



Northeast Michigan Community Mental Health Authority Board

May 2020 Meeting



☁ **Board Meeting – Strategic
Planning [Part One],
Thursday, May 14 at 3:00 p.m.**

☁ **Eric Kurtz – Environmental
Scan**

**This meeting will be available as a
Conference Call Meeting using:
1-888-627-8019 PIN # 40994**

Or

Zoom

<https://zoom.us/j/911168583?pwd=SEc3bDZhUW5FY1lSU1R1NFdXTmNLZz09>

Meeting ID: 911 168 583

Password: 013259



All meetings held at 400 Johnson Street, Alpena, MI in the Board Room unless otherwise indicated.

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY BOARD
BOARD MEETING – STRATEGIC PLANNING [PART 1]
May 14, 2020 at 3:00 p.m.
A G E N D A

- I. Call to Order
- II. Roll Call & Determination of a Quorum
- III. Pledge of Allegiance
- IV. Acknowledgement of Conflict of Interest
- V. Appointment of Evaluator
- VI. Information and/or Comments from the Public
- VII. Approval of Minutes (See pages 1-6)
- VIII. Environmental Scan Eric Kurtz
- IX. Consent Agenda (See page 7)
 - 1. University of Michigan - MC3 (Child Collaborative Care) Agreement
- X. May Monitoring Reports
 - 1. Treatment of Consumers 01-002 (See pages 8-11)
 - 2. Budgeting 01-004 (See page 12)
 - 3. Financial Condition 01-005 (See page 13-15)
- XI. Board Policies Review and Self-Evaluation
 - 1. Board Job Description 02-003.....[Review & Self Evaluate]. (See pages 16-17)
 - 2. Board Core Values 02-014.....[Review & Self Evaluate] (See page 18)
- XII. Linkage Reports
 - 1. Northern Michigan Regional Entity Update
 - a. April 22 Meeting..... (Verbal Update)
 - 2. Board Association
 - a. Spring Conference Update(Verbal)
- XIII. Operational Report..... (See page 19)
- XIV. Chair's Report
 - 1. CMH PAC Last Call..... (See page 20)
 - 2. Disclosure of Ownership Forms Update (See pages 21-24)
- XV. Director's Report(Verbal)
 - 1. MDHHS COVID-19 Grant
- XVI. Information and/or Comments from the Public
- XVII. Information and/or Comments for the Good of the Board
- XVIII. Next Meeting – Thursday, June 11 at 3:00 p.m.
 - 1. Set June Agenda (See page 25)
 - 2. Meeting Evaluation (All)
- XIX. Adjournment

MISSION STATEMENT

To provide comprehensive services and supports that enable people to live and work independently.

Northeast Michigan Community Mental Health Authority Board

Board Meeting

April 9, 2020

[Due to COVID-19 this meeting was held using Uber Conference]

I. Call to Order

Chair Eric Lawson called the meeting to order in the Board Room at 3:00 p.m.

II. Seating of Board Member

Bonnie Cornelius – Alcona County
Roger Frye – Montmorency County

No appointment yet – Alpena County
Gary Nowak – Presque Isle County

III. Roll Call and Determination of a Quorum

Present: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk (in person)

Absent: Robert Adrian, Gary Nowak

Staff & Guests: Lisa Anderson, Dennis Bannon, Carolyn Bruning, Connie Cadarette, Lynne Fredlund, Margie Hale-Manley, Ruth Hewett, Jamie McConnell, Larry Patterson, Nena Sork (in person), Jen Whyte, Peggy Yachasz

IV. Pledge of Allegiance

Attendees recited the Pledge of Allegiance as a group.

V. Acknowledgement of Conflict of Interest

No conflicts were identified.

VI. Appointment of Evaluator

Eric Lawson appointed Gary Wnuk as evaluator for this meeting.

VII. Report of the Nomination's Committee

Terry Larson reported the Nomination's Committee made their recommendations for officers at the March meeting. A copy of the minutes of their meeting was included in the mailing indicating the following recommendations for the Slate of Officers:

Eric Lawson, Chair
Roger Frye, Vice Chair
Bonnie Cornelius, Secretary
Gary Nowak, Past Chair

VIII. Election of Officers

Terry Larson requested a motion for the slate of officers as a whole be elected as recommended. Eric Lawson called for other nominations three times. ***Moved by Terry Larson, supported by Pat Przeslawski, to close nominations and a unanimous ballot be cast for Eric Lawson for the Chair position, Roger Frye for the Vice Chair position, Bonnie Cornelius as the Secretary position and the Past Chair will remain as Gary Nowak.*** Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried.

IX. Information and/or Comments from the Public

There were no comments presented.

X. Approval of Minutes

Moved by Gary Wnuk, supported by Roger Frye, to approve the minutes of the March 12, 2020 meeting as presented. Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried.

XI. Budget Amendment #2

Eric Lawson thanked staff for the summary of the amended budget. Nena Sork indicated the amendment was a collaborative effort between Connie Cadarette, Larry Patterson and Nena Sork along with management staff.

Connie reported the initial budget presentation was a very conservative budget related to revenues and expenses. This point in the year some of the information is more concrete. She noted the Finance line includes the incentive dollars received which has not been determined for use at this point. She reported the General Fund decrease is due to not having the carryforward dollars we had planned to have.

Pat Przeslawski inquired as to when the salary raise would go into effect and whether this would be added to the next payroll. Staff would see the hourly increase in their next payday. The retro will go back to the first pay in the fiscal year which was September 29, 2019.

Moved by Pat Przeslawski, supported by Lester Buza, to approve Budget Amendment #2 for Fiscal Year 2020. Gary Wnuk inquired about the budget glitch we had identified previously and if the raise would also be impact the deficit this glitch uncovered. Connie Cadarette noted there were other items initially overbudgeted and the net impact to the budget with the raise is \$126,218. Gary Wnuk inquired as to how COVID-19 will impact the budget for the remainder of the year. Nena Sork noted she can hold the incentive dollars until we can determine any impact COVID may have on the Agency. Nena Sork noted at the end of the year if there are still dollars, there may be other incentives to give to staff. Albert LaFleche inquired about the reduction in health insurance. Connie Cadarette noted this was due to over budgeting that line item. Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried. Nena Sork thanked the Board for their support.

XII. April Monitoring Reports

1. Budgeting 01-004

The Board reviewed the Statement of Revenues and Expense for month ending February 29, 2020. Connie Cadarette noted at this point in the year our budget should be at 41.7% expended and some of the lines were not at the 41.7%, which is where the adjustments were made. Eric Lawson thanked Connie Cadarette and Larry Patterson for their hard work.

2. Communication and Counsel 01-009

The Board reviewed the monitoring report related to Communications and Counsel to the Board. Board members had no comments or suggestions.

Moved by Pat Przeslawski, supported by Judy Jones, to approve the April Monitoring Reports as presented. Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried.

XIII. Board Policy Review and Self Evaluation

1. Financial Condition 01-005

The recommended change to this policy involves the change from CEO to Executive Director.

2. Communication and Counsel 01-009

The recommended change to this policy involves the change from CEO to Executive Director.

3. Governing Style 02-002

The recommended change to this policy involves the change from CEO to Executive Director.

4. Cost of Governance 02-013

The budget numbers have been adjusted for the current fiscal year in this policy revision.

Moved by Gary Wnuk, supported by Pat Przeslawski, to approve the revisions to Policies 01-005 Financial Condition, 01-009 Communication and Counsel, 02-002 Governing Style and 02-013 Cost of Governance. Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried.

XIV. Linkage Reports

1. Northern Michigan Regional Entity (NMRE)

a. Board Meeting March 25, 2020

It was noted this Board meeting was cancelled due to COVID-19. Nena Sork noted NMRE staff are all working from home.

2. Community Mental Health Association of Michigan (CMHAM)

The Spring Board Conference was scheduled for June 9 & June 10 in Acme, MI. Because of the uncertainty of the current environment, this has been postponed and the Board Association is investigation options of a reschedule. Nena Sork reported she is a member of the Member Services Committee and this will be discussed at their next meeting.

XV. Chair's Report

1. CMH PAC Campaign

The CMH PAC campaign is underway. This pledge needs to be made in May as the pledges need to be submitted by June to be eligible for the Box Suite tickets to a Detroit Tiger Ball game. Board members can turn their pledges in to Diane Hayka.

2. Section 222 & Conflict of Interest

This survey is an annual requirement and Board composition must be certified. This form also addresses conflict of interest. Board members were requested to submit their paperwork to Diane Hayka so the certification can be finalized. Terry Larson suggest Diane Hayka contact any member who hasn't returned their form.

3. Strategic Planning Discussion

Nena Sork reported Eric Kurtz, CEO at NMRE, will be attending the May meeting [virtually or in person] to provide an environmental scan. This will be a forecast of the future of mental health. He will address the strengths and weaknesses of the public mental health system.

The June Board meeting will continue in the strategic planning process with a report on the current Ends and the progress toward those Ends. Nena Sork will then work with the Board at the July meeting to develop Ends for the next fiscal year and further development of the Board's Strategic Plan.

XVI. Director's Report

1. Director Report Summary

Nena Sork reported she has had a flurry of activity with all the changes and Executive Orders since our last meeting.

She noted changes began the day after the March board meeting. The Agency limited visitors to group homes the next day and by Monday the Governor issued an Executive Order mandating this

limitation. Health screens began for staff and visitors. She reported she attended OPS on March 17, which was the last face-to-face meeting she has attended. Contract providers were sent letters to provide information on agency operations during this time. She noted Bay View Center and Touchstone (Clubhouse) closed until April 6 and remain closed.

Nena Sork reported iPads were deployed to each of the Group Homes so video appointments can continue without moving residents. She informed Board members of actions taken when the shelter in place order came down, staff were identified to work at home and within 48-hours staff were set up to work at home. Nena Sork reported this Agency is considered essential service; however, not all elements of the operation are considered essential. Many of the businesses are closed so the supported employment job coaches were no longer needed. All supervisors were requested to review their team and identify if there were individuals without work. In the end, of the 362 staff employed by the Agency, 53 staff were laid off; 43 voluntarily took lay-off; and 74 staff identified to work from home. Of the 15% who were laid off, 20% of those did not want to do direct care or be trained for direct care. The Fletcher, Hillman and Rogers City offices were closed to the public. Staff may have to go in for keys for vehicles, etc. and each office is sanitized daily.

Nena reported she takes part of the Emergency Management meetings on Mondays working to address preparedness for this four-county area. She reported a Public Service Announcement (PSA) was sent out about our crisis number in an attempt to relieve the increase in calls to 911, as '911' was receiving several calls from anxious people. She participates with a statewide conference call comprised of the PIHPs/CMHs and state and are finding out what is being done in other areas of the state.

Nena Sork reported guidelines were adapted for our group home staff and staff are working to develop similar guidelines for SIP. She reports we are in Phase II of her plans and have several more Phases if needed.

Nena Sork informed Board members of the appointment of Larry Patterson as Accounting Officer and Connie Cadarette as Finance Officer. They will be in charge of organizing the reimbursement/accounting departments.

Nena Sork reports the Emergency Management meetings are held and the biggest concern is the unavailability of PPE in the area. She reports GETTEES is shipping out cloth masks for our staff. She reports a supply of surgical masks was received yesterday to provide our group homes with a supply of masks when needed.

Nena reports she met with the Director of the local Department of Health and Human Services, John Keller, to address how to protect children and/or adults from abuse and neglect and how to maintain food stamps and healthcare coverage.

Nena Sork reported an OSHA complaint was lodged in the beginning of this trying time by a staff person. The Agency responded to the complaint and the Agency's response was accepted. The MIOSHA complaint was closed today.

We are continuing to provide services and there are face-to-face services continuing, as well as telephone monitoring and televideo appointments being held. Some of the medical services are conducted through TeleMed. Some contracted residential homes are not allowing our staff to enter so the individual can come out to their parking lot and receive their medications and/or injections. She notes we are still trying to keep our services running as close as to normal as allowed in the current environment.

Nena Sork reports there are some staff who are fearful and continued reassurance to address their fears is provided. The monitoring room is expanded to allow for extra monitoring if needed.

2. Annual Submission

Nena Sork reported the Annual Report is completed annually and the Agency must provide this information to Board members and County commissioners annually along with several agencies. Eric Lawson noted the population for Alpena County in 2009 is in error. Judy Jones noted the priority needs was very good and much is being done to address them. Eric Lawson suggested Board members review this further for use in the Strategic Planning sessions.

Nena Sork reported Rich Greer and Lynne Fredlund attend Emergency Management meeting and were provided with a reference manual for processes to handle emergency situations. The book from the state for emergency management team had a section devoted to "Pandemic" with no guidance in the book. This Agency is collecting the processes we are using to put in the book for future reference.

Nena Sork provided the Board of her succession plan in the interim until Mary Crittenden gets back up to speed. Mary Crittenden returns tomorrow from her maternity leave. Terry Larson noted he is extremely proud to be a part of this agency and of the staff and how they have stepped up. Roger Frye noted staff more than deserve the raise they will be receiving.

Nena Sork noted she is very appreciative of Diane Hayka's assistance in everything and how valuable and accommodating she has been to all staff especially those who are working from home and assisting them with their unique needs during this time. Eric Lawson noted Diane Hayka is "off the charts helpful" to him. Nena Sork noted if she is going off in the wrong direction she trusts that Diane Hayka will let her know.

XVII. Information and/or Comments from the Public

Albert LaFleche reported it is snowing at the moment.

XVIII. Information and/or Comments for the Good of the Board

Gary Wnuk thanked Nena Sork for coming down to Alcona County on March 18 and the resolution presented to the Alcona Commissioners addressing the transformation of the mental health system passed unanimously. He reported she presented very well. He noted it is important to let the county commissions know they should take a stance against privatization of the mental health system.

XIX. New Business

1. Establishment of Regular Meeting Date

The consensus was to keep the meeting date and time the same. The Board will continue to meet the second Thursday of the month at 3:00 p.m.

Moved by Gary Wnuk, supported by Roger Frye, to set the meeting date as the second Thursday of the month beginning at 3:00 p.m. Roll Call Vote: Ayes: Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: Robert Adrian, Gary Nowak. Motion carried.

2. Appointment of Standing Committees

Pat Przeslawski noted the alternate on the Recipient Rights Committee is not a necessary appointment and most times when an alternate attends at such sporadic times it really can be sometimes more difficult.

Eric Lawson appointed the following members to the Board's Standing Committee:

Recipient Rights Committee

- Pat Przeslawski, Board Representative
- Judy Jones, Board Representative
- Tom Fredlund
- Renee Smart-Sheppler
- Lorell Whitscell
- Barbara Murphy

Ruth Hewett, Recipient Rights Officer

Nena Sork reported she had a conference call with Lance Rhines, OPEIU Representative, discussing the salary increase. She reported the retro payment would be held until the first payday when staff have returned to work. She also reported the health insurance continuing coverage under current policy would cease for the individuals on lay-off at the end of the month of March. We continued coverage through the end of April during the pandemic and the "temporary layoff" status of staff. In addition, telehealth was added to the BCBS policies at no additional cost to the employee.

3. **Next Meeting**

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, May 14, 2020 at 3:00 p.m.

1. **Set May Agenda**

The May agenda items were reviewed. Eric Lawson noted the next few months the major focus will be on Strategic Planning.

4. **Evaluation of Meeting**

Gary Wnuk noted the meeting started on time with very few glitches. Gary Wnuk reported we found out we can function through a conference method. Participation was good, concise and respectful. Considering the circumstance this meeting went well. Under this arrangement the board did well and accomplished the business required.

5. **Adjournment**

Moved by Gary Wnuk, supported by Lester Buza, to adjourn the meeting. Motion carried.
This meeting adjourned at 4:15 p.m.

Bonnie Cornelius, Secretary

Eric Lawson, Chair

Diane Hayka
Recorder

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Nena Sork
SUBJECT: Consent Agenda
DATE: May 1, 2020

1. Contract

a. University of Michigan – MC3 (Child Collaborative Care) Agreement

This is a continuation grant where under a grant from the Michigan Department of Health and Human Services and The Regents of the University of Michigan provides \$34,363 in funding to this Agency to provide behavioral health consultation services to address services for children, adolescents and perinatal women based upon recommendations by the MC3 consulting psychiatrist. The consultant identifies and contacts primary care providers and practices in our catchment area to create awareness of MC3 and coordinate informational meetings with them. This is a \$402 increase from last year. We recommend approval of this award.



Recipient Rights Advisory Committee Minutes April 15, 2020

The meeting was called to order at 3:18 p.m. April 15, 2020 by Chair Patricia Przeslawski via teleconference due to COVID-19 and the Governor's Executive Order.

Present: Judy Jones, Barb Murphy, Pat Przeslawski and Lorell Whitscell
Absent: Tom Fredlund, Renee Smart-Shepler
Staff: Ruth Hewett
Guests: None

DRAFT MINUTES

I. Old Business. None.

II. Approval of Minutes. The minutes from 1-15-2020 were approved as written. Judy moved to approve, Lorell supported, motion carried.

III. New Business.

QUARTERLY RIGHTS ACTIVITY REPORT: The report covered the second quarter of FY 19-20, 1/1/2020 – 3/31/2020. Complaints totaled 38 of which 30 were opened for investigation, 2 were handled as interventions, 2 were outside the jurisdiction of the rights office and 4 contained no Code protected right. There were 17 substantiations with 2 investigations pending. Four remedial actions were pending at the time of the report and will be available on next meeting's report. Lorell moved to review the report, supported by Judy, motion carried.

COMMITTEE APPOINTMENTS: All committee members were reappointed for another year by the Board last week. No alternate board member was appointed. Ruth noted that since the change to the Open Meetings Act, if members are unable to attend in person, they may attend via telephone. This is the first RRAC meeting using the Uber Conference call and the committee may want to utilize this option when there is inclement weather.

UPDATE ON MID-MICHIGAN HEALTH-ALPENA (POINTE EAST): Laura Hoffman has been hired as the part-time rights advisor for the inpatient unit.

SEMI-ANNUAL RIGHTS REPORT: This report is typically presented at the April meeting; however, is not due to the state office until June 30th. It will be presented during the July meeting.

IV. Educational Session. Due to this meeting being a call-in meeting, the education session was postponed. Suggested topics include 1) Human Resources presenting on the different levels of disciplinary actions and 2) the role of the Rights Appeals Committee.

V. Other Business.

The next meeting will be July 15, 2020 in the Admin Conference Room at 3:15 pm.

VI. Adjournment.

Barb moved to adjourn the meeting, supported by Judy. The meeting adjourned at 3:40 pm.

QUARTERLY RECIPIENT RIGHTS ACTIVITY REPORT

Time Period: January, February & March 2020:

I. COMPLAINT DATA SUMMARY		<u>FY 19-20</u>					<u>FY 18-19</u>			
A. Totals	1 st	2 nd	3 rd	4 th	1 st	2 nd	3 rd	4 th		
Complaints Received:	39	38			14	23	20	32		
Investigated:	32	30			13	20	19	27		
Interventions:	01	02			-0-	01	-0-	-0-		
Substantiated:	14	17 + 2 pending			06	16	10	21		
Outside Jurisdiction:	05	02			-0-	01	-0-	-0-		
No Code Protected Right:	01	04			01	01	01	05		

B. Aggregate Summary of Complaints

CATEGORY	Received	Investigation	Intervention	Substantiated
Abuse I	0	0		0
Abuse II	4	4		0 + 1 pdg*
Abuse III	2	2		2
Sexual Abuse	0	0		0
Neglect I	0	0		0
Neglect II	2	2		2
Neglect III	4	4		4
Rights Protection System	0	0	0	0
Admiss/Dischrg-2 ND Opinion	0	0	0	0
Civil Rights	0	0	0	0
Family Rights	0	0	0	0
Communication & Visits	1	1	0	0
Confidentiality/Disclosure	4	2	2	2
Treatment Environment	0	0	0	0
Freedom of Movement	2	2	0	1
Financial Rights	0	0	0	0
Personal Property	1	1	0	1
Suitable Services	10	10	0	5 + 1 pdg**
Treatment Planning	0	0	0	0***
Photos/Fingerprints/Audio etc	0	0	0	0
Forensic Issues	0	0	0	0
Total	30	28	2	17 + 2 pdg

Pending from last quarter:

*Abuse II was substantiated.

**Services suited to condition (3): 2 were not substantiated, 1 was substantiated.

***Treatment Planning was not substantiated.

c. Remediation of substantiated rights violations.

