	27,228	-	27,228	0.0%
43	Sanitation	11,102	-	11,102	0.0%
44	Office Building/Equipment Maintenance	70,038	-	70,038	0.0%
45	Home Maintenance (incl. Envir. Modifications)	44,915	-	44,915	0.0%
46	Vehicle Maintenance	46,620	-	46,620	0.0%
47	Rent-Homes and Office Buildings	298,023	-	298,023	0.0%
48	Rent-Equipment	6,004	-	6,004	0.0%
49	Membership Dues	38,118	-	38,118	0.0%
50	Food	149,309	-	149,309	0.0%
51	Food Stamps	(83,746)	-	(83,746)	0.0%
52	Capital Equipment over \$200	438,485	-	438,485	0.0%
53	Consumable Equipment under \$200	6,570	-	6,570	0.0%
54	Computer Equipment over \$200	78,400	-	78,400	0.0%
55	Client Adaptive Equipment	29,828	-	29,828	0.0%
56	Depreciation Expense Adjustment	34,344	-	34,344	0.0%
57	General Fund Expenditures	9,640	-	9,640	0.0%
58	Local Fund Expenditures (10% State Hospital)	110,000	-	110,000	0.0%
59	Unidentified Budget Corrections (TBD)	-	-	-	100.0%
60	Total Expenditures	\$ 34,772,520	\$ -	\$ 34,772,520	0.0%

Northeast Michigan Community Mental Health Authority
Statement of Revenue and Expense and Change in Net Position (by line item)
For the Tenth Month Ending July 31, 2021
83.33% of year elapsed

	Actual July Year to Date	Budget July Year to Date	Variance July Year to Date	Budget FY21	% of Budget Earned or Used
Revenue					
1 State Grants	75,634.44	86,322.50	\$ (10,688)	103,587.00	73.0%
2 Private Contracts	20,961.00	49,093.30	(28,132)	58,912.00	35.6%
3 Grants from Local Units	484,132.89	471,625.00	12,508	565,950.00	85.5%
4 Interest Income	1,435.25	10,137.50	(8,702)	12,165.00	11.8%
5 Medicaid Revenue	24,107,058.49	22,788,206.40	1,318,852	27,345,847.00	88.2%
6 General Fund Revenue	741,325.83	872,232.60	(130,907)	1,046,679.00	70.8%
7 Healthy Michigan Revenue	1,350,264.61	1,562,721.80	(212,457)	1,875,266.00	72.0%
8 3rd Party Revenue	372,987.08	322,790.00	50,197	387,346.00	96.3%
9 Behavior Health Home Revenue	18,952.38	0.00	18,952	0.00	0.0%
10 SSI/SSA Revenue	426,745.45	434,626.40	(7,881)	521,552.00	81.8%
11 Other Revenue	67,015.70	37,000.90	30,015	44,401.00	150.9%
12 Total Revenue	27,666,513	26,634,756	1,031,757	31,961,705	86.2%
Expense					
13 Salaries	11,494,835.07	11,341,398.10	(153,437)	13,612,264.00	84.4%
14 Social Security Tax	504,340.94	571,959.10	67,618	686,351.00	73.5%
15 Self Insured Benefits	2,666,379.88	2,471,612.86	(194,767)	2,965,936.00	89.9%
16 Life and Disability Insurances	166,241.25	187,722.30	21,481	225,267.00	73.8%
17 Pension	950,159.59	887,432.90	(62,727)	1,064,919.00	89.2%
18 Unemployment & Workers Comp.	132,469.90	153,538.30	21,068	184,246.00	71.9%
19 Office Supplies & Postage	34,123.23	39,768.10	5,645	47,721.00	71.5%
20 Staff Recruiting & Development	95,032.50	75,421.00	(19,612)	90,505.00	105.0%
21 Community Relations/Education	15,102.37	12,118.30	(2,984)	14,542.00	103.9%
22 Employee Relations/Wellness	42,604.45	43,393.30	789	52,072.00	81.8%
23 Program Supplies	433,709.08	512,548.30	78,839	615,058.00	70.5%
24 Contract Inpatient	1,150,273.86	1,048,538.30	(101,736)	1,258,246.00	91.4%
25 Contract Transportation	43,102.74	55,414.90	12,312	66,498.00	64.8%
26 Contract Residential	4,926,313.69	4,443,764.20	(482,549)	5,332,517.00	92.4%
27 Contract Employees & Services	3,155,600.96	3,298,607.54	143,007	3,958,329.00	79.7%
28 Telephone & Connectivity	116,746.59	111,662.60	(5,084)	133,995.00	87.1%
29 Staff Meals & Lodging	3,518.32	25,187.40	21,669	30,225.00	11.6%
30 Mileage and Gasoline	217,683.41	257,653.80	39,970	309,185.00	70.4%
31 Board Travel/Education	2,298.04	11,386.70	9,089	13,664.00	16.8%
32 Professional Fees	31,591.09	55,478.30	23,887	66,574.00	47.5%
33 Property & Liability Insurance	106,714.97	54,430.80	(52,284)	65,317.00	163.4%
34 Utilities	130,061.98	132,704.80	2,643	159,246.00	81.7%
35 Maintenance	90,427.99	131,227.40	40,799	157,473.00	57.4%
36 Rent	266,518.67	195,514.28	(71,004)	232,027.00	114.9%
37 Food (net of food stamps)	37,936.30	54,636.00	16,700	65,563.00	57.9%
38 Capital Equipment	147,158.51	47,862.24	(99,296)	57,435.00	256.2%
39 Client Equipment	24,814.73	12,356.70	(12,458)	14,828.00	167.4%
40 Miscellaneous Expense	116,392.35	90,798.20	(25,594)	108,958.00	106.8%
41 Depreciation Expense	269,127.00	310,619.90	41,493	372,744.00	72.2%
42 Total Expense	27,371,279	26,634,757	(736,523)	31,961,705	86.0%
43 Change in Net Position	\$ 295,234	\$ (0)	\$ 295,234	\$ -	0.1%
44 Contract settlement items included above:					
45 Medicaid Funds (Over) / Under Spent	\$ 2,431,024				
46 Healthy Michigan Funds (Over) / Under Spent	652,201				
47 Total NMRE (Over) / Under Spent	\$ 3,083,225				
47 General Funds to Carry Forward to FY22	\$ 41,734				
48 General Funds Lapsing to MDHHS	98,681				
49 General Funds (Over) / Under Spent	\$ 140,415				

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
POLICY & PROCEDURE MANUAL**

EXECUTIVE LIMITATIONS

(Manual Section)

GENERAL EXECUTIVE CONSTRAINT

(Subject)

Board Approval of Policy |
Last Revision of Policy Approved

August 8, 2002
September 12, 2019

●1 **POLICY:**

The Executive Director shall not allow any practice, activity, decision or organizational circumstance which is illegal, imprudent or in violation of commonly accepted business and professional ethics or in violation of contractual obligations.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

EXECUTIVE LIMITATIONS

(Manual Section)

COMPENSATION AND BENEFITS

(Subject)

Board Approval of **Policy**
Last Revision of Policy Approved:

August 8, 2002
September 12, 2019

•1 POLICY:

With respect to employment, compensation and benefits to employees, consultants, contract workers and volunteers, the Executive Director may not cause or allow jeopardy to fiscal integrity or public image.

Accordingly, he or she may not:

1. Change his or her own compensation and benefits.
2. Promise or imply permanent or guaranteed employment.
3. Establish current compensation and benefits which:
 - A. Deviate materially from the geographic or professional market for the skills employed.
 - B. Create obligations over a longer term than revenues can be safely projected and, in all events subject to losses of revenue, in no event longer than one year with the exception of labor.
4. Establish or change pension benefits so the pension provisions:
 - A. Cause unfunded liabilities to occur or in any way commit the organization to benefits which incur unpredictable future costs.
 - B. Provide less than some basic level of benefits to all full time employees, though differential benefits to encourage longevity in key employees are not prohibited.
 - C. Allow any employee to lose benefits already accrued from any foregoing plan.
 - D. Treat the Executive Director differently from other comparable key employees.

E. Are instituted without prior monitoring of these provisions.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

GOVERNANCE PROCESS

(Manual Section)

COMMITTEE STRUCTURE

(Subject)

Board Approval of **Policy**
Last Revision of Policy Approved:

August 8, 2002
September 10, 2020

●1 POLICY:

A committee is a board committee only if its existence and charge come from the board, regardless of whether board members sit on the committee. Unless otherwise stated, a committee ceases to exist as soon as its task is complete.

1. Executive Committee
 - A. Product: any proposed, pending and current legislation pertaining to mental health services in order to recommend a Board position.

Product: all matters acted upon between Board meetings due to emergency situations.
 - B. Authority: the Board of Directors.
2. Board Officers Nominating Committee
 - A. Product: recommendations to the county's board of commissioners for appointment or re-appointment.

Product: a slate of candidates to fill the positions of the Board's offices.

Product: candidates for consumer or consumer representative appointments who meet the requirements of Section 222 (1) of the Mental Health Code.
 - B. Authority: the Board of Directors
3. Recipient Rights Committee
 - A. Product: advises the Board concerning implementation of policy as it relates to the Recipient Rights System and a review of the operations of the Recipients Rights office.
 - B. Authority: required under Mental Health code.

4. Advisory Council
 - A. Product: advises the Board to help assure services are designed and offered in ways that reflect the individuals served wellbeing and interest. Areas of advice include Person-Centered Planning, Family-Centered Planning, consumer-run programs, individual choice and self-directed services, accommodations, etc.

Product: a review of policies that relate to consumer services

Product: a review and recommendation of any satisfaction surveys conducted for mental health services.
 - B. Authority: 8-10 member council appointed through an application process. A stipend of \$25 per meeting and mileage reimbursement at the current Board-approved rate.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
POLICY & PROCEDURE MANUAL**

BOARD STAFF RELATIONSHIP

(Manual Section)

EXECUTIVE DIRECTOR SEARCH PROCESS

(Subject)

Policy Inception Date:

September 11, 2014

Board Approval of **Policy** Revision

September 12, 2019

●1 **POLICY:**

The purpose of this policy is to establish the conceptual framework for the Agency's succession planning efforts related to the Agency's Executive Director position.

1. **Board as sole decision maker:** The Agency's Executive Director succession planning effort recognizes the primacy of the Board of Directors as the decision makers who select the Agency's successor Executive Director. While they may draw on the views of others, as outlined below, the decision rests with the Board.
2. **Succession planning is a process not an event:** The Agency will take a number of steps, before the announcement of the departure of the incumbent Executive Director, to ensure succession planning is a deliberative process and not a reactive one, precipitated by this departure.
3. **Purpose of succession planning:** The Agency recognizes sound, early-on succession planning is needed when an organization's leadership changes to:
 - Ensure organizational **stability** by strengthening the Agency's culture around mission, values, capabilities, performance and partnerships. This approach reinforces two concepts:
 - a. An Agency of the size, complexity and influence of this CMH succeeds by adhering to a rarely changing mission and set of values and not by frequent changes in direction or values.
 - b. If dramatic changes in the Agency's direction are sought by the leadership of an organization, those changes should take place while the current leadership is in place.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
POLICY & PROCEDURE MANUAL**

●3 **DEFINITIONS:**

●4 **REFERENCES:**

Executive Director Search Process – Timeline, Budget
Job Description - Director

●5 **FORMS AND EXHIBITS:**

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM – JULY 28, 2021
GAYLORD BOARDROOM**

ATTENDEES:	Roger Frye, Ed Ginop, Randy Kamps, Gary Klacking, Terry Larson, Christian Marcus, Gary Nowak, Jay O’Farrell, Richard Schmidt, Don Smeltzer, Joe Stone, Don Tanner
VIRTUAL ATTENDEES:	Mary Marois, Karla Sherman (Petoskey), Nina Zamora (Traverse City)
NMRE/CMHSP STAFF:	Joanie Blamer, Eugene Branigan, Chip Johnston, Sandy Kintz, Eric Kurtz, Pamela Polom, Sara Sircely, Deanna Yockey, Carol Balousek, Lisa Hartley
PUBLIC:	Susan Pulaski, Kara Steinke, Sharon Vreeland, Sue Winter

CALL TO ORDER

Let the record show that Chairman Tanner called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that Let the record show that all NMRE Board Members were in attendance either virtually or in person.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no Conflicts of Interest to any of the meeting agenda items were expressed.

APPROVAL OF AGENDA

Let the record show that Chairman Tanner called for any additions or corrections to the meeting Agenda. Mr. Kurtz announced the addition of SUD Prevention and Treatment Contract recommendations under “New Business.”

MOTION BY GARY NOWAK TO APPROVE THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS MEETING AGENDA FOR JULY 28, 2021 AS AMENDED; SUPPORT BY JOE STONE. MOTION APPROVED BY CONSENSUS.

APPROVAL OF PAST MINUTES

Let the record show that the June minutes of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION BY ROGER FRYE TO APPROVE THE MINUTES OF THE JUNE 23, 2021 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS; SUPPORT BY GARY NOWAK. MOTION APPROVED BY CONSENSUS.

CORRESPONDENCE

- 1) The minutes from the July 8, 2021 PIHP CEO meeting.
- 2) A summary of Key Discussion and Decisions from the July 15, 2021 Directors Forum,

- 3) Email correspondence from Joanie Blamer, Northern Lakes Community Mental Health Association's Interim CEO announcing the retirement of CEO Karl Kovacs.
- 4) Email correspondence from MDHHS on behalf of Milliman regarding the PIHP TIN Expenditure Survey.
- 5) CMHAM Infographic "Within our Reach: Concrete Approaches to Building a World Class Public Mental Health System in Michigan."
- 6) BHDDA Strategic Integration Efforts July 2021 update.
- 7) PowerPoint slides "Business Process Overview" regarding Michigan Crisis Access Line (MiCAL) implementation.
- 8) Michigan Psychiatric Care Improvement Project (MPCIP) July 2021 Update.
- 9) A letter from Debra Gagliardi JD, Director of the Bureau of Professional Licensing, Department of Licensing and Regulatory Affairs (LARA) introducing the Michigan Care Access Referral Exchange (MiCARE) open bed registry.
- 10) An article from the Detroit Free Press dated July 3, 2021 by Robin Erb and Carter Barret titled, "A child mental health fix takes early action, more help. Here are 7 ideas."
- 11) Email correspondence from Bob Sheehan of CMHAM responding to a series of articles written by Robin Erb CMHA's expression of concern over inaccurate and sensationalizing headline of recent Lansing State Journal article on children's mental health.
- 12) The draft minutes from the July 15, 2021 NMRE Regional Finance Committee meeting.

Mr. Kurtz drew attention to the announcement Northern Lakes CEO Karl Kovacs's retirement and dates of the celebrations in the region. Mr. Kurtz next made note of the BHDDA Strategic Integration Efforts, highlighting the Behavioral and Opioid Health Homes. Mr. Kurtz summarized several correspondence items related to the Michigan Crisis and Access Line (MiCAL); he stated that this topic will be discussed further under the Operations Committee report.

ANNOUNCEMENTS

Let the record show that no announcements were made during the meeting on this date.

PUBLIC COMMENTS

Let the record show that the members of the public attending the meeting virtually were recognized.

REPORTS

Executive Committee Report

Let the record show that no meetings of the NMRE Executive Committee have occurred since the June Board Meeting.

CEOs Report

The NMRE CEO Monthly Report for July 2021 was included in the materials for the meeting on this date. Mr. Kurtz discussed Rep. Damoose's summit on behavioral health that occurred on June 24th in Sault St. Marie. Rep. Whiteford was in attendance and presented her issues, outlines, and initiatives; she indicated support for moving the mild and moderate population to the PIHP/CMHSP system and expanding inpatient services. Mr. Stone asked whether Rep. Whiteford indicated that she would be revising HB 4925 to address the rural (northern) areas of Michigan. Mr. Kurtz responded that nothing definite was said. Ms. Gebhard added that a meeting with Rep. Whiteford and other stakeholders is being planned for August.

Mr. Marcus drew attention to the July 8th PIHP CEO meeting minutes, "MCBAP Development Plans – Barriers." Numerous issues were reported with the Michigan Certification Board for Addiction Professionals (MCBAP) certification process. Workforce shortages and test passing rates (62%) were discussed.

May 2021 Financial Report

- Traditional Medicaid showed \$134,089,953 in revenue, and \$111,149,121 in expenses, resulting in a net surplus of \$21,940,832. Medicaid ISF was reported as \$7,738,320 based on the unaudited final FSR. Medicaid Savings was reported as \$4,515,675.
- Healthy Michigan Plan showed \$20,658,701 in revenue, and \$15,532,608 in expenses, resulting in a net surplus of \$5,126,093. HMP ISF was reported as \$7,058,552 based on the unaudited Final FSR. HMP savings was reported as \$0.
- Net Position* showed net surplus Medicaid and HMP of \$27,066,924. Medicaid carry forward was reported as \$4,515,675. The total Medicaid and HMP Current Year Surplus was reported as \$26,966,599. Medicaid and HMP combined ISF based on unaudited Final FSR was reported as a \$14,796,872; the total Medicaid and HMP net surplus, including carry forward and ISF was reported as \$41,763,471.
- Health Home showed \$295,570 in revenue, and \$246,099 in expenses, resulting in a net surplus of \$49,471.
- SUD showed all funding source revenue of \$13,641,313, and \$11,336,631 in expenses, resulting in a net surplus of \$2,304,682. Total PA2 funds were reported as \$6,093,829.

Ms. Yockey noted that the first of three PA2 payments for FY21 was received.

MOTION BY JOE STONE TO RECEIVE AND FILE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR MAY 2021; SUPPORT BY ROGER FRYE. ROLL CALL VOTE.

“Yea” Votes: R. Frye, E. Ginop, R. Kamps, G. Klacking, T. Larson, C. Marcus, M. Marois, G. Nowak, J. O’Farrell, R. Schmidt, K. Sherman, D. Smeltzer, J. Stone, D. Tanner, N. Zamora

“Nay” Votes: Nil

MOTION CARRIED.

