

**Northeast Michigan Community Mental Health Authority Board
Northeast Michigan Board/Consumer Advisory Council
June 2020 Meeting**



**☁ Strategic Planning
Meeting, Thursday,
June 11 at 3:00 p.m.**

☁ Semi-Annual Report on Ends

**This meeting will be available as a
Conference Call Meeting using:
1-888-627-8019 PIN # 40994**

**Or
Zoom**

<https://zoom.us/j/911168583?pwd=SEc3bDZhUW5FY1lSU1R1NFdXTmNLZz09>

Meeting ID: 911 168 583

Password: 013259

*All meetings are held in the Board Room at the main
office unless otherwise indicated.*

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Consumer Advisory Council Members
FROM: Diane Hayka
SUBJECT: Joint Meeting with Board for Strategic Planning
DATE: May 29, 2020

Traditionally the June meeting of the Consumer Advisory Council is a joint meeting with the Board in which the current Board Ends are discussed and is part of this year's Strategic Planning.

This puts our traditional meeting date and time to some other time. The meeting is scheduled for Thursday, June 11 at 3:00 p.m. in our Board Room.

During this meeting the Board will conduct their standard business. They will review the semi-report of the current Ends established during the last Strategic Planning session. They will talk about what we should be focusing on in the future and beginning to formulate Ends for the next fiscal year. You are an important part to this process. The Board needs to hear input from you as individuals who have received services or are receiving services currently.

Due to the "Stay Home" order still in effect, we will be conducting this meeting using our Uber conference call and/or Zoom features.

**9NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY BOARD
BOARD MEETING/CONSUMER ADVISORY COUNCIL – STRATEGIC PLANNING [PART 2]
June 11 2020 at 3:00 p.m.
A G E N D A**

- I. Call to Order**
- II. Roll Call & Determination of a Quorum**
- III. Pledge of Allegiance**
- IV. Acknowledgement of Conflict of Interest**
- V. Appointment of Evaluator**
- VI. Information and/or Comments from the Public**
- VII. Approval of Minutes (See Pages 1-6)**
- VIII. Consent Agenda (See Page 7)**
 - 1. Michigan Municipal Risk Management Authority (MMRMA) Agreement**
- IX. June Monitoring Reports**
 - 1. Budgeting 01-004 (See Page 8)**
 - 2. Ends 04-001 (See Pages 9-13)**
- X. Linkage Reports**
 - 1. Northern Michigan Regional Entity Update**
 - a. May 27 Meeting..... (Verbal Update)**
 - b. April 22 Meeting..... (See Pages 14-19)**
 - 2. Board Association**
 - a. Spring Conference Update(Verbal)**
- XI. Operational Report..... (See Page 20)**
- XII. Chair's Report**
 - 1. CARF Standards for Strategic Planning (See Pages 21-22)**
 - 2. Strategic Plan Review (See Pages 23-27)**
- XIII. Director's Report**
 - 1. Director's Update (See Pages 28-30)**
 - a. Banking Resolution for Agency's 2nd VISA Card**
 - i. Huntington Bank**
- XIV. Information and/or Comments from the Public**
- XV. Information and/or Comments for the Good of the Board**
- XVI. Next Meeting – Thursday, July 9 at 3:00 p.m.**
 - 1. Set July Agenda (See Page 31)**
 - 2. Meeting Evaluation (All)**
- XVII. Adjournment**

MISSION STATEMENT

To provide comprehensive services and supports that enable people to live and work independently.

Northeast Michigan Community Mental Health Authority Board
Board Meeting
May 14, 2020
[Due to COVID-19 this meeting was held using ZOOM/Uber Conference]

I. Call to Order

Chair Eric Lawson called the meeting to order in the Board Room at 3:01 p.m.