Category/Specific Allegation	Specific Provider	Specific Remedial Action
Pending from prev qtr:		
Abuse II	NEMCMH	Other
Suit Serv-Dign & Resp	Beacon Residential	Resigned prior to action takn
Confidentiality	NEMCMH	Verbal Reprimand
Suit Serv-Dign & Resp	NEMCMH	1 Verb Rep/ 1 Written Rep
Actions this qtr:		
Abuse III	NEMCMH	Verbal Reprimand
Abuse III	NEMCMH	Written Reprimand
Neglect II	NEMCMH	Verbal Reprimand
Neglect II-Fail to Rept	NEMCMH	Verbal Reprimand
Neglect III	NEMCMH	Written Reprimand
Neglect III	Beacon Residential	Written Reprimand
Neglect III	NEMCMH	Pending
Neglect III-Fail to Rept	NEMCMH	Pending
Confidentiality	Self Determination	Training
Confidentiality	NEMCMH	Pending
FOM-Restrict/Limits	NEMCMH	Suspension
Personal Property	Royal Willows AFC	Other
Suit Serv-Dign & Resp	NEMCMH	Suspension
Suit Serv-Dign & Resp	NEMCMH	Suspension
Suit Serv-Dign & Resp	NEMCMH	Verbal Reprimand
Suit Serv-Dign & Resp	NEMCMH	Written Reprimand
Suit Serv-Dign & Resp	NEMCMH	Pending

d. Summary of Incident Reports: January, February & March 2020

Category Type	1 st Qtr		2 nd Qtr		3 rd Qtr		4 th Qtr	
	'20	'19	'20	'19	'20	'19	'20	'19
01.0 Absent without leave (AWOL)	02	02	03	02		03		-0-
02.0 Accident – No injury	06	03	06	06		02		04
02.1 Accident – With injury	14	23	10	11		19		32
03.0 Aggressive Acts – No injury	30	24	25	06		14		38
03.1 Aggressive Acts – w/ injury	06	04	10	03		03		13
03.3 Aggressive Acts – Property Destruc	01	-0-	04	01		04		08
04.0 Death	05	04	05	06		07		06
05.0 Fall – No injury	12	10	20	22		08		10
06.0 Medical Problem	60	44	78	54		87		53
07.0 Medication Delay	06	10	05	08		04		05
07.1 Medication Error	19	32	19	27		32		37
07.2 Medication Other	49	57	52	44		42		57
07.3 Medication Refusal	47	20	77	05		02		14
08.0 Non-Serious Injury – Unknwn cause	03	04	06	03		08		09
09.0 Other	41	49	65	44		51		62
10.0 Self Injurious Acts – No injury	12	-0-	03	03		01		26
10.1 Self Injurious Acts – w/injury	06	07	02	02		03		21
Challenging Behavior	35	25	25	13		35		30
Fall – with injury	11	10	16	12		14		22
Arrests	05	08	08	07		06		04
Total	370	336	439	279		345		451

E. Prevention Activity	Quarter	YTD
Hours Used in Training Provided	23.00	49.75
Hours Used in Training Received	5.00	10.00
Hours Used in Site Visits	3.00	3.00
F. Monitoring Activity	Quarter	YTD
Incident Report Received	439	809
G. Source of All Complaints:	Quarter	YTD
Recipient:	08	19
Staff:	16	30
ORR:	10	17
Gdn/Family:	04	08
Anonymous:	-0-	03
Comm/Gen Pub:	-0-	-0-
Total	38	77

Ruth M. Hewett, Recipient Rights Officer

Date

Northeast Michigan Community Mental Health Authority
Statement of Revenue and Expense and Change in Net Position (by line item)
For the Six Months Ending March 31, 2020
50% of year elapsed

	Actual March Year to Date	Budget March Year to Date	Variance March Year to Date	Budget FY20	% of Budget Earned or Used
Revenue					
1 State Grants	58,810.61	48,499.98	\$ 10,311	\$ 97,000	60.6%
2 Private Contracts	21,999.50	26,301.48	(4,302)	52,603	41.8%
3 Grants from Local Units	364,589.20	133,319.00	231,270	506,897	71.9%
4 Interest Income	7,972.62	5,002.71	2,970	20,000	39.9%
5 Medicaid Revenue	12,509,699.44	13,199,576.46	(689,877)	26,439,247	47.3%
6 General Fund Revenue	520,448.05	470,533.62	49,914	901,044	57.8%
7 Healthy Michigan Revenue	711,365.43	923,072.04	(211,707)	1,846,144	38.5%
8 3rd Party Revenue	234,814.11	122,999.52	111,815	499,314	47.0%
9 SSI/SSA Revenue	249,667.96	258,176.16	(8,508)	516,351	48.4%
10 Other Revenue	46,555.62	37,669.02	8,887	75,338	61.8%
11 Total Revenue	14,725,923	15,225,150	(499,227)	30,953,938	47.2%
Expense					
12 Salaries	5,927,951	6,499,381	571,430	13,121,533	45.2%
13 Social Security Tax	266,870	311,260	44,391	622,521	42.9%
14 Self Insured Benefits	1,233,492	1,298,391	64,899	2,409,918	51.2%
15 Life and Disability Insurances	103,660	113,327	9,667	226,653	45.7%
16 Pension	472,042	514,055	42,013	1,028,110	45.9%
17 Unemployment & Workers Comp.	83,045	116,719	33,674	204,167	40.7%
18 Office Supplies & Postage	22,582	23,365	783	46,729	48.3%
19 Staff Recruiting & Development	41,394	48,349	6,955	96,697	42.8%
20 Community Relations/Education	7,581	2,016	(5,565)	27,031	28.0%
21 Employee Relations/Wellness	30,760	22,187	(8,574)	45,873	67.1%
22 Program Supplies	211,322	240,619	29,297	481,239	43.9%
23 Contract Inpatient	716,744	589,114	(127,630)	1,578,228	45.4%
24 Contract Transportation	49,857	59,834	9,977	119,668	41.7%
25 Contract Residential	2,807,930	2,565,743	(242,186)	5,137,228	54.7%
26 Contract Employees & Services	1,604,805	2,005,009	400,204	3,926,989	40.9%
27 Telephone & Connectivity	62,369	63,987	1,617	127,973	48.7%
28 Staff Meals & Lodging	11,226	17,131	5,905	34,262	32.8%
29 Mileage and Gasoline	180,426	216,947	36,521	438,055	41.2%
30 Board Travel/Education	3,628	5,942	2,313	11,883	30.5%
31 Professional Fees	30,965	33,008	2,043	66,016	46.9%
32 Property & Liability Insurance	59,078	31,639	(27,439)	63,277	93.4%
33 Utilities	80,065	86,120	6,055	172,239	46.5%
34 Maintenance	81,127	105,224	24,098	210,449	38.5%
35 Rent	128,786	132,455	3,669	264,910	48.6%
36 Food (net of food stamps)	39,447	31,247	(8,200)	62,494	63.1%
37 Capital Equipment	16,409	42,873	26,464	85,746	19.1%
38 Client Equipment	11,635	15,000	3,365	30,000	38.8%
39 Miscellaneous Expense	54,290	35,997	(18,294)	80,073	67.8%
40 Depreciation Expense	124,270	118,343	(5,927)	233,977	53.1%
41 Total Expense	14,463,756	15,345,280	881,524	30,953,938	47.1%
42 Change in Net Position	\$ 262,167	\$ (120,130)	\$ 382,296	\$ 0	0.0%
43 Contract settlement items included above:					
44 Medicaid Funds (Over) / Under Spent	\$ 505,445				
45 Healthy Michigan Funds (Over) / Under Spent	148,374				
46 Total NMRE (Over) / Under Spent	\$ 653,819				
47 General Funds to Carry Forward to FY20	\$ -				
48 General Funds Lapsing to MDHHS	(69,926)				
49 General Funds (Over) / Under Spent	\$ (69,926)				

Northeast Michigan Community Mental Health Authority
Statement of Net Position and Change in Net Position
Proprietary Funds
March 31, 2020

	Total Business- Type Activities March, 2020	Total Business- Type Activities Sept. 30, 2019	% Change
Assets			
Current Assets:			
Cash and cash equivalents	\$ 2,899,146	\$ 3,015,510	-3.9%
Restricted cash and cash equivalents	828,213	782,999	5.8%
Investments	750,000	750,000	0.0%
Accounts receivable	2,061,628	2,169,072	-5.0%
Inventory	12,476	12,476	0.0%
Prepaid items	331,890	452,183	-26.6%
Total current assets	<u>6,883,353</u>	<u>7,182,241</u>	<u>-4.2%</u>
Non-current assets:			
Capital assets not being depreciated	80,000	80,000	0.0%
Capital assets being depreciated, net	1,325,182	1,424,514	-7.0%
Total non-current assets	<u>1,405,182</u>	<u>1,504,514</u>	<u>-6.6%</u>
Total assets	<u>8,288,535</u>	<u>8,686,755</u>	<u>-4.6%</u>
Liabilities			
Current liabilities:			
Accounts payable	1,077,836	1,771,819	-39.2%
Accrued payroll and payroll taxes	567,680	588,369	-3.5%
Deferred revenue	18,237	18,266	-0.2%
Current portion of long-term debt (Accrued Leave)	68,990	65,224	5.8%
Total current liabilities	<u>1,732,743</u>	<u>2,443,678</u>	<u>-29.1%</u>
Non-current liabilities:			
Long-term debt, net of current portion (Accrued Leave)	759,223	717,776	5.8%
Total liabilities	<u>2,491,966</u>	<u>3,161,454</u>	<u>-21.2%</u>
Net Position			
Invested in capital assets, net of related debt	1,405,182	1,504,514	-6.6%
Unrestricted	4,391,387	4,031,617	8.9%
Total net position	<u>\$ 5,796,569</u>	<u>\$ 5,536,131</u>	<u>4.7%</u>
Net Position Beginning of Year			
Revenue	5,536,131		
Expense	14,725,923		
	<u>(14,463,756)</u>		
Change in net position	262,167		
Net Position March 31, 2020	<u>\$ 5,798,298</u>		

Unrestricted Net Position as a % of projected annual expense
Recommended Level

14.2% or 52 days
8% - 25%

1

1:58 PM

Community Foundation for Northeast Michigan
NE Mich Community Mental Health Fund

10/01/2019 - 3/31/2020

	YTD
LIABILITY\FUND BALANCE ACTIVITY	
ENDOWMENT	
Beginning Balance	70,020.48

Revenue:	
Contributions	1,425.36

Increase(Decrease)	1,425.36

Ending Balance	71,445.84
	=====
RESERVE	
Beginning Balance	15,399.38

Revenue:	
Interest and Dividends	1,606.50
Realized Gain(Loss)	836.15
Unrealized Gain(Loss)	(10,889.90)

Total Revenue	(8,447.25)

Expense:	
Transfer To Spendable This FY	3,844.44
Administrative Fees	580.67

Total Expense	4,425.11

Increase(Decrease)	(12,872.36)

Ending Balance	2,527.02
	=====
SPENDABLE	
Beginning Balance	9,503.20

Revenue:	
Transfer From Reserve	3,844.44

Total Revenue	3,844.44

Expense:	

Total Expense	0.00

Increase(Decrease)	3,844.44

Ending Balance	13,347.64
	=====

Community Foundation for Northeast Michigan
NE Mich Community Mental Health Fund

10/01/2019 - 3/31/2020

YTD

BALANCE SHEET

Assets:

Investment Pool 87,320.50

Total Assets 87,320.50

Current Liabilities:

Liability\Fund Balances:

Endowment 71,445.84

Reserve 2,527.02

Spendable 13,347.64

Total Liability\Fund Balances 87,320.50

Total Liabilities and Equity 87,320.50

GOVERNANCE PROCESS

(Manual Section)

BOARD JOB DESCRIPTION

(Subject)

Board Approval of Policy
Last Revision of Policy Approved

August 8, 2002
May ~~10,14 2018~~2020

●1 **POLICY:**

The job of the board is to represent the people of Alpena, Alcona, Montmorency and Presque Isle counties in determining and ensuring appropriate organizational performance. To distinguish the board's own unique job from the jobs of its staff, the board will concentrate its efforts on the following job "products" or outputs:

1. The link between the organization and the people of Alpena, Alcona, Montmorency and Presque Isle counties.
2. Written governing policies which, at the broadest levels, address:
 - A. *Ends*: Organizational products, impacts, benefits, outcomes, recipients, and the relative worth of these Ends or products (what good for which needs at what cost).
 - B. *Executive Limitations*: Constraints on executive authority which establish the prudence and ethics boundaries within which all executive activity and decisions must take place.
 - C. *Governance Process*: Specification of how the board conceives, carries out and monitors its own task.
 - D. *Board-~~CEO~~Executive Director Relationship*: How power is delegated and its proper use monitored; the ~~CEO~~Executive Director role authority and accountability.
3. The assurance of ~~CEO~~Executive Director performance (as outlined in policy number 03-004 page 1 of 1, Monitoring Executive Performance 2 A and 2B).
4. Maintain regular communication with the County Board of Commissioners in Alcona, Alpena, Montmorency and Presque Isle counties through regular reports with a copy maintained by the ~~CEO~~Executive Director.

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
POLICY & PROCEDURE MANUAL**

5. Actively promote involvement of consumers, former consumers, family members and advocacy groups in planning, implementing and evaluating mental health services.
 6. Actively participate in the planning of health and social services within its service area by involvement with local and regional health service agencies, school districts and pertinent members and groups of the community through regional coordinating councils and multi-purpose collaborative bodies.
- 2 **APPLICATION:**
- The Northeast Michigan Community Mental Health Authority Board
- 3 **DEFINITIONS:**
- 4 **REFERENCES:**
- 5 **FORMS AND EXHIBITS:**

GOVERNANCE PROCESS

(Manual Section)

BOARD CORE VALUES

(Subject)

Board Approval of Policy
Last Revision of Policy Approved

November 7, 2002
May 10, 2018

●1 **POLICY:**

The board will create a set of core values that speak to the beliefs of the ownership of the organization as well as staff. These core values shall not be interpreted as ENDS statements, rather the board's guiding principles.

1. Consumer focus shall be at the heart of all activities. Support of consumer independence is paramount, and to the extent consistent with consumer wishes and confidentiality limitations, the constructive involvement of a consumer's family shall be supported.
2. Honesty, respect and trust are values that shall be practiced by all.
3. We will be supportive and encouraging to bring out the best in one another. While we recognize our responsibility to participate, and we need the ability to disagree and confront, we should do so in a fashion that personal offense is neither given nor taken, and no one need fear retaliation.
4. Understanding of progress and movement toward a continuously improving environment is a responsibility for all.

These core values will be reviewed and reaffirmed on an annual basis.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board and staff

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

	Program	Consumers served April 2020 (4/1/20 - 4/30/20)	Consumers served in the Past Year (5/1/19 - 4/30/20)	Running Average (Variable Timeframe) (10/1/19 - 4/30/20)
1	Access / Crisis / Prescreens	30 - Routine 0 - Emergent 1 - Urgent 46 - Crisis 18 - Prescreens	703 - Routine 1 - Emergent 2 - Urgent 895 - Crisis 533 - Prescreens	56 - Routine 0 - Emergent 0 - Urgent 69 - Crisis 42 -Prescreens
2	Doctors' Services	453	1416	472
3	Case Management			
	Older Adult (OAS)	89	301	107
	MI Adult	208	460	185
	MI ACT	24	63	25
	Home Based Children	44	82	38
	MI Children's Services	112	320	110
	IDD	139	409	204
4	Outpatient Counseling	232(23/209)	557	205
5	Hospital Prescreens	18	533	42
6	Private Hospital Admissions	10	266	19
7	State Hospital Admissions	0	2	0
8	Employment Services			
	IDD	19	87	47
	MI	1	59	20
	Touchstone Clubhouse	85	100	82
9	Peer Support	24	60	36
10	Community Living Support Services			
	IDD	39	145	88
	MI	52	126	70
11	CMH Operated Residential Services			
	IDD Only	57	66	58
12	Other Contracted Resid. Services			
	IDD	31	32	32
	MI	38	41	37
13	Total Unduplicated Served	1032	2381	1118

County	Unduplicated Consumers Served Since May 2019
Alcona	270
Alpena	1444
Montmorency	267
Presque Isle	294
Other	91
No County Listed	15

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Eric Lawson
SUBJECT: CMH PAC Update and Final Call
DATE: May 4, 2020

This is the last month for the local CMH PAC Campaign. Total contributions thus far from Board members are \$140 from 25% of the Board members participating. The Community Mental Health Association of Michigan [CMHAM] indicates, "2020 will be a critical year in the Michigan Legislature. As you know, this is an election year for the Michigan House – all 110 House seats are up for election, Republicans currently hold a 58-52 majority. In addition to an election year we face significant uncertainty with behavioral health redesign efforts underway. With so much turnover in the Michigan Legislature over the years and the uncertainty surrounding the changes at the state level it is critical we maintain an active presence - ***WE MUST CONTINUE TO BUILD OUR PAC FUND*** and invest wisely in the future leaders."

In order to qualify for the incentive of the Tiger Suite tickets [we hope there will still be a season], we need 50% of the Board members to be participating in this campaign. Last year, we had a 50% participation rate of Board members, which made our Board eligible for a chance at the Tiger Suite tickets.

Contributions will be sent in May to allow CMHAM to have this information available in early June. The submissions traditionally must be made by the end of June to be considered for the drawing. So if you have not already contributed and wish to, make your check out to CMH PAC and mail it %Diane Hayka/NeMCMHA/400 Johnson Street/Alpena, MI 49707. The group of checks will then be forwarded on to CMHAM. Thank you.

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Eric Lawson
SUBJECT: Disclosure of Ownership Forms Update
DATE: May 4, 2020

Board members are required to complete a new Disclosure of Ownership Form every three years under federal regulations. In the intervening years, Board members need to attest to whether there have been any changes since completion. A form is attached so you can review the questions included in the attestation form. If you have had any change which would change your previous position, a new form will need to be completed.

Attachment

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
NeMCMHA BOARD OF DIRECTORS**

Disclosure of Ownership, Controlling Interest and Management Statement

**Attestation of Criminal Convictions, Sanctions, Exclusions,
Debarment or Termination**

Northeast Michigan Community Mental Health Authority (NeMCMHA) as a comprehensive service provider must comply with federal regulations (42 CFR 455.100-106) to collect disclosure of ownership, controlling interest and management information including information from NeMCMHA Board of Directors, pursuant to a Medicaid contract with the Northern Michigan Regional Entity and federal regulations set forth in 42 CFR Part §455. Required information includes 1) the identity of all owners and others with a controlling interest; 2) certain business transactions as described in 42 CFR §455.105; 3) the identity of managers and others in a position of influence or authority; and 4) criminal conviction, sanction, exclusion, debarment or termination information for the provider, owners and managers. The information required includes, but is not limited to, name, address, date of birth, social security number (SSN) and tax identification (TIN) information.

This Statement should be submitted at the time of initial appointment or re-appointment, updated every 3 years, within 35 days of any change in information, or within 35 days of a request for updated information.