Operations Committee

The minutes from July 20, 2021 were included in the meeting materials in draft form. A large portion of the meeting was devoted to meeting with MDHHS to discuss the Michigan Crisis and Access Line (MiCAL) implementation. Region 2 has been targeted as an early adopter because it currently has limited National Suicide Prevention Lifeline 988 capacity. How this will interact with current crisis/emergency systems remains unknown. The goal would be for MiCAL to work with the CMHSP/PIHP system (including ProtoCall). Mr. Johnston noted that the law (PA 12 of 2020) simply states that “The department shall establish and make available to the public a mental health telephone access line known as the Michigan crisis and access line;” it does not mandate the interplay with CMHSPs/PIHPs.

NMRE SUD Oversight Board Report

The minutes from the July 12, 2021 Substance Use Disorder Oversight Board meeting were included in the meeting materials in draft form.

NEW BUSINESS

PA2 Requests

Ms. Sircely reported that the NMRE Substance Use Disorder Oversight Board approved liquor tax requests for FY22 totaling \$1,155,065 on July 12, 2021. Mr. Stone asked whether the counties have any say in how the funds are spent. Ms. Sircely replied that she doesn’t inform the counties of the requests prior to them going before the SUD Oversight Board for approval. She does inform CMH Directors and relevant SUD Board representatives. Mr. Stone suggested including the

pertinent County Clerks as well. Mr. Marcus drew attention to the two liquor tax requests that passed but received two “nay” votes; he requested an explanation. As one who voted “nay,” Mr. Schmidt explained that it was not because he didn’t support the projects (Wellness Response Team, Project ASSERT), but he objected to the percentages given in the budgets for fringes benefits (67.2%, 59.7%) and administrative costs (10%, 10%). Mr. Kurtz explained that Catholic Human Services does not offer its staff high salaries, but does compensate by offering a full benefit package, which accounts for the high percentages given.

In the future, Mr. Kurtz offered to put the budget portions of liquor tax requests on the nmre.org website for review.

MOTION BY GARY NOWAK TO APPROVE THE LIQUOR TAX REQUESTS RECOMMENDED BY THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD ON JULY 12, 2021 FOR A TOTAL AMOUNT OF ONE MILLION ONE HUNDRED FIFTY-FIVE THOUSAND SIXTY-FIVE DOLLARS (\$1,155,065.00) FOR FISCAL YEAR 2022; SECOND BY RANDY KAMPS. ROLL CALL VOTE.

“Yea” Votes: J. Stone, M. Marois, G. Klacking, K. Sherman, R. Kamps, E. Ginop, G. Nowak, D. Smeltzer, J. O’Farrell, N. Zamora, R. Frye, C. Marcus, T. Larson, D. Tanner

“Nay” Votes: R. Schmidt

MOTION CARRIED.

PA2 Fund Balance Limits

“NMRE PA2 Reserves based on FY20 Receipts” document was included in the materials for the meeting on this date. A reserve balance of two years’ receipts per county was proposed (approximately \$3M total). Mr. Marcus asked whether there had been any past practices of counties loaning or sharing liquor tax funds. Clarification was made that liquor tax funds may be used only for substance abuse prevention and treatment programs in the county from which the proceeds originated. Mr. Kurtz noted that, historically, liquor tax dollars were used to serve uninsured individuals after block grant funding had depleted; since Healthy Michigan was instituted, much of those services are covered by Medicaid.

Ms. Yockey clarified that liquor tax payments are received three times per year in April, June, and December. All funding sources are explored prior to requesting the use of liquor tax funds.

Mr. Kurtz suggested allowing the NMRE SUD Oversight Board representative of the county from which liquor tax dollars are requested to have veto power over the request/motion.

MOTION BY RANDY KAMPS TO RECOMMEND THAT A BALANCE OF ONE YEAR’S RECEIPTS BE MAINTAINED FOR EACH COUNTY’S LIQUOR TAX FUNDS; SECOND BY JAY O’FARRELL. MOTION APPROVED BY CONSENSUS.

FY22 Requests for Proposals

- Prevention
The NMRE Provider panel was open for the counties of Antrim, Charlevoix, Cheboygan, Crawford, Emmet, Otsego and Roscommon for prevention services. The NMRE SUD Oversight Board recommended the following Contracts be issued.

County	Provider
Antrim	Health Department of Northwest Michigan

Charlevoix	Health Department of Northwest Michigan
Cheboygan	Catholic Human Services
Crawford	Catholic Human Services
Emmet	Health Department of Northwest Michigan
Otsego	Catholic Human Services
Roscommon	Catholic Human Services

MOTION BY JOE STONE TO APPROVE PREVENTION CONTRACT AWARDS TO CATHOLIC HUMAN SERVICES FOR THE COUNTIES OF CHEBOYGAN, CRAWFORD, OTSEGO, AND ROSCOMMON AND THE HEALTH DEPARTMENT OF NORTHWEST MICHIGAN FOR THE COUNTIES OF ANTRIM, CHARLEVOIX, AND EMMET; SUPPORT BY ROGER FRYE.

- Treatment

The NMRE issued an RFP for SUD treatment services providers in May 2021. The NMRE SUD Oversight Board recommended the following Contracts be issued.

Provider Name	City	Proposed Services
Ten Sixteen Recovery Network	Clare	Outpatient (co-existing and peer recovery)
Ten Sixteen Recovery Network	Gladwin	Outpatient (co-existing and peer recovery)
Centra Wellness Network	Manistee	Outpatient MAT (suboxone, subutex, buprenorphine, naloxone)
Centra Wellness Network	Benzonia	Outpatient MAT (suboxone, subutex, buprenorphine, naloxone)
Sacred Heart	St. Ignace	Outpatient MAT (Methadone)

MOTION BY RANDY KAMPS TO APPROVE TREATMENT CONTRACT AWARDS FOR THE PROPOSED SERVICES TO TEN SIXTEEN RECOVERY NETWORK IN THE CITIES OF CLARE AND GLADWIN, CENTRA WELLNESS NETWORK IN THE CITIES OF MANISTEE AND BENZONIA, AND SACRED HEART IN THE CITY OF ST. IGNACE; SUPPORT BY ED GINOP.

OLD BUSINESS

Let the record show that there was no “Old Business” on the Agenda for the meeting on this date.

PRESENTATION

Senate and House Bills – Northern Rebuttal and Caucus

Mr. Kurtz provided an update on the Senate and House bills to redesign Michigan’s current behavioral health system. A meeting is scheduled later on this date with the Northern Caucus of the Michigan House of Representatives and representatives of Regions 1 and 2 PIHPs and CMHSPs. In response to the proposals, the northern regions propose the following:

- A rural exemption for PIHP Regions 1 (NorthCare Network) and 2 (Northern Michigan Regional Entity) allowing for tailored solutions to meet local geographic and demographic needs.
- Move the mild/moderate behavioral health benefit to the PIHP/CMHSPs under its current capitation structure.
- Allow CMHSP savings to become local county funds (under their respective PIHP agreements) to be directed into services.
- Continue expansion of the Behavioral Health Home, Opioid Health Home, and Certified Community Behavioral Health Center models.
- Focus evidence-based solutions on data-informed problems without deconstructing a working system.

Ms. Gebhard referenced the report “Access to Behavioral Health Care in Michigan” by Altarum, dated July 2019.

Mr. Kurtz added that MDHHS, through the Behavioral Health and Developmental Disabilities Administration, should take a stronger role in the rate setting process.

COMMENTS

Board

- Based on discussions that occurred during the meeting on this date, Mr. Frye, as Chair of the NMRE SUD Oversight Board, stated that he will request an explanation for any “nay” votes cast for liquor tax requests.
- Mr. Stone reminded the Board that the CMHAM Fall Conference is taking place October 25th-26th in Traverse City with a reception on the evening of October 24th.
- Mr. Tanner discussed an article titled “Rough Saline, Dry Land” and the salt industry’s impact on the treatment of mental illness.

Staff/CMHSP CEOs

Mr. Johnston expressed that he will be making a request to the Centra Wellness Network Board to pull out of the Certified Community Behavioral Health Clinic (CCBHC) project in favor of serving the intended population through an expansion of the Behavioral Health Home.

MEETING DATES

The next meeting of the NMRE Board of Directors was scheduled for 10:00AM on August 25, 2021.

ADJOURN

Let the record show that Mr. Tanner adjourned the meeting at 12:09PM.

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH
BOARD ANNUAL CALENDAR (10-01-~~2021~~)**

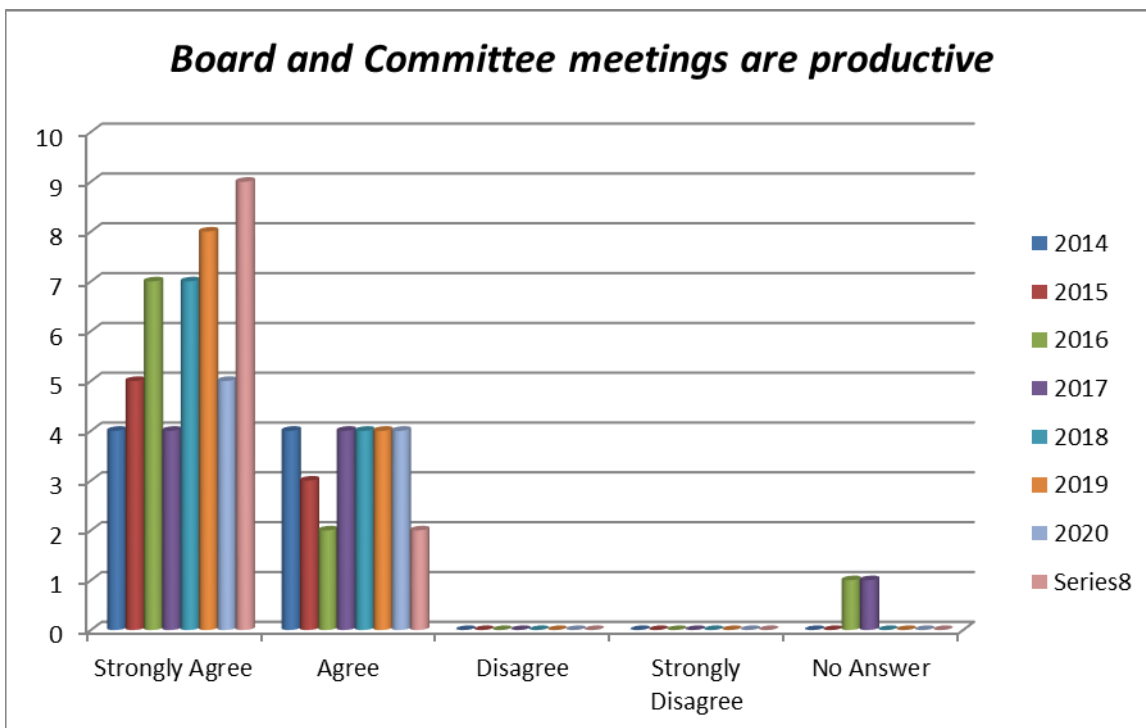
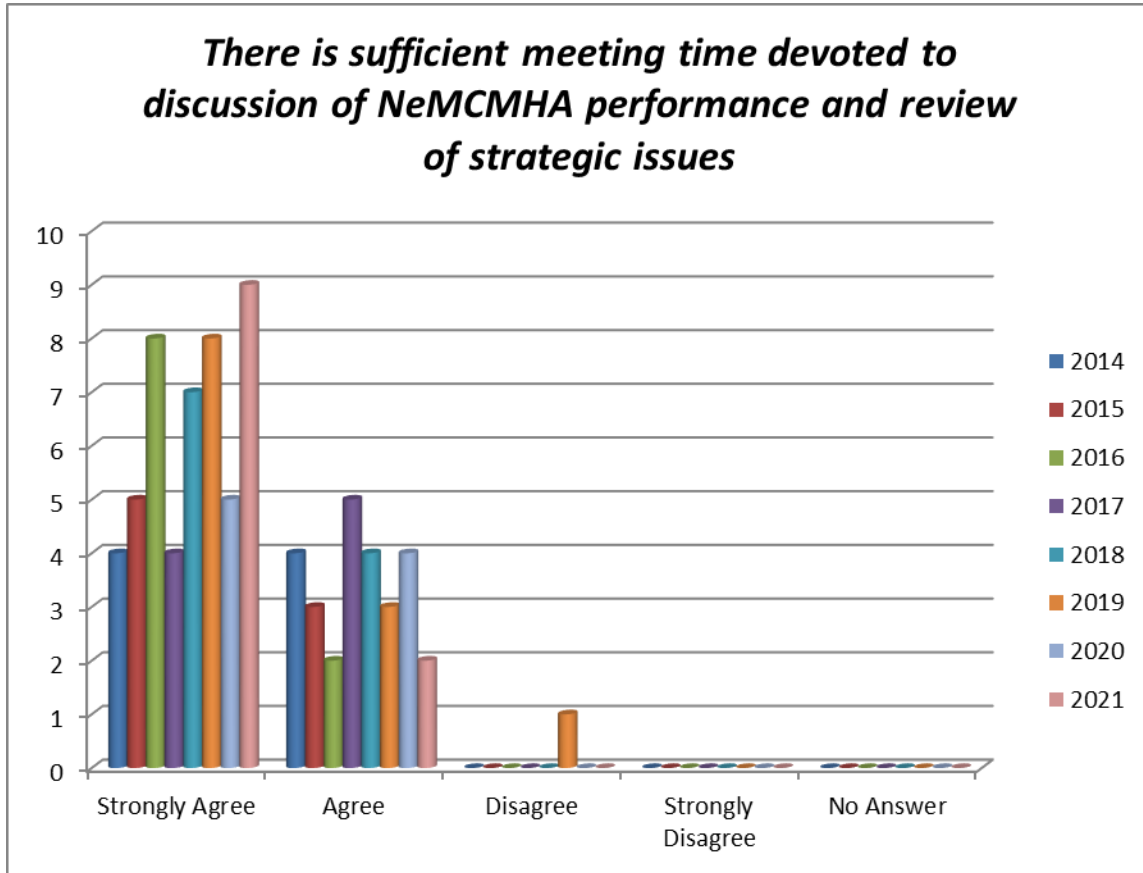
Date	Item	Action
January	Emergency Exec. Succession 01-006	Policy Review
	Executive Director Role 03-001	Policy Review & Board Self-Evaluation
	Emergency Exec. Succession 01-006 (Exec. Director Report)	Review Monitoring Report
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Educational Session	Presentation
February	Ownership Linkage - Public Hearing – Program Input	Activity
	Delegation to the Executive Director 03-002	Policy Review & Board Self-Evaluation
	Asset Protection 01-007	Policy Review
	Board Committee Principles 02-005	Policy Review & Board Self-Evaluation
	Treatment of Individuals Served 01-002 (Recipient Rights Log)	Review Monitoring Report
	Staff Treatment 01-003 (Turnover Report/Exit)	Review Monitoring Report
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Financial Condition 01-005 (CPA Audit)	Review Monitoring Report
	Asset Protection 01-007 (CPA Audit)	Review Monitoring Report
	Educational Session	Presentation
Nominations Committee meets to develop Slate of Officers	Activity	
March	Budgeting 01-004	Policy Review
	Code of Conduct 02-008	Policy Review & Board Self-Evaluation
	Treatment of Individuals Served 01-002 (Satisfaction Surveys)	Review Monitoring Report
	Staff Treatment 01-003 (Employee Survey)	Review Monitoring Report
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Educational Session	Presentation
April	Board Member Recognition	Activity
	Financial Condition 01-005	Policy Review
	Governing Style 02-002	Policy Review & Board Self-Evaluation
	Cost of Governance 02-013	Policy Review & Board Self-Evaluation
	Communication & Counsel 01-009	Policy Review
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Communication & Council 01-009	Review Monitoring Report
	Educational Session	Presentation
May	Election of Officers	Activity
	Orientation of New Members	Activity
	Board Job Description 02-003	Policy Review & Board Self-Evaluation
	Board Core Values 02-014	Policy Review & Board Self-Evaluation
	Disclosure of Ownership 02-016	Policy Review & Board Self-Evaluation
	Treatment of Individuals Served 01-002 (Recipient Rights Log)	Review Monitoring Report
	Budgeting 01-004 (2 months) (Monthly Finance Report)	Review Monitoring Report
	Financial Condition 01-005 (Quarterly Balance Sheet)	Review Monitoring Report
June	Ownership Input	Activity
	Begin Strategic Planning w/Environmental Scan	
	Continue Strategic Planning w/Ends Focus	Activity
	Ends 04-001	Review Monitoring Report
July	Ends Discussion 04-001	Discuss
	Community Resources 01-010	Policy Review
	Public Hearing 02-010	Policy Review & Board Self-Evaluation
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Asset Protection 01-007 (Insurance Reports)	Review Monitoring Report
	Community Resources 01-010 (Collaboration Report)	Review Monitoring Report
	Finalize Planning Session with Ends Setting	Presentation
Prepare for Executive Director Evaluation	Activity	

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH
BOARD ANNUAL CALENDAR (10-01-~~2021~~)**

