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**NORTHEAST
MICHIGAN
COMMUNITY
MENTAL HEALTH
AUTHORITY**



MARCH BOARD MEETING

THURSDAY, MARCH 14, 2024



3:00 PM

400 JOHNSON STREET
ALPENA, MICHIGAN 49707

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY BOARD
BOARD MEETING
March 14, 2024 at 3:00 p.m.
A G E N D A

- I. Call to Order
- II. Roll Call & Determination of a Quorum
- III. Pledge of Allegiance
- IV. Appointment of Evaluator
- V. Acknowledgement of Conflict of Interest
- VI. Information and/or Comments from the Public

<p><u>MISSION STATEMENT</u> To provide comprehensive services and supports that enable people to live and work independently.</p>

- VII. Approval of Minutes..... (Pages 1 – 3)
- VIII. Consent Agenda (Page 4)
 - 1. Compassionate Care
- IX. March Monitoring Reports
 - 1. Budgeting 01-004 (Page 5)
 - 2. Treatment of Individuals Served 01-002 (Brochure)
- X. Board Policy Review and Self-Evaluation
 - 1. Asset Protection 01-007..... [Review Suggested Revisions]..... (Handout)
 - 2. Budgeting 01-004 [Review] (Page 6)
 - 3. Board Members’ Ethical Code of Conduct 02-008..... [Review & Self-Evaluation](Pages 7 – 8)
- XI. Board Member Recognition (Page 9)
- XII. Recess & Refreshments
- XIII. Linkage Reports
 - 1. NMRE Board Meeting – February 28 (Verbal)
- XIV. Operations Report..... (Page 10)
- XV. Chair’s Report
 - 1. CMH PAC Campaign.....(Pages 11 – 12)
 - 2. Board Committee Per Diem Payments(Page 13)
 - 3. Schedule Nominations Committee Meeting(Verbal)
- XVI. Executive Director’s Report(Verbal)
- XVII. Information and/or Comments from the Public
- XVIII. Information and/or Comments for the Good of the Organization
- XIX. Next Meeting – Thursday, April 11 at 3:00 p.m.
 - 1. Proposed April Agenda Items..... (Page 14)
- XX. Meeting Evaluation(Verbal)

Adjournment

**Northeast Michigan Community Mental Health Authority (NeMCMHA)
Board Meeting – February 8, 2024**

I. Call to Order

Chair Eric Lawson called the meeting to order in the Board Room at 3:00 p.m.

II. Roll Call and Determination of a Quorum

Present: Les Buza, Bob Adrian, Bonnie Cornelius, Lynnette Grzeskowiak, Charlotte Helman, Judy Jones, Dana Labar, Eric Lawson, Gary Nowak, Lloyd Peltier, Patricia Przeslawski, Terry Small

Staff & Guests: Carolyn Bruning, Connie Cadarette, Mary Crittenden, Erin Fletcher, Lynne Fredlund, Ruth Hewett, Kingsli Kraft, Brooke Paczkowski, Abbey Podbielski, Nena Sork, Jen Walburn

III. Pledge of Allegiance

Attendees recited the Pledge of Allegiance as a group.

IV. Appointment of Evaluator

Terry Small was appointed as evaluator of the meeting.

V. Acknowledgement of Conflict of Interest

No conflicts of interest were acknowledged.

VI. Information and/or Comments from the Public

There were no comments from the public.

VII. Approval of Minutes

Moved by Lynnette Grzeskowiak, supported by Les Buza, to approve the minutes of the January 11, 2024 Board meeting. Motion carried.

VIII. February Monitoring Reports

1. Budgeting 01-004

Connie Cadarette reviewed the Statement of Revenue and Expense and Change in Net Position for the month ending December 31, 2023, with 25% of the year elapsed. There are a couple variances in expenses, but nothing unusual. Due to it still being early in the fiscal year and the Agency not yet having received all of their local funds, the change in net position is negative, which is normal. Medicaid is underspent by \$279,469, and Healthy Michigan is underspent \$30,296, for a current total underspent amount of \$309,765.

Connie next discussed audit bids for 2024 – 2026. Bids are collected every three years. The Agency has a financial audit and a compliance audit every year. Board members were in agreement that they would like to keep utilizing a local company for the audits.

Moved by Bob Adrian, supported by Patricia Przeslawski, to continue using Straley Lamp & Kraenzlein P.C. for the Agency's audits for the next three years. Roll Call: Ayes: Bob Adrian, Les Buza, Bonnie Cornelius, Lynnette Grzeskowiak, Charlotte Helman, Judy Jones, Dana Labar, Eric Lawson, Gary Nowak, Lloyd Peltier, Patricia Przeslawski, Terry Small; Nays: None; Absent: None. Abstain: None. Motion carried.