I. NeMCMHA Board Information		
Northeast Michigan Community Mental Health Authority		EIN 38-3537521
NEMCMHA Address: Street Name and Number, Suite, Room, Etc. 400 Johnson Street		
City/Town Alpena	State Michigan	Zip Code 49707
II. Board Member Information		
First Name	Last Name	Date of Birth
Social Security Number	Appointment Start Date	
Street Name and Number, Suite, Room, Etc.		
City/Town	State	Zip Code

Disclosure of Ownership, Controlling Interest and Management Statement

III. Board Member Ownership Information	
Does the Board Member have an ownership or controlling interest of 5% or more in any wholly owned supplier or subcontractor of NeMCMHA, NeMCMHA provider or entity? Yes <input type="checkbox"/> No <input type="checkbox"/>	
If Yes , list the required information below. <i>Attach documentation on additional sheets as necessary.</i> Did you attach additional sheets? Yes <input type="checkbox"/> No <input type="checkbox"/>	
Legal Name of Supplier/Subcontractor	% Interest
Legal Name of Supplier/Subcontractor	% Interest
IV. Familial Relationships of All Owners	
Is the Board Member related to another owner, managing employee, or individual with a controlling interest in the NeMCMHA Network or any provider, subcontractor or wholly owned supplier listed in Section III? Yes <input type="checkbox"/> No <input type="checkbox"/>	
If Yes , list the individuals and their relationship (e.g., spouse, parent, child, sibling) below <i>Attach documentation on additional sheets as necessary.</i> Did you attach additional sheets? Yes <input type="checkbox"/> No <input type="checkbox"/>	
Name of Owner 1	Name of Owner 2
	Relationship
V. Criminal Convictions, Sanctions, Exclusions, Debarment and Termination	
1. Has the Board Member ever been convicted of a criminal offense described under sections 1128(a) and 1128(b)(1), (2), or (3) of the Social Security Act, or had civil money penalties or assessments imposed under section 1128A of the ACT? (See 42 CFR §1001.1001(a)) Yes <input type="checkbox"/> No <input type="checkbox"/>	
If Yes , list the required information below. <i>Attach documentation and additional sheets as necessary.</i> Did you attach additional sheets? Yes <input type="checkbox"/> No <input type="checkbox"/>	
State of Conviction	Matter of the Offense
Date of Conviction (mm/dd/yyyy)	Date of Reinstatement (mm/dd/yyyy)
2. Has the Board Member ever been sanctioned, excluded or debarred from any Federal or State program including Medicare, Medicaid, CHIP or a Title XX program since the inception of those programs? (See 42 CFR §438.610(a)(1)) Yes <input type="checkbox"/> No <input type="checkbox"/>	
If Yes , list the required information below <i>Attach documentation and additional sheets as necessary.</i> Did you attach additional sheets? Yes <input type="checkbox"/> No <input type="checkbox"/>	
Reason for Sanction, Exclusion or Debarment	Dates of Sanctions, Exclusions or Debarments (mm/dd/yyyy)
Date of Reinstatement (mm/dd/yyyy)	List all States Where Currently Excluded:
3. Has the Board Member ever been terminated from participation in any Federal or State program including Medicaid, Medicare, CHIP or a Title XX program in the last 10 years, or been terminated under title XVIII on or after January 1, 2011? (See 42 CFR § 455.416(b)&(c)) Yes <input type="checkbox"/> No <input type="checkbox"/>	
If Yes , list the required information below. <i>Attach documentation and additional sheets as necessary.</i> Did you attach additional sheets? Yes <input type="checkbox"/> No <input type="checkbox"/>	

Disclosure of Ownership, Controlling Interest and Management Statement

Reason for Termination	
Date of Termination (mm/dd/yyyy)	State that Originated Termination
Date of Reinstatement (mm/dd/yyyy)	Terminated From Medicare? <input type="checkbox"/> Yes <input type="checkbox"/> No
VI. Signature	
<p>Anyone who knowingly and willfully makes or causes to be made a false statement or representation of this statement may be prosecuted under applicable federal or state laws. In addition, knowingly and willfully failing to fully and accurately disclose the information requested may result in denial of a request to participate or where the entity already participates, a termination of its agreement or contract with the appropriate state agency. By signature I certify that the information provided within, is true and correct and I fully understand the consequences as explained above.</p>	
Name of Individual Completing This Form	
Title of Individual Completing This Form	
Signature of Individual Completing This Form	Date:

JUNE AGENDA ITEMS

Policy Review

Policy Review & Self-Evaluation

Monitoring Reports

Budgeting 01-004

Ends 04-001

Activity

Strategic Planning – Part II [Ends Monitoring and Reporting]

Educational Session

Ends discussion

Contents:

COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

CMH Association and Member Activities:	3
CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center	3
CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19” ...	3
New! CMHA adds Newsroom page to its website	4
State and National Developments and Resources:	4
New! Governor Whitmer’s tribute to front line workers in the state’s public mental health	4
New! Governor’s Michigan Economic Recovery Council announces economy re-opening plan.....	4
New! SAMHSA Awards Grants Expanding Community-Based Behavioral Health Services, Strengthens COVID-19 Response	4
New! Policy comment period: rescinding Healthy Michigan Plan work requirements	6
New! Public comment period: Michigan’s Revised Statewide Transition Plan for Home and Community-Based Services Waiver Programs	6
New! MDHHS develops infographic aimed to support peers during the pandemic.....	7

CMHA WEEKLY UPDATE

New! ACMH announces #CreativeConversations	7
New! CHRT resource: protecting individuals with SMI from COVID-19: Best practices for community mental health agencies and clinics	8
New! CHCS: Supporting the Health of Individuals Experiencing Homelessness Amid COVID-19.....	8
New! CHCS: Medicaid’s Role in the Next Phase of COVID-19 Response: Part II—Reopening the Health Care Delivery System.....	8
State Legislative Update:.....	9
New! Legislative Activity.....	9
New! Gov Terminates Existing Emergency, Declares New One Through May 28.....	10
Executive Orders Signed	10
Federal Update:.....	14
New! Hill Day 2020 is Going Digital – Join us on June 23!.....	14
ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19	14
Education Opportunities:	15
What’s Cancelled and What’s Taking Place?????.....	15
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning..	15
Motivational Interviewing College regional trainings	16
NEW DATES: DBT Trainings	16
NEW DATE: Wraparound Conference.....	17
NEW DATE: Self-Determination Conference.....	18
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	18
Pain Management and Mindfulness Trainings.....	18
CAFAS and PECFAS Trainings Are Scheduled.....	19
Family PsychoEducation Trainings Are Scheduled	19
TREM and M-TREM Trainings	19
Strengthening LOCUS Training Skills.....	19
LOCUS Specialty Trainings:	20
New! National Council announces new series on COVID financing strategies.....	21
Education & Training Resources from Great Lakes MHTTC	21
Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update	21
New! This week’s featured resource from the Great Lakes MHTTC.....	22
Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays.....	22
COVID-19 resources from MHTTCs across the country	23
MHTTC’s school based mental health resources.....	23
News from Our Preferred Corporate Partners:.....	23
New! Relias announces offering: Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices.....	23
Abilita provides guidance to organizations working to employ E911 approaches.....	24

myStrength: new digital behavioral health resources empower consumers to move beyond trauma....24

CMH Association’s Officers and Staff Contact Information:25

CMHA Officers Contact Information:25

CMHA Staff Contact Information:.....25

CMH Association and Member Activities:

CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center

CMHA is applying for a two-year grant, through the Michigan Health Endowment Fund (MHEF). The purpose of these grant dollars – the support of our association’s work in fostering the on-going use of telehealth practices (video and audio), greatly expanded and found very valuable during the current pandemic, to become a permanent part of the state’s behavioral healthcare landscape and clinical tool kit - is summarized below.

Summary of CMHA proposal to MHEF: While initially applied as a sound clinical response to the COVID-19 pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates. To foster this transition to permanency, the Community Mental Health Association of Michigan (CMHA) is proposing the acceleration of the development of a Telehealth Resource Center for Michigan Mental Health Practitioners – a telehealth information, guidance, and technical assistance hub currently in its very early stages of development. The Resource Center is intended to respond to the immediate and on-going need for access to education, guidance and technical assistance on the best practices in the use of telehealth methods, by two groups – first, the state’s mental health clinicians, administrators and, secondly, by the state’s policy makers - given the ability of telehealth approaches to ensure access to care when geography, transportation, time, and workforce shortages present barriers to access.

The immediate need revolves around the rapid and explosive growth, driven by COVID-19 pandemic, in the use of telehealth services in ensuring access to behavioral health services that would have otherwise been unavailable to the hundreds of thousands of Michiganders who rely upon those services.

While initially applied as a sound clinical response to the pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates.

CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19”



As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. CMHA is using these

stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's Newsroom webpage under the heading "Heroic Stories: CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA Newsroom webpage can be found [here](#).

New! CMHA adds Newsroom page to its website

CMHA has recently added a new tab to its webpage to capture the large number of media stories that feature CMHA members and those served by those members. While the initial set of postings contained on this webpage revolve around the system's response to the COVID pandemic, future postings on this webpage will address a broader set of issues covered by the media. This webpage can be accessed [here](#).

State and National Developments and Resources:

New! Governor Whitmer's tribute to front line workers in the state's public mental health

Working with the Michigan Assisted Living Association (MALA) and other allies, Governor Whitmer recently released a video recognition of the work of all direct care workers – across a wide range of disciplines – who work in the state's public mental health and related systems. That video can be found [here](#).

New! Governor's Michigan Economic Recovery Council announces economy re-opening plan

Governor Whitmer's Michigan Economic Recovery Council recently announced the framework for the re-opening of Michigan's economy, as the COVID-19 curve flattens. That framework can be found [here](#).

New! SAMHSA Awards Grants Expanding Community-Based Behavioral Health Services, Strengthens COVID-19 Response

The Substance Abuse and Mental Health Services Administration (SAMHSA) announced Friday that grants have been awarded to increase access to and to improve the quality of community mental and substance use disorder (SUD) treatment services through the expansion of Certified Community Behavioral Health Clinics (CCBHC). The Fiscal Year 2020 CCBHC Expansion Grants include \$200 million in annually appropriated funding and \$250 million in emergency COVID-19 funding.

"New funding secured from Congress by President Trump will help certified community behavioral health clinics continue to treat Americans with substance use disorders and mental illness during the COVID-19 pandemic," said HHS Secretary Alex Azar. "The community clinics supported by SAMHSA have an established track record of connecting Americans with serious mental illness to the treatment they need. President Trump has made it a priority throughout his administration to help Americans with serious mental illness and substance use disorders get science- and evidence-based treatment, and that commitment continues during this crisis."

"Expanding community-based hubs for behavioral health care could not be more crucial for the United States," said Assistant Secretary for Mental Health and Substance Use Elinore F. McCance-Katz, MD, PhD,

CMHA WEEKLY UPDATE

the head of SAMHSA. “CCBHCs already perform a vital role of addressing in one location the complex needs of people with mental and substance use disorders. The coronavirus pandemic substantially increases the need for these comprehensive services.”

CCBHCs provide person- and family-centered, integrated services. The CCBHC Expansion grant program must provide community access to services – including 24/7 crisis intervention services for people who have serious mental illness (SMI) or SUDs, including opioid use disorders; for children and adolescents with serious emotional disturbance (SED); and for people who have co-occurring mental and substance disorders (COD). SAMHSA expects that this program will provide comprehensive, 24/7 access to community-based mental and SUD services; treatment of COD; and physical health care in a single location.

The grant awards are listed at <https://www.samhsa.gov/grants/certified-community-behavioral-health-clinics-expansion-grants>.

Michigan’s CCBHC sites approved for renewal and expansion 2020

CCBHC Expansion CARES Act

EASTER SEALS-MICHIGAN, INC.	MI	Auburn Hills
JUDSON CENTER, INC.	MI	Farmington Hills
GENESEE HEALTH SYSTEM	MI	Flint
NETWORK180	MI	Grand Rapids
KALAMAZOO COMMUNITY MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES	MI	Kalamazoo
HEGIRA PROGRAMS, INC.	MI	Livonia
SAGINAW COUNTY COMMUNITY MENTAL HLTH AUT	M	Saginaw
GUIDANCE CENTER	MI	Southgate

CCBHC Expansion (COVID)

CALHOUN COUNTY COMMUNITY MENTAL HEALTH AUTHORITY	MI	Battle Creek
MACOMB COUNTY COMMUNITY MENTAL HEALTH	MI	Clinton Township
TEAM MENTAL HEALTH SERVICES	MI	DEARBORN
DETROIT RECOVERY PROJECT, INC.	MI	Detroit
COMMUNITY MENTAL HEALTH AUTHORITY OF CLINTON, EATON & INGHAM COUNTIES	MI	Lansing
WEST MICHIGAN COMMUNITY MENTAL HEALTH SYSTEM	MI	Ludington
COUNTY OF MUSKEGON	MI	Muskegon
COMMUNITY NETWORK SERVICES, INC.	MI	Novi
SAINT CLAIR COUNTY COMMUNITY MENTAL HEALTH AUTHORITY	MI	Port Huron
WASHTENAW, COUNTY OF	MI	Ypsilanti

New! Policy comment period: rescinding Healthy Michigan Plan work requirements

The Michigan Department of Health and Human Services (MDHHS) issued bulletin MSA 19-35 to enact new work requirements for Medicaid beneficiaries who have Healthy Michigan Plan (HMP) health care coverage. This new bulletin rescinds the work requirements but maintains some of the other components of the original bulletin. The new bulletin also contains updated information on the exemption of medically frail beneficiaries from cost sharing obligations.

MDHHS is issuing this policy in response to the court order from the United States District Court for the District of Columbia in *Young et al v. Azar et al*. The court vacated the approval of the work requirements as part of the Special Terms and Conditions of the Section 1115 Demonstration Waiver Amendment. MDHHS is stopping the implementation of work requirements in response to the court order.

The bulletin can be found [here](#).

Proposed Effective Date: March 4, 2020

Mail Comments to: Phil Kurdunowicz Telephone Number: 517-284-1199 Fax Number:

E-mail Address: kurdunowiczp@michigan.gov

New! Public comment period: Michigan's Revised Statewide Transition Plan for Home and Community-Based Services Waiver Programs

The Michigan Department of Health and Human Services (MDHHS) provides Home and Community-Based Services (HCBS) to individuals in the Medicaid program. These services help Michigan citizens with disabilities or other health issues to live at home or in the community. MDHHS offers many of these services through "waivers" which were approved by the Centers for Medicare & Medicaid Services (CMS).

CMS released a new rule for HCBS waivers. MDHHS has six waivers that are impacted by the Final Rule. They are as follows:

- §1915(c) Children's Waiver Program
- §1915(c) Habilitation Supports Waiver Program
- §1915(c) MI Choice Waiver Program
- §1915(c) MI Health Link HCBS Waiver Program
- §1915(c) Waiver for Children with Serious Emotional Disturbances
- §1115 Behavioral Health Demonstration Waiver concurrent with the §1915(i) State Plan Amendment [Community Living Supports, Skill Building and Supported Employment]

MDHHS developed a Statewide Transition Plan to outline the implementation process for this rule. Since the MI Health Link HCBS Waiver Program was approved by CMS after March 2014, all settings are required to be in immediate compliance with the Final Rule and are not included in the Statewide Transition Plan. Plan covered by this public notice, or requests for a written copy, may be submitted to HCBSTransition@michigan.gov.

MDHHS will be accepting comments until May 22, 2020. All comments on this topic should include a "Statewide Transition Plan Comment" reference somewhere in the subject line of the e-mail. Stakeholders should only submit comments related to the content of the revised plan. MDHHS will prepare a consultation summary based on these comments which will be made available at the

above website following the end of the comment period. There is no public hearing scheduled for this Statewide Transition Plan.

New! MDHHS develops infographic aimed to support peers during the pandemic

MDHHS recently developed a concrete and accessible infographic aimed at addressing a number of issues faced by Peer Support Specialists, Parent Support Partners, Youth Peer Support Specialists, Peer Mentors, and Peer Recovery Coaches. Some of those issues include:

- Past trauma and PTSD,
- Concern for your health and the health of your family,
- Stigma from the greater community,
- Uncertainty about how the outbreak will impact you
- socially and economically, and
- Managing the distress of the people you support in your professional life.

This infographic can be found [here](#).

New! ACMH announces #CreativeConversations



Below are excerpts from a recent announcement from the Association of Children's Mental Health regarding their #Creative Conversations event.

I am super excited to announce that we have officially launched our #CreativeConversations virtual Children's Mental Health Awareness Day event!! For this event, we are asking youth and families to share creative expressions of hope, advocacy, and experience on social media using the hashtag #CreativeConversations, throughout Children's Mental Health Awareness Week (May 3 – 9). I will then share those creative expressions on our social media pages in an attempt to give their messages a larger platform.

Starting this week until the end of the event, I will be posting prompts and ideas for getting started and trying to drum up some excitement and inspiration. I'm reaching out to everyone here to help us spread the word far and wide! Our goal is to share our passion for this work and get others interested in using their voices as well! The more people that share their voice, the louder our messages will be!

I also have the link to more information on the website below as well as our social media accounts and the Facebook event – please feel free to mark yourself as “attending” and invite others!

The weblink can be found [here](#).

New! CHRT resource: protecting individuals with SMI from COVID-19: Best practices for community mental health agencies and clinics



For individuals with a serious mental illness (SMI)—a mental, behavioral, or emotional disorder that interferes with or limits major life activities—the COVID-19 pandemic may present a particular threat. To slow the spread of infection among this population, behavioral health providers and community-based health centers, including federally-qualified health centers, may want to communicate with their clients, as well as their clients' caregivers, about social distancing and prevention practices. In addition, they may hope to work with clients to mitigate the negative impact of social isolation.

In this brief, requested by a Michigan-based community mental health agency, the Center for Health and Research Transformation, offers guidance on communicating COVID-19 safety protocols with client-facing materials, making use of telehealth to continue treatment and offer ongoing support, and emphasizing wellness activities that help clients manage their illnesses and COVID-19 stressors. Along the way, CHRT shares dozens of helpful resources and practices. This resource can be found [here](#).

New! CHCS: Supporting the Health of Individuals Experiencing Homelessness Amid COVID-19

Below is an excerpt from a recent announcement by the Center for Health Care Strategies on approaches to serving the homeless during the COVID pandemic

While the COVID-19 pandemic presents a host of significant health, social, and economic challenges for millions of Americans, individuals experiencing homelessness are particularly vulnerable to the virus. Factors such as high rates of chronic conditions, congregate sheltering options, and limited ability for complying with federal and state public health guidance, all increase the risk of infection in this population. In the midst of this pandemic, these immediate concerns are further compounded by homeless individuals' already tenuous access to consistent health care services.

This new CHCS blog post explores the unique issues facing individuals who are homeless during the COVID-19 crisis and looks at emerging activities at the federal, state, and local policy levels to support this population. The blog post is the first in a series, made possible by the California Health Care Foundation, that will highlight the firsthand experience of organizations across the nation doing the important work of supporting homeless individuals during the pandemic.'

The full blog can be found [here](#).

New! CHCS: Medicaid's Role in the Next Phase of COVID-19 Response: Part II—Reopening the Health Care Delivery System

Below is an excerpt from a recent announcement by the Center for Health Care Strategies on approaches to applying Medicaid resources to the next phase of the COVID pandemic.

Across the country, federal and state policymakers are preparing to gradually reopen the economy while ensuring appropriate measures to limit the spread of COVID-19. This includes plans to reopen non-urgent health care facilities, particularly ambulatory care services. On April 20, the Centers for Medicare & Medicaid Services released guidance for providers to reopen in

states and regions that have met gating criteria. Like other industries, how health care is delivered will likely look different in both the near and long term, and providers will need extensive support to transition to these new modes successfully.

In this blog post, part two in a series exploring Medicaid's role in the next phase of the COVID-19 response, CHCS senior leaders highlight the critical role Medicaid agencies will play in helping providers — particularly safety net providers — pivot as the health care delivery system gradually reopens. Their post outlines potential considerations for Medicaid agencies to address in transition plans with a focus on reopening ambulatory care delivery, meeting health-related social needs, bolstering provider finances and transitioning to new payment models, and collaborating with the right partners — including providers, Medicaid managed care organizations, beneficiaries, and public health and human service agencies.

The full blog can be found [here](#).

State Legislative Update:

New! Legislative Activity

On Thursday, April 30 the Michigan House of Representatives passed, by a vote of 59 to 41, [Senate Bill 858 \(H-1\)](#), introduced by Senator Tom Barrett. The original legislation, passed by the Senate on April 24, would modify the length of a Governor's executive order from 28 days to 14 days. New language was substituted in the House, which codifies 28 of the Governor's executive orders but does not extend her stay at home order – [Executive Order No. 2020-59](#), which expires on May 15; nor does it extend her emergency and disaster declaration – [Executive Order 2020-33](#). The substitute also opens bars, restaurants, libraries, gyms, casinos and other places of accommodation on May 15 with safety protocols in place but gradually phased out.

The Senate also passed, along party lines, Senate Bill 858 (H-1) over the objections of Democrat Senators citing unconstitutional procedures and tactics, among other things. The measure was not given immediate effect, which means it will not take effect until 90 days from the end of session at which the measure was enacted (the end of March 2021). Regardless, the Governor is widely expected to veto the measure.

The House also adopted [House Resolution 250](#), offered by Representative Shane Hernandez, which authorizes the Speaker of the House to commence legal action on behalf of the House, challenging Governor's Whitmer and her administration's authority and actions taken during the COVID-19 pandemic. The resolution cites the Governor's statutory obligation to terminate the state's emergency and disaster declaration, which is set to expire today, April 30, in the absence of the Legislature's approval of an extension.

The Senate subsequently followed suit and adopted their companion resolution – [SR 114](#), offered by Senator Jim Stamas. The Senate's resolution authorizes the Senate Majority Leader to take similar legal action.

The House and Senate stand adjourned until Tuesday, May 5.

New! Gov Terminates Existing Emergency; Declares New One Through May 28

Last night, Gov. Gretchen Whitmer signed three new executive orders that will essentially keep the state of emergency tied to COVID-19 going until May 28. Whitmer's Executive Order 2020-66 terminates the existing state of emergency and disaster declarations that came out of her April 1 order. The next executive order clarifies a state of emergency remains in effect under the Emergency Powers of the Governor Act of 1945, and runs until the end of the day May 28. The final order declares a state of emergency and a state of disaster under the Emergency Management Act of 1976 through May 28.

The move comes a few hours after the Senate and House adjourned for the week without extending her emergency executive orders, which give her the power to temporarily suspend state laws in extraordinary circumstances.

Under the 1976 law, the Governor's emergency powers ended at the end of the day unless the Legislature extends them, which it didn't do. The 1945 one does not.

The Governor again said the orders that rested upon the previous order issued April 1 now rest on these two new ones. Whitmer's office issued a press release tonight with the headline, "After GOP Legislature Declares 'Mission Accomplished' on COVID-19, Governor Whitmer Signs New Executive Orders to Save Lives, Protect Michiganders." "While some members of the Legislature might believe this crisis is over, common sense and all of the scientific data tells us we're not out of the woods yet," Whitmer said in a statement. "By refusing to extend the emergency and disaster declaration, Republican lawmakers are putting their heads in the sand and putting more lives and livelihoods at risk. I'm not going to let that happen."