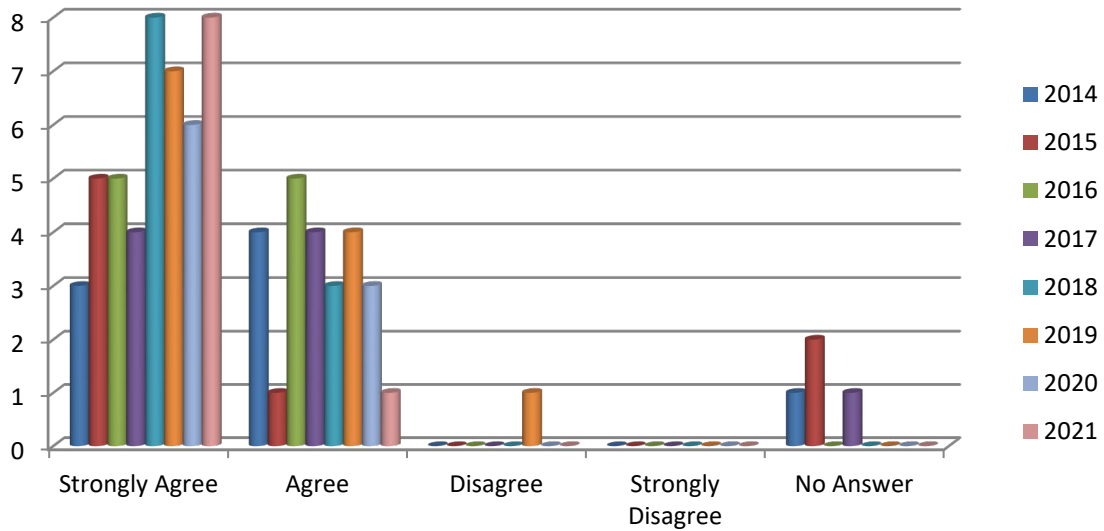
Date	Item	Action
August	Chairperson's Role 02-004	Policy Review & Board Self-Evaluation
	Board Member Per Diem 02-009	Policy Review & Board Self-Evaluation
	Board Self-Evaluation 02-012	Policy Review & Board Self-Evaluation
	Disclosure of Ownership 02-016	Policy Review & Board Self-Evaluation
	Treatment of Individuals Served 01-002 (Recipient Complaint Log)	Review Monitoring Report
	Staff Treatment 01-003 (Turnover Report/Exit)	Review Monitoring Report
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Financial Condition 01-005 (Quarterly Balance Sheet)	Review Monitoring Report
	Educational Session	Presentation
	Executive Director Evaluation Process	Activity
	Begin Self-Evaluation	Activity
	Ownership Linkage – Legislative Event, if warranted	Activity
September	General Executive Constraint 01-001	Policy Review
	Compensation & Benefits 01-008	Policy Review
	Executive Director Search Process 03-005	Policy Review & Board Self-Evaluation
	Board Committee Structure 02-006	Policy Review & Board Self-Evaluation
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Annual Planning Cycle (Set Perpetual Calendar)	Activity
	Ownership Linkage schedule (Set Ownership Linkage Schedule)	Activity
	Finalize Self-Evaluation	Activity
	Educational Session	Presentation
Ownership Linkage – Public Hearing Budget	Activity	
October	Annual Board Planning Cycle 02-007	Policy Review & Board Self-Evaluation
	Executive Job Description 03-003	Policy Review & Board Self-Evaluation
	Monitoring Executive Director 03-004	Policy Review & Board Self-Evaluation
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Finalize Annual Calendar	Activity
	Educational Session	Presentation
November	Staff Treatment 01-003	Policy Review
	Treatment of Individuals Served 01-002	Policy Review
	Treatment of Individuals Served 01-002 (Recipient Complaint Log)	Review Monitoring Report
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Financial Condition 01-005 (Quarterly Balance Sheet)	Review Monitoring Report
	Ends 04-001	Review Monitoring Report
	Educational Session – Annual Compliance Report	Presentation
	Nominations Committee meets to address recommendations to counties	Activity
December	Grants or Contracts 01-011	Policy Review
	Board Member Recognition 02-011	Policy Review & Board Self-Evaluation
	Board Member Orientation 02-015	Policy Review & Board Self-Evaluation
	Budgeting 01-004 (Monthly Finance/Variance Report)	Review Monitoring Report
	Grants or Contracts 01-011	Review Monitoring Report
	Bylaw changes	Bylaw Review
	Educational Session	Presentation
Other	Compensation & Benefits 01-008 (Salary/Benefit Comparison Rept) (within 60 days of receipt of Salary Survey from Board Assoc.)	Review Monitoring Report
	Ends 04-001	Policy Review
	(conducted when Strategic Plan is adopted)	

Board Self-Evaluation Summary

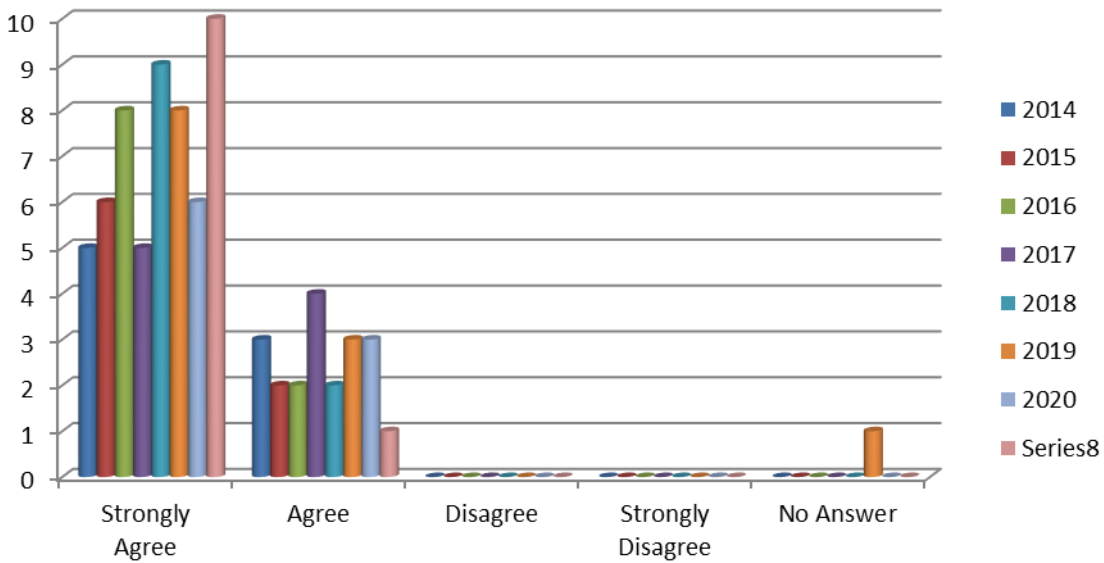
(8 of 12 returned in 2014 & 2015; 10 returned in 2016; 9 returned in 2017; 11 returned in 2018; 12 returned in 2019, 9 of 11 returned in 2020; 11 returned in 2021)



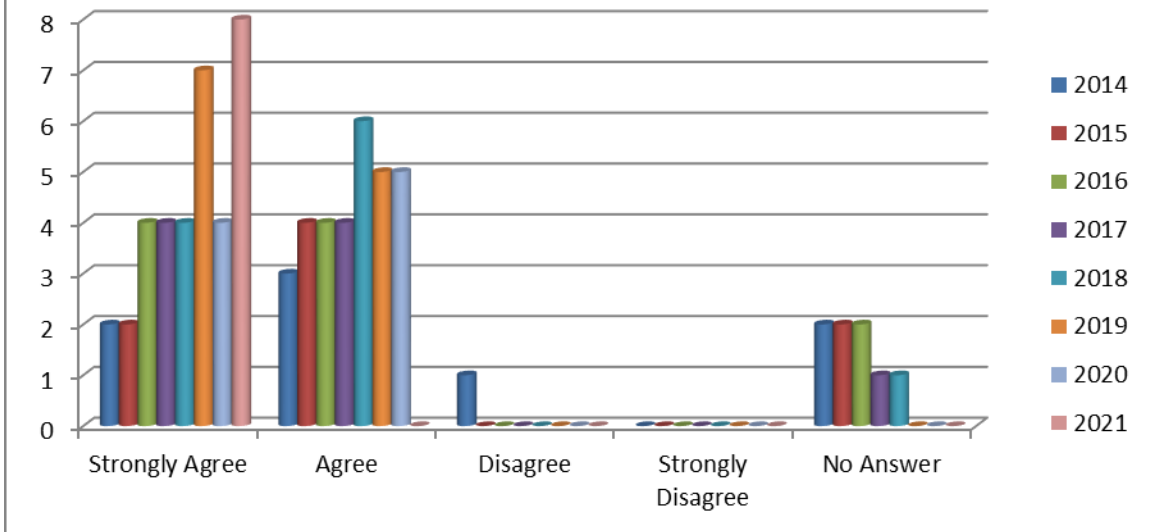
The free and open exchange of views is encouraged



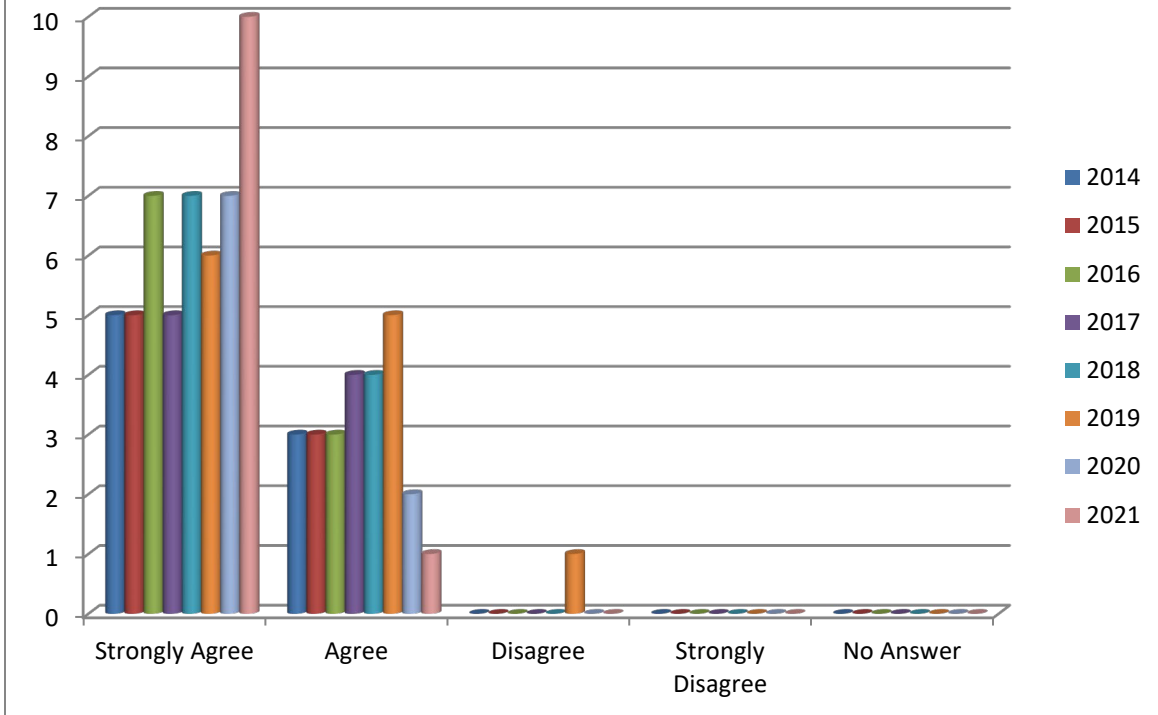
The Board provides clearly written expectations and qualifications for the Executive Director position



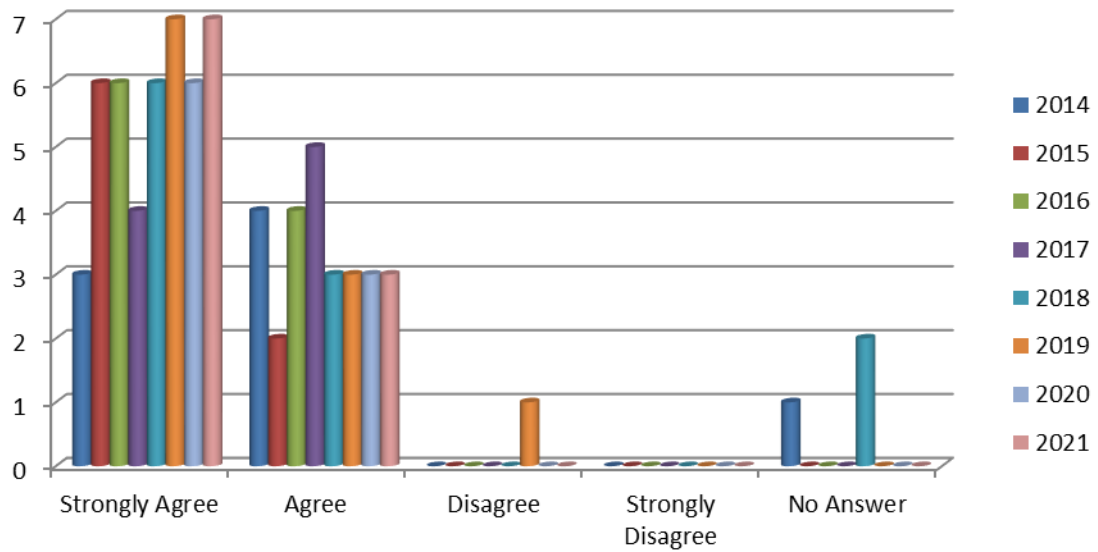
Board members are involved and interested in the Board's work



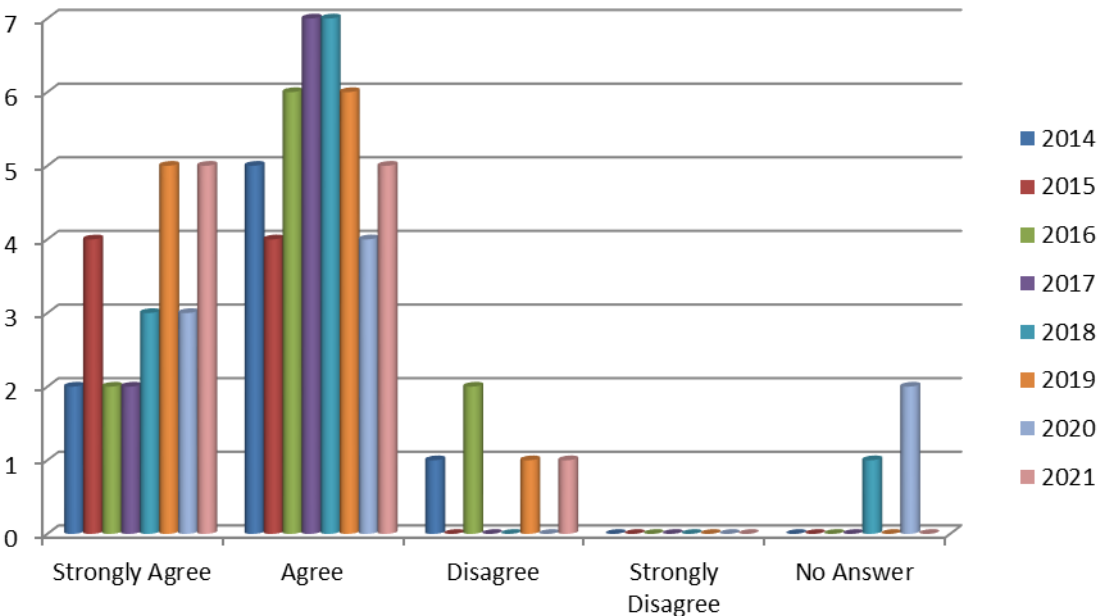
The Board of Directors has a written process for handling urgent matters between meetings



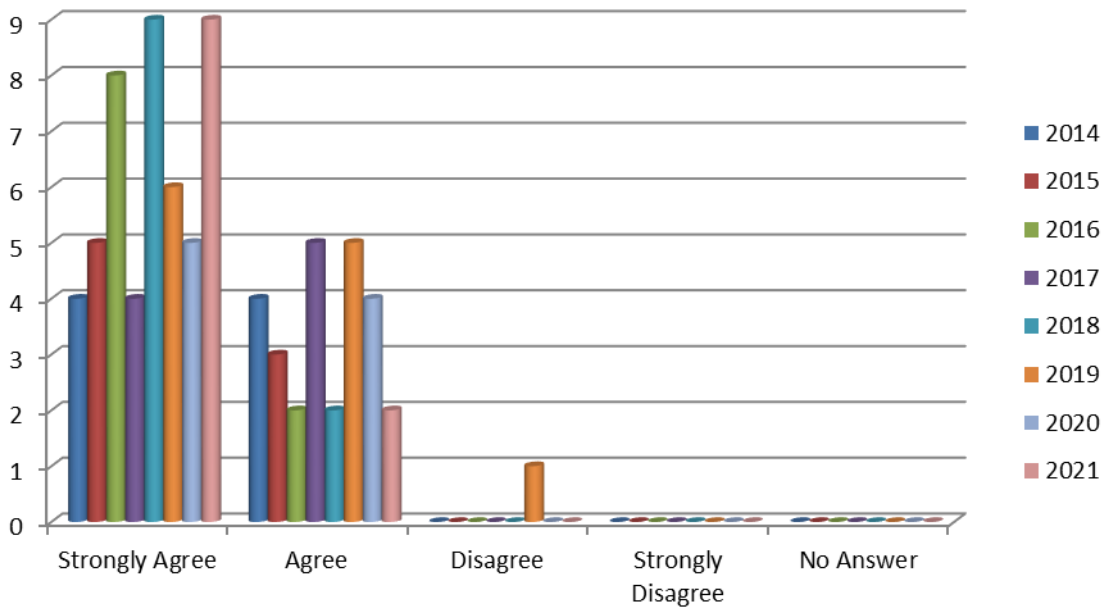
Board members understand the Agency's mission and its programs