2. Treatment of Individuals Served 01-002

Ruth Hewett informed the Board the new report is an accumulation of the last three years' Receipt Rights complaints. CARF, the Agency's accrediting body, likes to see the trends, point out areas of improvement, and suggest new areas that need improvement. Pat praised Ruth and her staff for doing a great job.

3. Staff Treatment 01-003

Agency wide staff turnover was at 33% for 2023. Nena reported turnover has been high since the COVID-19 pandemic. Dana questioned the turnover for the positions that have a turnover rate of 60% or higher. Nena will ask Human Resources to compile reasons why staff left that were given during exit interviews. She knows on-call was a large reason why many case managers left, and she has been trying to provide education as to why that service is the most important and the one service the Agency is obligated to provide. Eligible staff are on-call one weekend every nine weeks, and

one night during the week every two weeks.

Moved by Gary Nowak, supported by Lynnette Grzeskowiak, to approve the February Monitoring Reports. Motion carried.

IX. Board Policy Review and Self-Evaluation

1. Asset Protection 01-007

Bob questioned the effectiveness of the policy, noting the purchasing thresholds of \$500 and \$5,000 may not still be appropriate in today's economy. Connie agreed that the numbers seem low. The Board asked that Nena bring numbers back to the Board that may be more appropriate for the current economy.

2. Board Committee Principles 02-005

Eric and Pat were in agreement the Board follows this policy and they are not overrun with committees.

3. Delegation to the Executive Director 03-002

Eric said the Board sees this policy in action with the monthly monitoring reports. Pat feels the Board tries to accommodate Nena and the Agency's needs.

X. Linkage Reports

1. NMRE Board

Eric reported the most important discussions at the NMRE, including a closed session, concerned the ongoing struggles of Northern Lakes. Nena reported a news article on UpNorthLive reported that an audit uncovered some concerning practices and the potential for fraud, employee collusion, and false documentation. They are now undergoing a forensic audit. Two employees have been terminated and one has been put on administrative leave. Brian Martinez is the interim Director at Northern Lakes and he has been doing a wonderful job alongside Eric Kurtz, who has been very hands on since their struggles began nearly two years ago.

2. Advisory Council

Lloyd attended his first Consumer Advisory Council meeting on Monday. He said it was a nice bunch of people and he enjoyed getting to know everyone. They reviewed the new Agency brochure and discussed the upcoming NMRE Day of Recovery.

XI. Operations Report

Mary Crittenden reported on operations for January 2024. The access department was very busy in January with 67 routine contacts, 33 crisis contacts, and 57 prescreens. Outpatient counseling saw 88 individuals. A total of 1,033 individuals were served in the month of January.

XII. Board Chair's Report

1. Board Roster

Eric asked that Board members verify their information on the new Board roster. Alpena County Commissioners have an interview for a new primary Board member tomorrow.

2. Recipient Rights Advisory Committee

Pat would like to stay on the Recipient Rights Advisory Committee as a community volunteer after her Board appointment is complete. A new Board member will need to be assigned to the committee.

XIII. Executive Director's Report

1. Executive Director's Update

Nena provided a report of her activities for the last month. During the week of January 15, she attended NMRE Operations, the CMHA Members Services Committee and CMHA Contract and Finance Committee, and also the Rural and Frontier Caucus Group. The following week Nena attended the NMRE Board meeting and the CMHA Directors' Forum. Rehmann was also onsite that week conducting staff interviews as a follow-up to the staff survey. Rehmann has since completed their interviews and are compiling a report for the Agency. As of February 1, the new Union contracts have gone into effect.

2. Greenhaven

The Blue Horizons Board and staff have been notified of the Agency’s plan to terminate their contract with the group home. Greenhaven’s licensing work has begun, and the maintenance department was started working on the home. The Board was shown Greenhaven’s listing photos. This home will be for ambulatory individuals who are working towards living independently.

XIV. Information and/or Comments from the Public

Lynne Fredlund addressed the Board, announcing that she is retiring on March 8. She thanked the Board for all they do, and stated she has appreciated the time spent training Board members.

Eric said the new CMHA PAC information has been released. They are working to protect Michigan from the privatization of mental health services. Donations can be made online, with Board members typically donating one month’s per diem.

XV. Information and/or Comments for the Good of the Organization

Board members were asked to stop next door before leaving to have new photos taken by Human Resources.

XVI. Next Meeting

The next meeting of the NeMCMHA Board is scheduled for Thursday, March 14 at 3:00 p.m.

1. March Agenda Items

The proposed March agenda items were reviewed.

XVII. Meeting Evaluation

Les Buza left the meeting at 4:13 p.m.

Terry thought Board members came prepared to govern and that there is always good input from everybody. There were opportunities for good conversation, and quested were asked of staff and Nena. Terry appreciates the personal touches this Board and organization offer, as he likes seeing people involved in what they are doing.