II. Roll Call and Determination of a Quorum

Present: Bob Adrian, Lester Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski, Gary Wnuk

Absent:

Staff & Guests: Lisa Anderson, Dennis Bannon, Carolyn Bruning, Connie Cadarette, Mary Crittenden, Lynne Fredlund, Cheryl Kobernik, Eric Kurtz, Margie Hale-Manely, Ruth Hewett, Larry Patterson, Rich Rider, Nena Sork, Brenda Stanton, Monica Werda, Jen Whyte

III. Pledge of Allegiance

Attendees recited the Pledge of Allegiance as a group.

IV. Acknowledgement of Conflict of Interest

No conflicts were identified.

V. Appointment of Evaluator

Pat Przeslawski appointed as evaluator for this meeting.

VI. Information and/or Comments from the Public

There were no comments presented.

VII. Approval of Minutes

Moved by Albert LaFleche, supported by Roger Frye, to approve the minutes of the April 9, 2020 meeting as presented. Roll call: Ayes: Robert Adrian, Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Pat Przeslawski, Gary Wnuk; Nays: Gary Nowak; Absent: None. Motion carried.

VIII. Environmental Scan

Eric Kurtz, NMRE CEO, provided an Environmental Scan as the first part of our Strategic Planning process. He reported the market impacts from previous years has not changed drastically; however, the focus on integrated health is becoming greater.

Eric reports due to the current environment, much of the efforts in mental health will be focused on COVID-19. He touched on the waiver requests currently submitted. He notes there are several services put in place with COVID and we hope some of the components will remain in place after COVID-19. He notes there has already been a change in the premium pay for certain, identified direct care workers; initially rolled out as \$2 per hour and in the most recent action by the legislature increased to \$3 per hour. Eric reported the risk corridor is also up for some changes. He reports the PIHPs have proposed different language. Any changes to the risk corridor will affect the system two or three years later. The expansion of telehealth/telemedicine is working well and created several efficiencies. It would make sense to keep these services in place for the future. A COVID-19 Accountability Office was established and there will be scrutiny of expenses during this time, especially those using COVID funding.

The State Budget outlook for FY20-21 is bleak. The Michigan economy has crashed. There will be a revenue estimating conference tomorrow. The estimates are showing a 43% reduction in state revenue. The federal stimulus dollars cannot be used to offset non-COVID-19 expenses. Michigan does have a \$1.2 billion rainy day fund.

Mr. Kurtz reviewed the initiatives for system redesign. He reported the Section 298 was vetoed and the most recent system redesign is taken off the table due to COVID. There is an adhoc advisory group with the CMHAM working to develop other potential scenarios related to the design. He reviewed four potential scenarios and the pros and cons of each model. The consensus of the advisory group is to put these scenarios on hold. They may be brought out when focus is again put on the initiative.

Eric Kurtz reported during the COVID crisis the providers have shown both sides of engagement – some have really stepped up to do the best they can to assure individuals are receiving services and others have shuttered their doors.

Mr. Kurtz reviewed the reporting revisions the State and Federal government is attempting to implement. The intent is to change the financial reporting which is so different than what was reported to them previously without any training of staff. This is in a holding pattern at this point as it is not part of the current contract. He reports the Cures Act will have some new regulations which will need to be implemented. The Home and Community Based Settings compliance is continuing. He reports there is also a push to become a Certified Community Behavioral Health Clinic (CCBHC) and Senator Stabenow is really pushing Michigan to become a CCBHC state. The funding would change to a perspective payment model versus a prepaid model. Mr. Kurtz reports he was invited to participate in a workgroup reviewing this initiative.

He reported prior to the crisis, psychiatric residential treatment facilities were being developed. This is a step-down between state facilities and community services. Initially focused on children; they also recognized a need for this type of service for adults as well.

Eric Kurtz reported the Office of Inspector General (OIG) would be increasing oversight related to COVID and fraud, waste and abuse.