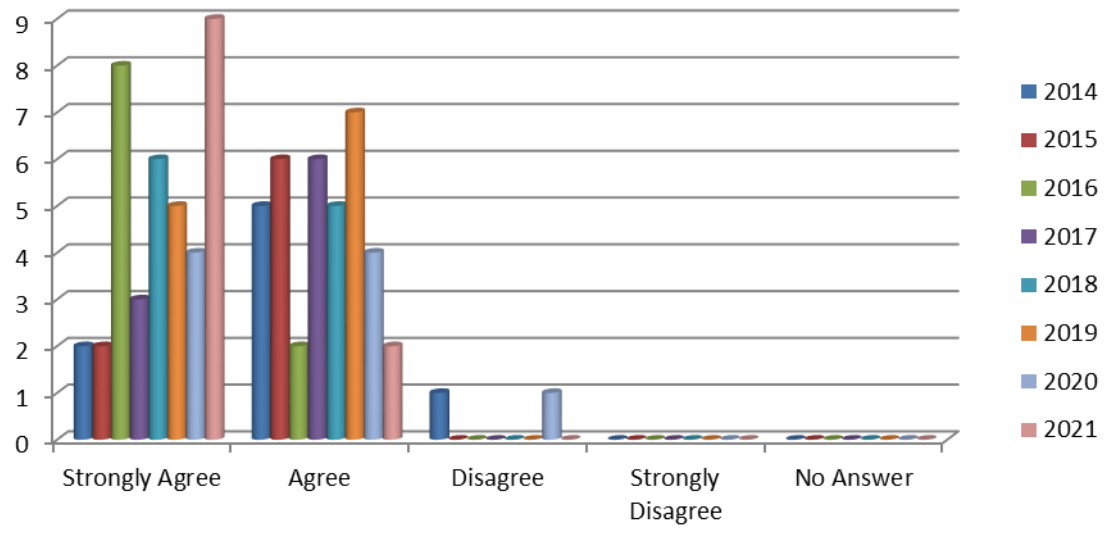
Board members participate in the organization in ways other than attending monthly meetings



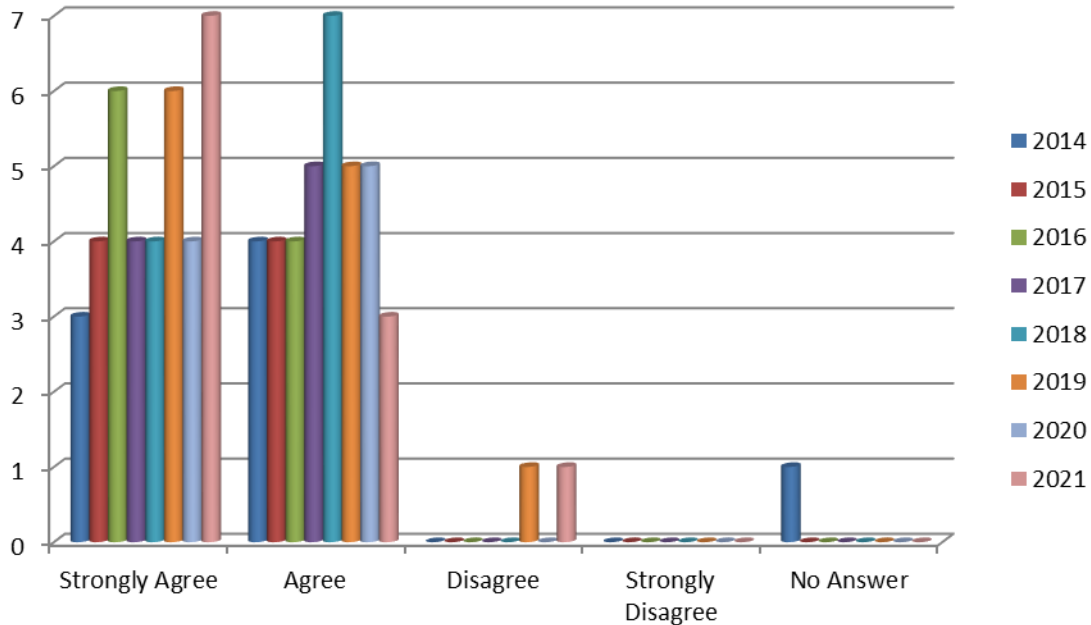
The Board has defined its role, responsibilities, and the scope of its authority



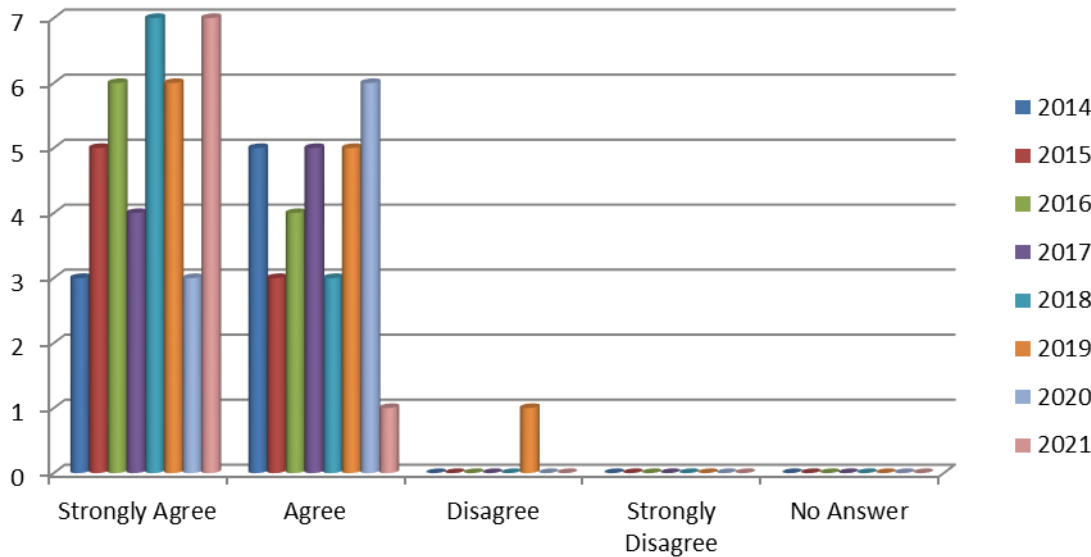
Board members understand the financial structure of the organization and their fiduciary responsibilities



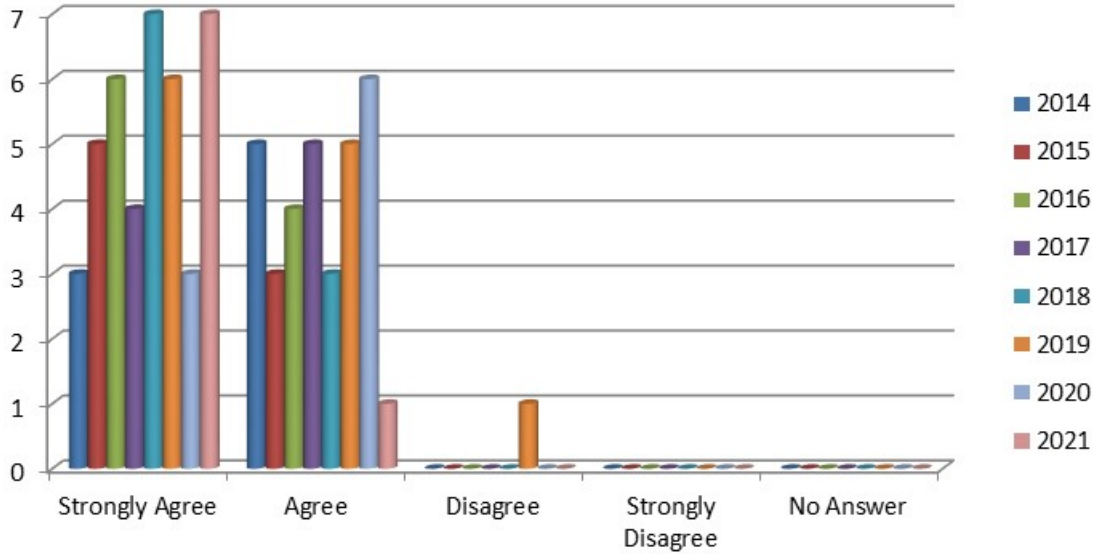
New Board members are oriented to NeMCMHA's mission, vision, bylaws, policies, Board structure, and their roles and responsibilities as members



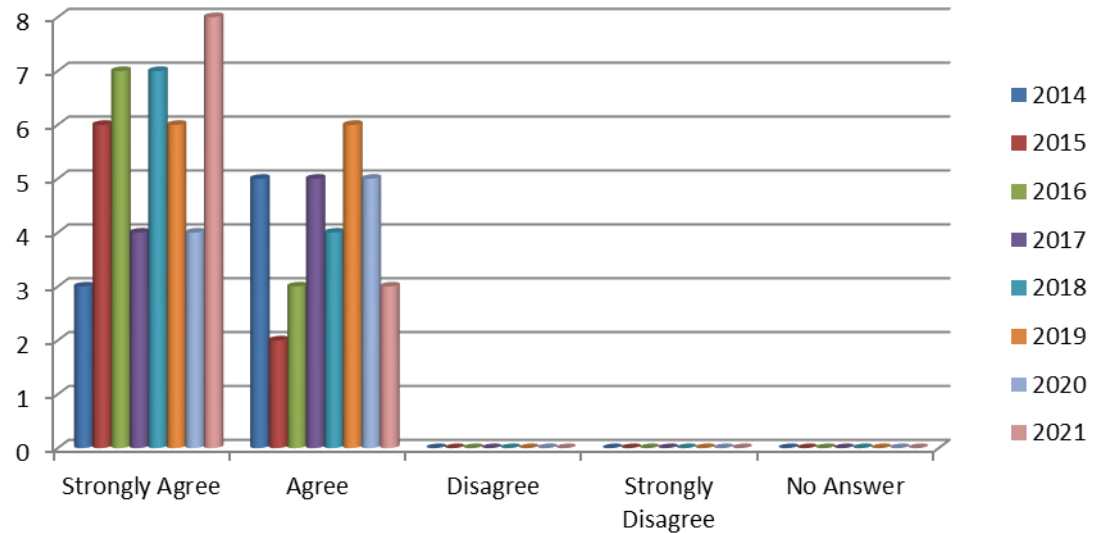
The Board is familiar with NeMCMHA programs and kept informed of critical changes as they occur



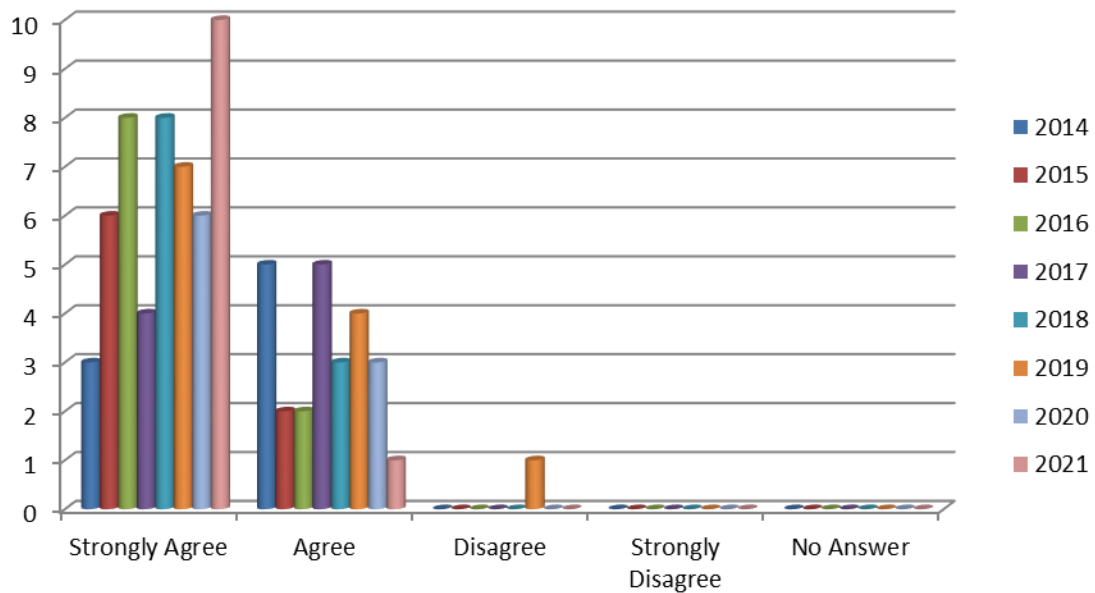
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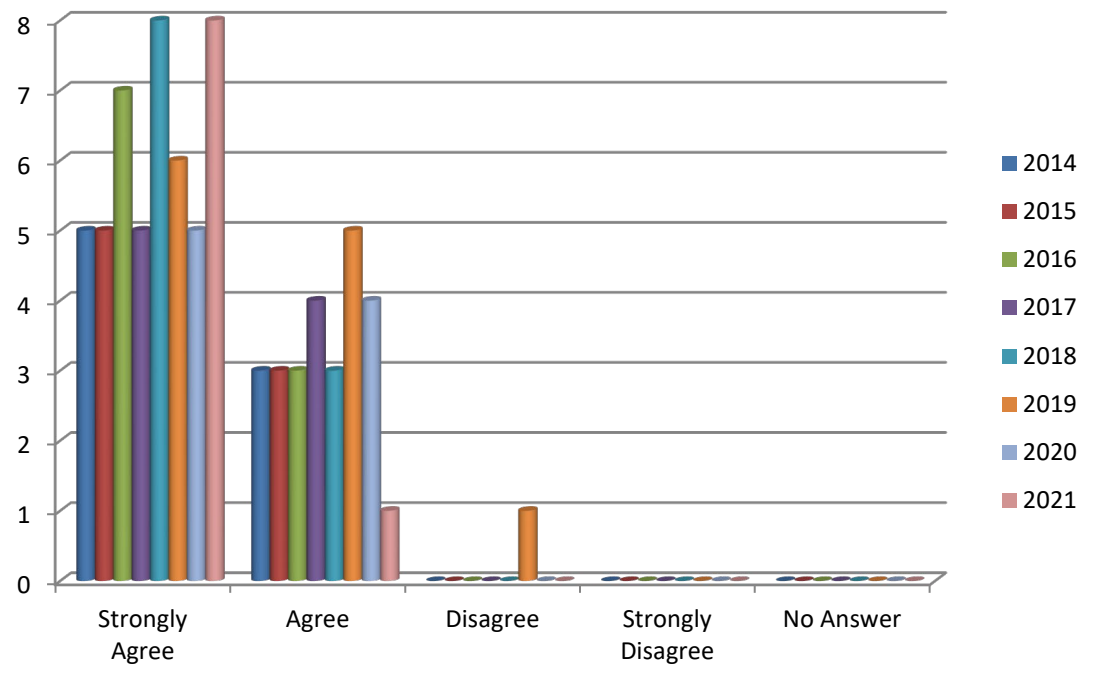
Board members have complete information about financial issues which pertain to Board decisions and responsibilities



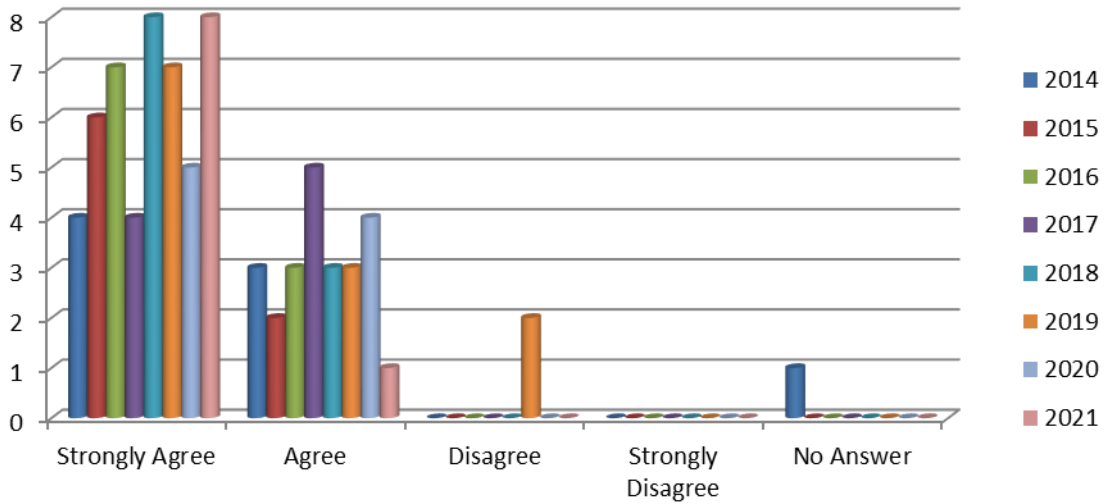
Board members are appropriately involved in the strategic planning of the organization



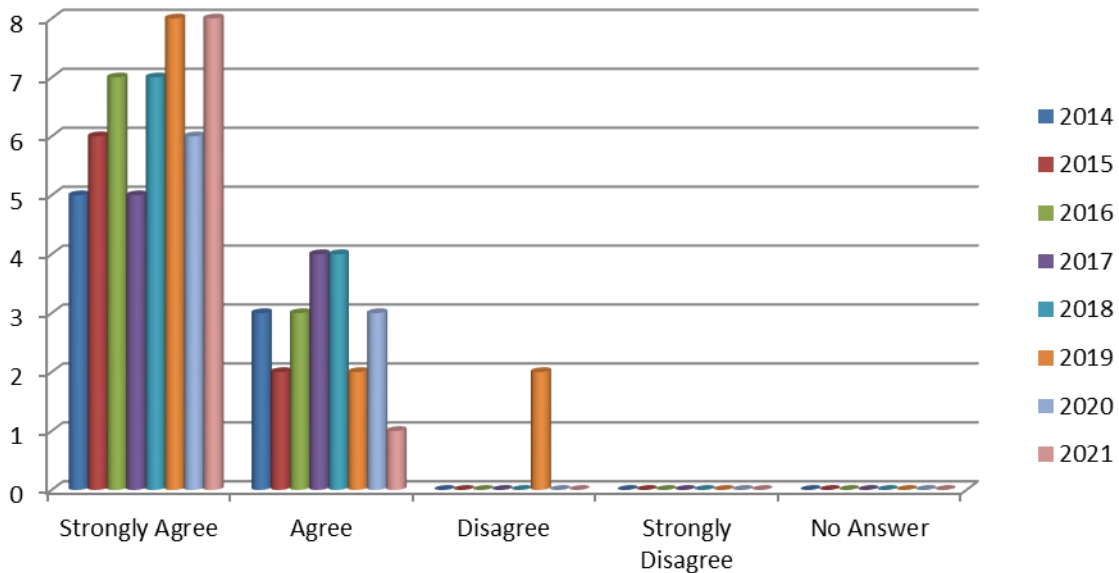
The mission/vision reflects issues important to our service populations