Nena asked that the Board keep staff in their thoughts. They lost four individuals served last month, and it seems that new tragedies have struck each month. Staff continue to show up and work hard for individuals served.

XVIII. Adjournment

Moved by Gary Nowak, supported by Terry Small, to adjourn the meeting. Motion carried. This meeting adjourned at 4:17 p.m.

Bonnie Cornelius, Secretary

Rebekah Duhaime
Recorder

Eric Lawson, Chair

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Nena Sork
SUBJECT: Consent Agenda
DATE: March 6, 2024

1. Compassionate Care

When Compassionate Care's services are utilized for transporting individuals served to and from medical appointments, the Compassionate Care staff are utilizing non-billable time while waiting for the individuals. This is due to the provider billing to Medicaid during that time, which cannot be duplicated during the same timeframe. The Compassionate Care staff are waiting for the Agency's individual's during this time and are not free to do other tasks.

Compassionate Care has asked for an increase in their pay per unit (15-minute increments) to compensate for this non-billable time. The current rate paid to Compassionate Care is \$6.25 per unit and they have asked for a \$1.25 per hour increase. An hourly increase does not break down evenly when put into separate units, so the Agency would round the increase to \$6.57 per unit.

The Agency recommends approval of this increase.

Northeast Michigan Community Mental Health Authority
Statement of Revenue and Expense and Change in Net Position (by line item)
For the Fourth Month Ending January 31, 2024
33.33% of year elapsed

	Actual January Year to Date	Budget January Year to Date	Variance January Year to Date	Budget FY24	% of Budget Earned or Used
Revenue					
1 State Grants	54,838.64	73,397.32	\$ (18,559)	220,192.00	24.9%
2 Grants from Local Units	88,879.33	88,879.32	0	266,638.00	33.3%
3 NMRE Incentive Revenue	0.00	100,000.00	(100,000)	300,000.00	0.0%
4 Interest Income	1,781.44	1,666.68	115	5,000.00	35.6%
5 Medicaid Revenue	9,979,303.82	10,426,536.32	(447,233)	31,279,609.00	31.9%
6 General Fund Revenue	605,488.00	400,929.00	204,559	1,202,787.00	50.3%
7 Healthy Michigan Revenue	582,443.87	836,071.96	(253,628)	2,508,216.00	23.2%
8 Contract Revenue Blue Horizons	115,918.26	156,605.68	(40,687)	469,817.00	24.7%
9 3rd Party Revenue	171,914.36	175,370.32	(3,456)	526,111.00	32.7%
10 Behavior Health Home Revenue	62,823.63	65,433.32	(2,610)	196,300.00	32.0%
11 Food Stamp Revenue	27,038.96	34,719.68	(7,681)	104,159.00	26.0%
12 SSI/SSA Revenue	186,756.92	193,173.00	(6,416)	579,519.00	32.2%
13 Revenue Fiduciary	98,092.66	0.00	98,093	0.00	0.0%
14 Other Revenue	15,348.87	17,484.32	(2,135)	52,453.00	29.3%
15 Total Revenue	11,990,629	12,570,267	(579,638)	37,710,801	31.8%
Expense					
16 Salaries	4,606,077.25	5,122,397.00	516,320	15,367,191.00	30.0%
17 Social Security Tax	187,912.91	226,698.32	38,785	680,095.00	27.6%
18 Self Insured Benefits	752,026.92	889,450.36	137,423	2,668,351.00	28.2%
19 Life and Disability Insurances	85,086.21	83,533.20	(1,553)	250,600.00	34.0%
20 Pension	415,299.37	430,271.96	14,973	1,290,816.00	32.2%
21 Unemployment & Workers Comp.	48,404.17	39,703.72	(8,700)	119,111.00	40.6%
22 Office Supplies & Postage	15,564.43	16,136.28	572	48,409.00	32.2%
23 Staff Recruiting & Development	78,751.78	61,493.76	(17,258)	184,481.00	42.7%
24 Community Relations/Education	17,732.55	19,039.64	1,307	57,119.00	31.0%
25 Employee Relations/Wellness	34,590.58	63,600.00	29,009	190,800.00	18.1%
26 Program Supplies	192,138.38	178,606.60	(13,532)	535,820.00	35.9%
27 Contract Inpatient	503,833.19	635,773.68	131,940	1,907,321.00	26.4%
28 Contract Transportation	4,721.67	14,942.32	10,221	44,827.00	10.5%
29 Contract Residential	1,816,832.29	1,591,617.32	(225,215)	4,774,852.00	38.1%
30 Local Match Drawdown NMRE	24,642.00	32,856.00	8,214	98,568.00	25.0%
31 Contract Employees & Services	2,338,709.05	2,308,838.96	(29,870)	6,926,517.00	33.8%
32 Telephone & Connectivity	77,688.11	102,598.64	24,911	307,796.00	25.2%
33 Staff Meals & Lodging	8,302.38	8,031.08	(271)	24,093.00	34.5%
34 Mileage and Gasoline	136,521.01	125,444.52	(11,076)	376,334.00	36.3%
35 Board Travel/Education	2,561.95	4,554.68	1,993	13,664.00	18.7%
36 Professional Fees	14,386.06	25,252.64	10,867	75,758.00	19.0%
37 Property & Liability Insurance	47,773.91	29,373.00	(18,401)	88,119.00	54.2%
38 Utilities	65,437.58	63,285.68	(2,152)	189,857.00	34.5%
39 Maintenance	42,759.33	83,183.28	40,424	249,550.00	17.1%
40 Interest Expense Leased Assets	7,183.84	6,526.64	(657)	19,580.00	36.7%
41 Rent	4,632.75	5,777.68	1,145	17,333.00	26.7%
42 Food	45,722.91	54,815.04	9,092	164,445.00	27.8%
43 Capital Equipment	6,681.36	8,548.12	1,867	25,644.00	26.1%
44 Client Equipment	8,606.94	4,041.68	(4,565)	12,125.00	71.0%
45 Fiduciary Expense	123,765.33	0.00	0.00	0.00	
46 Miscellaneous Expense	40,229.40	42,315.00	2,086	126,945.00	31.7%
47 Depreciation & Amortization Expense	309,474.41	287,559.96	(21,914)	862,680.00	35.9%
48 MI Loan Repayment Program	0.00	4,000.00		12,000.00	
49 Total Expense	12,064,050	12,570,267	625,982	37,710,801	32.0%
50 Change in Net Position	\$ (73,421)	\$ 0	\$ (73,421)	\$ -	-0.2%
51 Contract settlement items included above:					
52 Medicaid Funds (Over) / Under Spent	\$ 874,849				
53 Healthy Michigan Funds (Over) / Under Spent	37,646				
54 Total NMRE (Over) / Under Spent	\$ 912,495				
55 General Funds to Carry Forward to FY24					
56 General Funds Lapsing to MDHHS	\$ -	(204,560)			
57 General Funds (Over) / Under Spent	\$ (204,560)				