He reviewed the regional initiatives of the NMRE. He reported focus on expansion of the Behavioral Health Home to all 21 counties would occur. He reported Centra Wellness Network has such a home already and the goal is to expand this service in all member boards of the NMRE. He reported the internal service fund is shrinking. He reports the Operations Committee is looking at ways to put money back into the internal services fund. Integrated physical and behavioral health at both the provider level and individual level for those we serve should be a focus. There will be a continuing of expansion of the Opioid Health Homes. He discussed the importance of network adequacy and looking at how procurement of services is conducted in the contracting process. Another initiative will be to implement common contracts across the region. He notes we are at various stages in this development. This will work especially well for those providers common to more than one member board.

Mr. Kurtz reported there is a forecast for an increase in service demand after the pandemic eases. He notes the additional services will most likely need to be provided in an environment with reduced funding. He reports we are working with Region 1 and are looking at our own system redesign alternatives.

Eric Kurtz reported once the pandemic has relaxed there will be more scrutinizing of the expenses as the regulations have been lightened substantially during this time.

Nena Sork inquired about funding for the Behavioral Health Homes and he reported this is 90% federal funding so the State's portion is minimal and this would be in addition to the capitation payments.

Eric Lawson requested Board members to jot down any questions they may have about goals and future training opportunities so they can be included in the future Strategic Planning discussions.

IX. Consent Agenda

1. University of Michigan – MC3 (Child Collaborative Care) Agreement

Moved by Gary Wnuk, supported by Pat Przeslawski, to approve the Consent Agenda as presented. Roll call: Ayes: Bob Adrian, Lester Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: None. Motion carried.

X. May Monitoring Reports

1. Treatment of Consumers 01-002

Pat Przeslawski reported the Recipient Rights Committee held their meeting by conference call and the meeting went well. There were no other comments.

2. Budgeting 01-004

Connie Cadarette reported this report includes the adjustments from the budget amendment last month. Most expense line items are at the point where they should be, right around 50%. The property liability is due to the annual asset distribution we traditionally get around July. She noted the increase in Medicaid underspent dollars is partially due to lower salaries with the temporary layoffs. Gary Wnuk questioned the variance in Employee Wellness. Connie Cadarette reported it is a timing issue and will even out. Some of the wellness expenses are paid early in the fiscal year. The Miscellaneous expenses are due to Board Association dues and physician fees. This will even out as the year goes on.

3. Financial Condition 01-005

Eric Lawson reported there are 52 days of unrestricted. Larry Patterson reported this is right on target with the recommended level. Connie Cadarette reported financial statement from the Community Foundation for Northeast Michigan is a quarterly report provided to the Board. This is the endowment fund established by the Board several years ago. Gary Nowak inquired as to whether the spendable funds are being used. Nena Sork reported there is an internal committee that accepts and approves applications for use of the funds. Larry Patterson reported he just received a request to assist an individual with employment related expenses.

Moved by Gary Nowak, supported by Judy Jones, to accept the May Monitoring Reports as presented. Roll call: Ayes: Robert Adrian, Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: None. Motion carried.

XI. Board Policy Review and Self Evaluation

1. Board Job Description 02-003

This policy was updated to reflect the term Executive Director from CEO.

2. Board Core Values 02-014

Board members reviewed the policy and there were no revisions recommended.

Moved by Gary Nowak, supported by Albert LaFleche, to approve revision to Policy 02-003, Board Job Descriptions, as presented. Roll call: Ayes: Robert Adrian, Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: None. Motion carried.

XII. Linkage Reports

1. Northern Michigan Regional Entity (NMRE)

a. Board Meeting April 22, 2020

Nena Sork reported there was discussion about telemed and televideo and how the services were going. This was a teleconference meeting and was quite abbreviated. She reported the internal service fund and risk corridor were the main topics of the meeting. This topic will continue at the Operations Committee meeting next week.

2. Community Mental Health Association of Michigan (CMHAM)

a. Spring Conference Update

The Spring Board Conference scheduled for June was cancelled and CMHAM is working to reschedule possibly in early August. Nena Sork reported she did check the Association website and at this point there is nothing scheduled. Member Services is waiting to see where this pandemic is going as to whether it would be feasible to hold a conference in August.