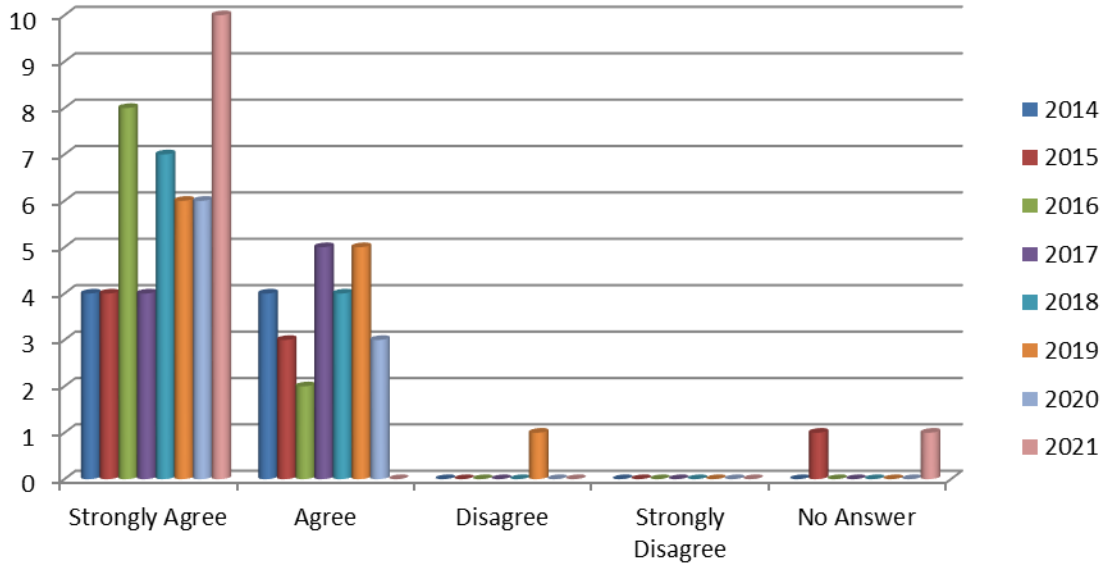
The Board has identified, prioritized and scheduled those issues that it believes should be discussed and reviewed by the Board on a regular basis



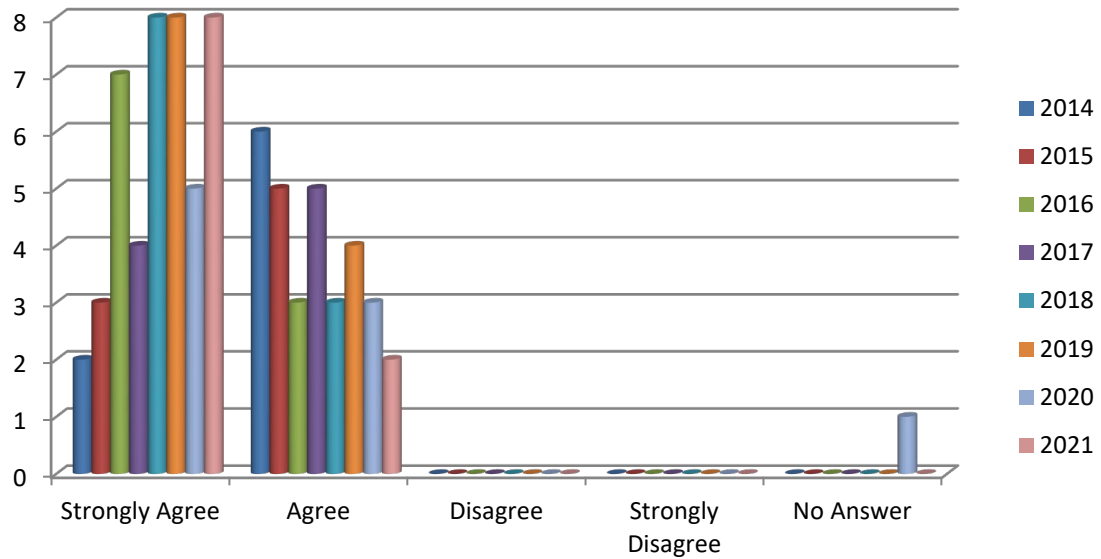
I have sufficient opportunity for input into policy development and decision-making

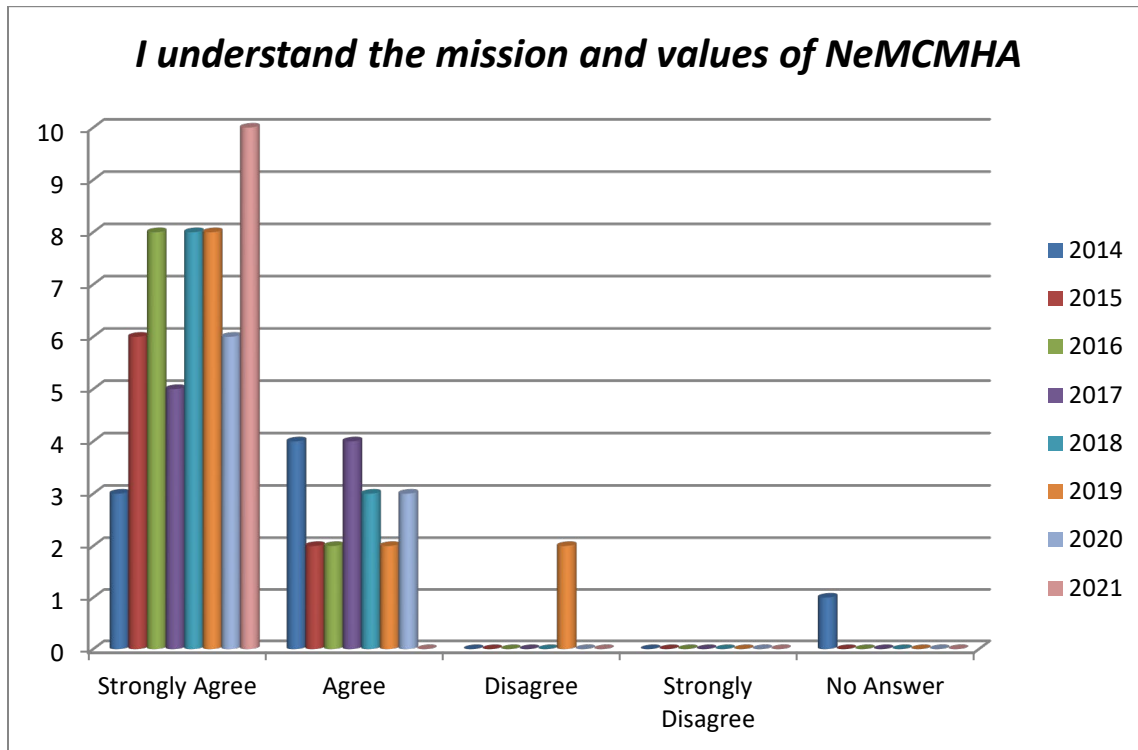


I am an active participant in committees and meetings



I understand NeMCMHA's financial position, funding sources and resources





(A.) What issues have most occupied the Board's time and attention during the past year?

1. Maintaining services during COVID.
2. COVID
3. Funding
4. COVID has limited collegial time – but I believe we started and stayed on track.
5. COVID issues as well as new purchases needed
6. COVID-19
7. Service and service areas
8. COVID
9. COVID, changes in the legislative landscape, 298, 928, Board policy, Behavioral Health Home
10. COVID, financial, support for the staff and sustaining our structure of the board.

(B.) What is the most important priority for NeMCMHA to address over the next 12 months?

1. Continuing to make the case that our CMH System can do it better than private interests
2. Keeping abreast of mental health in our communities
3. To continue to attract and not lose a well-qualified staff.
4. Expanding our service
5. Funds
6. The need for more staff as well as the challenges of COVID
7. Goals from the strategic plan
8. Funding
9. Be safe and survive
10. Continuing quality services and making sure no one is under or unserved

(C.) In what ways should the Board's role be expanded or reduced?

1. More participation in events like staff recognition, etc. (guilty)
2. Just keep our current mission going!
3. I feel there is a lot that we simply listen to but do not have a say in.
4. None.
5. I would like to be more involved other than just monthly meetings.
6. I feel we have a good balance as we are now.
7. Keep it the same.
8. Keep everything as is!
9. Status quo.

(D.) What were the one or two successes during the past year for which the Board takes some satisfaction?

1. Suicide prevention work
2. Funding to help our clients
3. Getting through the pandemic
4. COVID made it difficult but CEO and staff kept outcome cohesive
5. The way COVID was handled by Director and staff
6. COVID-19
7. Boosting wages and retaining service
8. The staff's response to COVID. The board maintained continuity.
9. Way more community involvement; getting through COVID smoothly
10. Behavioral Health Home development

(E.) What opportunities for improvement do you see in the Board's organization or performance?

1. Continuing educational sessions; finally being able to attend in-person conference!
2. New board members; new input
3. I feel the Boards needs to further encourage public input. The public seems to never join the meetings.
4. The board is very organized now
5. Perhaps a bit more local paper reporting. I feel we adjust as events happen.
6. None
7. To concentrate on our strengths for the past year and apply them to the future.
8. Stay the same
9. More suicide prevention

(F.) How does this Board compare to other Boards on which you serve?

1. Other boards are hands on working boards that mix policy and management.
2. We are the best
3. Excellent
4. This board is tight in its operation and respect is paramount
5. This board is very well run and organized meetings run smooth
6. Very good
7. Good board
8. A+
9. Very Efficient!
10. Super good!

Other Comments:

1. Overall, this organization is well run!

DRAFT



QI Council Minutes

For Meeting on 08/16/21

10:15 AM/11:55 AM

Board Training Room

Meeting called by: Jen Whyte
Type of meeting: Bi-Monthly
Facilitator: Jen Whyte
Note taker: Lee Ann Bushey via digital recorder
Timekeeper:

Attendees: Lynne Fredlund, Amber Gapske, Jen Whyte, Lisa Orozco, Rich Greer, Joe Garant

Absent: Angela Stawowy, (excused) Genny Domke (excused) Mary Crittenden (excused), Nena Sork (excused)

QI Coordinator: Lynne Fredlund

Assistant: Lee Ann Bushey

Agenda Topics

Review of Minutes

Discussion:

By consensus, the minutes of the June 21, 2021 meeting were approved.

Action items:

Person responsible:

Lee Ann Bushey via digital recorder

Deadline:

ASAP

Committees requesting Additional Time

There were no requests from the Committees to have additional time.

Management Team

Discussion:

Minutes of the July 6, 2021 were included in the materials for this meeting. Nena Sork was not available to report. Some of the items the team has been working on include:

The perpetual calendar for August was reviewed and those responsible for reviewing were noted. Information Systems (IS) are getting some of the new monitors for staff in and will be working to distribute them. Dennis reported Office 11 has been released and there will be some computers needing replacement to accommodate the updates.

DRAFT

Nena Sork and Mary Crittenden met with Jackie Krawczak to discuss some possible educational opportunities for staff. The focus of this meeting was to develop some basic leadership skills training for supervisors. Nena Sork reported another local individual might be a possibility to provide trainings related to legal issues for supervisors. This will be looked into.

Ce-Cert is in the process of finalization. Mary Crittenden and Erin Fletcher have been working with the Clinical Directors in the region to bring this training to our area. This is a supervision model on how to cope with stress and retain staff.

Staff Moral and Team Building continue to be at the fore front. Nena Sork reported last month Larry Patterson had indicated few departments have accessed team building expenses and others are encouraged to do so. Supervisors should be encouraged to invest in organizing an event for their team.

Action Items:

Report Monthly

Person Responsible:

Nena Sork/Mary Crittenden

Deadline:

Advisory Council

Discussion:

Minutes of the August 9, 2021 were included in the materials for this meeting; a representative was not available to report. The Educational Session consisted of a PowerPoint developed by Nicole Kaiser, Residential Manager. In the 1980's, individuals living in institutions were transitioned to their communities with many returning to their counties of birth. This Agency assisted in the transition with opening up 22 homes in the four-county catchment area. Today there are still nine of those homes operating. Placement in the group homes is determined by an admission process using a collaborative team of case manager, home supervisor, license holder and the residential manager to assure transition to the home is a smooth process. The homes strive to create a warm and welcoming environment while still following the Home and Community Based Services requirements. The resident has choice within the home in many areas. This year there are several long overdue renovation projects underway in the homes to update items such as kitchens, bathrooms, flooring, etc.

Staffing of the group homes can be challenging in the current labor market. Each home's staffing model includes: the Home Supervisor, six full-time and five part-time residential training workers in addition to support of case managers, dieticians, occupational therapist, psychologist and nursing staff.

Action Items:

Report Bi-Monthly

Person Responsible:

Nena Sork

Deadline:

CARF Committee

Discussion:

This committee met once in the last two months. They reviewed the Culture Competency Plan and our Risk Plan. They are working on getting the evidence together for the sections in the manual, as at future reviews CARF will be asking to review the evidence. The Council discussed how future review for CARF will look. At this time virtual and on site reviews are allowed. Lynne Fredlund will request the Management Team to discuss their preference, on site or in person. COVID 19 may decide for us, but at least the leaders have announced their preference.

DRAFT

Action Items:

Lynne to send an email to the Management Team regarding their preference for Site Survey with CARF.

Person Responsible:

Lynne Fredlund

Deadline:

Clinical Leadership Team

Discussion:

Jen Whyte welcomed Lisa Orozco to the QI Council. Lisa reported CLT has been working on a new Supervision Form; right now CLT is piloting this form with their staff to see if it needs to be tweaked or any changes need to occur. Once this is done it will be sent on the Management Team for review and then sent out to Supervisors. It is our intent to make sure everyone in the agency is getting supervision. Jen Whyte asked how often this committee was meeting and Lisa responded every other week.

Action Items:

Report Monthly

Person Responsible:

Lisa Orozco

Deadline:

Customer Satisfaction Committee

Discussion:

No minutes for this meeting and Angela Stawowy was not present to report.

Action Items:

Report Bi-Monthly

Person Responsible:

Angie Stawowy

Deadline:

Resource Standards and Development Committee

Discussion:

Minutes of the July 1 and August 12, 2021 were included in the materials for this meeting. Some highlight of these minutes include the committee to continue doing the random acts of kindness, Friday Trivia and Friday Theme Day. Some new themes and ideas for August identified were to have a Back to School Day and a College Team Sport day on August 27th.

For Staff Moral, the self-care BINGO went over well, they had quite a few participants.

Nena asked the Committee if they can have a retirement/money saving theme to their next board. She is looking for "How did you learn to save" ideas that people learned from their childhood, and what they are doing now as working adults. "What type of savings do you have, and what did/does your "piggy bank" look like?"

Action Items:

Monthly

DRAFT

Person Responsible:

Genny Domke

Deadline:

Risk Management Committee

Discussion:

This committee did not meet this month; they meet every quarter. The next meeting is September 28, 2021.

Action Items:

Report Bi-Monthly

Person Responsible:

Lynne Fredlund

Deadline:

Safety Committee

Discussion:

Rich Greer reported on the minutes from May 25, 2021. Rich Greer reported this committee has been working on the Infestation Control Policy for the Environmental Care Manual. Rich discussed they wanted the policy broken down into procedures of what needs to be done. It was proposed to write procedures of what to do when visiting a home, what do while you're in the home to protect yourself and what do after leaving the building in cases of bed bugs

This committee has been busy working on the updates in the Environmental Care Manual.

Lisa Orozco questioned how staff are going to get the policy updates on Infestation and will trained staff be trained? Rich stated we are trying to get policy implemented first, then will do some type of training, perhaps out on myLearningPointe and have staff sign testifying they read it.

Lynne questioned if this was a policy of its own or a procedure from the manual and Rich stated it was a procedure from the manual.

Action Items:

Person Responsible:

Rich Greer

Deadline:

ASAP

Utilization Management

Discussion:

Jen Whyte reported this committee has reviewed the Utilization Management Policy. Julie Hasse has been working on a "cheat sheet" on how to complete the Clinical Case Review forms, this has been one of the Committees major projects at this time. Julie provided Utilization Management Committee with a draft and the committee provided recommendations. She continues to work on this form and when completed, she will bring back to committee. The Clinical Case Review form can be cumbersome and so this might help supervisors stay on one consistent page so that all were doing it the same way.

DRAFT

Action Items:

Report Monthly

Person Responsible:

Jennifer Whyte

Deadline:

Quality Oversight Committee (QOC) - NMRE

Discussion:

Lynne reported the QOC discussed the following items.