The Governor had requested the GOP-led Legislature extend the emergency beyond the April 30 timeframe of the previously extended emergency, but a deal to do so fell apart Wednesday after Whitmer rejected the terms proposed by Senate Majority Leader Shirkey.

It is widely expected the legislature will challenge the Governor's executive powers in court.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 45 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below:

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-16** – Expanding child care access during the COVID-19 emergency, please click [here](#) to access Executive Order 16.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-18** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 18.
- **Executive Order 2020-19** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 19.

CMHA WEEKLY UPDATE

- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-24** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 24.
- **Executive Order 2020-25** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 25.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-29** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 29.
- **Executive Order 2020-30** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 30.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-33** – Recognizes the expanded scope of economic, educational, and civic dislocation caused by the COVID-19, and equips the administration to address fully the devastation caused by virus and formally declares a state of disaster, please click [here](#) to access Executive Order 33.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-35** – Provision of K-12 education during the remainder of the 2019-2020 school year, please click [here](#) to access Executive Order 35.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-37** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 37.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.

CMHA WEEKLY UPDATE

- **Executive Order 2020-40** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 40.
- **Executive Order 2020-41** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 41.
- **Executive Order 2020-42** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 42.
- **Executive Order 2020-43** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 43.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.
- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.

CMHA WEEKLY UPDATE

- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-59** – Replaces **Executive Order 2020-42**, and now becomes the active Stay Home, Stay Safe order. **Executive Order 2020-59** is active until May 15, and **Executive Order 2020-42** is now rescinded. To view **Executive Order 2020-59**, please click [here](#).
- **Executive Order 2020-60** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 60.
- **Executive Order 2020-61** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 61.
- **Executive Order 2020-62** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 62.
- **Executive Order 2020-63** – Temporarily suspending the expiration of personal protection orders, please click [here](#) to access Executive Order 63.
- **Executive Order 2020-64** – Affirming anti-discrimination policies and requiring certain health care providers to develop equitable access to care protocols, please click [here](#) to access Executive Order 64.
- **Executive Order 2020-65** – Provision of K–12 education during the remainder of the 2019–2020 school year
- **Executive Order 2020-66**, which terminates the existing state of emergency and disaster declarations issued under the Emergency Management Act in Executive Order 2020-33.
- **Executive Order 2020-67**, which clarifies that a state of emergency remains in effect under the Emergency Powers of the Governor Act of 1945. The order is effective immediately and continues through May 28, 2020 at 11:59pm. The governor will evaluate the continuing need for this order prior to its expiration, and if she determines that an emergency no longer exists, will terminate or extend the state of emergency declared in this order.
- **Executive Order 2020-68**, which declares a state of emergency and a state of disaster across the State of Michigan under the Emergency Management Act of 1976. The state of emergency and state of disaster declared by this order will be effective through May 28, 2020 at 11:59pm, and the governor will evaluate the continuing need for the order prior to its expiration, terminate the states of emergency and disaster if the threat or danger has passed.

Federal Update:

New! Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.voterve.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

Basic: [Monday & Tuesday, July 20-21, 2020](#)

Advanced: [Monday & Tuesday, July 20-21, 2020](#)

Supervisory: [Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now

- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings NEW DATES

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

CAFAS and PECFAS Trainings Are Scheduled

Several CAFAS and PECFAS Trainings and Booster Trainings are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org to be notified when trainings become finalized.

Family PsychoEducation Trainings Are Scheduled

Family PsychoEducation Facilitator Training, Family PsychoEducation Advanced Facilitator Training and FPE Learning Communities (for previous FPE Participants) are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org for more information.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020
Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills
- [June 22, 2020 – Treetops Resort, Gaylord](#)

- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings:

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without it's challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

New! National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a COVID-19 Financial Response Strategy ECHO Series. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its Products and Resources webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

New! This week’s featured resource from the Great Lakes MHTTC

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.



According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

Social Emotional Learning at Home: Remote Learning Options – available [here](#).

Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am – Every Tuesday | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners:

New! Relias announces offering: Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

The most recent resource on that page is outlined below:

Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Date: Monday, May 11th

Time: 2:00pm EST

During this Ask the Expert webinar, experienced telehealth practitioners from innovaTEL Telepsychiatry will share tips in preparing yourself and clients for sessions and tactics for engaging new and established clients. innovaTEL providers have been delivering care exclusively via telehealth technology for the last six years. This session is intended to support those who are new to telehealth or looking for a refresher—bring your questions and be prepared to engage in this dynamic webinar!

In the session, you'll learn:

- Best practices for offering telemental health services at your organization/practice
- Tips to prepare you and your staff as you move to telemental health
- Ways to engage new and established clients when meeting virtually

Register for this offering [here](#).

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

Contents:

COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

CMH Association and Member Activities:	3
New! RWJF Delta Center features work of Oakland Community Health Network	3
New! Club Cadillac reaching out with activities, inspiration	3
New! CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center.....	4
CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19”	4
State and National Developments and Resources:	5
New! Update on work of BHDDA in response to the COVID pandemic.....	5
New! Michigan awarded federal grants to strengthen behavioral health services during COVID-19 crisis	6
New! Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities	7
New! Governor Whitmer and Headspace launch 'Stay Home, Stay Mindful' website to offer Free mental health resources during COVID-19 pandemic.....	8

CMHA WEEKLY UPDATE

New! CHCS blog: Medicaid’s Role in the Next Phase of COVID-19 Response: Part I.....	8
State Legislative Update:	9
New! Governor Extends Stay at Home Order	9
New! Legislature Meet on a Rare Friday Session – Attempt to Limit Governor’s Power.....	10
Executive Orders Signed	11
Federal Update:	13
New! 2020 Hill Day At Home: Certain to be a Virtual Success.....	13
ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19	14
Education Opportunities:.....	14
What’s Cancelled and What’s Taking Place?????	14
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning....	15
Motivational Interviewing College regional trainings	15
NEW DATES: DBT Trainings.....	16
NEW DATE: Wraparound Conference.....	17
NEW DATE: Self-Determination Conference.....	17
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	18
Pain Management and Mindfulness Trainings.....	18
CAFAS and PECFAS Trainings Are Scheduled	18
Family PsychoEducation Trainings Are Scheduled	18
TREM and M-TREM Trainings	19
Strengthening LOCUS Training Skills	19
LOCUS Specialty Trainings:	20
New! National Council announces new series on COVID financing strategies.....	20
Education & Training Resources from Great Lakes MHTTC.....	21
New! Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update...21	
New! This week’s featured resource from the Great Lakes MHTTC.....	22
Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays.....	22
COVID-19 resources from MHTTCs across the country.....	22
MHTTC’s school based mental health resources.....	23
News from Our Preferred Corporate Partners:	23
Relias announces telehealth catalog.....	23
Abilita provides guidance to organizations working to employ E911 approaches	23
myStrength: new digital behavioral health resources empower consumers to move beyond trauma	24
CMH Association’s Officers and Staff Contact Information:.....	24
CMHA Officers Contact Information:	24
CMHA Staff Contact Information:.....	24

CMH Association and Member Activities:

New! RWJF Delta Center features work of Oakland Community Health Network

WEBINAR | Using outcomes-based payment for behavioral health services: Lessons learned from Oakland Community Health Network's experience

Tuesday, May 12 at 11:00AM PT / 2:00PM ET

Join the Robert Wood Johnson Foundation's Delta Center on Tuesday, May 12 at 11am PT/2pm ET for a webinar with Anya Eliassen, Acting CRO and Chief Financial Officer of Oakland Community Health Network (OCHN), and Dr. Nicole Lawson, Deputy Executive Director and Chief Operations Officer. They will share OCHN's experience of utilizing an outcomes-based payment model for behavioral health services. OCHN serves as the public community mental health center and public Medicaid specialty health plan for Oakland County, Michigan. OCHN will also share lessons learned for community mental health centers in other states that are pursuing similar types of outcomes-based payment models. Participants will hear about the development of the VBP/outcome based system development; the mechanics behind the system; the relationship with and involvement of providers in system design; and the result of the use of a VBP/outcome-based system in their network.

CMHA is one of 13 state organizations partnering with the Delta Center to foster the adoption of value based payments by behavioral healthcare providers and payers across the country.

You can register for this webinar [here](#).

New! Club Cadillac reaching out with activities, inspiration

Below are excerpts from a recent news story on the work of Club Cadillac, a clubhouse supported by and in partnership with the Northern Lakes Community Mental Health Authority.



In this Cadillac News file photo, a Club Cadillac member helps to prepare some food in the kitchen. Since March 16, Club Cadillac, like other public and private entities, has been closed due to the COVID-19 pandemic. That, however, doesn't mean Club Cadillac is turning its back on its club members, their needs or them as individuals.

Cadillac News file photo

One thing has been clear since the United States and Michigan have been dealing with COVID-19, the virus doesn't care about your needs or your daily schedule.

Since March 16, Club Cadillac, like other public and private entities, closed due to the COVID-19 pandemic. That, however, doesn't mean Club Cadillac turned its back on its club members, their needs or them as individuals.

Clubhouse International is the parent organization overseeing more than 300 clubhouses throughout the world. Clubhouses like the one in Cadillac offer people living with mental illness opportunities for friendship, employment, housing, education and access to medical and psychiatric services in an environment that is caring, safe and non-judgmental. It also is a psychosocial rehabilitation program of Northern Lakes Community Mental Health Authority.

The full story can be found [here](#).

New! CMHA applies for MHEF grant to accelerated development of Telehealth Resource Center

CMHA is applying for a two-year grant, through the Michigan Health Endowment Fund (MHEF). The purpose of these grant dollars – the support of our association’s work in fostering the on-going use of telehealth practices (video and audio), greatly expanded and found very valuable during the current pandemic, to become a permanent part of the state’s behavioral healthcare landscape and clinical tool kit - is summarized below.

Summary of CMHA proposal to MHEF: While initially applied as a sound clinical response to the COVID-19 pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates. To foster this transition to permanency, the Community Mental Health Association of Michigan (CMHA) is proposing the acceleration of the development of a Telehealth Resource Center for Michigan Mental Health Practitioners – a telehealth information, guidance, and technical assistance hub currently in its very early stages of development. The Resource Center is intended to respond to the immediate and on-going need for access to education, guidance and technical assistance on the best practices in the use of telehealth methods, by two groups – first, the state’s mental health clinicians, administrators and, secondly, by the state’s policy makers - given the ability of telehealth approaches to ensure access to care when geography, transportation, time, and workforce shortages present barriers to access.

The immediate need revolves around the rapid and explosive growth, driven by COVID-19 pandemic, in the use of telehealth services in ensuring access to behavioral health services that would have otherwise been unavailable to the hundreds of thousands of Michiganders who rely upon those services.

While initially applied as a sound clinical response to the pandemic, most observers see telehealth as a permanent part of the behavioral healthcare infrastructure, long after the pandemic abates.

CMHA highlights its members’ “Heroic Stories: Exceptional, Selfless Service Response To COVID-19”



As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

State and National Developments and Resources:

New! Update on work of BHDDA in response to the COVID pandemic

The Behavioral Health and Developmental Disabilities Administration (BHDDA), within MDHHS, has been pursuing a wide range of initiatives to bolster the ability of the public mental health system to meet the mental health needs of Michiganders during the COVID-19 pandemic. Below is a summary of some of those efforts.

Personal Protective Equipment (PPE): MDHHS has obtained approval to have the state release, from the state cache of PPE, gloves, face shields, and surgical masks and ship them to sites as identified by the state's PIHPs. MDHHS is developing a weekly distributing process for PPE for the foreseeable future.

State facility transition to community: Transition It is key that CMHs, PIHPs, and providers work with state facilities to make for a smooth transfer from the state facilities to the community. MDHHS underscored that constraints on staff availability and other issues cannot

Appendix K, SPA, and 1115 Amendment applications: Appendix K was submitted for a period March 2020 to January 2021. The Appendix K application included requests to: allow the period contained in an initial authorization to be extended beyond typical; allow non-vocational supports to be provided in home settings; allow higher number of private duty nursing hours; expansion of settings, beyond HCBS-compliant sites, to include hotels, shelters, etc.; relax provider qualifications to reduce initial staff training requirements; level of care timeline development relaxation; request to increase pay for DCW as "premium pay" for persons providing CLS; allow for CLS supports to be provided in hospitals and nursing facilities; retainer payments to be provided, by CMHs and PIHPs, to provider organizations (using a formula to be determined. MDHHS asked for payments to be allowed if FFS revenue to a provider organization drops below 75% of historic funding levels); revise site inspection timeframe; allow providers, outside of what HCBS normally allows, to isolate clients, limit out-of-home visits, limit visitors when persons served have COVID symptoms.

Because the flexibility requested in the MDHHS Appendix K application (retainer payments, DCW/DSP wage increase, flexibility around HCBS and other rules and timetables) apply on to providers serving persons with 1915(c) eligibility and the intent of MDHHS, CMHA, CMHA members and stakeholders across the state, was to ensure that they applied to the entire system, MDHHS is in the process of preparing to submit a Medicaid State Plan Amendment (SPA) and a Section 1115 amendment.

A press release summarizing the Appendix K contents can be found [here](#).

Making permanent changes made during pandemic: BHDDA and the rest of MDHHS are starting to think through what, of the current changes put in place to respond to the pandemic, should be retained after the pandemic. Such changes could include the use of telehealth approaches as well as a number of relaxed requirements included in the Section 1135, Appendix K, Section 1115, and State Medicaid Plan applications.

Coordinating crisis lines: BHDDA will soon issue a document that links the numerous hot, warm, and crisis lines that have been established to assist Michiganders in dealing with the pandemic (as well as those lines in place prior to the pandemic) and methods for linking these lines to local crisis lines, run by the CMH system.

CCBHC: While CMS has not, as yet, provided formal notice to Michigan regarding its CCBHC expansion application, BHDDA is working with its counterparts from across the country as to how CCBHC was woven into a state's Medicaid behavioral health program.

New GF dollar distribution: The distribution formula for the new COVID-related \$5 million in federal non-Medicaid funds will be issued in the next few days.

New! Michigan awarded federal grants to strengthen behavioral health services during COVID-19 crisis

Below are excerpts from a recent press release describing the receipt of federal funds, by the state of Michigan, design to support the mental health of Michiganders during the COVID pandemic.

As evidence mounts that the COVID-19 pandemic is taking an emotional toll on Michiganders, help is on the way in the form of two federal grants awarded to the Michigan Department of Health and Human Services (MDHHS) Behavioral Health and Developmental Disabilities Administration (BHDDA).

One grant was awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the U.S. Department of Health and Human Services. The other was awarded by the Federal Emergency Management Agency (FEMA) in partnership with SAMHSA, with funds distributed through the Michigan State Police. Together, the two grants provide nearly \$2.5 million to better address mental health needs during the COVID-19 disaster.

"We are grateful to SAMHSA and FEMA for recognizing Michigan's urgent need for expanded behavioral health services at this time," said MDHHS Director Robert Gordon. "These grants open up new pathways for trained professionals to help residents struggling with symptoms of mental illness and psychological trauma exacerbated by the COVID-19 crisis."

The SAMHSA Emergency COVID-10 grant will provide BHDDA with \$2 million to assist Michiganders living with mental health and/or substance use disorders, as well as those with less severe mental illness, including health care professionals. Funding is to be used within 16 months. To optimize the grant opportunity, MDHHS will partner with five Community Mental Health Services Programs (CMHSPs) that were identified as having the greatest need relative to the COVID-19 crisis:

- Au Sable Valley Community Mental Health Authority (serving Iosco, Ogemaw and Oscoda counties)
- Detroit Wayne Integrated Health Network
- Genesee Health System
- HealthWest (serving Muskegon County)
- Saginaw County Community Mental Health Authority

SAMHSA grant funding will allow these CMHSPs to hire and train much-needed staff, provide mental health screening, expand telehealth services and create a variety of programs to help patients manage depression, anxiety, trauma and grief related to COVID-19.

A second grant, the Immediate Services Program: Crisis Counseling Assistance and Training Program (CCP) grant, will provide BHDDA with \$372,000 to roll out a short-term emergency program with four main components:

- Crisis counseling from CCP-trained counselors accessed via the MDHHS COVID-19 hotline.
- Highly specialized outreach to the Detroit metropolitan area (the region most heavily impacted by COVID-19), offering crisis counseling to families with children, seniors, first responders, health care providers and those with racial or ethnic health disparities.
- CCP training of volunteers.
- Emotional support for low-acuity COVID-19 patients living in state-supplied isolation housing.

CCP grant funding is to be used within 60 days. However, BHDDA plans to pursue a secondary CCP grant that, if awarded, would allow Michigan to extend its CCP program an additional nine months.

New! Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities

The Michigan Department of Health and Human Services' Public Health Administration and Office of Equity and Minority Health uploaded links to the 4/2/20 Town Hall: Reducing the Impact of COVID-19 on Racial and Ethnic Minority Communities. Additional resources on COVID-19 and Racial and Ethnic Minorities are included on the Office of Equity and Minority Health's website: www.michigan.gov/minorityhealth.

The Recommendations for Diverse Communities (Race and Ethnicity) resource document, with the link provided below, was created in response to the rising needs for culturally and linguistically appropriate responses to the disparate living conditions faced by racial and ethnic groups, including: lack of access to water and hand sanitizer in local community, lack of spacious housing that allows for correct isolation, disproportionate exposure to COVID-19 due to higher utilization of public transportation and higher percentages of People of Color working in essential jobs. These recommendations are grounded in cultural and linguistic competence. A cultural and linguistic competent framework allows us to 1.) attend to literacy and health literacy needs by rendering complicated concepts like cleaning vs. disinfecting into accessible plain language for the intended audience, 2.) include culturally-defined meanings of the intended audience, 3.) present materials in the language/s of the intended audience, 4.) identify and address societal cultural contexts impacting the intended audience, 5.) determine how to develop, bridge and disseminate the message with the intended communities in culturally relevant ways for a more effective reach, and more. This is only the beginning of many possibilities. We hope this document begins to provide clarity in direction and alternatives for racial and ethnic minority groups to protect themselves, family and larger community.

The Culturally and Linguistically Competent (CLC) Recommendations for Organizations/Entities resource document (with the link provided below) was created to assist organizations, leaders and personnel in thinking about adopting, creating and executing culturally and linguistically appropriate responses to COVID-19. The MDHHS' Office of Equity and Minority Health conducted a light environmental scan of CLC efforts taking place in the country in response to the COVID-19. This document includes a compilation of national, state and local efforts currently underway.

[OEMH COVID-19 Racial and Ethnic Considerations](#)

[Townhall Webinar](#) with Racial and Ethnic communities

[Townhall PowerPoint](#) – An Equity Lens: COVID-19 and Racial/Ethnic Minority Populations

[Townhall with Racial and Ethnic Communities FAQs](#)

[Townhall with Racial and Ethnic Communities Resources](#)

[COVID-19 Anti Stigma](#)

[Culturally & Linguistically Competent Recommendations for the General Public](#) – Recommendations for Diverse Communities (Race and Ethnicity)

[Culturally & Linguistically Competent Recommendations for Organizations](#)

New! Governor Whitmer and Headspace launch 'Stay Home, Stay Mindful' website to offer Free mental health resources during COVID-19 pandemic

Below is an excerpt from a recent press release on Michigan's partnership with Headspace as a resource to assist Michiganders in coping with the COVID pandemic.

Governor Gretchen Whitmer announced the [Stay Home, Stay Mindful](#) website in partnership with Headspace, a global leader in mindfulness and meditation, and the Michigan Department of Health and Human Services (MDHHS) to provide a new mental health resource for Michiganders to access for free during the COVID-19 pandemic facing both the state and nation. Michiganders across the state can access a specially-curated collection of science-backed, evidence-based guided meditations, along with at-home workouts that guide people through mindful exercises, sleep and kids content to help address rising stress and anxiety. Available at www.headspace.com/MI an internet connection is the only thing that is needed to access these tools to while you stay home and stay safe.

New! CHCS blog: Medicaid's Role in the Next Phase of COVID-19 Response: Part I

Below are excerpts from the introduction of recent blog post by the Center for Health Care Strategies (CHCS) regarding the roles that state Medicaid programs can play in addressing the second wave of COVID-19 infections.

Across the nation, government, business, and community leaders are devising plans to re-open the economy and public spaces, while minimizing the risks associated with a second wave of COVID-19 infection. These plans necessitate a dramatic increase in targeted surveillance activities that involve: (1) widespread testing; (2) contact tracing; (3) isolation of infected individuals; and (4) supports to seniors and other high-risk populations. This reality raises important questions about how to build surveillance capacity at the scale and speed necessary to phase down current restrictions without recreating the conditions that led to the initial surge in infection and mortality. State public health and Medicaid agencies are well-poised to leverage existing partnerships and complementary skillsets to collaborate on these efforts. Historically, health surveillance activities have been the domain of federal, state, and local public health departments. While these agencies are experts in organizing crisis responses to public health emergencies, the scale of the current pandemic is extraordinary. As a result, partnerships encompassing multiple sectors are necessary to create a response at a sufficient scale and within an acceptable timeframe to allow for a safe transition from current stay-at-home orders.