XIII. Operation's Report

Mary Crittenden reviewed the report for the month ending April 30, 2020. She reported the hospital admissions and pre-screens were down. Other services are staying relatively the same. She reported staff are still seeing individuals face-to-face. She notes some services are via telephone or video. She reports children's services have a slight increase. The majority of the decreases are in prescreens and crisis walk-ins.

Gary Wnuk inquired as to whether this next month would show an increase. Nena Sork reported clinically she has been surprised that there has not been an increase in crisis services. Gary Nowak questioned if more are going to the emergency room. Nena Sork reported this is also down and even during COVID if an individual presents at the emergency room with an identified behavioral health issue, they would contact our clinicians to conduct prescreen or a crisis contact.

XIV. Chair's Report

Eric Lawson wished Judy Jones a Happy Birthday wish.

Eric Lawson informed Board members of his follow-up to the concern Board members had related to being informed of the Director's job performance. He spoke with Eric Kurtz about the concern. He was reassured this would be communicated. Mr. Kurtz reassured him this agency is doing well.

Eric Lawson reported Nena Sork also received the Employee of the Month award for May.

1. CMH PAC Last Call

Last call for the CMH PAC. Eric Lawson stressed the importance of providing support to the PAC. Board members were requested to submit their checks for CMH PAC to Diane Hayka.

2. Disclosure of Ownership Forms Update

Board members were requested to review the form to assure there have been no changes that need to be reported. This form is completed every three years and Board members attest they have no changes annually.

XV. Director's Report

1. MDHHS COVID-19 Grant

Nena Sork reported receipt of a notice from the State of a COVID Grant for \$80,783. The State issued an E-grants grant for this amount to cover any costs associated with COVID-19. The deadline to sign the E-grants was Friday. A deposit of the grant dollars was in our account this morning. She is requesting approval of the agreement and approval to spend up to that amount for expenditures for items included in the grant, which include technology, PPE, increased transportation, etc. The dollars spent will be tracked. Technology will include Microsoft Team enhancement and other technology expenses to facilitate working from home. Board members requested a report on how the dollars were spent at a future meeting.

Moved by Gary Nowak, supported by Gary Wnuk, to approve the Director's execution of the E-Gram signing of the COVID-19 Grant and, in addition, approve the purchases for equipment, PPE and other related COVID-19 as allowed in the Grant . Roll call: Ayes: Robert Adrian, Les Buza, Bonnie Cornelius, Roger Frye, Judy Jones, Albert LaFleche, Terry Larson, Eric Lawson, Gary Nowak, Pat Przeslawski, Gary Wnuk; Nays: None; Absent: None. Motion carried.

Nena Sork reported this is the largest work-from-home experiment and it is going well. She reports she is part of an Emergency Management group having calls every Monday to address the pandemic focusing on the four counties. She reports twice a week there are phone calls with the State and Department on addressing changes in the system.

She continues participation in the Northern Michigan Opioid Response Commission Prevention committee meetings and Board meetings.

Staff are working from home and the Agency is following the Michigan's Safe Start model prior to returning staff to the office setting. Nena Sork reports some of the services may continue to be a work from home even after COVID. Prior to COVID, it was the Agency's intention to transition case managers to a home-based office so it is likely that this will continue.

Nena Sork provided Board members with an update of the Agency's webpage. She reports this month a Facebook page is developed, which can be accessed through the website. Jobs are posted on the website and applicants can fill out an application online.

Nena Sork reports she is shifting her focus to design how we work with a reduction in funding for next year. Funding is projected to be a 30-40% reduction from the current year. This will greatly impact service delivery and we will need to be creative on how we can still provide the necessary services with reduced funding.

Nena Sork reported on a positive note next Tuesday at 7:30 p.m. will be a panel on Facebook hosted by Thunder Bay Theatre regarding Mental Health Awareness in conjunction with May is Mental Health Month. Nena Sork reported she did a recent interview with WBKB TV and another staff did an interview with the radio station in recent months.