- Corrective Action plans from the December/January Delegated functions/ Quality Review from the PIHP were discuss. They were put on hold due to the Michigan Department of Health and Human Services (MDHHS) virtually completing their review before our corrections could be completed. – we have to send them the changes in policy and in the record that we made since that review to correct it.
- MiCAL Portal – information is limited right now but our IS Department is underway with working with staff who are to be affiliated with this portal. According to Joe R. in IS, the first two to be introduced to the Portal is Customer Service (appears to be more credentialing than anything) and Contracting. IS will be contacting Leadership to see who they want to be attached to the portal for these two pieces. More information to come in future meetings.
- Review of the various quarterly/annual reports for information expected by the PIHP
 - Critical and Risk Events (Monthly with Quarterly review)
 - UM annual reports (regarding what the team is looking at their meetings)
 - Performance Improvement projects right now NeMCMHA has two assigned Projects from the PIHP.
 - Attention Deficit Hyperactivity Disorder PIP: Any child prescribed medications for ADHD are seen four times in a 10 month period. Once when medication is prescribed, once within 30 days of prescription and twice more within the next nine months.
 - Diabetes PIP: for those who have been prescribed an anti-psychotic medication for more than six months are checked for Diabetes. Diabetes can present in those who are prescribed these medications so they have to be checked regularly. We are doing well in both, and a new PIP will be developed this year. The PIHP want some ideas that work with integrated health subjects. If anyone on the Council can think of any suggestion, tell Lynne Fredlund. Lynne will write clinical leadership with requests for thoughts on a new performance improvement projects to suggest to QOC.

Action Items:

Report Bi-Monthly

Person Responsible:

Lynne Fredlund

Deadline:

QI Member Concerns

Discussion:

Members had no concerns.

DRAFT

Joe Garant had updates on NEMROC. Dave Szydowski announced his retirement for middle of September and Scott McClintic will be the new CEO. Joe reported he will be the representative to the Council for the next eight meetings.

Action Items:

Person(s) Responsible:

All members

Deadline:

Project Team/Workgroup Update/Old Business

1. MDHHS Audit (Plan of Correction Underway)

- a. Received our acceptance letter from the state, they will be coming back in 90 days. Julie Hasse's Team is already working on what is needed to meet our plan of correction.

2. QI Training to be Scheduled

- a. Would recommend we put on our QI Schedule for next meeting. Our plan does call for training for the whole Council. Difficult finding a time when all are available who need this to be in the same place at the same time. Group agreed, QI training will take place at the October Council meeting. Lynne Fredlund will complete the training.

3. Update ACE Team

- a. Josh Smith, teacher at MSU will be here the 2nd and 3rd of September, 2021. He will be doing two trainings, one each day. First day is The Drama Triangle; the second day is Dialectical Behavior Treatment (DBT) 101. Which is a precursor requirement for clinical staff to enter the five-day DBT full course. Persons with Social Work Licenses can get Continuing education Credits. The first day is for any staff that work with people. This training request does go through the supervisor and not the formal filled out form as we are paying for this one in full.
- b. The second training is later in September, the 23rd and 24th and it is with Dr. Jennifer Harrison, and she will be training on Substance Use Disorders (SUD). The first day is SUD 101, the second day is SUD 102. Again the first day is targeted for any staff and the second day is targeted for clinical staff. Social Workers will get six credits each day of attendance.

4. Update CLC Team

- a. The team continues to meet. At this time, a representative from this team will be part of a panel discussion at the Fall Board Conference.
- b. Peer assignments. At this point, the team has reviewed and revised our cultural competency plan as well as developed a peers assignment of seasoned staff to work with new staff. This involves the core group of 9 or 10 to pilot, they are assigned a staff to be in contact with to welcome and be a contact for the first few months.

Department/Program Process Improvements/New Business

1. Improvements by Department/Program

- a. Ce-Cert CLT
- b. Post Discharge surveys – CLT
- c. Plan of Service Training happened on July 7, 2021 for those staff who work with Habilitation Supports Waiver individuals. This is in response to MDHHS audit. CLT

DRAFT

2. QI Plan 2022

- a. This was reviewed by the council with a few changes and will be sent to CLT for final review.

Other

There was no other presented.

Adjournment

Discussion: Next Meeting is scheduled for October 18, 2021, at 10:15 a.m. in the Board Training Room.

Action Items: By consensus, this meeting adjourned at 11:15 a.m.

OCTOBER AGENDA ITEMS

Policy Review

Policy Review & Self-Evaluation

Annual Board Planning Cycle 02-007

Executive Job Description 03-003

Monitoring Executive Director 03-004

Monitoring Reports

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Review

Ownership Linkage

Strategic Plan Adoption

Educational Session



WEEKLY Update

August 27, 2021

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CMH Association and Member Activities

New! Direct Support Professionals/Direct Care Worker Coalition issues position statement on use of federal dollars

Below is an excerpt recently issued by the Direct Support Professionals/Direct Care Worker Coalition, of which CMHA is a member, regarding Michigan's Allocation of Funding Received through the American Rescue Plan Act (ARPA) and Federal Medical Assistance Percentages (FMAP).

This joint letter is [found here](#).

17th Annual 'Walk a Mile in My Shoes' Rally



“The 17th Annual ‘Walk a Mile in My Shoes’ Rally will be held IN PERSON this year at the State Capitol on September 29, 2021. Each year, we draw more than 2,500 advocates from across Michigan to the Capitol Building to support public behavioral healthcare. This rally aims to highlight the need for increased funding for mental health services, raises awareness of behavioral health needs in health and policy discussions and works to banish behavioral health stigmas. There are more than 300,000 citizens in Michigan who seek behavioral health services. Join us on Wednesday, September 29 as we rally together on the Capitol Lawn for increased mental health funding and the need for behavioral health to be continually included in policy discussions.

The Walk A Mile packet can be [downloaded here](#).

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! The Children's Center offers: Demystifying suicide starting the conversation



September is National Suicide Prevention Awareness Month. In 2019, suicide was the second leading cause of death among individuals between the ages of 10 and 34, and the fourth leading cause of death among individuals between the ages of 35 and 44.

Join The Children's Center and The Detroit Pistons in Demystifying Suicide.

When: Saturday, September 25, 2021; 10:00 a.m. to 1:00 p.m.

Where: The Lexus Loft @ HFHS Detroit Pistons Performance Center; 6201 2nd Avenue; Detroit, Michigan 48202

The event will include a keynote speaker, panel discussion between mental health professionals and those who have been impacted by suicide, and opportunities to network and share resources. A light lunch will be provided. *This program is recommended for adults and children ages 14 years or older

[Register here.](#)

New! Improving community health through AmeriCorps

AmeriCorps shares an important goal with your organization: creating healthy futures for our communities. By combining the positive impacts of people power and an opportunity for funding, AmeriCorps can help your organization bring out the best in America and improve health through national service.

Join the AmeriCorps Midwest Regional Office, our grantees and sponsors, and other interested stakeholders for a virtual discussion of AmeriCorps' programs, their connection to health—including health equity and physical, oral, mental, behavioral, and overall health and well-being—and upcoming funding and partnership opportunities:

- AmeriCorps State and National, including Public Health AmeriCorps, an innovative partnership with the CDC to support and build capacity in the public health workforce
- VISTA
- NCCC
- AmeriCorps Seniors, including the Foster Grandparent Program, RSVP, and the Senior Companion Program

Please feel free to share this invitation with other organizations and agencies in your community that may be interested in attending.

Improving Community Health through AmeriCorps

Thursday, September 9, 2:00 p.m. ET

[Register here.](#)

Can't make the scheduled time? Register and we will send you a recording of the completed webinar

State Legislative Update

New! View August's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our August briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the FY22 budget, and the Senate and House behavioral health redesign proposals.

To view the latest video, [CLICK HERE!](#)

New! Targets Set For '22 Budget

The Governor's Budget Office, the Senate and House reached target agreements this week on how much it plans to spend in the Fiscal Year (FY) 2022 budget. The total amounts agreed to per each department was not released.

The agreement doesn't include -- for now -- the spending of roughly \$10 billion in federal emergency money and unexpected tax revenue coming into Michigan. It also doesn't factor in the more than \$6 billion Congress and the President are looking to spend in the state as part of the \$1 trillion infrastructure spending package that's held up in the House.

The plan continues to be to OK the spending of the COVID-19 relief dollars through a series of supplementals that will roll out over the fall.

For now, subcommittee chairs are going through their individual department budgets and are set to report back to the full committee chairs on their plans to spend the General Fund portion of state government.

The School Aid Fund portion was approved prior to the statutory July 1 deadline by which state budgets must be completed. The plan is for the Legislature to pass a FY '22 budget bill for the Governor to sign before the end of the fiscal year, Sept. 30.

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: https://www.youtube.com/channel/UCK5zxNfbrl_PEuXLN_jcAOg/featured?app=desktop

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#)) *(17 spots left)*
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm– 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Registration Open: 28th Virtual Annual Recipient Rights Conference



Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco
September 13 & 14, 2021
9:00am - 12:00pm both days
Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75
Registration Deadline: September 8, 2021

Main Conference
September 21 – 24, 2021 ~ Education each morning
Featuring 2 general sessions and 18 workshops!
Main Conference 9/21/21 - 9/24/21.....\$150
Registration Deadline: September 15, 2021

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City
300 East State Street, Traverse City, MI 49684

HOTEL RESERVATIONS

Park Place Hotel
231.946.5000
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

Grand Challenges in Social Work announces series on racism, homelessness, and social isolation

As Weekly Update readers may remember, one of the CMHA staff member is also a member of the Leadership Board of the Grand Challenges in Social Work, the nation's social work-centered public policy initiative. Through this partnership, CMHA is able to keep the Weekly Update readers informed of the educational offerings of the Grand Challenge. Upcoming Grand Challenges are described below as well as the links to past sessions.

Intersections: Eliminate Racism, End Homelessness & Eradicate Social Isolation

Tuesday, September 14, 2021
12pm Central Time
via Zoom

In the fourth session of this series on eliminating racism, panelists will examine the intersections between racism and the Grand Challenges to End Homelessness and Eradicate Social Isolation, as well as interventions to address them.

[Register for this session here.](#)

If you missed the previous webinars in the series, click below to access the recordings.

Part 1: Grand Challenge to Eliminate Racism [available here.](#)

Part 2: Eliminate Racism, Promote Smart Decarceration, and and Achieving Equal Opportunity [available here.](#)

Part 3: Eliminate Racism, Build Financial Capability and Assets for All, Reduce Extreme Economic Inequality [available here.](#)

New! 2021 Crisis Residential Conference



Crisis Residential Conference

Louisville, Kentucky
October 12 - 14

The 2021 Crisis Residential Conference takes place October 12-14 in Louisville, KY, at the historic Galt House Hotel. This conference brings together thought leaders and passionate advocates of residential alternatives to psychiatric hospitalization.

The conference begins with a Welcome Reception the evening of October 12th followed by two full days of sessions. CRA has curated a stellar lineup of speakers and presenters who will cover topics such as return on investment in crisis services, advances in peer respite and peer-delivered services, mobile crisis response approaches, and the intersection of spirituality & mental health crisis.

To assure the safety of all our attendees, masks are required in designated conference spaces.

To learn more about the conference, visit tinyurl.com/crisiscon21

New! Michigan's 1st Social Emotional Learning Conference: Building Bridges-Breaking Silos

When: Wednesday, October 27 (9:00 a.m.—4:15 p.m.) and Thursday, October 28 (9:00 a.m.-Noon), 2021

Where: Kellogg Hotel and Conference Center on the campus of Michigan State University (MSU) in East Lansing, Michigan, with a virtual option.

NOTE: The conference will proceed in person, unless otherwise determined based on health and safety protocols instituted by MSU. If MSU modifies its regulations, the Featured Speakers and Research Reports will be offered virtually.

The other events planned for the conference will be postponed.

What: The conference will bring educators and stakeholders together to build connections around social emotional learning and elevate the promise-practice-purpose around social emotional learning. For more information [click here](#).

[Register here.](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! Provider/Supervisor Telehealth Survey Report

CMHA and Public Sector Consultants administered a 16-question online survey of behavioral telehealth service providers and clinical supervisors. There were 846 completed survey responses. The [summary report](#) highlights key findings and summarizes the results.

New! \$500 Million in Emergency Rural Health Care Grants Available

The United States Department of Agriculture (USDA) is offering \$500 million in grants to help rural health care facilities and communities expand access to vaccines, **telehealth**, and various health care services. There are two types of grants available: [Recovery Grants](#) and [Impact Grants](#). Use these links to learn more.

2022 Proposed Physician Fee Schedule

The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions. The Upper Midwest Telehealth Resource Center (UMTRC) recently held office hours to review the 2022 PFS, [click here](#) to review the slides, which give context and resources to help understand these updates.

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on topics such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

Education & Training Resources from Great Lakes MHTTC

CMHA's partnership with SAMHSA funded Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! SAMHSA: Advancing Comprehensive School Mental Health Systems

As children go back to school, SAMHSA is also elevating mental health resources for supporting students and staffs, created by SAMHSA's grantees through its Mental Health Technology Transfer Centers, that address mental health and resiliency in school settings:

The [Back to School After COVID-19: Supporting Student and Staff Mental Health Toolkit \(PDF | 4 MB\)](#) helps guide conversations to include a trauma-informed, equitable, and compassionate lens to providing mental health supports to every member of the school community.

[Behavioral Health Impacts During & After COVID-19: What to Expect and Ways to Prepare for the Return to In-Person Learning \(PDF | 4 MB\)](#) presents information on the impact of COVID-19, what to expect as students return to school, and ways to prepare at the staff, building, and district levels.

[Strengthening School Communities for a Safe, Supportive Return: Part 2](#) covers strategies and best practices for school systems to promote student and staff resilience, wellbeing, and success, following COVID-related school closures. It also promotes cross-state networking and shared learning about best practices, successes, and challenges during learning modality transitions.

View more [back-to-school resources](#).

SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic. These resources can be [found here](#).

News from Our Preferred Corporate Partners



Relias: Introduction to trauma-informed care

Over 90% of people receiving behavioral healthcare have a history of trauma. In this course, you will learn about the various types of trauma, the long-lasting consequences of trauma, and what it means to provide care through a trauma-informed lens.

Through interactive practice scenarios and detailed examples, you will learn the scope of your role and responsibilities when you are serving individuals with histories of trauma. You will examine best practices to implement, as well as how to avoid harmful ones that can further perpetuate the suffering and silence of trauma. As you complete this course, you will gain a deeper understanding of how your personal history can impact your work with trauma survivors. Importantly, you will learn what it means to provide trauma-informed care, and why this approach is a multi-faceted one that you should consider for the individuals you serve.

This training is designed for behavioral healthcare professionals who interact with individuals in a variety of behavioral healthcare settings, including those with basic to intermediate levels of experience with trauma.

The preview is [found here](#).

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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WEEKLY Update

August 20, 2021

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CMH Association and Member Activities

New! 17th Annual 'Walk a Mile in My Shoes' Rally



“The 17th Annual ‘Walk a Mile in My Shoes’ Rally will be held IN PERSON this year at the State Capitol on September 29, 2021. Each year, we draw more than 2,500 advocates from across Michigan to the Capitol Building to support public behavioral healthcare. This rally aims to highlight the need for increased funding for mental health services, raises awareness of behavioral health needs in health and policy discussions and works to banish behavioral health stigmas. There are more than 300,000 citizens in Michigan who seek behavioral health services. Join us on Wednesday, September 29 as we rally together on the Capitol Lawn for increased mental health funding and the need for behavioral health to be continually included in policy discussions.

The Walk A Mile packet can be [downloaded here](#).

New! Board of directors' names new CEO to lead Michigan's largest behavioral health organization

Below are excerpts from a recent announcement from the Detroit Wayne Integrated Health Network (DWIHN) regarding the DWIHN's new CEO.

After a thorough search that yielded nearly 100 candidates, interviews with the top four candidates were conducted that included panelists from our provider network, advocacy groups, staff and persons served. It was the decision of the CEO Search Committee to present one final candidate as its recommendation for CEO/President. The DWIHN Board of Directors, in a unanimous decision, has named Eric Doeh as the organization's new CEO/President. “We are very pleased with the choice of Mr. Doeh to continue leading DWIHN and we feel confident that he is the right person for the critical job of leading this organization and our mission to help our region's most vulnerable citizens,” said Board Chairman, Chief William T. Riley III.

Congratulations to Eric and DWIHN.

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have

made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Arc Michigan seeking men to serve in interactive leadership series

The Arc Michigan is seeking applications from fathers and other male role models of children and youth with disabilities and/or special health care needs for the second cohort of an online, interactive leadership training series, funded via a grant from the Michigan Developmental Disabilities Council, and administered by the Arc Michigan, with the support of Michigan Family Voices.

All project activities will be held via Zoom, so internet access and a computer or other digital device are necessary. Participants will attend one 2-4 hour workshop **per month** and one 1-hour networking call **per month**, from October 2021 through September 2022. Upon completion of the training, participants will receive a \$450 stipend.

The flyer with more information and a link to the application, due October 1, 2021 is [available here](#).

New! McKinsey interview with Co-founder of One Mind

Below is an excerpt from a recent interview, by McKinsey, with the leader of One Mind, a well-regarded brain health research organization.

In this interview, Erica Coe and Kana Enomoto, coleaders of McKinsey's Center for Societal Benefit through Healthcare, lead a discussion with Garen Staglin, the chairman and cofounder of One Mind, a nonprofit whose mission is to accelerate brain health research and advocacy to enable all individuals with mental-health challenges to build healthy, productive lives.

The full interview can be [found here](#).

New! Brief on primary and pain care access to persons with chronic pain issued

A new brief, Improving Access to Primary and Pain Care for Patients Taking Opioids for Chronic Pain in Michigan, has been recently released by the University of Michigan (U-M) Institute for Healthcare Policy and Innovation. The brief summarizes key takeaways from a U-M research team's work in identifying barriers to primary and specialty pain care for patients taking opioids for chronic pain in Michigan and nationally.

The brief can be [found here](#).

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

New! No Budget Agreements Until After Labor Day

The Governor's office and legislative leaders are not on track to wrap up budget negotiations prior to Labor Day, according to multiple sources. The current plan is to work on finishing a FY 22 spending plan for the General Fund portion of the budget after Sept. 6, prior to the Oct. 1 start of the next fiscal year. Lawmakers have already broken their own state law requiring a budget for the coming fiscal year be presented to the Governor by July 1.