FY24 GF Carryforward from FY23

60,139

Mission

To provide comprehensive services and supports that enable people to live and work independently.

Vision

Northeast Michigan Community Mental Health will be the innovative leader in effective, sensitive mental and behavioral health services.

In doing so, services will be offered within a culture of gentleness and designed to enhance each person's potential to recover. We will continue to be an advocate for the person while educating the community in the promotion of mental and behavioral health.

Northeast Michigan Community Mental Health Authority is funded, in part, by the Michigan Department of Health and Human Services.

Update 3/1/24

Quotes from Persons Served...

The care [individual's name] receives at Harrisville Home is amazing. [Individual's name] is happy and well cared for. He calls Harrisville "Home" which makes my heart happy.

Thank you for the services you provide [individual's name]. He seems to be doing well. One thing I wish could be communicated better is when I receive an incident report I would like to talk with people about what happened. Thank you.

I cannot say enough on how helpful the staff is... They all go the extra mile to help [individual's name] and myself.

[Staff member's name] is [individual's name] case manager – exceptional in helping [individual's name] with many things, [staff members' names] are beyond exceptional in being [individual's name] support staff. We are very fortunate to be part of NEMCMH's services... I don't believe [individual's name] would find fault with staff and communicate this to staff's name]. [Individual's name] is now demonstrating his inability to live alone-just beginning to seek other options.

We always feel heard when we have a need or a concern. The support and assistance we are given is so appreciated. A big shout out to [staff member's name] and the self-determination staff! Thank you for all you do!

[Individual's name] feels great about his services and the team that works with him. I do as well.

We love [staff members' names]. They work very hard to advocate and help me achieve things we otherwise couldn't do.