Bob Adrian thanked Nena Sork for her participation in the Monday Emergency Management conference calls and reports she has connected to many organizations in the community letting them know Community Mental Health is available for services during this time. He also reported the FEMA assistance grant would be available to CMH and this week was the training week. There are dollars available for COVID expenses but participation in training is required and a FEMA portal must be created. There is tracking of dollars necessary with this program.

XVI. Information and/or Comments from the Public

There was no information or comments presented.

XVII. Information and/or Comments for the Good of the Board

There was no information or comments for the Good of the Board.

XVIII. Next Meeting

The next regularly scheduled meeting of Northeast Michigan Community Mental Health Authority Board will be held Thursday, June 11, 2020 at 3:00 p.m.

1. Set June Agenda

The June agenda items were reviewed. Strategic Planning continues with Part II focusing on progress towards current "Ends."

XIX. Evaluation of Meeting

Pat Przeslawski noted meeting started at 3:01 p.m. and Eric Kurtz's environmental scan was informative. She reported there were times it was difficult to hear. She reported she believes Nena Sork is a great leader. The majority of the board participated. She notes there is respect within the board members. This Board is caring and the phone meetings show the Board has good adaptability.

XX. **Adjournment**

Moved by Gary Wnuk, supported by Roger Frye, to adjourn the meeting. Motion carried.
This meeting adjourned at 4:27 p.m.

Bonnie Cornelius, Secretary

Eric Lawson, Chair

Diane Hayka
Recorder

NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

INTEROFFICE MEMORANDUM

TO: Board Members
FROM: Nena Sork
SUBJECT: Consent Agenda
DATE: June 1, 2020

1. Contract

a. Michigan Municipal Risk Management Authority (MMRMA) Agreement

This is a continuation agreement with MMRMA to provide the Agency with property and liability insurance. The renewal period is for July 1, 2020 through June 30, 2021. The policy amount will be \$119,167, which is an increase of \$8,297; however, \$5,000 of this amount is a deposit to our retention fund. Once the renewal is signed, a net asset distribution check will be sent to the Agency in the amount of \$72,985. We recommend approval of this agreement.

Northeast Michigan Community Mental Health Authority
Statement of Revenue and Expense and Change in Net Position (by line item)
For the Seven Months Ending April 30, 2020
58.33% of year elapsed