Since summer recess began, legislative leaders and the State Budget Office have not had any substantial sit-down negotiations. Lawmakers did pass a record-setting School Aid Budget before adjourning prior to July 4, however.

As of now, the Gov. Gretchen Whitmer administration is not treating the lack of budget progress as a red-alert emergency, as the Gov. Jennifer Granholm administration did 14 years ago. There is no rush to throw together contingency plans in case of a state government shutdown or anything of the sort at this point.

The good news continues to be higher-than-expected state revenue numbers due to higher-than-expected sales and income tax collections. A recent report from the House Fiscal Agency has General Fund revenue for July up \$139.7 million above May projections and \$1.2 billion for the year. School Aid Fund revenue is up \$57.6 million for July and \$413.6 million for the year.

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your

clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Registration Open for the 2021 Virtual DBT Summit

Registration is now open for the **2021 Virtual DBT Summit!** [Please see brochure on the event page HERE for all the details and registration link.](#)

Date: Wednesday, September 1, 2021

Times: 8:30am-4:00pm EST

Location: Virtual

CEs: up to a possible 4 social work CEs and/or related MCBAP contact hours

- *Can't make it to the full conference? No problem! We have reduced the rate for virtual to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.*
- *Registrants will have access to all recorded sessions on the conference platform after the event so no content is missed! (No CEs are given for watching recorded sessions)*

Registration Deadline: Attendee registration closes on August 25, 2021 at 5:00pm EST

Contact Bethany Berry at bberry@cmham.org with questions.

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: https://www.youtube.com/channel/UCK5zxNfbrl_PEuXLN_jcAOg/featured?app=desktop

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#)) (17 spots left)
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm– 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings

presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021

Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco

September 13 & 14, 2021

9:00am - 12:00pm both days

Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75

Main Conference

September 21 – 24, 2021 ~ Education each morning

Featuring 2 general sessions and 18 workshops!

Main Conference 9/21/21 - 9/24/21.....\$150

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who

serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City
300 East State Street
Traverse City, MI 49684

HOTEL RESERVATIONS

Park Place Hotel
231.946.5000
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

New! Grand Challenges in Social Work announces series on racism, homelessness, and social isolation

As Weekly Update readers may remember, one of the CMHA staff member is also a member of the Leadership Board of the Grand Challenges in Social Work, the nation's social work-centered public policy initiative. Through this partnership, CMHA is able to keep the Weekly Update readers informed of the educational offerings of the Grand Challenge. Upcoming Grand Challenges are described below as well as the links to past sessions.

Intersections: Eliminate Racism, End Homelessness & Eradicate Social Isolation

Tuesday, September 14, 2021
12pm Central Time
via Zoom

In the fourth session of this series on eliminating racism, panelists will examine the intersections between racism and the Grand Challenges to End Homelessness and Eradicate Social Isolation, as well as interventions to address them.

[Register for this session here.](#)

If you missed the previous webinars in the series, click below to access the recordings.

Part 1: Grand Challenge to Eliminate Racism [available here.](#)

Part 2: Eliminate Racism, Promote Smart Decarceration, and and Achieving Equal Opportunity [available here.](#)

Part 3: Eliminate Racism, Build Financial Capability and Assets for All, Reduce Extreme Economic Inequality [available here.](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

2022 Proposed Physician Fee Schedule

The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions. The Upper Midwest Telehealth Resource Center (UMTRC) recently held office hours to review the 2022 PFS, [click here](#) to review the slides, which give context and resources to help understand these updates.

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on topics such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

Medicaid Bulletin MSA 21-24

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

SAMHSA: Advancing Comprehensive School Mental Health Systems

Informed by experts in the school health field, this guidance document assists communities in developing high-quality, comprehensive school mental health systems to support students.

The core features are a strong foundation of district and school professionals, including administrators, educators, and specialized instructional support personnel (e.g., school psychologists, counselors, nurses) and partnerships with students, families, and community health partners.

These resources can be [found here](#).

SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic.

These resources can be [found here](#).

News from Our Preferred Corporate Partners

New! Relias: Introduction to trauma-informed care



Over 90% of people receiving behavioral healthcare have a history of trauma. In this course, you will learn about the various types of trauma, the long-lasting consequences of trauma, and what it means to provide care through a trauma-informed lens.

Through interactive practice scenarios and detailed examples, you will learn the scope of your role and responsibilities when you are serving individuals with histories of trauma. You will examine best practices to implement, as well as how to avoid harmful ones that can further perpetuate the suffering and silence of trauma. As you complete this course, you will gain a deeper understanding of how your personal history can impact your work with trauma survivors. Importantly, you will learn what it means to provide trauma-informed care, and why this approach is a multi-faceted one that you should consider for the individuals you serve.

This training is designed for behavioral healthcare professionals who interact with individuals in a variety of behavioral healthcare settings, including those with basic to intermediate levels of experience with trauma.

The preview is [found here](#).

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one

traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
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Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
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Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
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Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
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Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Resource Center Coordinator, (517) 324-7310; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3143; cward@cmham.org

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WEEKLY Update

August 13, 2021

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CMH Association and Member Activities

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! Video recording available from recent MDHHS webinar: COVID 19 emergency response

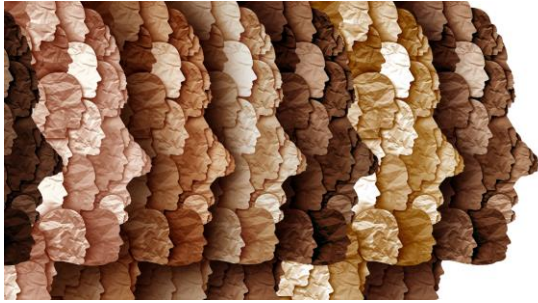
The recording from the latest MDHHS Updates on AFCs and HFAs COVID-19 Emergency Response, held on August 11, 2021, is [available here](#). Access Passcode: Am.N1dVV

New! Webinar: Investing in Mental Health to Support Our Workforce

The Alliance for Health Policy is offering on August 19 a webinar entitled Investing in Mental Health to Support Our Workforce. The briefing will “examine the burgeoning mental health crisis, partially exacerbated by the COVID-19 pandemic, and will explore policy options to support increased mental health wellness at work and at home. Panelists will outline recent statistics related to mental health and the role of employers in supporting mental health and wellness, define current policy and private-sector options for support, and offer insights into how the nation’s mental health impacts our economic performance.”

Registration and additional information are [available here](#).

New! Black DSPs Matter Part Three: Practical Applications



August 19, 2021
2:00pm - 3:30pm ET

After exploring the history and understanding of systemic racism in Part One of the Black DSPs Matter Series and reflecting on the implications of the workforce in Part Two, the next webinar will focus on practical application.

Through a multimedia approach, the Black DSPs Matter: Part Three webinar invites participants to: Revisit shared understanding of key terms and concepts related to the topic of racism.

This interactive webinar intends to facilitate a pathway to new knowledge related to the perceptions and lived experiences of individuals who identify as being part of a marginalized group.

[Register here.](#)

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

Senate Integration Proposal Introduced

On Thursday, July 15, 2021, Senator Shirkey introduced his 2-bill integration package. Senate Bills 597, sponsored by Sen. Shirkey amends the social welfare act and Senate Bill 598, sponsored by Sen. Bizon amends the mental health code. The bills were sent to the Senate Government Operations Committee. Below is a list of the committee members with email addresses:

Senate Government Operations Committee

- (Chair) Mike Shirkey – senmshirkey@senate.michigan.gov

- (Vice Chair) Dan Lauwers – sendlauwers@senate.michigan.gov
- Aric Nesbitt – senanesbitt@senate.michigan.gov
- (Minority Vice Chair) Jim Ananich – senjananich@senate.michigan.gov
- Stephanie Chang – senschang@senate.michigan.gov

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)

- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

New! Registration Open for the 2021 Virtual DBT Summit

Registration is now open for the **2021 Virtual DBT Summit!** [Please see brochure on the event page HERE for all the details and registration link.](#)

Date: Wednesday, September 1, 2021

Times: 8:30am-4:00pm EST

Location: Virtual

CEs: up to a possible 4 social work CEs and/or related MCBAP contact hours

- *Can't make it to the full conference? No problem! We have reduced the rate for virtual to accommodate your busy schedule. If you attend a session at the live scheduled time and participate fully, (according to the guidelines listed in the brochure) you will receive credit for each session you attend.*
- *Registrants will have access to all recorded sessions on the conference platform after the event so no content is missed! (No CEs are given for watching recorded sessions)*

Registration Deadline: Attendee registration closes on August 25, 2021 at 5:00pm EST

Contact Bethany Berry at bberry@cmham.org with questions.

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[**CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!**](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: https://www.youtube.com/channel/UCK5zxNfbrl_PEuXLN_jcAOg/featured?app=desktop

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#))
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am

Education: 10:00am – 12:30pm

Lunch Break: 12:30pm – 1:00pm

Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board’s requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021

Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco

September 13 & 14, 2021

9:00am - 12:00pm both days

Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75

Main Conference

September 21 – 24, 2021 ~ Education each morning

Featuring 2 general sessions and 18 workshops!

Main Conference 9/21/21 - 9/24/21.....\$150

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

New! Grand Challenges in Social Work announces webinar series: Universal Basic Income and Child Allowances

One of the Grand Challenges for Social Work (a CMHA staff member is on the Leadership Board of the Grand Challenge) is to reduce extreme economic inequality.

As part of the work related to this challenge, the Grand Challenge has recently announced an upcoming webinar, "Income Support: How can Basic Income and Child Allowances reduce extreme economic inequality?"

This webinar will take place on:

August 24, 2021

1:00 – 2:15 pm

This webinar is designed to explore the nature of Basic Income policies, including such related policies as Child Allowances. Mental health workers and leaders need to know about, understand, and consider their support for new policies and approaches that will address economic inequality and the consequent ills of material hardship; food, housing, and income insecurity; and racial and gender income and wealth gaps. The pandemic has made even more glaringly visible the nature of economic inequality in the United States, the intersection with race and gender, and the ramifications for health, education, and access to work. Basic Income and Child Allowances are related approaches designed to address both economic inequality and the insecurities and dangers it brings.

CE hours will be offered. Please follow the registration link for more information

[Register here.](#)

Grand Challenges for Social Work
Reduce extreme economic inequality

Income Support: How can Basic Income and Child Allowances reduce extreme economic inequality?

This webinar is designed to explore the nature of Basic Income policies, including such related policies as Child Allowances and will be moderated by Laura Lein and Dylan Bellisle.

Social workers need to know about, understand, and consider their support for new policies and approaches that will address economic inequality and the consequent ills of material hardship; food, housing, and income insecurity; and racial and gender income and wealth gaps.

Our special guest speakers include Michael Lewis, Luke Shaefer, Aisha Nyandoro, Leah Hamilton, and Joan Hunt.

Tuesday, August 24th from 1pm-2:15pm Eastern

CE hours will be offered. Please follow the link to register and for more information:
<https://tinyurl.com/income-support-webinar>

New! Rural Michigan Opioid and Substance Use Disorder Summit

The Michigan Center for Rural Health is pleased to invite you to the Rural Michigan Opioid and Substance Use Disorder Summit in Traverse City, Michigan. This one-day event will allow participants to

collaborate to increase their awareness of Rural Health best practices in the prevention, treatment, and recovery aspects of Opioid Use Disorder (OUD) and Substance Use Disorder (SUD).

[Draft agenda can be found here.](#)

When: Thursday, October 21, 2021 from 8:00 AM to 4:00 PM EDT

Where:

Park Place Hotel-Traverse City
300 East State Street
Traverse City, MI 49684

HOTEL RESERVATIONS

Park Place Hotel
231.946.5000
Block Code: Michigan Center for Rural Health or MIRH

[Register here.](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! 2022 Proposed Physician Fee Schedule

The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions. The Upper Midwest Telehealth Resource Center (UMTRC) recently held office hours to review the 2022 PFS, [click here](#) to review the slides, which give context and resources to help understand these updates.

The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on such as audio-only, policies that

have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Please stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

Medicaid Bulletin MSA 21-24

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC [can be found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources webpage](#). This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! SAMHSA: Advancing Comprehensive School Mental Health Systems



Informed by experts in the school health field, this guidance document assists communities in developing high-quality, comprehensive school mental health systems to support students.

The core features are a strong foundation of district and school professionals, including administrators, educators, and specialized instructional support personnel (e.g., school psychologists, counselors, nurses) and partnerships with students, families, and community health partners.

These resources can be [found here](#).

New! SAMHSA training and technical assistance related to COVID-19 recovery and resilience

As part of CMHA's partnership with the SAMHSA-funded Mental Health Technology Center (MHTTC) provides Michiganders with access to a number of resources on how we all can recovery from and ensure resiliency as the state and nation comes out of the pandemic.

These resources can be [found here](#).

News from Our Preferred Corporate Partners

New! Relias: Diversity, Equity, and Inclusion: Healthcare's Social Dilemma

To truly impact diversity, equity and inclusion (DEI) efforts in a meaningful and lasting way, executive leaders must fully commit and set the tone for the rest of their organization to follow. How can you prioritize DEI efforts?

Relias' new white paper, [Diversity, Equity and Inclusion: Healthcare's Social Dilemma](#), outlines strategies and key factors you should consider as you bolster DEI efforts at your organization. In the white paper, you'll learn:

- Six factors to consider as you approach DEI efforts.

- Example training topics on DEI.

- 15 quick ways to foster DEI in your organization.

[Get this white paper here.](#)

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company
- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284

First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124

Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451



Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

Alan Bolter, Associate Director, (517) 237-3144; abolter@cmham.org
Audrey Daul, Administrative Assistant, (517) 237-3141; adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, (517) 237-3147; dferguson@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, (517) 237-3145; mfrancis@cmham.org
Jodi Hammond, Training and Meeting Planner, (517) 237-3148; jhammond@cmham.org
Regina MacDonald, Accounting Assistant, (517) 237-3146; rmacdonald@cmham.org
Bethany Berry, Training and Meeting Planner, (517) 237-3149; bberry@cmham.org
Alexandra Risher, Training and Meeting Planner, (517) 237-3150; arisher@cmham.org
Carly Sanford, Training and Meeting Planner, (517) 237-3151; csanford@cmham.org
Robert Sheehan, Chief Executive Officer, (517) 237-3142 rsheehan@cmham.org
Madi Sholtz, Training and Meeting Planner, (517) 237-3152; msholtz@cmham.org
Amy Stagg, Behavioral Telehealth Resource Center Coordinator, (517) 324-7310; astagg@cmham.org
Christina Ward, Director of Education & Training, (517) 237-3143; cward@cmham.org
Anne Wilson, Training and Meeting Planner, (517) 237-3153; awilson@cmham.org



WEEKLY Update

August 06, 2021

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CMH Association and Member Activities

Seeking Nominations: Nick Filonow Award of Excellence for 2021

The Nick Filonow Award of Excellence recognizes eligible individuals, committees or groups that have made a significant contribution or effort to improve the public mental health community-based system at a local or state-wide level through finance, technology or quality efforts.

Nominations may be submitted by any of the following eligible member groups: CMHSP; CMHA Affiliate Member Agency, CMHA Executive Board, PIHP, or CMHA Standing Committee.

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 1ST, 2021 AT 5:00PM. All nominations will be reviewed by the Improving Outcomes Conference Planning Committee. Award recommendations will be based on the quality of the nomination, its support information and attachments, not the number of nominations an individual receives. The award will be presented during the CMHA Improving Outcomes December Conference.

You can download a copy of the nomination form by [CLICKING HERE](#).

Traveling Art Show

Traveling Art Show VI features pieces from Consumer Art Contests across Michigan. Anyone interested in any of the pieces shown may contact Monique at mfrancis@cmham.org. Those NOT sold by October 1, 2021, will be auctioned off at the 2021 Fall Conference in Traverse City, Michigan. Art may be available for viewing locally or on the [CMHA website](#). Check with your local CMH for more information or email Monique at mfrancis@cmham.org.

State & National Developments and Resources

New! SAMHSA distributes \$13.3 million for services to treat and strengthen families affected by substance use

Below are excerpts from a recent announcement, by SAMHSA, of two grant programs aimed at supporting the families of persons with substance use disorders.

Aiming to strengthen American families affected by addiction, today the Substance Abuse and Mental Health Services Administration (SAMHSA) is issuing a total of \$13.3 million in first-year funding between two grant programs that support direct treatment services for people with substance use disorders and wraparound supports for their loved ones.

The full announcement can be [found here](#).

New! 'This is a place people can call home.' Gov. Whitmer visits Andy's Place apartments in Jackson

Low are excerpts from a recent press story highlighting the work of a rehabilitation housing program in Jackson County.

Gov. Gretchen Whitmer called Andy's Place apartments is a "phenomenal opportunity" for people who have been through the Michigan drug court system, Gov. Gretchen Whitmer said Wednesday.

Whitmer visited the long-term substance abuse treatment and rehabilitation community in Jackson on July 28, to speak about her plans for \$100 million for projects for affordable housing that are to be funded through federal COVID-19 relief funds.

The full story can be [found here](#).

New! Direct Support Professional Week virtual event announced



From September 12th – 15th, NADSP and the Research and Training Center on Community Living from the Institute on Community Integration at the University of Minnesota, will be hosting our second virtual event '[From Promise to Progress](#).' It coincides with National Direct Support Professional (DSP) Recognition Week, which takes

place from September 12th – 18th. Similar to the 2020 event, it is completely free to attendees and we encourage everyone to participate.

The theme 'From Promise To Progress' builds off of the 2020 theme

[Register here](#).

New! Roadmap to the Ideal Crisis System seminar announced

Recent statistics have shown suicide rates increasing and drug overdose deaths reaching all-time highs. Together, these crises have overtaken traffic accidents as the leading causes of death among young Americans ages 25-44. Join the American Association of Suicidology (AAS) and the National Council on Thursday, August 26 from 2-3pm ET to learn how we can prevent more deaths and facilitate better crisis outcomes by reimagining the structure of our crisis response systems.