Customer Satisfaction Committee



2023 Survey Results

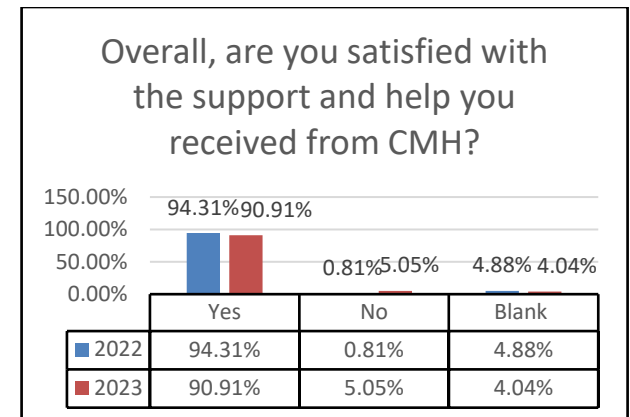
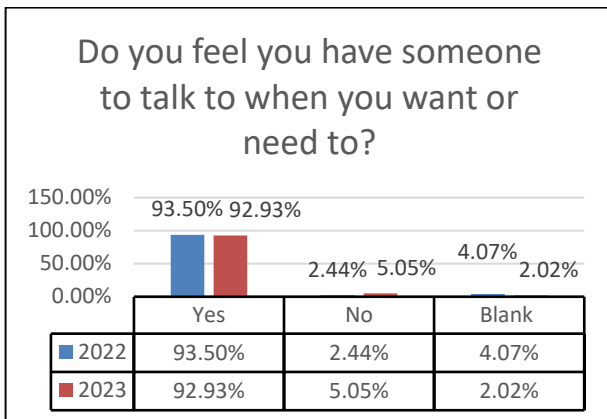
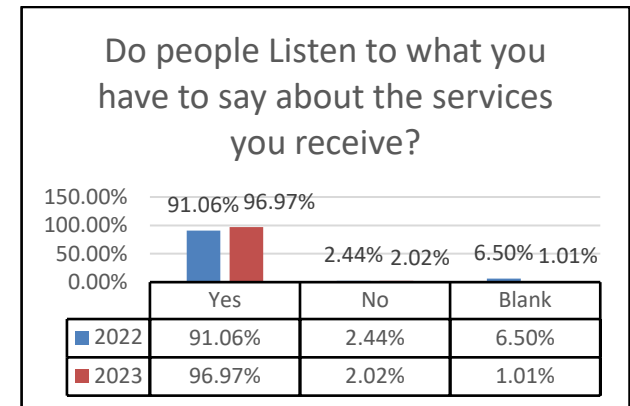
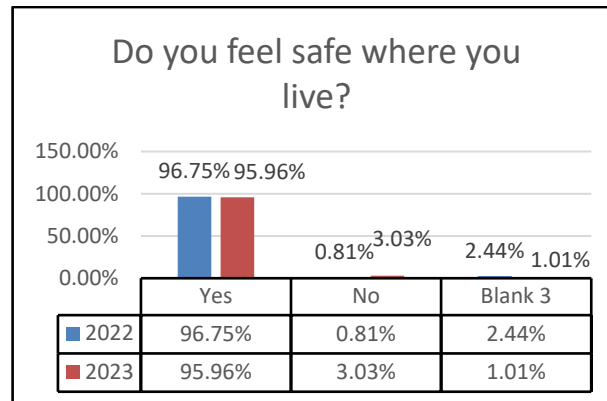
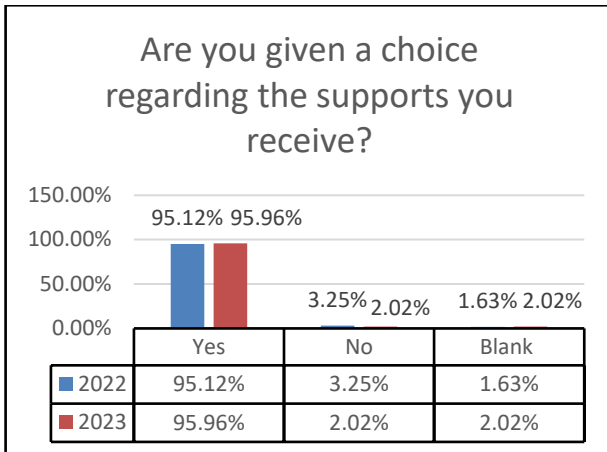
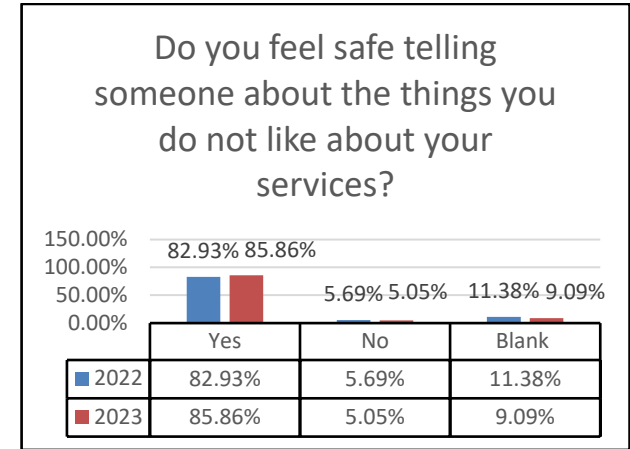
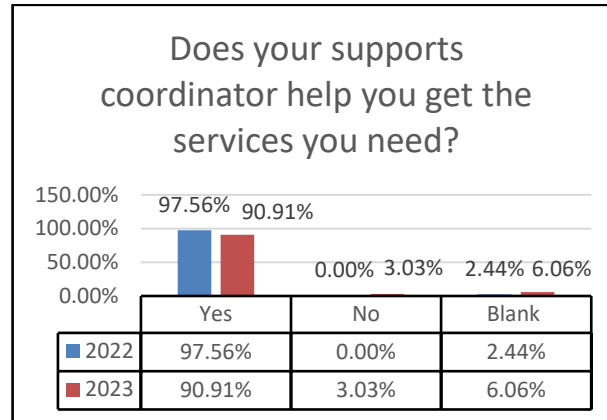
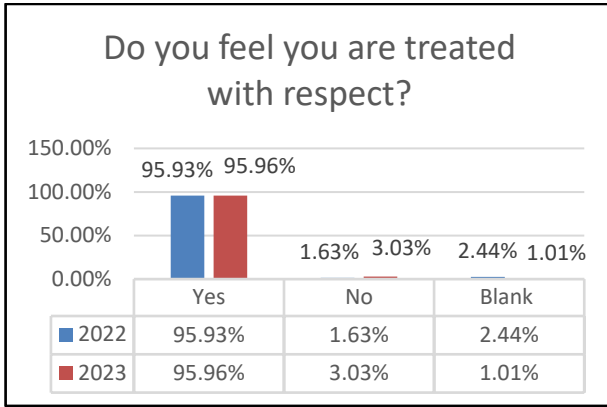
(January 2023 - December 2023)