	Actual April Year to Date	Budget April Year to Date	Variance April Year to Date	Budget FY20	% of Budget Earned or Used
Revenue					
1 State Grants	62,906.44	56,583.31	\$ 6,323	\$ 97,000	64.9%
2 Private Contracts	25,476.50	30,685.06	(5,209)	52,603	48.4%
3 Grants from Local Units	402,335.92	199,978.50	202,357	506,897	79.4%
4 Interest Income	8,730.53	7,502.17	1,228	20,000	43.7%
5 Medicaid Revenue	14,286,721.87	15,406,187.70	(1,119,466)	26,439,247	54.0%
6 General Fund Revenue	525,609.00	542,284.89	(16,676)	901,044	58.3%
7 Healthy Michigan Revenue	815,136.41	1,076,917.38	(261,781)	1,846,144	44.2%
8 3rd Party Revenue	251,689.30	185,718.44	65,971	499,314	50.4%
9 SSI/SSA Revenue	290,906.96	301,205.52	(10,299)	516,351	56.3%
10 Other Revenue	52,532.88	43,947.19	8,586	75,338	69.7%
11 Total Revenue	16,722,046	17,851,010	(1,128,964)	30,953,938	53.6%
Expense					
12 Salaries	6,806,491	7,500,627	694,136	13,121,533	51.9%
13 Social Security Tax	302,100	363,137	61,037	622,521	48.5%
14 Self Insured Benefits	1,446,810	1,483,646	36,836	2,409,918	60.0%
15 Life and Disability Insurances	122,616	132,214	9,598	226,653	54.1%
16 Pension	548,202	599,731	51,528	1,028,110	53.3%
17 Unemployment & Workers Comp.	97,742	131,294	33,552	204,167	47.9%
18 Office Supplies & Postage	26,870	27,259	389	46,729	57.5%
19 Staff Recruiting & Development	44,962	56,407	11,445	96,697	46.5%
20 Community Relations/Education	7,581	6,185	(1,396)	27,031	28.0%
21 Employee Relations/Wellness	33,189	26,134	(7,055)	45,873	72.4%
22 Program Supplies	248,816	280,723	31,906	481,239	51.7%
23 Contract Inpatient	759,561	753,966	(5,595)	1,578,228	48.1%
24 Contract Transportation	49,857	69,806	19,949	119,668	41.7%
25 Contract Residential	3,171,992	2,994,324	(177,668)	5,137,228	61.7%
26 Contract Employees & Services	1,838,762	2,325,339	486,577	3,926,989	46.8%
27 Telephone & Connectivity	73,432	74,651	1,219	127,973	57.4%
28 Staff Meals & Lodging	11,375	19,986	8,611	34,262	33.2%
29 Mileage and Gasoline	188,254	253,798	65,544	438,055	43.0%
30 Board Travel/Education	3,678	6,932	3,254	11,883	31.0%
31 Professional Fees	33,717	38,509	4,792	66,016	51.1%
32 Property & Liability Insurance	72,323	36,912	(35,412)	63,277	114.3%
33 Utilities	91,563	100,473	8,910	172,239	53.2%
34 Maintenance	93,374	122,762	29,388	210,449	44.4%
35 Rent	149,947	154,531	4,584	264,910	56.6%
36 Food (net of food stamps)	46,625	36,455	(10,170)	62,494	74.6%
37 Capital Equipment	16,409	50,018	33,609	85,746	19.1%
38 Client Equipment	12,146	17,500	5,354	30,000	40.5%
39 Miscellaneous Expense	68,677	50,076	(18,601)	80,073	85.8%
40 Depreciation Expense	145,233	137,616	(7,617)	233,977	62.1%
41 Total Expense	16,512,304	17,851,010	1,338,706	30,953,938	53.7%
42 Change in Net Position	\$ 209,742	\$ 0	\$ 209,741	\$ 0	-0.1%
43 Contract settlement items included above:					
44 Medicaid Funds (Over) / Under Spent	\$ 1,136,602				
45 Healthy Michigan Funds (Over) / Under Spent	220,738				
46 Total NMRE (Over) / Under Spent	\$ 1,357,340				
47 General Funds to Carry Forward to FY20	\$ -				
48 General Funds Lapsing to MDHHS	(35,422)				
49 General Funds (Over) / Under Spent	\$ (35,422)				

POLICY CATEGORY:
POLICY TITLE AND NUMBER:
REPORT FREQUENCY & DUE DATE:
POLICY STATEMENT:

Ends
Board Ends Statement, Policy # 04-001
Semi-annual: June 2020

Ends

All people in the region, through inclusion and the opportunity to live and work independently, will maximize their potential.

Sub-Ends

Services to Children

1. We expect that children with serious emotional disturbances served by Northeast will realize significant improvement in their conditions.

Achievement of this sub-end will be confirmed by monitoring Child and Adolescent Functional Assessment Scores (CAFAS):

- A. 75% of all children who complete treatment (targeted case management, outpatient counseling, Home-Based Services and Wraparound) will show 20 point decrease in CAFAS scores at the completion of services.

Status:

The first six months of fiscal year 2020 ended with 27 out of 59 individuals completing services as planned. Of the 27 individuals completing treatment, 25 of the individuals showed significant improvements in their CAFAS/PECFAS scores and met their goal of at least a 20-point reduction. Thus, 93% of children completing treatment met the sub-end for this point in the year.