In this first blog post of a two-part series exploring Medicaid's role as states move to restore public life, CHCS' senior leadership highlights Medicaid's potential to partner in necessary public health surveillance activities. It also details opportunities to sustain Medicaid-public health partnerships that can serve as a foundation for future COVID-19 recovery efforts

The full blog can be found [here](#).

State Legislative Update:

New! Governor Extends Stay at Home Order

Today, Governor Gretchen Whitmer issued Executive Order 2020-59, which replaces Executive Order 2020-42, which extends Michigan's "stay-at-home" order until May 15, 2020. EO 2020-59 has loosened some restrictions on individuals and allows certain workers to resume business activities. It also requires businesses and operations with in-person workers to have a COVID-19 preparedness plan and to provide face coverings to their in-person workers.

Exceptions to Allow Workers to Perform Resumed Activities

The most substantive change in EO 2020-59 is for businesses that do not sell necessary supplies. Such businesses may resume activities to process or fulfill remote orders of goods for delivery or curbside pick-up. In other words, any business that sells goods may bring back workers to facilitate online or telephone orders for delivery or curbside pick-up.

Businesses that sell essential goods may also sell non-essential goods if they sell such goods in their ordinary course of business. This means big box stores are no longer required to rope off areas that sell carpet or flooring, furniture, garden centers and plant nurseries, or paint.

EO 2020-59 also allows the following businesses to resume in-person work (subject to enhanced social distancing requirements):

- Workers who perform bicycle maintenance or repair;
- Workers for garden stores, nurseries, lawn care, pest control, and landscaping;
- Maintenance workers and groundskeepers necessary to maintain the safety and sanitation of outdoor recreation areas that are open; and
- Workers for moving or storage operations.

Guidelines for Operating

Every business performing in-person work **must** (1) develop a COVID-19 preparedness and response plan, and (2) provide non-medical grade face coverings for its workers.

A COVID-19 preparedness and response plan requires different provisions depending on whether the workplace is considered low-risk, medium-risk, or high-risk, and it should include:

- Steps to reduce worker exposure to COVID-19;
- Procedures for the identification and isolation of potentially infectious persons;
- Information to help employees self-monitor for signs and symptoms of COVID-19;

- Policies and procedures for employees to report when they are sick or experiencing COVID-19 symptoms; and
- Other steps to limit the spread of respiratory secretions.

Each business should also provide gloves, goggles, face shields, and face masks as appropriate. Business should also adopt protocols to limit the sharing of equipment, to ensure frequent cleaning of surfaces, and to limit in-person interaction to the extent possible.

Definition of Critical Infrastructure Workers Remains Unchanged

The Governor has again declined to adopt the updated Guidance on the Essential Critical Workforce published by the Director of Cybersecurity and Infrastructure Security Agency (the “**CISA Guidance**”). As a result, any businesses (including construction) that were prohibited from operating in-person by the first stay-at-home order remain prohibited from operating in-person unless the business is facilitating remote orders for pick-up or delivery.

Exceptions for Individuals

EO 2020-59 removes some of the previous restrictions on travel within the state. Specifically, individuals may travel between residences, including moving to a new residence or traveling to a second home, such as a vacation home or cottage. Vacation rentals remain prohibited. It also expands the number of recreational activities available to Michigan residents, including motor boating, golfing, and similar activities. Individuals must still remain at least six feet from people that are not members of their household and each person must wear a face covering (such as a homemade mask, scarf, bandana, or handkerchief) when in any enclosed public space, such as grocery stores.

To view Executive Order 2020-59, please click [here](#). A press release issued by Governor Whitmer’s office is also included below.

New! Legislature Meet on a Rare Friday Session – Attempt to Limit Governor’s Power

This afternoon, the Republican-led Senate passed legislation that eliminates the 1945 law creating the governor’s emergency powers act and a second bill that reduces the number of days when a Legislature needs to extend an emergency order from 28 to 14.

SB 0857 and SB 0858 are billed as eliminating the confusion as to the Governor’s power under a state of emergency. The arguably more comprehensive 1976 emergency powers act would still exist under the bills. Republicans argue the 1945 law was crafted to address riots and acts of disobedience, but the new 1976 law addresses these instances as well. The 1976 law requires a Governor to get legislative approval to extend an emergency order. The 1945 law does not create a conflict.

The bills passed on a strict party-line vote during a rare Friday session that was lampooned by Senate Democrats as nothing more than a “political stunt” pulled in the midst of a pandemic. From a tactical standpoint, today’s session was needed so both Senate-passed bills could be considered by the House on April 30, the end of the Governor’s emergency order extension. The Constitution requires that bills need to rest five days after they are passed from one chamber before they can be considered in the second. However, Democratic legislators argued the Governor would never sign Barrett’s bills, making today’s session nothing more than political theater.

In other news, the House and Senate created a COVID-19 task force to “examine the status and efficacy of

governmental actions" in response to the COVID-19 pandemic and then issue a report on its findings to the Legislature, which can take any actions it deems necessary. The committee will have subpoena power to require any state department, board, institution or agency to produce any documents they request.

After approving House Speaker Lee **CHATFIELD**'s (R-Levering) HCR 20 on a voice vote, the Speaker named Rep. Matt **HALL** (R-Emmett Twp.) as chair on the House side. Other members include Rep. Julie **CALLEY** (R-Portland), Rep. Jack **O'MALLEY** (R-Lake Ann), Rep. Vanessa **GUERRA** (D-Saginaw) and Rep. Tyrone **CARTER** (D-Detroit).

Senate Majority Leader Mike **SHIRKEY** (R-Clarklake) named Sen. Aric **NESBITT** (R-Lawton), Sen. Kim **LaSATA** (R-Bainbridge Twp.), Sen. Wayne **SCHMIDT** (R-Traverse City), Sen. Curtis **HERTEL** (D-East Lansing) and Sen. Adam **HOLLIER** (D-Detroit) as members. Nesbitt will serve as vice chair.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 36 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below:

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-16** – Expanding child care access during the COVID-19 emergency, please click [here](#) to access Executive Order 16.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-18** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 18.
- **Executive Order 2020-19** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 19.
- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-24** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 24.
- **Executive Order 2020-25** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 25.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-29** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended

CMHA WEEKLY UPDATE

COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 29.

- **Executive Order 2020-30** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 30.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-33** – Recognizes the expanded scope of economic, educational, and civic dislocation caused by the COVID-19, and equips the administration to address fully the devastation caused by virus and formally declares a state of disaster, please click [here](#) to access Executive Order 33.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-35** – Provision of K-12 education during the remainder of the 2019-2020 school year, please click [here](#) to access Executive Order 35.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-37** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 37.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.
- **Executive Order 2020-40** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 40.
- **Executive Order 2020-41** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 41.
- **Executive Order 2020-42** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 42.
- **Executive Order 2020-43** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 43.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.

CMHA WEEKLY UPDATE

- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.
- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-59** – Replaces **Executive Order 2020-42**, and now becomes the active Stay Home, Stay Safe order. **Executive Order 2020-59** is active until May 15, and **Executive Order 2020-42** is now rescinded. To view **Executive Order 2020-59**, please click [here](#).

Federal Update:

New! 2020 Hill Day At Home: Certain to be a Virtual Success

The COVID-19 pandemic has changed how we work, but we must not let it interrupt our work advocating for individuals living with mental illness and addiction.

This is why, for the first time ever, the National Council for Behavioral Health is taking our annual Hill Day virtual.

We are naming this year's event "**Hill Day At Home**" and it will proceed as scheduled by kicking off on Tuesday, June 23. On the first day, the attendees will log on to an online event portal for the 2020 Virtual Policy Institute. This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions, and all the great content you've come to expect from Hill Day. We are still formulating the agenda so please send your ideas!

On June 24, the second day of Hill Day at Home, attendees will be encouraged to participate in a series of digital advocacy events.

While we are still in the process of finalizing some details ***we fully expect this to be the largest Hill Day ever.*** We will be reaching out soon with more information on State Captains' role in this virtual event. While we may not have coordinated meetings with legislators this year, we're relying on State Captains to lead and engage others in our virtual advocacy efforts.

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.voterveice.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

Basic: [Monday & Tuesday, July 20-21, 2020](#)

Advanced: [Monday & Tuesday, July 20-21, 2020](#)

Supervisory: [Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | Save the Date! Registration will re-open soon
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings **NEW DATES**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020

Location:

Lansing Center

CMHA WEEKLY UPDATE

8am – 5pm
Lansing, MI 48933

333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

CAFAS and PECFAS Trainings Are Scheduled

Several CAFAS and PECFAS Trainings and Booster Trainings are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org to be notified when trainings become finalized.

Family PsychoEducation Trainings Are Scheduled

Family PsychoEducation Facilitator Training, Family PsychoEducation Advanced Facilitator Training and FPE Learning Communities (for previous FPE Participants) are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org for more information.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings:

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without it's challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

New! National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a COVID-19 Financial Response Strategy ECHO Series. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

New! Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its Products and Resources webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

New! This week's featured resource from the Great Lakes MHTTC

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.

According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.



We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

Social Emotional Learning at Home: Remote Learning Options – available [here](#).

Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am – Every Tuesday | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners:

Relias announces telehealth catalog

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

CMHA WEEKLY UPDATE

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

Contents:

COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

CMH Association and Member Activities:	3
New! Ottawa County CMH discusses innovations during COVID-19 pandemic.....	3
CMHA highlights its members’ “Exceptional, Selfless Service Response To COVID-19”.....	3
State and National Developments and Resources:	3
New! MDHHS announces peer-operated COVID-19 warm line.....	3
New! National Alliance for Direct Support Professionals issues COVID-19 resources.....	4
New! MHEF announces telehealth grants.....	5
New! Health Affairs article underscores value of health and human services integration.....	5
New! MC3 announces resources for families and children during pandemic.....	5
New! New report from leading mental health organizations reveals impact of covid-19 on behavioral health crisis services.....	6
State Legislative Update:	7

CMHA WEEKLY UPDATE

New! Economists Expects \$2.6B Fall Off In 2020 State Dollars from Pandemic.....	7
New! Midwest Governors Announce Partnership to Reopen Regional Economy	8
New! Executive Orders Signed.....	8
Federal Update:	11
New! ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19.....	11
Education Opportunities:.....	11
What's Cancelled and What's Taking Place?????.....	11
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning....	11
FY20 Motivational Interviewing College regional trainings	12
FY20 DBT Trainings.....	13
NEW DATE: Wraparound Conference.....	13
NEW DATE: Self-Determination Conference.....	13
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	14
Pain Management and Mindfulness Trainings.....	14
Fetal Alcohol Spectrum Disorder Trainings - CANCELLED	14
TREM and M-TREM Trainings	15
Strengthening LOCUS Training Skills.....	15
LOCUS Specialty Trainings:	16
New! Association of University Centers on Disabilities' webinar series on COVID 19.....	16
Education & Training Resources from Great Lakes MHTTC.....	17
New! Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays	17
New! ACT and COVID-19: Meet Up for ACT Mental Health Authorities, Funders, Trainers, and Fidelity Reviewers.....	17
New! COVID-19 resources from MHTTCs across the country.....	18
New! MHTTC's school based mental health resources.....	18
News from Our Preferred Corporate Partners:	19
New! Relias announces telehealth catalog	19
Abilita provides guidance to organizations working to employ E911 approaches	19
myStrength: new digital behavioral health resources empower consumers to move beyond trauma.....	19
CMH Association's Officers and Staff Contact Information:.....	20
CMHA Officers Contact Information:	20
CMHA Staff Contact Information:.....	20

CMH Association and Member Activities:

New! Ottawa County CMH discusses innovations during COVID-19 pandemic

Recently, Community Mental Health of Ottawa County was featured in a news story on the innovative work that they are doing in response to the COVID-19 pandemic. The link to that media interview can be found [here](#).

CMHA highlights its members' "Exceptional, Selfless Service Response To COVID-19"



As Weekly Update readers, you remember, CMHA has initiated an "Accurate Picture Campaign" as one of the core elements of our association's advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan's public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

State and National Developments and Resources:

New! MDHHS announces peer-operated COVID-19 warm line

Below are excerpts from a recent press release on the peer-operated COVID-19 warm line. (This number is provided on CMHA's COVID webpage.

The Michigan Department of Health and Human Services (MDHHS) is launching a statewide warmline for Michiganders living with persistent mental health conditions. The warmline will connect individuals with certified peer support specialists who have lived experiences of behavioral health issues, trauma or personal crises, and are trained to support and empower the callers.

The warmline will operate seven days a week from 10 a.m. to 2 a.m. at 888-PEER-753 (888-733-7753). It is intended to serve individuals living with persistent mental health challenges including anxiety, depression and trauma. Individuals in crisis, including those considering suicide, are urged to contact the Disaster Distress Helpline 24/7 at 800-985-5990 or the National Suicide Prevention Lifeline 24/7 at 800-273-8255.

“The warmline will help individuals with long-term mental health challenges find someone to talk to – someone who has lived these challenges themselves – and do it while staying safe and staying home,” said Robert Gordon, MDHHS director. “COVID-19 is a grave threat not just to physical health, but also to mental health, and we are doing everything we can to offer supports for everyone.”

Warmlines are an alternative to traditional psychiatric crisis hotlines and are used to avoid extreme emotional distress that can lead to hospitalization or other severe outcomes that are preventable with early intervention of peer support. Warmlines alleviate the burden on crisis responders by offering a solution for non-crisis callers. The Certified Peer Support Specialist (CPSS) Warmline will offer support for individuals feeling isolated from society, and will provide referrals for outreach and assistance for those seeking critical physical and behavioral health services.

The warmline will provide particular support to underserved Medicaid beneficiaries, who often lack social connectedness and may now have increased anxiety and feelings of severe isolation during this critical time. It is available to all Michiganders, regardless of insurance status.

MDHHS is collaborating with Justice In Mental Health Organization (JIMHO) Project DOORS, Michigan's first peer-run organization. JIMHO will moderate the warmline and network with CPSS, statewide peer-run organizations, Community Mental Health Association of Michigan and MDHHS peer services unit. JIMHO has provided critical peer-support and community living skills to persons living with mental illness for 39 years and has assisted more than 15,000 residents using experienced peer-support specialists during the pandemic.

New! National Alliance for Direct Support Professionals issues COVID-19 resources

Below is a recent announcement of a set of resources designed to support the work of the nation's Direct Support Professionals/Direct Care Workers.

With the coronavirus (COVID-19) global pandemic, there is a constant barrage of information being shared. Things are changing almost hourly across the country. The National Alliance for Direct Support Professionals (NADSP) is committed to sharing resources for Direct Support Professionals. We understand that given this global crisis, Direct Support Professionals are still working to provide supports. As Direct Support Professionals are on the front lines, we have created this tool kit with self care information and additional resources for individuals. This tool kit is available at this [link](#).

The webinars in this tool kit include:

- Self Care for Direct Support Professionals in Crisis
- Meditation for DSPs in Times in Stress
- The Role of the DSP and the Coronavirus: Part One
- The Role of the DSP and Coronavirus: Part Two
- The Role of the DSP and Coronavirus: Part Three
- Frontline Initiative: Self Care for DSPs
- Grief and Loss for Direct Support Professionals
- Let's Talk with Dave: When Death Happens at Work

DSPs are on the front lines of supporting people with confirmed or possible infection with coronavirus (COVID-19) and therefore have an increased risk of exposure to this virus. DSPs can

minimize their risk of exposure when supporting possible COVID-19 patients by following CDC infection prevention and control guidelines. The free COVID-19 Handouts NADSP COVID-19 Fact Sheet is available [here](#).

New! MHEF announces telehealth grants

Below are excerpts from a recent announcement, by the Michigan Health Endowment Fund, of a large number of grants provided to mental health centers (most of which are CMHA members) and primary care centers throughout Michigan to support their telehealth work.

With a stay-at-home order in place, patients and providers alike are searching for safe alternatives to in-person appointments. Last week, we announced just under \$3 million in grants to 61 organizations across Michigan to help them build out their telehealth services.

“Telehealth is a key strategy for expanding access to care, and we’ve supported this work for a number of years,” said Program Director Becky Cienki. “The current urgency underscores this ongoing need, and our goal is for these projects to both spur immediate action and create lasting infrastructure for telehealth.”

The Ethel and James Flinn Foundation, the Metro Health Foundation, Blue Cross Blue Shield of Michigan, and the Blue Cross Blue Shield of Michigan Foundation joined us in funding these awards.

The awardees are listed [here](#).

New! Health Affairs article underscores value of health and human services integration

Below are excerpts from a recent article in Health Affairs: Health And Human Services Integration: Generating Sustained Health And Equity Improvements

Concurrent increases in evidence about social determinants of health and the use of value-based health care incentives are driving new efforts to integrate health care and human services. Despite expectations that the integration of these complementary services could improve health, reduce health inequities, and reduce potentially avoidable health care use and costs, current evidence on the effectiveness, implementation, and sustainability of such cross-sectoral partnerships is sparse and mixed. To realize the potential of health care and human services integration, knowledge gaps in these key areas must be filled. In doing so, particular attention needs to be paid to understanding how power and resource differentials between organizations in the two sectors influence integration approaches and their impacts.

Furthermore, increased societal investments in resources to address social needs are likely necessary for integrative initiatives to yield desired individual- and population-level impacts.

The full article can be found [here](#).

New! MC3 announces resources for families and children during pandemic

Below is a recent announcement from the Michigan Child Care Collaborative (MC3) of a weekly on-line video series providing a range of resources for families and children to support them during the COVID-19 pandemic.

A new Michigan Medicine weekly online video series, Thrive with Your Family will be broadcast over the C. S. Mott Children's Hospital Facebook page and Michigan Medicine's YouTube channel. The series will offer support to families during the coronavirus pandemic. Please share this resource with your patients and their families.

Access to this series and other resources can be found [here](#).

New! New report from leading mental health organizations reveals impact of covid-19 on behavioral health crisis services

Below are excerpts from a recent news story on a report that examines how the nation's mental health crisis services are responding to the COVID-19 pandemic.

A recent national survey of behavioral health crisis service providers reveals that crisis services are severely impacted by the effects of COVID-19, as workers are overwhelmed and service demand is fluctuating dramatically. This includes Mobile Crisis Teams, Crisis Residential Programs, and Crisis Call Centers across the country.

A report released by TBD Solutions LLC in conjunction with other leading mental health organizations analyzed the responses of over 350 crisis providers, including 147 Mobile Crisis Teams, 130 Crisis Residential Programs, and 93 Crisis Call Centers. The research revealed a crisis system susceptible to the same issues as its medical counterparts that must be treated with the same heightened consideration. Survey responses were elicited from members of the American Association of Suicidology, the Crisis Residential Association, and the National Association of Crisis Organization Directors.

"As illness spreads in our area, there will be reduction in our workforce due to illness, isolation, and return-to-work policies," one respondent to the survey stated. "Staff [have] concerns about continuing to work amid the public health concern."

Responses to the survey fell into six main categories:

- Staffing: Morale and workforce stability have been compromised, leaving supervisors with few solutions to keep their services intact.
- Health Concerns: Employees maintain a fear of contracting and/or spreading COVID-19.
- Clinical Services and Client/Caller Support: With so much attention and energy devoted to COVID-19 risks, programs have less human and financial resources to devote to treatment interventions.
- Equipment/Supplies/Technology: Dozens of respondents reported inadequate supplies of critical PPE needed to do their jobs, and limited technology and IT equipment is inhibiting some Crisis Call Centers and Mobile Crisis Teams from moving to a remote workforce.
- Operations/Sustainability: When some crisis services exist in fee-for-service models, reduced referrals means reduced income, forcing some providers to make difficult staffing and operations decisions.
- Community Resources: Outpatient therapists, homeless shelters, psychiatric hospital beds, primary care clinics, and other critical resources have reduced service capacity or offer services remotely, an option that is not accessible for those with limited resources.

The report can be found [here](#).

State Legislative Update:

New! Economists Expects \$2.6B Fall Off In 2020 State Dollars from Pandemic

Economists who advise state officials on projected revenue numbers are forecasting an ugly couple of years for state government following this quarter's COVID-19 induced economic crash.

For 2020, the Research Seminar on Quantitative Economics (RSQE) at the University of Michigan is forecasting that the state will see a 15.9% dip in General Fund revenues (\$1.7 billion) and a 4% dip in the state's School Aid Fund (\$550 million). Combined, those changes represent a \$2.6 billion fall off for the year.

The RSQE team which addressed a Southeastern Michigan Council of Governments (SEMCOG) webinar Tuesday, is also forecasting these low levels of revenue to persist through 2021 and, to a degree, 2022.

For 2021, they are forecasting only modest 1.5% General Fund growth over 2020 levels. The School Aid Fund is expected to grow 1.1%. Revenues are expected to begin rebounding more strongly in 2022.

The drop off in revenue is in large part to what the economists expect to be a second quarter decline in employment of 26% or 1.16 million jobs. Jobs are expected to begin being added back in June with much of the job loss recovered by the end of 2021. While the state revenue figures are disturbing, the RSQE economists argued the federal response is expected to significantly cushion the impacts on personal income.