**Northeast Michigan Community Mental
Health Authority
400 Johnson St.
Alpena, MI 49707
Phone: 989-356-2161**

NeMCMHA's Intellectual and Development Disabilities Services surveys each individual receiving services on an annual basis. This survey assists us in measuring how individuals feel about the services provided, by informing us about what is going well and where improvement is needed.

January 1, 2022 through December 31, 2022 - 123 of 304 responded (44%)

January 1, 2023 through December 31, 2023 - 99 of 290 responded (34%)



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EXECUTIVE LIMITATIONS

(Manual Section)

BUDGETING

(Subject)

Board Approval of **Policy**
Last Revision of Policy Approved
[14, 2024](#)

April 8, 2004
~~June 8, 2006~~[March](#)

●1 **POLICY:**

Budgeting any fiscal year or the remaining part of any fiscal year shall not deviate materially from ~~board~~Board Ends priorities, risk fiscal jeopardy, or fail to be derived from a multi-year plan.

Accordingly, ~~he or she~~the Executive Director may not cause or allow budgeting which:

1. Contains too little information to enable credible projection of revenues and expenses, separation of capital and operational items, cash flow, and disclosure of planning assumptions.
2. Plans the expenditure in any fiscal year of more funds than are conservatively projected to be received in that period.
3. Provides less than is sufficient for ~~board~~Board prerogatives, such as costs of fiscal audit, ~~board~~Board development, ~~board~~Board and committee meetings, and ~~board~~Board legal fees.
4. Reduce the current assets at any time to less than twice current liabilities (or allow cash and cash equivalents to drop below a safety reserve of less than \$2,500,000 at any time-).
5. Endangers the fiscal soundness of future years or ignores the building of organizational capability sufficient to achieve ends in future years.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

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GOVERNANCE PROCESS

(Manual Section)

BOARD MEMBERS ETHICAL CODE OF CONDUCT

(Subject)

Board Approval of **Policy**

August 8, 2002

Board Approval of Policy Revision:

March 9, 2023

●1 POLICY:

The Board commits itself and its members to ethical and businesslike conduct. This includes proper use of authority and appropriate decorum when acting as Board members.

1. Members must represent unconflicted loyalty to the interests of the people of Alcona, Alpena, Montmorency, and Presque Isle counties. This accountability supersedes any conflicting loyalty such as that to advocacy or interest groups and membership on other boards or staffs. It also supersedes the personal interest of any Board member acting as an individual served by the organization's services.
2. Members must avoid conflict of interest with respect to their fiduciary responsibility.
 - A. There must be no self-dealing or any conduct of private business or personal services between any Board member and the organization except as procedurally controlled to assure openness, competitive opportunity, and equal access to "inside" information.
 - B. When the Board is to decide upon an issue, about which a member has an unavoidable conflict of interest, that member shall absent herself or himself without comment from not only the vote, but also from the deliberation.
 - C. Board members must not use their positions to obtain employment in the organization for themselves, family members, or close associates. Should a member desire employment, he or she must first resign.
 - D. Members will disclose their involvements with other organizations, with vendors, or any other associations which might produce a conflict.
3. Board members may not attempt to exercise individual authority over the organization except as explicitly set forth in Board policies.

**NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY
POLICY & PROCEDURE MANUAL**

- A. Members' interaction with the Executive Director or with staff must recognize the lack of authority vested in individuals except when explicitly Board-authorized.
 - B. Members' interaction with public, press, or other entities must recognize the same limitation and the inability of any Board member to speak for the Board.
 - C. Members will give no consequence or voice to individual judgments of Executive Director or staff performance.
- 4. Members will respect the confidentiality appropriate to issues of a sensitive nature.
 - 5. Members will be properly prepared for Board deliberation.
 - 6. All special gifts, donations, and bequests to the Board and its members shall be reported to the Board. Board members shall not accept gifts, gratuities, entertainment, or other favors from any party under contract with, seeking to do business with, or receiving services from Northeast Michigan Community Mental Health Authority.
 - A. If fixed property or equipment is donated to the Board, the Board shall determine the fair market value of that property at the time of transfer. If only the use of the property is donated and such usage shall be for matching any other funds, the amount allowed to be matching shall be determined by the fair market value upon the evaluation of an independent appraiser.

●2 **APPLICATION:**

The Northeast Michigan Community Mental Health Authority Board

●3 **DEFINITIONS:**

●4 **REFERENCES:**

●5 **FORMS AND EXHIBITS:**

Signature

Date

Printed Name

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Eric Lawson
SUBJECT: 2024 Board Member Recognition
DATE: March 4, 2024

We recognize all of our Board members and their combined 104 years of service to the people of Northeast Michigan.

Board Members' Years of Service

Gary Nowak – 25 Years
Pat Przeslawski – 24 Years
Les Buza – 14 Years
Judy Jones – 11 Years
Eric Lawson – 9 Years
Bonnie Cornelius – 9 Years
Bob Adrian – 4 Years
Lynnette Grzeskowiak – 3 Years
Terry Small – 3 Years
Charlotte Helman – 1 Year
Lloyd Peltier – 1 Year

	Program	Consumers served February 2024 (2/1/24 - 2/29/24)	Consumers served in the Past Year (3/1/23 - 2/29/24)	Running Monthly Average(year) (3/1/23 - 2/29/24)
1	Access	59	695	58
	Routine	0	4	0
	Emergent	0	5	0
	Urgent	38	462	38
	Crisis	42	605	49
	Prescreens			
2	Doctors' Services	440	1399	490
3	Case Management			
	Older Adult (OAS)	82	139	89
	MI Adult	66	181	75
	MI ACT	24	30	25
	Home Based Children	35	74	29
	MI Children's Services	96	215	85
	IDD	141	300	155
4	Outpatient Counseling	88(18/70)	221	83
5	Hospital Prescreens	42	605	49
6	Private Hospital Admissions	11	222	18
7	State Hospital Admissions	0	3	0
8	Employment Services			
	IDD	49	65	46
	MI	33	90	38
	Touchstone Clubhouse	88	106	89
9	Peer Support	33	51	35
10	Community Living Support Services			
	IDD	79	93	79
	MI	70	116	72
11	CMH Operated Residential Services			
	IDD Only	50	61	53
12	Other Contracted Resid. Services			
	IDD	35	39	32
	MI	30	35	28
13	Total Unduplicated Served	1039	2398	1055

County	Unduplicated Consumers Served Since March 2023
Alcona	262
Alpena	1419
Montmorency	288
Presque Isle	342
Other	69
No County Listed	18



January 30, 2024

To: CMH Board Members/Executive Directors (CMH & PIHP)/Management Staff (CMH & PIHP)/Provider Alliance Members

From: PAC Committee

Re: 2024 Annual PAC Campaign

This memorandum is being sent to all CMH boards, PIHPs and Provider Alliance members to announce and solicit participation in this year's CMH-PAC campaign. The CMH-PAC is a political action committee that helps support representatives and senators in leadership positions and those who champion the funding, legislation, and policy initiatives that help support and improve the provision of community-based mental health and substance use disorder services.

Your donations to the CMH PAC help support candidates who are supportive of our efforts at CMHA. The money that is raised for the CMH PAC helps raise awareness of our issues. While we are not able to match dollar for dollar the contributions of the larger interest groups your efforts go a long way and give CMHA a "seat at the table".

The 2022 election certainly changed the landscape in Lansing for the foreseeable future – Democrats narrowly winning total control and a constitutional amendment changing term limits (allowing House members to stay for 12 years vs 6 years). **2024 is an election year for the Michigan House and the demand for PAC dollars has never been higher, we receive fundraising requests almost daily.**

As you know, the threat of privatization still remains. We have to remain vigilant and ready to fight potential threats, on flip side, we must be ready to push our own priorities through the new Legislature. Behavioral health has been a part of the legislative dialog, it is critical we maintain an active presence and keep it in conversation – **WE MUST BUILD OUR PAC FUND to a new level** and support those key leaders who are willing to work with us.