Services to Adults with Mental Illness and Persons with I/DD

2. Individuals needing independent living supports will live in the least restrictive environment.

- A. Development of two additional contract residential providers within our catchment area to increase capacity for persons requiring residential placement.

Status:

The Agency assisted in the development of four local Adult Foster Care Homes.

- *Victoria's AFC in Lachine*
- *Country Sunshine in Lachine*
- *CJ's AFC in Rogers City*
- *Changes AFC in Alpena*

- B. Development of additional supported independent services for two individuals currently living in licensed Foster Care.

Status:

Although this Sub-End has not been met as written, the Agency has assisted individuals with the following moves to less restrictive settings:

- *October 2019 – an individual transitioned from the family home to independent living*
- *January 2020 – an individual moved from a state hospital to a local AFC facility*
- *January 2020 – an individual moved from a group home to a local AFC facility*

Services to Adults with Co-Occurring Disorders

3. Adults with co-occurring disorders will realize significant improvement in their condition.
 - A. 90% of those persons prescribed Buprenorphine for opioid dependence will have an objective in their plan of service addressing their substance use recovery goals.

Status:

For the first half of this fiscal year, 12 individuals reported participating in a Medication Assisted Treatment (MAT) Program and being prescribed medication for opioid dependence. Of these 12 individuals, two individuals reported this information at time of initial intake assessment but were ineligible for services. Therefore, of the 10 qualifying cases, three individuals have objectives addressing SUD/MAT within their Plan of Service (POS). Outreach has been conducted to case holders of the six individuals without MAT/SUD objectives to encourage consumers to complete amendments to their POS. One individual of the qualifying 10 cases has since been discharged from this agency and therefore no amendment to the POS are possible. This Sub-End currently is at 30% with anticipated improvement prior to the end of the fiscal year.

Financial Outcomes

4. The Board's agency-wide expenses shall not exceed agency-wide revenue at the end of the fiscal year (except as noted in 5.B, below).

Status:

As of September 30, 2019, Agency-wide expenses exceeded Agency-wide revenues by \$112,575. This was due mostly to a correction in accounting methods from the previous year. As of March 31, 2020, Agency-wide revenues exceeded expenses by \$262,167.

Management projects the Agency will end the current fiscal year with an estimated \$75,000 surplus.

5. The Board's major revenue sources (Medicaid and Non-Medicaid) shall be within the following targets at year-end:
 - A. Medicaid Revenue: Expenses shall not exceed 100% of revenue unless approved in advance by the Board and the PIHP.

Status:

As of September 30, 2019, Medicaid funds were overspent by (\$160,244) and Healthy Michigan funds were underspent by \$244,860. This produced a net amount due to the NMRE of \$84,616. These amounts are based upon actual funds received which did not include NMRE approved FY18 carryforward funds of \$202,754. If the carryforward funds had been received, there would have been a net surplus in combined Medicaid and Healthy Michigan funds. We are awaiting full reimbursement of the overspent amounts from the NMRE's carryforward and risk funds to cost settle the FY19 annual contract.

As of March 31, 2020, Medicaid and Healthy Michigan funds were underspent by (\$505,444) and (\$148,374) respectively for a net under spending of (\$653,818). These are expected to balance to \$0 or with a small deficit by year end due to increased program spending, resulting in a cost settlement with the NMRE from available carryforward or risk funds.

The Board of Directors are kept apprised of the Agency's financial situation on a monthly basis, including the status of over and underspending of Medicaid and Healthy Michigan funds. All financial status reports provided to the Board have been approved by the Board for the respective time periods. The NMRE is kept apprised of the Agency's managed care spending on a monthly basis and have clearly communicated the Agency limit spending to approve per member per month and carryforward net amounts.

- B. Non-Medicaid Revenue: Any over-expenditure of non-Medicaid revenue will be covered by funds from the Authority's fund balance with the prior approval of the board.

Status:

As of September 30, 2019, General Funds were overspent by (\$113,734). As of March 31, 2020, General Funds were overspent by (\$69,926).