According to RSQE Director Gabriel Ehrlich, Michigan's total aggregate wages are expected to decline by \$1.1 billion due to the pandemic. However, he noted that if all eligible workers sought and obtained the federally expanded Unemployment Insurance benefits that were included in the stimulus package, Michigan's total personal income for the year would come out at 98% of 2019 personal income levels.

"Total aggregate wages will decline by \$1.1 billion," Ehrlich said. "Unemployment benefits will increase by \$1.03 billion."

While that 98% figure is pegged on full participation, RSQE is forecasting that only 75% of eligible laid off Michigan workers will apply for unemployment - meaning that there will be a fall of personal income, but not as steep as it could have been. While the higher UI benefits are taxable and could help state and local governments, Ehrlich noted that whether withholding occurs on jobless benefits is at the discretion of the unemployed worker and roughly half generally defer paying taxes on the benefits.

The RSQE is also noting that the federal stimulus checks of \$1,200 per person are estimated to bring into the state a total of \$8 billion.

A key part of the RSQE analysis relies on COVID models that suggest Michigan has already passed the so-called apex point. The economists believe that while the state has passed the apex, that apex still lies ahead for the country as a whole.

RSQE's forecasting, argued that while the federal stimulus actions to date were rapid and large, more has to be done. For example, the Paycheck Protection Program is the most important component of the federal action, but at \$360 billion it is about \$200 billion too light to cover all eligible U.S. small businesses. They also note that to date there is no federal funding to help mitigate the loss of revenues

that states and local units of government are sure to feel. To cover that the federal government would need to provide \$500 billion in aid.

New! Midwest Governors Announce Partnership to Reopen Regional Economy

Yesterday, Governors Gretchen Whitmer (MI), Mike DeWine (OH), Tony Evers (WI), Tim Walz (MN), JB Pritzker (IL), Eric Holcomb (IN), and Andy Beshear (KY) announced that they will work in close coordination to reopen the economy in the Midwest region.

The governors said, "We are doing everything we can to protect the people of our states and slow the spread of COVID-19, and we are eager to work together to mitigate the economic crisis this virus has caused in our region. Here in the Midwest, we are bound by our commitment to our people and the community. We recognize that our economies are all reliant on each other, and we must work together to safely reopen them so hardworking people can get back to work and businesses can get back on their feet.

"Today, we are announcing that Michigan, Ohio, Wisconsin, Minnesota, Illinois, Indiana, and Kentucky will work in close coordination to reopen our economies in a way that prioritizes our workers' health. We look forward to working with experts and taking a fact-based, data-driven approach to reopening our economy in a way that protect families from the spread of COVID-19.

"Our number one priority when analyzing when best to reopen our economy is the health and safety of our citizens. We will make decisions based on facts, science, and recommendations from experts in health care, business, labor, and education.

"We will closely examine at least these four factors when determining when best to reopen our economy:

- Sustained control of the rate of new infections and hospitalizations.
- Enhanced ability to test and trace.
- Sufficient health care capacity to handle resurgence.
- And best practices for social distancing in the workplace.

"Phasing in sectors of our economy will be most effective when we work together as a region. This doesn't mean our economy will reopen all at once, or that every state will take the same steps at the same time. But close coordination will ensure we get this right. Over time, people will go back to work, restaurants will reopen, and things will go back to normal. We look forward to working together as one region to tackle this challenge together."

New! Executive Orders Signed

Earlier this week, Governor Gretchen Whitmer signed two expected Executive Orders, 2020-48 and 2020-49, which are extensions of previous Executive Orders. Additionally, Governor Whitmer signed Executive Order 2020-50.

Executive Order 2020-48 replaces and extends Executive Order 2020-15, which extends until May 12 the ability of local boards, commissions, committees, subcommittees, authorities, councils and nonprofit boards to use telephone or video-conferencing methods to continue meeting and conducting business while ensuring the public has access to join the meetings. Please click [here](#) to view Executive Order 2020-48.

CMHA WEEKLY UPDATE

Currently, Governor Gretchen Whitmer has signed 31 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below:

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-16** – Expanding child care access during the COVID-19 emergency, please click [here](#) to access Executive Order 16.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-18** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 18.
- **Executive Order 2020-19** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 19.
- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-24** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 24.
- **Executive Order 2020-25** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 25.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-29** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 29.
- **Executive Order 2020-30** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 30.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-33** – Recognizes the expanded scope of economic, educational, and civic dislocation caused by the COVID-19, and equips the administration to address fully the devastation caused by virus and formally declares a state of disaster, please click [here](#) to access Executive Order 33.

CMHA WEEKLY UPDATE

- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-35** – Provision of K-12 education during the remainder of the 2019-2020 school year, please click [here](#) to access Executive Order 35.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-37** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 37.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.
- **Executive Order 2020-40** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 40.
- **Executive Order 2020-41** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 41.
- **Executive Order 2020-42** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 42.
- **Executive Order 2020-43** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 43.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.
- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver's licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.

Federal Update:

New! ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.voterveice.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will

provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- ~~May 4, 2020—Delta Hotels Kalamazoo Conference Center~~ | **CANCELLED**
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

FY20 Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

~~April—DoubleTree Detroit—Dearborn~~ **CANCELLED**

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

FY20 DBT Trainings

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- May 18-22, 2020 – Holiday Inn Grand Rapids Airport West | **CANCELLED**
- June 8-12, 2020 – Park Place Hotel & Conference Center, Traverse City | **CANCELLED**

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development,

CMHA WEEKLY UPDATE

and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Trainings offered on the following dates:

April 22, 2020 – Detroit **CANCELLED**

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Trainings offered on the following dates:

April 23, 2020, 9:00am-11:00am – Detroit **CANCELLED**

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Fetal Alcohol Spectrum Disorder Trainings - CANCELLED

The Fetal Alcohol Spectrum Disorder Training: Improving Outcomes for Youth, Families, and Agencies by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD) and Other Neurocognitive

Impairments for Monday, March 16, 2020 – Gaylord and Monday, April 6, 2020 – Jackson are both cancelled. We will reschedule this popular training later in FY2020.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings:

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without it's challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

New! Association of University Centers on Disabilities' webinar series on COVID 19

Below is an announcement from the Association of University Centers on Disabilities' COVID-19 Public Health Webinar Series

Join us for this 4-part webinar series, as we review what we currently know on disability inclusion as it relates to this emerging issue. Each session will be 75-minutes. (Note that these sessions recorded and can be accessed at the link, provided below.)

Session 1: Advice from Medical Providers
Wednesday, April 15, 2020, 4:00 p.m. - 5:30 p.m. ET

Session 2: Advice from Family Members and Caregivers on Dealing with COVID-19
Wednesday, April 22, 2020, 4:00 p.m. - 5:30 p.m. ET

Session 3: Advice from People who have a Disability on Dealing with COVID-19
Wednesday, April 29, 2020, 4:00 p.m. - 5:30 p.m. ET

Session 4: Advice on Your Questions
Thursday, April 30, 2020, 4:00 p.m. - 5:30 p.m. ET

More information on this series can be found [here](#).

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC). The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

New! Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am - April 21, 2020 | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

New! ACT and COVID-19: Meet Up for ACT Mental Health Authorities, Funders, Trainers, and Fidelity Reviewers

12:00pm - April 21, 2020 | Timezone: US/Pacific
Hosted By:

Northwest MHTTC

Assertive Community Treatment (ACT) is a multidisciplinary, team-based model that provides intensive community-based and outreach-oriented services to people who experience the most severe and persistent mental illness. The vast majority also have a co-occurring substance use disorder and many experience comorbid medical illnesses as well as homelessness. This is a vulnerable population and their providers – ACT teams – are at elevated risk themselves during the COVID-19 pandemic.

We are hosting a meet-up for non-provider ACT stakeholders who assume a role of overseeing ACT, funding ACT, providing ACT training and technical supports, and/or conducting ACT fidelity reviews. The intent is to create a unique space to share challenges and solutions related ACT operations and services during the COVID-19 pandemic. This meet-up is hosted by Lorna Moser, Ph.D. of the Institute for Best Practices, UNC Center for Excellence in Community Mental Health and Maria Monroe-DeVita, PhD of the University of Washington Department of Psychiatry and Behavioral Sciences and the Northwest Mental Health Technology Transfer Center (MHTTC), the sponsor for these ACT meet-up events.

Register [here](#).

New! COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

New! MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners:

New! Relias announces telehealth catalog

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tel-emental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

Contents:

COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

CMH Association and Member Activities:	2
New! Don’t go out – reach out! Network180, Forest View & Pine Rest Collaborate in COVID-19 Crisis Response	2
CMHA highlights its members’ “Exceptional, Selfless Service Response To COVID-19”	3
State and National Developments and Resources:	3
New! Michigan Seeks Approval to Streamline Medicaid; Request would provide easier access to coverage while keeping residents safe during COVID-19 outbreak.....	3
New! Health care workers face a mental health crisis as they battle the coronavirus pandemic	4
New! LARA issues FAQ on COVID-related issues for adult foster care homes and similarly licensed sites	5
New! Op-Art: Recovery in Isolation	5
New! CHCS: Stemming the risk of disability bias during the COVID-19 pandemic	5
New! CHCS and SCAN Foundation blog: Crisis response can lead to lasting transformation.....	6

CMHA WEEKLY UPDATE

New! Resources for sexual assault survivors continue during COVID-19: Survivors can call or text Michigan’s Sexual Assault Hotline for immediate crisis counseling, support.....	6
State Legislative Update:	7
New! Executive Order 2020-42: "Stay-Home, Stay Safe" Order Extended through April 30	7
New! House and Senate Extend State of Emergency	9
New! Senate Safe Behavior for Safe Workplaces Workgroup Formed	9
Federal Update:	9
New! Federal Advocacy Groups Urge Continued Support for Behavioral Health During Pandemic	9
Education Opportunities:.....	11
What’s Cancelled and What’s Taking Place?????	11
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning....	11
FY20 Motivational Interviewing College regional trainings	12
FY20 DBT Trainings.....	13
NEW DATE: Wraparound Conference.....	14
NEW DATE: Self-Determination Conference.....	14
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	14
Pain Management and Mindfulness Trainings.....	15
Fetal Alcohol Spectrum Disorder Trainings - CANCELLED	15
TREM and M-TREM Trainings	15
New! Strengthening LOCUS Training Skills	16
New! LOCUS Specialty Trainings:.....	16
News from Our Preferred Corporate Partners:	17
Abilita provides guidance to organizations working to employ E911 approaches	17
myStrength: new digital behavioral health resources empower consumers to move beyond trauma.....	17
CMH Association’s Officers and Staff Contact Information:.....	18
CMHA Officers Contact Information:	18
CMHA Staff Contact Information:.....	18

CMH Association and Member Activities:

New! Don’t go out – reach out! Network180, Forest View & Pine Rest Collaborate in COVID-19 Crisis Response

Below is an excerpt from a recent press release from Network 180, Forest View, and Pine Rest regarding their joint “Don’t go out – reach out!” campaign.

To combat COVID-19, we all need to do our part, which is why Network180, Forest View Psychiatric Hospital and Pine Rest Christian Mental Health Services are combining their efforts to

encourage individuals seeking mental health support to “Don’t Go Out – Reach Out” by staying away from local Emergency Departments and contacting one of their agencies for help instead. This is a very stressful time for many people in our community and local agencies are experiencing an increase in calls from individuals experiencing mental health and substance use issues. Our area Emergency Departments are also under great strain treating people with COVID-19. To reduce this strain, help preserve our medical infrastructure, and protect the community by encouraging them to stay home during this difficult time, Network180, Forest View and Pine Rest want people to know that they are open 24/7 and ready to provide services to anyone in crisis during this time. Each agency is set up to be able to conduct services via phone or tele-health. In the event of a life-threatening crisis, on-site assessments are also available. Visiting an emergency department is not necessary for help with a mental health or substance use issue.

Help begins by picking up the phone:

Network180: (616) 336-3909

Forest View: (800) 949-8439

Pine Rest: (800) 678-5500 or (616) 455-9200

CMHA highlights its members’ “Exceptional, Selfless Service Response To COVID-19”



As Weekly Update readers, you remember, CMHA has initiated an “Accurate Picture Campaign” as one of the core elements of our association’s advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan’s public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association’s COVID-19 webpage under the heading “CMHA Members Exceptional, Selfless Service Response To COVID-19”. The CMHA COVID-19 webpage can be found [here](#).

State and National Developments and Resources:

New! Michigan Seeks Approval to Streamline Medicaid; Request would provide easier access to coverage while keeping residents safe during COVID-19 outbreak

Below is a recent announcement, by MDHHS, of Michigan’s submission of the Medicaid Section 1135 waiver application. If approved, the contents in this application will provide Michigan with increased flexibility in the use of its Medicaid program to meet the needs of Michiganders during the COVID pandemic.

The Michigan Department of Health and Human Services (MDHHS) is requesting federal approval of flexibilities for the state’s Medicaid Program that are consistent with the commitment of Gov.

Gretchen Whitmer and Chief Medical Executive Dr. Joneigh Khaldun to keep Michigan's most vulnerable residents safe during the COVID-19 pandemic. MDHHS today is making the request to the federal Centers for Medicare & Medicaid Services (CMS) to temporarily waive a number of Medicaid requirements.

"Michiganders need to stay home and stay safe," Whitmer said. "They also need easy access to healthcare coverage now more than ever. That's why we need to suspend the red tape to make it easier for Medicaid beneficiaries to receive the services they need to stay healthy during this national crisis."

COVID-19 has the potential to cause serious and fatal complications for individuals with underlying medical conditions, meaning the state's 2.5 million Medicaid beneficiaries are at an elevated risk.

"These essential changes will ensure Medicaid beneficiaries have access to health care coverage, medicine and providers while also preventing potentially dangerous face-to-face interactions," Khaldun said.

Michigan is asking the federal government to allow its Medicaid program to:

- Suspend the need for new prior authorization requests for medical services and extending existing prior authorization agreements.
- Streamline enrollment for Medicaid providers and allowing approved out-of-state providers to begin serving beneficiaries quickly.
- Allow telephonic healthcare services as part of telehealth/telemedicine delivery.
- Waive quantity limits on durable medical equipment, medical supplies and pharmaceuticals.
- Remove limitations on providers to allow qualified physician assistants and nurses to treat COVID-19 patients.

The presidential declaration of the COVID-19 pandemic as a national emergency allowed CMS to waive certain requirements in Medicare, Medicaid and the Children's Health Insurance Program (CHIP) under Section 1135 emergency authority.

Waivers would end upon termination of the public health emergency, including any extensions. Information around this outbreak is changing rapidly. The latest information is available at www.Michigan.gov/Coronavirus and www.CDC.gov/Coronavirus

New! Health care workers face a mental health crisis as they battle the coronavirus pandemic

Below are excerpts from a recent editorial, on the mental health impact of COVID on healthcare workers, written by Dr. Shahdabul Faraz, a resident physician in the Department of Surgery at Beth Israel Deaconess Medical Center, a teaching hospital of Harvard Medical School.



America has become the epicenter of the global Covid-19 pandemic, surpassing both China and Italy in the number of confirmed cases. While the toll on our health care system and economy are widely discussed, we have been far too quiet about another, more insidious, problem.

The virus will undoubtedly unleash an unprecedented level of psychological trauma on both health care providers and patients.

I'm a doctor in NYC. This is what I need to feel safe.

Health care workers have felt frustrated, anxious and vulnerable about facing patients infected with a contagious and potentially lethal disease without adequate personal protective equipment (PPE). N95 masks are in short supply, and some health care workers have even had to resort to using garbage bags as protective gowns. The PPE crisis may be in part just another political battle between President Trump and our state governors, but it has real consequences for us. Our fellow providers have been diagnosed with Covid-19 in startling numbers, and many are dying.

At first I read the warnings from doctors in Italy. Then, more and more people in the US started becoming infected. Now, people I personally know are getting ill. Who is next? Could it be me? If I get sick, will I infect my patients, colleagues and family members? These are the questions we ask ourselves every day. This constant state of fear quickly becomes mentally exhausting, especially in the face of increased work demands during a pandemic.

The full editorial can be found [here](#).

New! LARA issues FAQ on COVID-related issues for adult foster care homes and similarly licensed sites

The Michigan Department of Licensing and Regulatory Authority (LARA) recently issued a set of concrete Frequently Asked Questions (FAQ) to guide organizations and staff providing services in adult foster care homes and similarly licensed settings. The FAQ can be found [here](#).

Note: That these FAQs are as of March 31, 2020. With things changing rapidly, please check back at the link, above, for updates.

New! Op-Art: Recovery in Isolation

Joe Maccarone, an illustrator living and working in Baltimore, recently developed an opinion piece, picked up by national media, that addressed, in pictorial form, the experience of substance use disorder recovery while also being isolated due to COVID-19. Mr. Maccarone, noted, "I expected sobriety to be easier when I was forced to stay home..."

His pictorial opinion piece can be found [here](#).

New! CHCS: Stemming the risk of disability bias during the COVID-19 pandemic

Below are excerpts from a recent blog, from the Centers for Health Care Strategies (CHCS) that warns against the potential for bias against persons with disabilities, on the part of the nation's healthcare system, during the COVID-19 pandemic.

The COVID-19 pandemic has raised a number of ethical dilemmas related to equal access to health care diagnostic and treatment services. In doing so, it is shedding light on many populations that are uniquely impacted and compromised by this public health crisis — including

people with disability.

CHCS President and CEO Allison Hamblin recently spoke with CHCS Board member Lisa Iezzoni, MD, MSc, professor of medicine at Harvard Medical School, to explore the treatment bias that people with disability may face in the current environment and consider opportunities to reduce potential discrimination. Dr. Iezzoni, who has used a wheelchair for more than 30 years because of multiple sclerosis, brings a unique personal and professional perspective to this issue.

The full blog can be found [here](#).

New! CHCS and SCAN Foundation blog: Crisis response can lead to lasting transformation

A recent Center for Health Care Strategies (CHCS) and SCAN Foundation blog predicted that many of the innovations and changes made to the nation's Medicare and Medicaid programs, in response to the demands of the COVID pandemic, could be/should be/will be retained and further refined as the pandemic ebbs. Excerpts from that blog are provided below:

Unprecedented times call for unprecedented action, and the Centers for Medicare & Medicaid Services (CMS) has been quick to respond. In the last few weeks, CMS has issued an array of waivers and rules creating new flexibilities that allow health systems to respond to the growing challenges brought forth by COVID-19. These new flexibilities allow health systems to build off current capacities tested in recent years, as well as implement strategies that have never been done before.

People with complex care needs are at the most risk during this pandemic, and federal policies are evolving daily to respond to the current environment. The Better Care Playbook now offers a COVID-19 resource center that compiles federal policy information impacting the care for individuals with complex care needs.

In this Better Care Playbook blog post, author Bruce Chernof, MD, president and CEO of The SCAN Foundation, highlights new flexibilities designed to positively influence both medical and non-medical services for people with complex care needs in the short-term as well as key considerations to learn from today's crisis response to shape the future of complex care.

The full blog can be found [here](#).

New! Resources for sexual assault survivors continue during COVID-19: Survivors can call or text Michigan's Sexual Assault Hotline for immediate crisis counseling, support

Below is a recent press release reminding Michiganders who are survivors of sexual assault that the Sexual Assault Hotline continues to operate during the pandemic.

Michigan's Sexual Assault Hotline, 855-VOICES4, continues to operate and provide 24/7, free, confidential and anonymous support to survivors of sexual assault, their family, and friends. April is National Sexual Assault Awareness Month.

"Providing support for Michigan's survivors of sexual assault is an essential service that remains in place during the COVID-19 pandemic," Gov. Whitmer said. "It's important to make sure that survivors are aware of these resources – in April and throughout the year."

Michigan's Sexual Assault Hotline, 855-VOICES4, was launched in 2018 to provide immediate crisis counseling and referrals to local community-based sexual assault programs and programs that provide sexual assault medical forensic examinations across the state. Last year at the annual Let's End Campus Sexual Assault summit, Gov. Whitmer announced an expansion to the hotline that now allows survivors to text 866-238-1454 for counseling support.

"The Michigan Department of Health and Human Services (MDHHS) is committed to easy access to resources for any Michigander who is a survivor of sexual assault," said Debi Cain, executive director of the MDHHS Division of Victim Services. "This hotline is a critical resource for any survivor in Michigan who needs a safe person to talk to, no matter the time, day or night."

Raising public awareness about sexual assault, and educating communities about how to prevent it, are the center of the national campaign for Sexual Assault Awareness Month. Sexual assault is broadly defined as any form of unwanted sexual contact obtained without consent. National statistics show that one in three women and one in six men experienced some form of contact sexual violence in their lifetime.