Our office did a recent analysis of PAC contributions to legislators, legislative caucus funds and the governor **over the last 7 years that showed the insurance industry and for-profit health plan executives have given NEARLY \$8.5 MILLION. By comparison, our CMH PAC has given around \$50,000!**

In order to compete and stay relevant in Lansing we must increase our PAC contributions. As you know in 2021, we launched our new online capabilities, which makes it easier than ever to contribute to the CMH PAC. **We can now take credit card payments online by accessing the link below or scan the QR code on the back to use our secure online checkout function.**

<https://cmham.org/public-policy/cmh-pac/>

2024 CMH PAC CAMPAIGN Details and Timeline

As always, our PAC goal is to have as many boards and members participate as possible. Typically, in past years we only had about 1/3 of our membership participate in the PAC campaign – **our goal is 100% member participation, we MUST increase our contributions.**

****PAC FUNDRAISING GOAL****

Our new annual fundraising goal is \$25,000 / year! We believe we can reach that goal if all of our membership participates – **we need 50 organizations (CMHs, PIHPs, and Provider Alliance members) to each contribute \$500.** If you are a CMH and all of your board members donated 1 meeting per diem and the CEO contributed the same amount the \$500 goal would be reached.

In past years as an incentive to increase participation we have been able to provide Tiger game suite tickets (12 tickets) donated by Muchmore Harrington Smalley and Associates that went into a drawing of all the eligible members – we will send out the date and time once it becomes available.

In order to qualify for the Tiger ticket drawing members must meet the new \$500 goal contributions, which can come from the board members and/or staff.

The campaign is being announced early with the hope that more boards will have time to discuss its merits locally and increase the participation rate. The PAC Committee requests that CMH directors and board chairpersons announce and discuss the campaign over the next three months at their regular monthly meetings.

Again, we will have the details on the Tiger game later this year if it becomes available. In order to qualify for the special drawing members should expect to forward their campaign and donations to CMHA by late June / early July.

Again, you can pay online at the link below or scan the QR code to use our secure online checkout function or make checks payable to: CMH PAC ~ 507 S. Grand Ave ~ Lansing, MI 48933 (no corporate checks, please).

<https://cmham.org/public-policy/cmh-pac/>

If you have any questions regarding this year's campaign, please contact Robert Sheehan or Alan Bolter at CMHAM. Thank you for your participation.



NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Rebekah Duhaime
SUBJECT: Board Committee Per Diems
DATE: March 5, 2024

We will be updating the way Board committee per diems are paid to Board members. This change applies to per diems that are paid to Board members for attending Consumer Advisory Council and Recipient Rights Advisory Council. Board committee per diem payments have traditionally been paid as a check not run through payroll, however, that practice is going to be updated to have all Board per diem payments run through payroll.

Per the IRS, all per diem payments that are paid as a flat amount given to the employee that do not require an expense report are to be treated as wages. The IRS requires the withholding of employment taxes on all wages paid to any employee. All payments to Board members, except those that are a direct reimbursement of expenses (mileage or meals for example), must be processed through payroll for proper compliance with IRS regulations.

APRIL AGENDA ITEMS

Policy Review

Financial Condition 01-005

Communication & Counsel 01-009

Policy Review & Self-Evaluation

Governing Style 02-002

Cost of Governance 02-013

Monitoring Reports

Budgeting 01-004

Financial Condition 01-005 (CPA Audit Report)

Asset Protection 01-007 (CPA Audit Report)

Communication & Counsel 01-009

Activity

Seating of Reappointed Board Members

Election of Officers

Set Calendar and Committee Appointments

Educational Session

CPA Audit Report



MENTAL HEALTH MOVEMENT
2K | 5K | 10K
RUN-WALK



\$20 Early Bird
Registration
Feb 19-March 31

\$25 Regular
Registration
April 1-April 30

\$30 Late
Registration
May 1-May 16

KIDS 11 & UNDER ARE FREE

SCHOLARSHIPS AVAILABLE!

ALL AGES WELCOME!

STARTING LINE @ COMMUNITY MENTAL HEALTH | 400 JOHNSON ST, ALPENA

SATURDAY, MAY 18

**10K STARTING AT 08:30 AM
2K & 5K STARTING AT 9:00 AM**



MEDALS AWARDED TO ALL PARTICIPANTS OF THE 2K, 5K, & 10K & PRIZES FOR BRACKET WINNERS!

OPEN TO EVERYONE! RUN, POWER WALK, OR LEISURELY STROLL THE PATHWAY WITH FRIENDS, FAMILY, AND NEIGHBORS.



SCAN THE QR CODE TO REGISTER

NO REGISTRATION AFTER MAY 16TH

For more information:  (989) 358-7716  www.nemcmh.org/news-events/