[Register here](#).

New! Health Equity And Value-Based Payment Systems: Moving Beyond Social Risk Adjustment

Below are excerpts from a recent Health Affairs blog post on the use of value-based payments to address health equity.

Recent Health Affairs articles and blog posts have advocated for social risk adjustment in value-based payment (VBP) systems. This has been an area of significant analysis and deliberation within the Office of the Assistant Secretary for Planning and Evaluation (ASPE) at the Department of Health and Human Services. It was also the subject of two Reports to Congress by our team required by the Improving Medicare Post-Acute Care Transformation (IMPACT) Act of 2014, the first in December 2016 and the second in March 2020.

In those reports, we did not recommend wide-scale social risk adjustment in Medicare's VBP programs. We contend that a debate over social risk adjustment in isolation is too narrow a lens for considering the systematic problem of lower-quality care and poor outcomes for vulnerable patients; we believe that it would be more fruitful to take a broader approach toward improving health equity. In this post, we describe some of the thinking and data analysis in our reports, then suggest a broader agenda for tackling policy challenges related to social risk and health equity, through our health-related programs as well as through a variety of social service programs.

The full blog can be [found here](#).

State Legislative Update

View June's Legislative Video on CMHA's Website

The Capitol Briefing is a monthly resource available to CMHA members providing a high-level overview of the key items impacting the public mental health system at the State Capitol.

Our June briefing features CMHA Associate Director, Alan Bolter, provides an update regarding the House behavioral health redesign proposal, HBs 4925-4929.

To view the latest video, [CLICK HERE!](#)

Senate Integration Proposal Introduced

On Thursday, July 15, 2021, Senator Shirkey introduced his 2-bill integration package. Senate Bills 597, sponsored by Sen. Shirkey amends the social welfare act and Senate Bill 598, sponsored by Sen. Bizon

amends the mental health code. The bills were sent to the Senate Government Operations Committee. Below is a list of the committee members with email addresses:

Senate Government Operations Committee

- (Chair) Mike Shirkey – senmshirkey@senate.michigan.gov
- (Vice Chair) Dan Lauwers – sendlauwers@senate.michigan.gov
- Aric Nesbitt – senanesbitt@senate.michigan.gov
- (Minority Vice Chair) Jim Ananich – senjananich@senate.michigan.gov
- Stephanie Chang – senschang@senate.michigan.gov

Federal Update

Key Legislation Introduced to Expand CCBHC Program

Last month, a bipartisan group of Senators led by Sens. Debbie Stabenow (D-Mich.) and Roy Blunt (R-Mo.) [introduced](#) the Excellence in Mental Health and Addiction Treatment Act of 2021, legislation which would allow for the broad adoption of the Certified Community Behavioral Health Clinic (CCBHC) model.

If passed, this bill would:

- Allow any state or territory to participate in the CCBHC Medicaid Demonstration program and allocate additional planning grant monies for states to prepare to do so. (Currently, only 10 states are in the demonstration.)
- Authorize \$500 million for Substance Abuse and Mental Health Services Administration (SAMHSA) CCBHC Expansion Grants, an important tool in helping provider organizations adopt the CCBHC model and prepare for participation in state led CCBHC implementation efforts.
- Establish and fund a technical assistance center for current and prospective CCBHCs within SAMHSA.

Expanding the CCBHC model is a core priority of the National Council for Mental Wellbeing, as it represents a transformational change in the way people access mental health and substance use services. Access to high-quality care should not depend on where a person lives, so we will do everything in our power to ensure no one gets left behind.

CCBHCs make a difference by promoting community wellbeing.

That's why we're committed to giving every National Council member the option to transform your clinic by becoming a CCBHC and gaining access to sustainable funding. Our [CCBHC Success Center](#) can help your clinic prepare to become a CCBHC, and I urge you to leverage all our resources.

[Urge your legislators to support this important legislation.](#)

Key resources:

- [National Council public statement](#)
- [Senator Stabenow and Senator Blunt joint press release](#)
- [National Council 2021 CCBHC Impact Report](#)
- [National Council's CCBHC Success Center](#)

Education Opportunities

Registration is Open! 22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

22nd Annual Substance Use and Co-Occurring Disorder Virtual Conference

Health Equity: Transforming to Meet the Challenge

Conference Date: September 13-16, 2021

Conference Location: Virtual

[CLICK HERE TO REGISTER AS AN ATTENDEE, EXHIBITOR OR SPONSOR!](#)

Questions? Contact Alexandra Risher at arisher@cmham.org.

Save the Date! Michigan Celebrate Recovery Walk & Rally



“Remembering the Journey”

When: September 11, 2021

Where: Belle Isle, Detroit

Time: 10:30am Registration

FREE, family fun, food, games, music & more

Follow Michigan Celebrate Recovery on social media:

Facebook: [Michigan Celebrate Recovery Walk & Rally](#)

Instagram: [@micelebraterecovery](#)

Twitter: [@micelerecovery](#)

YouTube: <https://tinyurl.com/mirecovery>

Website: <https://www.michigancelebraterecovery.com/>

VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Training – Registration now open!

Community Mental Health Association of Michigan is pleased to offer VIRTUAL Ethics for Social Work, Substance Use Disorder, and Recipient Rights Professionals Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS through Zoom. There are 6 CE credits available for this training. This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- September 9th, 2021 ([Register Here](#))
- October 12th, 2021 ([Register Here](#))
- November 9th, 2021 ([Register Here](#))
- January 18th, 2022 ([Register Here](#))
- February 15th, 2022 ([Register Here](#))
- March 15th, 2022 ([Register Here](#))
- April 13th, 2022 ([Register Here](#))
- April 19th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 9:45am
Education: 10:00am – 12:30pm
Lunch Break: 12:30pm – 1:00pm
Education: 1:00pm – 4:30pm

Training Fees: \$130 CMHA Members \$153 Non-Members

VIRTUAL Pain Management Essentials: A Psychotherapeutic Approach – Registration now open!

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Stephanie M Huhn MA, LLP, CBIS, CAADC, CCM, ACCTS online through Zoom. This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- October 19th, 2021 ([Register Here](#))
- November 12th, 2021 ([Register Here](#))
- January 25th, 2022 ([Register Here](#))
- March 24th, 2022 ([Register Here](#))
- April 27th, 2022 ([Register Here](#))

Agenda:

Log into Zoom: 12:45 pm
Education: 1:00pm – 3:00pm

Training Fees: \$53 CMHA Members \$61 Non-Members

Virtual Self-Determination Conference – Registration Open

Register now for the 2021 Virtual Self-Determination Conference: It Starts With You!

August 25 & 26, 2021

Education Daily from 9:00am – 12:30pm

While there is no fee to attend this conference, registration is required. Registration deadline is 5:00pm on Friday, August 20.

[Click Here to Register](#)

[Click Here to See the Agenda](#)

Registration Open: 28th Virtual Annual Recipient Rights Conference

Pre-Conference: “Deceptive Analysis” with presenter: Lena Sisco
September 13 & 14, 2021
9:00am - 12:00pm both days
Pre-Conference ONLY 9/13/21 & 9/14/21.....\$75

Main Conference
September 21 – 24, 2021 ~ Education each morning
Featuring 2 general sessions and 18 workshops!
Main Conference 9/21/21 - 9/24/21.....\$150

[CLICK HERE FOR CONFERENCE BROCHURE & TO REGISTER!](#)

Virtual Co-Occurring Disorders Trainings from Jennifer Harrison – Registration Open

Registration is open for the following co-occurring disorders virtual trainings from presenter Jennifer Harrison.

These events are sponsored by the adult mental health block grant and are intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. They contain content appropriate for CMHSP clinicians, therapists, peers, supervisors, and nurses.

By registering for these trainings, the participant acknowledges they have read & agree to the updated virtual guidelines and terms & conditions in the brochure to ensure they can fully participate in the virtual education. Registration closes 5 business days prior to each training.

****Note: Due to the limited number of spots in these trainings, each organization is limited to a maximum of 6 registrants.***

Recovery-Based Co-Occurring Treatment Planning and Delivery

Until the 21st century, most service systems were organized to treat individuals with a single disorder, excluding those with co-occurring disorders, or providing sequential or parallel treatments that were incompatible or in conflict with each other. Integrated services offer superior outcomes to parallel or sequential treatments, and call providers to develop interventions to assist individuals in moving toward recovery for both illnesses simultaneously. Recovery-oriented care requires changes at a systems and individual practitioner level in areas including assessment, treatment planning, and delivery. Integrated co-occurring providers will learn about the research on integrated care including Evidence-Based Practices (EBP), and ways to develop stage-matched assessment, treatment planning, and treatment interventions for adults with co-occurring mental health and substance use.

Date: August 24, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Stage Matched Treatment for Co-Occurring Needs

Adults with co-occurring mental illness and substance use disorders have far worse outcomes in employment, hospitalization, housing, and criminal justice involvement than their single disordered peers. In addition, treatment engagement is often lower for individuals with COD, particularly when those individuals are in early stage of readiness for one of more presenting problems. This training will focus on the assessment of stage of readiness using validated tools, and the interventions that are best fit for each stage of readiness. In addition, ways to address organizational readiness for COD treatment will be discussed.

Date: August 31, 2021 | [CLICK HERE to register](#)

Times: Training: 8:30am – 4:30pm EST | Zoom log in by 8:15pm

\$30 Registration fee includes electronic training materials and CEs

Grand Challenges in Social Work announces webinar series: Eliminate Racism



A CMHA staff member is on the Leadership Board of the Grand Challenges for Social Work – a cutting edge research and policy-based initiative aimed at addressing some of the most pressing issues facing the United States and the world.

The Grand Challenges recently distributed the recording for part 2 of the Eliminate Racism series recording on Promote Smart Decarceration and Achieve Equal Opportunity and Justice.

You can view the previous webinars here.

Part 3 will take place on August 10 – [register now!](#)

Behavioral Telehealth Resource Center

Telehealth Resource Center

Michigan's Behavioral Telehealth Resource Center serves to provide current information on telehealth policies, training, and engagement opportunities. Please visit the [Telehealth Resource Center](#) to see new information and updated format. If you have content suggestions, please contact Amy Stagg at astagg@chmam.org.

New! The Center for Connected Health Policy (CCHP) Telehealth & Medicaid webinars

Dates have been announced for the Fall Medicaid webinar series on such as audio-only, policies that have been made permanent, and the Medicaid program's reasoning for those decisions. See dates below and registration links. Please stay tuned for updates on confirmed speakers for the Fall series.

- Session 1: Medicaid & Audio Only. Friday, September 17: 2:00-3:30 (EST); Register [here](#).
- Session 2: Medicaid & Telehealth Data Collection: Surveys, Studies & Advisory Groups. Friday, September 24: 2:00-3:30 (EST); Register [here](#).
- Session 3: Medicaid & Other State Agencies Telehealth Policies for Patients with Disabilities. Friday, October 1: 2:00-3:30pm (EST); Register [here](#).
- Session 4: Medicaid & Permanent COVID-19 Telehealth Policies. Friday, October 8: 2:00-3:30pm (EST); Register [here](#).

New! Upper Midwest Telehealth Resource Center (UMTRC) Office Hours, August 10 from 1-1:30pm (EST)

Join Director Becky Sanders to learn more about the CMS 2022 Proposed Physician Fee schedule and its possible implications for your program's Medicare beneficiaries and your providers. Register [here](#).

NACHC Survey on Audio-Only Telehealth & Health Centers

The National Association of Community Health Centers (NACHC) recently released a [report](#) on their survey of CHCs to assess their telehealth experiences over the course of the public health emergency and determine what the effects would be upon termination of temporary policies, and how that would impact their providers and patients.

The value and necessity of audio-only was stressed throughout the survey. Benefits of audio-only telehealth included:

- Reduced no-show rates
- Improved patient/provider relationships
- Better coordination of care amongst providers and families
- Improved chronic care management

The report concludes that without continued telehealth coverage for CHCs, all of the stated benefits will disappear, create a barrier to the provision of quality health care, and negate the ability for health centers to bring equity and access to underserved communities that would otherwise likely go without needed services. The authors urge the federal government to act and preserve access to care via telehealth in health centers across the country.

2022 Proposed Physician Fee Schedule

On July 13, 2021, the Center for Medicare and Medicaid Services (CMS) released their proposed CY 2022

Physician Fee Schedule (PFS). The PFS is historically where CMS will make administrative changes to telehealth policy in the Medicare program. As the pandemic begins to stabilize and restrictions begin to lift, there has been great concern as to what will happen with the temporary telehealth changes on the federal level. The CY 2022 proposed PFS is one step towards addressing those questions.

Mental Health & Audio-Only: One of the most significant proposals involve the provision of mental health services via telehealth and utilization of audio-only to deliver those services. Based on data from COVID-19 and other factors, CMS is proposing to allow the use of audio-only to provide mental health services in the Medicare program if:

It is for an established patient;

The originating site is the patient's home;

The provider has the technical capability to use live video but,

The patient cannot or does not want to use live video and

There must be an in-person visit within six months of the telehealth service.

For an in-depth look at the CY2022 PFS, download the Center for Connected Health Policy (CCHP) [fact sheet](#) or [video](#) from CCHP Executive Director, Mei Kwong.

Insights on utilization of behavioral health services in the context of COVID-19; McKinsey & Company

[Infographic](#) created from analyzed data sample from 115,000 providers who delivered Behavioral Healthcare to over 20+ million Americans in 2019, 2020 and 2021. This report shows trends in behavioral health claims, including telehealth and includes information on the disproportionate impact on racial and ethnic minorities and identifies barriers that limit access to telehealth.

Medicaid Bulletin MSA 21-24 discusses Asynchronous Telemedicine Services, and is issued on July 2, 2021

The purpose of this [bulletin](#) is to clarify current Medicaid program coverage of asynchronous telemedicine services, including store and forward services, interprofessional telephone/Internet/electronic health record consultations, and Remote Patient Monitoring (RPM) services.

Education & Training Resources from Great Lakes MHTTC



Great Lakes (HHS Region 5)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



CMHA's partnership with SAMHSA funded Great Lakes MHTTC

CMHA is the Michigan partner of the Great Lakes Mental Health Technology Transfer Center (MHTTC). Through this partnership, funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA), MHTTC and CMHA provide Michiganders with access to a wide range of evidence-based and promising mental health practices. More information on the work of the Great Lakes MHTTC can be [found here](#).

The Great Lakes MHTTC products and educational offerings can be found at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

News from Our Preferred Corporate Partners

Relias: Essentials to Help You Become Trauma-Informed

Becoming and maintaining a trauma-informed organization is possible, even as COVID-19 continues to impact your staff and clients. However, it isn't a one-time implementation or the responsibility of a committee. It requires full support from your leadership, board of directors, and employees. It also requires ongoing communication and training.

Relias offers training to help everyone at your organization not only understand trauma-informed care but practice it as well. Our behavioral health training library covers topics like:

- Introduction to trauma-informed care
- Compassion fatigue
- Trauma-informed supervision
- Employee wellness

To learn how Relias can help your organization implement trauma-informed care, including training courses available in our behavioral health library, [contact Relias today](#). Register for this offering [here](#).

Abilita: Top Ten Times for a Communications Review

It's never a bad time to review your organization's communications technology expenses, and never a better time to enlist the help of a specialist. That's because there are certain milestones when not having a good handle on spending and inventory can result in the greatest financial risk.

Here are our top 10 scenarios for a Communications technology expense review and inventory update:

- Before a Move
- After an acquisition or merger with another company

- Upon Contract Renewal with Communications Service Providers (before and after)
- After Closing a Site
- When there are changes in Regulatory Charges
- When moving from Premise to Cloud-Based Services
- When Transforming Network Technology
- When a New Person is taking over responsibility for Communications Technology Management
- When changing to a new Data Center Provider
- When Employees Work from Home

For more details and what you might want to consider, download Abilita's Top 10 Times newsletter [here](#). To get started now, contact your Abilita Advisor, Dan Aylward, at daylward@abilita.com for a zero-risk review of your technology systems and services.

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo](#).

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, post their contact information below. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Board of Directors, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members.

President: Joe Stone; Stonejoe09@gmail.com; (989) 390-2284
 First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
 Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
 Secretary: Cathy Kellerman; balcat19@live.com; (231) 924-3972
 Treasurer: Randy Kamps; randyk@4iam.com; (231) 392-6670
 Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the direct phone lines and e-mail addresses below:

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PUBLIC NOTICE

Listed below is the schedule of monthly board meetings for the Northeast Michigan Community Mental Health Authority Board. Each meeting is scheduled to begin at **3:00 p.m.** in the Board's Offices, 400 Johnson Street, Alpena unless otherwise specified. Regular monthly Board meetings are to be held the second Thursday of each month.

MONTHLY BOARD MEETINGS

May 13, 2021	@ 3:00 p.m. *
June 10, 2021	@ 3:00 p.m. *
July 8, 2021	@ 3:00 p.m. *
August 12, 2021	@ 3:00 p.m.
September 9, 2021	@ 3:00 p.m.
October 14, 2021	@ 3:00 p.m.
November 4, 2021	@ 3:00 p.m.**
December 9, 2021	@ 3:00 p.m.
January 13, 2022	@ 3:00 p.m.
February 10, 2022	@ 3:00 p.m.
March 10, 2022	@ 3:00 p.m. ***
April 14, 2022	@ 3:00 p.m. ****

* Strategic Planning Session – 3 parts

** The November meeting is cancelled due to it originally falling on a holiday and due to the early December meeting. Should there be pressing business, a meeting will be scheduled at the call of the Chair.

*** Recognition is held each year in March honoring those Board members reaching notable milestones in their tenure with the Board during the previous year

**** The April meeting is the organizational meeting for the Board and meeting times for the remainder of the year are determined at that time which may affect the meeting dates above.