"The impact of sexual assault can have lifetime effects for survivors and their families," said Michigan Attorney General Dana Nessel. "In April we recognize Sexual Assault Awareness Month and the need for continued education to better serve survivors and hold their offenders accountable. It is a month dedicated to standing with survivors of sexual assault – honoring and amplifying their voices while providing education on the dynamics and realities of this crime."

If you are a survivor of sexual assault and need to talk, call Michigan's 24/7, free, confidential and anonymous hotline: 855-VOICES4 (855-864-2374). You can also text 866-238-1454. Resources are also available online at www.Michigan.gov/voices4.

State Legislative Update:

New! Executive Order 2020-42: "Stay-Home, Stay Safe" Order Extended through April 30

April 9, 2020

Governor Whitmer's newest order, Executive Order 2020-42 ("**EO 2020-42**"), updates and replaces her previous "stay-home, stay-safe order," Executive Order 2020-21 ("**EO 2020-21**"). EO 2020-42 extends the order through April 30, 2020, and modifies the travel exceptions for individuals and the restrictions on some businesses.

Exceptions for Individuals

EO 2020-42 clarifies and narrows the travel exceptions for individuals. Individuals are restricted from leaving their place of residence except to travel as necessary. Under the previous order, residents could leave home for outdoor activities. The Governor has updated EO 2020-42 to include previous clarifications that expanded outdoor physical activity to include kayaking, canoeing, and other similar activities. It also puts new restraints on travel between two residences and explicitly prohibits the travel to vacation rentals, as well as the advertising and renting out of vacation properties. The prohibition between two residences appears to bar travel to and from second homes and vacation homes.

Exceptions for Critical Infrastructure Workers

Notably, EO 2020-42 *does not* adopt the updated Guidance on the Essential Critical Workforce published by the director of Cybersecurity and Infrastructure Security Agency (the “**CISA Guidance**”). The March 28 CISA Guidance expands the definition of “critical infrastructure worker” to include employees in industries such as landscaping and new home building, among others. Instead, Michigan businesses are still governed by the more restrictive March 19 CISA Guidance.

The order has also incorporated some of the Governor’s previous interpretations; it provides exceptions for laundromats, hotels, and motels (provided they do not off their in-house amenities like the pool and gym), and car dealerships that process electronic sales and leases.

Supplier, Distributor, and Service Provider Designations

Previously, a business that employs critical infrastructure workers could designate suppliers, distributors, and service providers that are necessary to enable, support, or facilitate the operations of the original business. A business that employs critical infrastructure workers is no longer required to designate its downstream providers. Instead, the burden is on the supplier, distributor, and service provider to determine if its work is necessary to support the critical infrastructure work of a business.

New Guidelines for Operating

The biggest changes, except for extending the lockdown, govern how businesses are allowed to conduct in-person operations. Businesses must now adopt a COVID-19 preparedness and response plan. The plan should include:

- Steps to reduce worker exposure to COVID-19;
- Identification and isolation of potentially infectious persons;
- Information to help employees self-monitor for signs and symptoms of COVID-19;
- Policies and procedures for employees to report when they are sick or experiencing COVID-19 symptoms; and
- Other steps to limit the spread of respiratory secretions, such as encouraging employees to cover their noses and mouths.

Any store that remains open must:

- Establish lines to regulate entry;
- Consider establishing curbside pick-up;
- Establish 2 hours per week for shopping by vulnerable populations;
- For stores less than 50,000 square feet in customer floor space, they must limit the number of people in the store to 25% total occupancy; and
- For stores greater than 50,000 square feet, they must limit the number of customers to 4 people per 1,000 square feet, excluding any area that must be closed off.

Stores must close off areas that are dedicated to selling carpet or flooring, furniture, garden centers and plant nurseries, and paint. Furthermore, advertising is limited to promotion of groceries, medical supplies, or other items necessary to maintain the safety, sanitation, and basic operation of residences.

EO 2020-42 keeps in place restrictions on the type and number of workers, the standards for cleaning and disinfecting surfaces, and other social distancing practices and mitigation measures.

New! House and Senate Extend State of Emergency

On Tuesday, under extraordinary circumstances and protocols, the House and Senate passed Senate Concurrent Resolution 24, which extends Governor Gretchen Whitmer's State of Emergency and Declaration of Disaster through April 30, 2020. SCR 24 extends both declarations by 23 days despite the Governor's request for a 70-day extension. Senator Jim Ananich (D-Flint) offered an amendment that would have extended the declarations for 70 days, but the amendment was not adopted.

Wearing face masks and in some instances, gloves, members of the Senate quickly passed SCR 24 in approximately 20 minutes. The House executed Speaker Lee Chatfield's (R-Levering) plan to limit the number of representatives on the floor at one time, taking three hours and finishing up shortly after 1 p.m. House Democratic Leader Christine Greig (D-Farmington Hills) offered House Resolution 245 that would allow the House to vote remotely and House Concurrent Resolution 19 that would have extended the emergency declarations until June. Both resolutions were referred to the House Government Operations Committee.

As of today, the Governor has not extended the Stay Home Stay Safe order, which runs out on April 14, but it is widely expected she will extend the order later this week.

New! Senate Safe Behavior for Safe Workplaces Workgroup Formed

Senate Majority Leader Mike Shirkey (R-Clarklake) and Senator Ken Horn (R-Frankenmuth) announced the formation of the "Safe Behavior for Safe Workplaces" Senate workgroup today.

The workgroup will gather information from businesses, medical professionals, and citizens across Michigan to create recommendations for best practices in the workplace in preparation for the transition back to work. Senator Shirkey said, "our goal is to have recommendations to the Governor by April 17. This is an aggressive goal, but we feel it is important to have solid recommendations in place to be ready when the risk level in our state decreases."

The bipartisan workgroup includes Senators: Ken Horn, Wayne Schmidt (R- Traverse City), Curt VanderWall (R-Ludington), Stephanie Chang (D-Detroit), Sylvia Santana (D-Detroit) and Jeremy Moss (D-Southfield).

Both chambers are now adjourned. The next scheduled session days are Thursday, April 16, 2020 and Thursday, April 30, 2020.

Federal Update:

New! Federal Advocacy Groups Urge Continued Support for Behavioral Health During Pandemic

The National Council continued its advocacy efforts this week with legislators and administration officials, urging the allocation of nearly \$40 billion in emergency funds for providers of mental health and addiction treatment services. National Council President and CEO Chuck Ingoglia participated in a call with the White House on Thursday and spoke directly to President Trump and Vice President Mike Pence about the field's needs for emergency appropriations to avert a large-scale public health calamity. We are

also actively engaging with Congress, leadership in the Trump Administration, and state and local leaders to ensure fixes to the continued problems our members have made us aware of, including increasing access to telehealth services and equipment and expanding crisis stabilization services across the country.

CONTINUING INVESTMENTS IN BEHAVIORAL HEALTH FIELD

In its request to Congressional and administrative leadership to infuse **\$38.5 billion in emergency funds**, the National Council highlighted that all mental health and/or addiction providers and organizations are in an economic crisis and in jeopardy of failing because of the COVID-19 pandemic. If these organizations fail, millions of people living with mental illness or addiction will flood health centers, urgent care facilities and emergency departments, all of which are already over-burdened. The mental health and addiction field needs emergency funding in the next legislative package to combat the economic and health care effects of COVID-19, maintain operations and ensure stability for the duration of the crisis.

Further, the National Council has joined with other organizations to request supports beyond this emergency infusion of funds, including:

- **Increase access to telehealth & crisis response programs:** The Mental Health Liaison Group, of which the National Council is a founding member, sent a letter to Congressional leadership urging the provision of funds for virtual peer support programs, including group support meetings, for individuals with mental health conditions and substance use disorders. A group of 22 state and national mental health advocacy groups also requested that Congress, in addition to including the \$38.5 billion ask, invest \$10 billion in emergency funding to expand services to meet increased demand in response to the COVID-19 pandemic, including quickly transitioning the current national suicide prevention lifeline to the 9-8-8 dialing code and enhancing local crisis response programs.
- **States should invest funds in behavioral health:** The National Council authored a letter to national associations of state behavioral health leaders including NASMHPD, NASADAD, and NAMD, requesting these associations urge their members to begin making interim prospective payments to all mental health and/or addiction treatment organizations in their states to support these critical entities in responding to the COVID-19 pandemic. This would complement funding coming from the federal government to keep these organizations afloat through these trying times. The National Council thanks NAMD for making progress on this front by sending a letter to CMS and the Office of Management and Budget, calling for them to allow states to make retainer payments to essential Medicaid providers.

FINE-TUNING CURRENT SUPPORTS

The National Council greatly appreciates the attention that the federal government has paid toward supporting mental health and substance use disorder treatment providers through the pandemic thus far. The CARES Act, signed into law two weeks ago, provided a number of financial supports for National Council members, including emergency funds for the Substance Abuse and Mental Health Services Administration (SAMHSA) to administer, and federal loan programs for small and mid-sized businesses. The National Council has reached out to thank various leaders for their work to secure these supports and has offered recommendations on how to administer them to best address community needs.

Directing SAMHSA Funds Where Needed Most: The National Council wrote a letter to SAMHSA's Assistant Secretary Eleanor McCance-Katz, making recommendations on how to direct the \$250 million in emergency funding appropriated to the agency for behavioral health organizations in the CARES Act. Specifically, National Council suggested that SAMHSA should:

- Extend eligibility for direct funds beyond the Certified Community Behavioral Health Clinics (CCBHCs) to reach all community behavioral health organizations and community addiction treatment providers.
- Secure personal protective equipment (PPE) to provide to frontline staff members in behavioral health organizations.
- Assist all mental health and/or addiction and organizations with covering personnel costs including sick leave, overtime pay, hazard pay and shift differential pay.
- Assist with the purchase of equipment needed to provide telehealth, including laptops, cameras, and IT systems.

TAKE ACTION

As COVID-19 has spread fear and anxiety across our nation, National Council has repeatedly asked its members what they need and how we can help. Those voices have been heard, and our members' needs are overwhelmingly clear: on-the-ground mental health and/or addiction providers and organizations need personal protective equipment, telehealth technologies, and most importantly, financial resources to keep organizations' doors open and the lights on. Take two minutes today to urge your Member of Congress to support our request of \$38.5 billion in direct payments to providers of mental health and addiction treatment services. [Take action now.](#)

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and

treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- ~~May 4, 2020—Delta Hotels Kalamazoo Conference Center~~ | **CANCELLED**
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

FY20 Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

~~April—DoubleTree Detroit—Dearborn~~ **CANCELLED**

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

FY20 DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- ~~April 14-15, 2020 – Great Wolf Lodge, Traverse City~~ | **CANCELLED**

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- May 18-22, 2020 – Holiday Inn Grand Rapids Airport West | **SOLD OUT** – email Bethany Rademacher at brademacher@cmham.org to be placed on a waiting list
- June 8-12, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Trainings offered on the following dates:

April 15, 2020 – Kalamazoo **CANCELLED**

April 22, 2020 – Detroit **CANCELLED**

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Trainings offered on the following dates:

April 23, 2020, 9:00am-11:00am – Detroit **CANCELLED**

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Fetal Alcohol Spectrum Disorder Trainings - **CANCELLED**

The Fetal Alcohol Spectrum Disorder Training: Improving Outcomes for Youth, Families, and Agencies by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD) and Other Neurocognitive Impairments for Monday, March 16, 2020 – Gaylord and Monday, April 6, 2020 – Jackson are both cancelled. We will reschedule this popular training later in FY2020.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

New! Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

New! LOCUS Specialty Trainings:

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

News from Our Preferred Corporate Partners:

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others

- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

Contents:

COVID-19 Resources: As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article or announcement that they would like to retrieve – but are unable to recall the date of the Weekly Update in which the article or announcement was published.

CMHA has now added a search feature to its website that allows the readers to search within past Weekly Update articles and announcements. This search feature can retrieve articles by key words in the title of the Weekly Update article/announcement. This feature also brings up any other resources, anywhere on the CMHA website, with that key word in their title – a useful feature given that sometimes the CMHA member or stakeholder is unclear as to the source of the information for which they are searching.

This Weekly Update search feature is accessed via the standard “search” box on the CMHA website: <https://cmham.org/> at the top right side of the website.

We hope you find this new feature useful in making the most of the information captured by the Weekly Update.

Note: To aid Weekly Update readers in finding the newest resources, those Weekly Update articles that are new are noted as “**New!**” in the table of contents and in the body of the document.

CMH Association and Member Activities:	2
New! Ensuring that clients and staff have personal protection equipment (PPE): rapid response by Michigan’s public mental health system in partnership with National Council and CMHA	2
New! Anxiety, finances most common concern for callers to suicide hotlines	3
New! CMHA’s COVID-19 webpage: a hyperlinked listing of its current contents.....	4
New! CMHA highlights its members’ “Exceptional, Selfless Service Response To COVID-19”	7
State and National Developments and Resources:	7
New! National Council issues behavioral health residential services guidelines	7
New! HHS Office of Civil Rights in Action issues bulletin protecting persons with disabilities	8
New! CHCS issues briefing paper on the Needs of Medicaid Populations During the COVID-19 Pandemic.....	8

CMHA WEEKLY UPDATE

New! Department of Insurance and Financial Services (DIFS) Seeks Public Comment on Michigan Essential Health Benefits Benchmark Plan Update to Enhance Benefits for Opioid Addiction Prevention and Treatment.....	9
New! Competitive integrated employment technical resources announced.....	10
State Legislative Update:	10
New! FY20 Supplementals Signed and Potential Budget Impacts from COVID-19	10
Federal Update:	11
New! Financial Relief for Behavioral Health Organizations Available in Response to the Pandemic.....	11
Education Opportunities:.....	13
What’s Cancelled and What’s Taking Place?????	13
Registration Opening Soon! CMHA 2020 Annual Spring Conference.....	13
COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning	13
FY20 Motivational Interviewing College regional trainings	14
FY20 DBT Trainings.....	15
NEW DATE: Wraparound Conference.....	16
NEW DATE: Self-Determination Conference.....	16
Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings.....	16
Pain Management and Mindfulness Trainings.....	17
Fetal Alcohol Spectrum Disorder Trainings - CANCELLED	17
TREM and M-TREM Trainings	17
News from Our Preferred Corporate Partners:	18
Relias: COVID-19 educational resources available.....	18
Abilita provides guidance to organizations working to employ E911 approaches	19
myStrength: new digital behavioral health resources empower consumers to move beyond trauma	19
CMH Association’s Officers and Staff Contact Information:.....	20
CMHA Officers Contact Information:	20
CMHA Staff Contact Information:.....	20

CMH Association and Member Activities:

New! Ensuring that clients and staff have personal protection equipment (PPE): rapid response by Michigan’s public mental health system in partnership with National Council and CMHA

In partnership with the National Council for Behavioral Health (the National Council identified a possible supplier for face masks) CMHA organized the ordering of surgical face masks for its member organizations. During this effort, with only a few hours’ notice, 66 CMHA member organizations ordered over 86,000 face masks. These masks are expected to arrive within the next two weeks.

Applause to the National Council and the CMHA members who responded so rapidly.

New! Anxiety, finances most common concern for callers to suicide hotlines

Below are excerpts from a recent news story, carried in the capitol news service, MIRS, of the safety net role being played by the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties as it serves the members of its community in the face of the COVID-19 pandemic.

Amid the coronavirus pandemic, anxiety and finances are two of the most common concerns for callers reaching out to Michigan's mental health experts and suicide crisis hotlines.

Ashley WOMBLE, head of communications at the nationwide Crisis Text Line, said her organization has seen between 47% and 116% more conversations with texters "depending on the day."

The majority -- 77% -- say they are experiencing "stress and anxiety due to the coronavirus," but the good news is the organization has crisis counselors and supervisors throughout the country who are able to assist each texter, she said.

"We're definitely seeing in our data that financial issues are a major concern, as well as school closing," said Womble, author of Everything Is Going to Be OK.

The American Foundation for Suicide Prevention (AFSP) reports that on average, one person dies by suicide every six hours in Michigan and that more than four times as many people died by suicide in 2017 than in alcohol-related motor vehicle crashes.

AFSP statistics show suicide is the 10th leading cause of death in the United States, and 48,344 people died by suicide in 2018 with another 1.4 million attempting suicide in the same year.

Jody NELSON, coordinator at Community Mental Health (CMH) Authority of Clinton, Eaton, and Ingham counties, said CMH hasn't seen an uptick in calls, but people are "just adjusting to everything and figuring out what the world is going to look like" in light of the coronavirus.

There are, however, concerns about how some people will get medications, he noted.

"I would anticipate we'll get more calls over the next couple weeks," Nelson, who also works with the coalition Tri-County Lifesavers, said. "What we've done now is providing service via telehealth."

Prior to coronavirus, CMH met face-to-face with clients, but in light of Gov. Gretchen WHITMER's executive orders, including staying home, CMH has switched to telehealth, which allows people to communicate over the phone.

CMH is not closed, however.

Nelson said residents in crisis are encouraged to visit their local CMH office. Everyone is screened. They are questioned about possible coronavirus symptoms, and protocols are in place for the safety of staff and visitors.

"We're not turning anyone away," he said. "We're adapting our services to accommodate the governor's orders."

To those with loved ones facing a crisis, the experts encourage communication -- ask someone with a history of suicide how he or she is feeling and whether their triggers are present.

"Staying connected is important and it's challenging as we deal with social distancing," Nelson said. ". . . I think it's important people know when helping people who have a history of suicidal thoughts or actions, it's important to ask them, 'How have you been feeling' and refer them to emergency services."

New! CMHA's COVID-19 webpage: a hyperlinked listing of its current contents

As the public mental health system copes with the COVID-19 pandemic, nearly every day brings additional information and announcements. To assist CMHA members in making sense of and locating this flurry of information, CMHA has developed a curated set of COVID-19-related resources and announcements from the state and national sources. That curated set of resources, which will be regularly updated, is available by [CLICKING HERE](#).

To underscore the breadth and depth of the resources provided on the CMHA COVID-19 webpage, this week's Weekly Update provides, below, its readers with a hyperlink table of contents from that webpage:

Guidance from MDHHS & Other State Departments

[State of Michigan COVID-19 Website](#)

[LARA Communication Re Temporary Limited Licenses Extension](#)

[LARA FAQ Updated 3.31.20](#)

Questions about Michigan's COVID-19 Response can be Directed to checcdeptcoor@michigan.gov

[FAQ on COVID-19](#)

Michigan COVID19 Hotline at **888-535-6136** to answer health-related questions about the virus. It'll be open from 8 a.m.-5 p.m. seven days a week

Michigan COVID19 e-mail site: COVID19@michigan.gov (emails will be answered from 8 am to 5 pm, 7 days a week)

[Click here to receive periodic COVID-19 updates from MDHHS](#)

[BHDDA Guidance for Specific Clinically Essential Face to Face Encounters in Behavioral Health Clinics, Substance Use Services and Residential Settings in the COVID-19 Context](#)

[BHDDA Infection Control Issues during Patient Close Contact Face to Face Assessment in Behavioral Health Clinic Settings in the COVID-19](#)

[BHDDA Communication Essential Services Stay Home Stay Safe signed](#)

[MDHHS Notice on Service and Settings during COVID19](#)

[Guidance in Caring for Older Adults During the COVID19 Pandemic](#)

On March 19, 2020, the Bureau of Behavioral Health and Developmental Disabilities (BHDDA), within Michigan Department of Health and Human Services (MDHHS) announced, in response to the social distancing and quarantining of many Michiganders,

the approval of the use of telehealth approaches to providing all mental health services and supports that are clinically appropriate for the use of telehealth approaches. This announcement from BHDDA, the Medical Services Administration (MSA) memo underscoring the purpose of the telehealth codes, and the approved telehealth code list are provided below:

- [Telepractice Memo from Jeff Wieferich Updated 4.1.20](#)
- [MSA Relaxing Face-to-Face Requirements Memo 3.19.2020](#)
- [PIHP/CMHSP COVID-19 Encounter Code Chart Updated 4.1.20](#)

Governor's COVID19-Related Executive Orders of Greatest Relevance to CMHA Members

- [LARA Guidance on Executive Order 2020-30 Temporary Limited Licenses Extension](#)
- [Executive Order 2020-21: Stay Home Stay Safe](#)
- [Executive Order 2020-21: Stay Home Stay Safe 1 Page Summary](#)
- [Executive Order 2020-15: Temporarily Changes the Open Meetings Act to allow Public Bodies to Conduct their Meetings Electronically](#)
- [Executive Order 2020-16: Expands the Capacity for Childcare Services for Health Care Workers, First Responders, and other Members of the Essential Workforce Providing Critical Infrastructure to Michiganders](#)
- [Executive Order 2020-04: Declaration of State of Emergency](#)
- [Link to Other Executive Orders and Directives](#)

CMHA Members' Exceptional, Selfless, Service Response To COVID-19

- [Bear River Health](#)
- [Common Ground](#)
- [Genesee Health System](#)
- [Livingston County Community Mental Health](#)
- [Montcalm Care Network](#)
- [Northpointe: Creative Ways to Work With Children Through TeleHealth](#)
- [Ottawa County Community Mental Health](#)
- [Petoskey Club](#)
- [Saginaw County Community Mental Health Authority](#)

Financial Support for CMHA Member Organizations as Employers Impacted by COVID-19

- [Coronavirus \(COVID-19\) Pandemic: Eligible Emergency Protective Measures](#)
- [Michigan Department of Labor and Economic Opportunity \(LEO\) provided information on a number of resources to assist employers, such as CMHA members, to avoid layoffs and to obtain support for laid off workers, resulting from COVID-19](#)
- [U.S. Small Business Administration \(SBA\) has approved the Governor's request for a statewide Economic Injury Disaster Loan \(EIDL\) declaration, creating the opportunity for small businesses to access low-interest loans from the SBA](#)
- [Additional COVID19-related guidance and support for Michigan employers](#)

Centers for Disease Control (CDC) Information

- [CDC COVID-19 Website](#)
- [Implementation of Community Mitigation Strategies With Local COVID-19 Transmission](#)
- [What To Do If You Are Sick With COVID-19](#)
- [Share Facts About COVID-19 Poster](#)
- [What You Need to Know About COVID-19](#)
- [Stop the Spread of Germs Poster](#)
- [Symptoms of COVID-19 Poster](#)

Centers for Medicare & Medicaid Services

The Centers for Medicare & Medicaid Services (CMS) is taking action to protect the health and safety of our nation's patients and providers in the wake of the 2019 Coronavirus (COVID-19) outbreak. In an effort to be transparent and share this information broadly, CMS will be posting several of our stakeholder calls. CMS held a National Stakeholder Call on March 13, 2020, to update the healthcare community on the rapidly evolving COVID-19 situation which was declared a national emergency by President Trump on March 13th. This bold move empowered CMS to waive certain federal requirements in Medicare, Medicaid, and CHIP to rapidly expand the Administration's aggressive efforts against COVID-19 led by the White House Coronavirus Taskforce. The transcript and audio recording from that call is now available to download. CMS will hold future calls and post those transcripts and audio recordings as they become available. To access Coronavirus COVID-19 Stakeholder calls visit:

- [CMS stakeholder calls on COVID19 – how to participate](#)

COVID-19 Prevention and Mitigation Strategies

- [Michigan's Community Mitigation Strategy](#)
- [CDC Community Mitigation Strategy](#)

Guidance for Healthcare Workers & Provider Organizations

- [National Council for Behavioral Health guidelines for behavioral health residential providers](#)
- [National Center for PTSD: Managing Healthcare Workers' Stress Associated with the COVID-19 Virus Outbreak](#)
- [National Center for PTSD: For Providers and Community Leaders: Helping People Manage Stress Associated with the COVID-19 Virus Outbreak](#)
- [National Center for PTSD: Managing Stress Associated with the COVID-19 Virus Outbreak](#)
- [Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing](#)
- [Click here for a Range of Resources for Healthcare Professionals in Michigan](#)
- [Protective & Preventive Measures to be Taken by Healthcare Workers](#)

Ensuring Social Connection and Mental Health During COVID19

- [How to Care for Yourself While Practicing Physical Distancing](#)
- [How Do I Know Someone is Experiencing Anxiety or Depression?](#)
- [How to Help Someone with Anxiety or Depression During COVID-19](#)
- [How to Support a Loved One Going Through a Tough Time During COVID-19](#)

New! CMHA highlights its members' "Exceptional, Selfless Service Response To COVID-19"



As Weekly Update readers, you remember, CMHA has initiated an "Accurate Picture Campaign" as one of the core elements of our association's advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan's public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. We will use these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's COVID-19 webpage under the heading "CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA COVID-19 webpage can be found [here](#).

State and National Developments and Resources:

New! National Council issues behavioral health residential services guidelines

The National Council for Behavioral Health (of which CMHA and, through CMHA, all CMHA members, are longtime members of the National Council) has recently released guidelines for behavioral health residential providers. These guidelines are drawn from a range of sound sources and can be found [here](#).

This resource is one of a substantial suite of COVID-related resources found at the CMHA's COVID-19 [webpage](#).

Note, however, that these guidelines are those developed by the National Council and should be used in conjunction with the guidance received from MDHHS and your own administrative/clinical leadership team and that of your payers.

Below is a summary of the key themes reflected in the guidelines:

- Guidance for infection control and prevention of COVID-19. This additional guidance to behavioral health residential facilities will help them improve infection control and prevention practices to prevent the transmission of COVID-19, including guidance for visitation.

- Coordination with the Centers for Disease Control (CDC) and state, tribal, local and territorial public health agencies/departments. We encourage all behavioral health residential facilities to monitor the CDC website at www.cdc.gov/coronavirus/2019-ncov for information and resources and to contact their state, tribal, local and territorial public health agencies/departments, mental health and substance use, and human services agencies and regulatory bodies for local guidance and more localized up-to date-alerts and recommendations.¹
- Remain committed to taking critical steps to ensure America's health care facilities and clinical laboratories are prepared to respond to the threat of COVID-19. The Department of Homeland Security (DHS) has classified community mental health centers, psychiatric residential facilities, federally qualified health centers and their staff, including those who provide social services and facilitate access to behavioral health services as "Essential Critical Infrastructure Workers."²

New! HHS Office of Civil Rights in Action issues bulletin protecting persons with disabilities

Below are excerpts from a recent bulletin from the HHS Office of Civil Rights in Action aimed at protecting persons with disabilities during the COVID pandemic.

BULLETIN: Civil Rights, HIPAA, and the Coronavirus Disease 2019 (COVID-19)

In light of the Public Health Emergency concerning the coronavirus disease 2019 (COVID-19), the Office for Civil Rights (OCR) at the U.S. Department of Health and Human Services (HHS) is providing this bulletin to ensure that entities covered by civil rights authorities keep in mind their obligations under laws and regulations that prohibit discrimination on the basis of race, color, national origin, disability, age, sex, and exercise of conscience and religion in HHS-funded programs.¹

In this time of emergency, the laudable goal of providing care quickly and efficiently must be guided by the fundamental principles of fairness, equality, and compassion that animate our civil rights laws. This is particularly true with respect to the treatment of persons with disabilities during medical emergencies as they possess the same dignity and worth as everyone else.

The full bulletin can be found [here](#).

New! CHCS issues briefing paper on the Needs of Medicaid Populations During the COVID-19 Pandemic

The Center for Health Care Strategies (CHCS) recently released a briefing paper on the Needs of Medicaid Populations During the COVID-19 Pandemic. Excerpts from that paper are provided below.

In the United States and across the globe, every sector of society is working to identify solutions that address challenges resulting from the COVID-19 pandemic. Vulnerable populations — including individuals with low-incomes, older adults, people of color, and those with complex medical, behavioral health, and social needs — are likely to be disproportionately impacted, either

¹ Centers for Disease Control and Prevention. "Resources for Clinics and Healthcare Facilities," Coronavirus Disease 2019 (COVID-19). Last reviewed March 16, 2020. <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/index.html>.

² Krebs, Christopher. "Guidance on the Essential Critical Infrastructure Workforce," United States Department for Homeland Security. Published March 19, 2020. <https://www.cisa.gov/publication/guidance-essential-critical-infrastructure-workforce#download>.

directly through illness or indirectly due to pressures on health, community, and economic systems.

To support our partners at the state, health plan, provider, and community levels, CHCS has compiled a compendium of resources aimed at lessening the impact of COVID-19 on Medicaid populations, particularly those at the highest risk. This library of key guidance, reference materials, and tools will grow and evolve over time.

The full paper can be found [here](#).

New! Department of Insurance and Financial Services (DIFS) Seeks Public Comment on Michigan Essential Health Benefits Benchmark Plan Update to Enhance Benefits for Opioid Addiction Prevention and Treatment

Below is a recent announcement of the draft essential benefit benchmark plan for opioid addiction prevention and treatment.

State is updating the EHB-benchmark plan for plan year 2022 to include certain additional benefits addressing opioid addiction and overdose

The Michigan Department of Insurance and Financial Services (DIFS) is seeking public comment on proposed updates to Michigan's Essential Health Benefits (EHB) benchmark plan for the 2022 plan year. Pursuant to greater flexibility offered to states by the Centers for Medicare and Medicaid Services (CMS), DIFS has elected to modify the EHB-benchmark plan for the 2022 plan year to add two new benefits to assist in reducing opioid addiction and overdose.

The Patient Protection and Affordable Care Act requires non-grandfathered plans in the individual and small group markets, both on and off the Exchange, to cover EHBs in ten categories based on the state's EHB-benchmark plan. DIFS first selected a benchmark plan in 2012 for use in the 2014 to 2016 plan years and re-assessed its selection for plan year 2017, opting to retain a substantially similar benchmark plan to promote continuity in the individual and small group markets.

For plan year 2020 and after, CMS provides states three new options for modifying their EHB-benchmark plan:

Selecting another state's 2017 EHB-benchmark plan;

- Replacing one or more categories of EHBs in the state's EHB-benchmark plan used for plan year 2017 with the same category or categories of EHB from another state's EHB Benchmark Plan used for plan year 2017; or
- Otherwise selecting a set of benefits that would become the state's EHB-benchmark plan.
- For plan year 2022, DIFS proposes utilizing option three by adding the following benefits to Michigan's current EHB-benchmark plan:
- Coverage of at least one intranasal spray opioid reversal agent when prescriptions of opioids are dosages of 50MME or higher.
- Removal of barriers to prescribing Buprenorphine or generic equivalent products for medication-assisted treatment of opioid use disorder.

Additional information regarding the proposed updates to Michigan's EHB-benchmark plan for the 2022 plan year are available online [here](#).

This information includes materials regarding Michigan's current EHB-benchmark plan, an Actuarial Report and Certification affirming that Michigan's EHB-benchmark plan proposed for plan year 2022 meets certain federal requirements, Michigan's EHB-benchmark Plan's Benefits and Limitations Summary, Formulary Drug List containing applicable RxNorm Concept Unique Identifiers, and State Confirmations that the proposed EHB-benchmark plan for the 2022 plan year satisfies applicable federal regulations. Public comments will be accepted until 5:00 p.m. on April 24, 2020, and should be sent electronically [here](#).

New! Competitive integrated employment technical resources announced

ODEP Grant Brings Training and Technical Assistance to Michigan:

Incompass Michigan is pleased to announce opportunities for training and technical assistance, available no cost. Access to these opportunities has been established through a grant from the Department of Labor's Office of Disability Employment Policy (ODEP). The FY20 grant cycle is called the Visionary Opportunities to Increase Competitive Employment (VOICE) initiative. We are grateful to the Michigan Developmental Disabilities Council for their leadership role in securing this TA opportunity, and our association was happy to partner through support of their successful application to connect Michigan with these resources

The next opportunity is a free webinar series on strategies for addressing the direct care workforce crisis. Nationally recognized Subject Matter expert Kelly Nye-Lengerman, who also worked extensively in Michigan on this issue on FY19, will be presenting 3 webinars:

April 1: Putting out the fire: Damage control through prioritizing your agency's workforce needs

April 15: Applying prevention and planning strategies to your agency's workforce issues

April 29: Building a stronger house for the future: Exploring best practices and pathways forward

Sessions will be recorded and housed on Incompass Michigan's website. Webinars are intended to build upon each other, but can be viewed individually. Each live session will be 40-45 minutes of content, with 15-20 minutes of discussion and questions. Registered participants will receive a link to the recordings.

[Click to view additional information on these webinars, and to register.](#)

State Legislative Update:

New! FY20 Supplementals Signed and Potential Budget Impacts from COVID-19

On Monday, March 30, Gov. Gretchen Whitmer signed a \$150 million supplemental spending plan that directs millions of dollars back into programs targeting the COVID-19 fight.

Included in the supplemental spending, that was crafted during a near 12-hour session day before cases spiked in Michigan:

- \$25 million in funding for COVID-19 response efforts
- \$31 million for court-ordered legal settlements within the Michigan State Police and Michigan Department of Corrections

- \$19 million to pay down liabilities in the Venture Michigan Fund program that save the state at least \$23 million (net \$4 million)
- \$14 million for legally required reimbursement of locals for presidential primaries
- \$7 million general fund to boost hospital outpatient rates as they respond to the virus
- \$4 million to ensure critical oil and gas inspections continue
- \$8 million to authorize spending for dedicated federal and restricted funds

While signing the supplemental spending plan, Whitmer also vetoed nearly \$80 million in other spending, like Pure Michigan, Going Pro and MI Reconnect. The Governor also vetoed the \$3.2 million earmarked for behavioral health system redesign in the FY20 supplemental budget.

"The supplemental was negotiated in good faith with my administration and the legislative leaders. Key priorities from both sides were included in the bill," Whitmer said. "But the world has changed since those negotiations and we must react and change along with it. It's too early to determine the exact impact on state revenues and knowing there is potential for a significant loss in revenue now is not the time to sign a bill for supplemental funding for dollars that can be utilized to help our COVID-19 response."

The State Budget Office said they expect revenues to take a hit, though it's difficult to project or predict the ultimate impact. "At this point, we are looking at a wide range of scenarios that could translate to \$1 billion to \$3 billion in lost revenue," Kurt Weiss, spokesperson for the budget office, said via email.

The state currently has \$1.2 billion in its Rainy Day Fund, or savings account, which is not enough money to cover the cost of a worst case scenario.

Whitmer froze state hiring and discretionary spending across different state agencies. Weiss said it's unclear how the \$2 trillion federal stimulus package will help Michigan's bottom line.

"Right now, the language in the most recent stimulus package doesn't allow states the ability to utilize funding for existing items in the budget that could be impacted by lost revenue," he said. "Discussions are ongoing in DC and we are hopeful that Congress can come together so Michigan and every other state across the country can account for the impacts to our existing budgets."

The state has a census revenue estimating conference scheduled for mid-May. Keeping it at its current date will help the state develop a better picture of the budget and state revenue situation, Weiss said.

"As we get more information about unemployment, the economic impacts, the ability to use federal dollars, and what all of this means for tax collections and state revenues, we will then be better able to determine what budget actions will be necessary," he said.

In the meantime, Whitmer and legislator agreed it was best for the state to not spend money on programs that didn't directly help fight against COVID-19. The leaders issued a joint statement that said Michiganders needed to know the efforts to combat the spread of the virus were bipartisan.

Federal Update:

New! Financial Relief for Behavioral Health Organizations Available in Response to the Pandemic

Last Friday, President Trump signed the Coronavirus Aid, Relief, and Economic Security (CARES) Act into law, creating opportunities for small businesses and non-profits to apply for certain loans and tax credits that will help relieve the financial burden of the COVID-19 pandemic. Read more for summaries of the new provisions.

ECONOMIC INJURY DISASTER LOAN (EIDL)

Who is eligible? Small businesses and private non-profit organizations of any size are eligible for purposes of the EIDL program.

What does this loan do? EIDL provides loans of up to \$2 million, with an emergency grant of up to \$10,000. The advance funds will be made available within three days of a successful application and will not have to be repaid. Beyond the advance loan, EIDLs may offer up to \$2 million in assistance and can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing. Even if the applicant is denied for the larger loan, they will not have to repay the \$10,000 advance.

These loans may be used to provide paid sick leave to employees unable to work due to COVID-19, maintain payroll during business disruptions, meet increased costs arising from supply chain disruption, make rent or mortgage payments, and repay obligations that cannot be met due to revenue loss.

When and where can I apply? You can apply now and the application is available [here](#).

PAYCHECK PROTECTION PROGRAM (PPP)

Who is eligible? The PPP is available to any 501(c)(3) non-profits that employ not more than either: 500 employees; the size standard established by the SBA for their industry; or a business that has more than one physical location (with 500 or fewer employees per location). Sole proprietors, independent contractors, and self-employed individuals are eligible for PPP loans, as well.

What does the program do? PPP authorized up to \$349 billion to support employers in maintaining job retention and covering certain other expenses. Eligible recipients may qualify for a loan up to \$10 million determined by 8 weeks of prior average payroll plus an additional 25% of that amount. Loan payments will be deferred for six months. If an employer maintains their workforce, SBA will forgive the portion of the loan proceeds that are used to cover the first 8 weeks of payroll and certain other expenses following loan origination.

The employer can use the proceeds on the loans for things such as payroll costs, benefits, interest on mortgage obligations, rent, and utilities.

When can I apply? Starting today, April 3, small businesses and sole proprietorships can apply for and receive loans to cover their payroll and other certain expenses through existing SBA lenders. Independent contractors and self-employed individuals can apply beginning April 10.

You can apply through any existing SBA lender or through any federally insured depository institution, federally insured credit union, and Farm Credit System institution that is participating. Visit www.sba.gov for a list of SBA lenders. The application form can be found [here](#).

FYI: An organization can apply for both a PPP and an EIDL, but cannot use them towards the same expenses. For additional guidance, please see *How does this program interact with SBA's Economic Injury Disaster Loans (EIDL)* found [here](#).

EXCHANGE STABILIZATION FUND

The Department of the Treasury will establish an Exchange Stabilization Fund. \$454 billion will be available as loans, loan guarantees, and investments for eligible states, municipalities and businesses. Legislation states that the Secretary of the Treasury should, to the extent possible, make loans and investments available to mid-size and non-profit organizations between 500 and 10,000 employees. The CARES Act requires the Treasury Secretary to publish procedures for application and minimum requirements by April 6, 2020.

PANDEMIC UNEMPLOYMENT ASSISTANCE

A temporary Pandemic Unemployment Assistance program was created and will operate through December 31, 2020. This will provide payment to those not traditionally eligible for unemployment benefits (self-employed, independent contractors, those with limited work history, and others) who are unable to work as a direct result of the coronavirus public health emergency. The CARES Act provides payment to states to reimburse non-profits, government agencies, and Indian tribes for half of the costs they incur through December 31, 2020 to pay unemployment benefits.

In addition to these financial relief provisions, the CARES Act includes employee retention tax credits and a delay of payroll taxes through the end of the year.

Education Opportunities:

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

Registration Opening Soon! CMHA 2020 Annual Spring Conference



New Location for Annual Spring Conference: Grand Traverse Resort, Traverse City, Michigan! The conference will be held on:

2020 Annual Spring Conference
June 8, 2020: Pre-conference Institutes
June 9 & 10, 2020
Grand Traverse Resort, Traverse City

Conference Registration & Hotel Reservations are not available at this time.

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan**. It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- ~~May 4, 2020—Delta Hotels Kalamazoo Conference Center~~ | **CANCELLED**
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

FY20 Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

~~April—DoubleTree Detroit—Dearborn~~ **CANCELLED**

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

FY20 DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- April 14-15, 2020 — Great Wolf Lodge, Traverse City | **CANCELLED**

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.

CMHA WEEKLY UPDATE

- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- May 18-22, 2020 – Holiday Inn Grand Rapids Airport West | **SOLD OUT** – email Bethany Rademacher at brademacher@cmham.org to be placed on a waiting list
- June 8-12, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.*

This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

CMHA WEEKLY UPDATE

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Trainings offered on the following dates:

April 15, 2020 – Kalamazoo **CANCELLED**

April 22, 2020 – Detroit **CANCELLED**

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Trainings offered on the following dates:

April 23, 2020, 9:00am-11:00am – Detroit **CANCELLED**

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Fetal Alcohol Spectrum Disorder Trainings - CANCELLED

The Fetal Alcohol Spectrum Disorder Training: Improving Outcomes for Youth, Families, and Agencies by Recognizing and Responding to Fetal Alcohol Spectrum Disorders (FASD) and Other Neurocognitive Impairments for Monday, March 16, 2020 – Gaylord and Monday, April 6, 2020 – Jackson are both cancelled. We will reschedule this popular training later in FY2020.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Holiday Inn Airport - Grand Rapids - April 28-30, 2020 **CANCELLED**
- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020

Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

News from Our Preferred Corporate Partners:

Relias: COVID-19 educational resources available

Actions Home Health Clinicians Can Take to Prevent The Spread of COVID-19

Date: Tuesday, April 7, 2020

Time: 2:00 p.m. ET

Duration: 1.5 hours

Join Relias and our partner NAHC as we dive into the best ways for in-home providers to prevent the spread of COVID-19.

During this webinar we will cover:

Describe infection prevention and control strategies to prevent the transmission of SARS-CoV-2 in the home

Recognize common infection prevention and control breaches during care to patients in the home

Describe best practice recommendations for managing PPE when supplies are limited

Explain how to more effectively prepare for caring for a patient suspected or confirmed of having COVID-19 in the home

[Register for April 7](#)

COVID-19 and Long-Term Care Providers: Where Are We Now?

Date: Thursday, April 9, 2020

Time: 2:00 p.m. ET

Duration: 1 hour

Join Relias and PointClickCare as we discuss the ongoing pandemic. During this webinar we will cover the following questions:

Where are we now with COVID-19?

How is COVID-19 impacting long-term care providers?

What are some tools and best practices your organization can leverage to stay ahead of the virus?

[Register for April 9](#)

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



[Click at left for a video overview of the new Moving Beyond Trauma program](#)

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers and Staff Contact Information:

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org