The Board of Directors are kept apprised of the Agency's financial situation on a monthly basis, including the status of over and underspending of General Funds. All financial status reports provided to the Board have been approved by the Board for the respective time periods.

Community Education

6. The Board will provide community education. This will include the following:
 - A. Disseminate mental health information to community utilizing available technology and at least one Report to Community annually.

Status:

The Annual Report was completed in May 2020 and is posted to the Agency's website, distributed through e-mail as well as hard copies available for offices, commissioners, collaborative members and those requesting hard copy.

- B. Develop and coordinate community education in Mental Health First Aid for adults and youth, trauma and the effects of trauma on individuals and families, suicide prevention, co-occurring disorders and the increasing violence in our society.

Status:

Trauma: Partners in Prevention, a provider we contract with to provide community education events, participated in an interview on WBKB-TV on October 10 on building trauma and suicide prevention awareness. A six-week "Caring for Children Who Have Experienced Trauma" course was held September 25 through October 30 with 20 participants and 17 completions. An Applied Suicide Intervention Skills Training (ASIST) was delivered October 15-16 in Alpena. In January of this year, a four-week workshop "The Effects of Trauma – How Trauma in Developmental Years Can Impact Adulthood was held with 16 participants overall with 9 attending all four weeks. On January 20, 2020 Partner in Prevention held a "Becoming Trauma-Informed, Piece by Piece" three-hour professional development in-service for the AMA-ESD staff with 50 attending. On January 25, a 70-minute "Early Childhood Trauma – What It Is and Why We Must Care" training was held at the Early Childhood Conference with 22 attending. On February 14, a three-hour trauma basics and strategies was held in Rogers City for staff and administration of St. John Lutheran School.

Suicide Prevention: On November 21, the Alpena News ran an article about suicide prevention and promoted the showing of "Suicide: The Ripple Effect." This video was shown at three different events; two in Alpena and one in Presque Isle counties. Mary Crittenden provided the Alpena Combat Readiness Training Center with a presentation on suicide prevention. On January 17, a four-hour

safeTALK training for Superior-Sunrise Dental Hygiene Association was held with 21 participants. On February 26, a four-hour safeTalk training for the Alpena Combat Readiness Training Center which was also open to the community was held with 22 community participants and 9 military participants.

Mental Health First Aid: Mental Health First Aid was scheduled for March and rescheduled to April due to COVID; however, this course has not been able to be provided with the Stay Home restrictions. The Youth Mental Health First Aid was scheduled for May 18-19 and another reschedule of the Adult Mental Health First Aid to May 27-28. Both of these trainings had to be cancelled.

Other: At the October 16, 2019 Human Services Coordinating Council meeting Mary Crittenden provided members an overview of Access Services provided by the Agency and Lisa Orozco RN presented on the Agency's psychiatric services. In October 2019, staff also participated in the community "Take Back Event" held at the Alpena Senior Citizens Center. On November 5, two Home-Based Service interns did a presentation on Early Childhood Mental Health at the local MOPS group. Nicole Herman, Home Based clinician continues to coordinate within area schools (Alpena and Posen) the TRAILS program which focuses on depression and anxiety for adolescents in the school system. Erin Smith and Amanda Sola provided the NEMSCA Head Start staff with an overview of the Autism services provided by the Agency. On March 31, 2020, clinician Lindsey Daoust interviewed with HITS FM and WKJC related to services the Agency is providing during COVID. This interview aired April 1, 2020.

Due to COVID, many activities had to be rescheduled or cancelled.

C. Support community advocacy.

Status:

Amy Pilarski has been working with the local NAMI Formation group in attempting to establish a local NAMI Chapter in Alpena. Due to issues at the national level, this formation group has been stalled for a time.

**NORTHERN MICHIGAN REGIONAL ENTITY
BOARD OF DIRECTORS MEETING
10:00AM, APRIL 22, 2020
VIA TELECONFERENCE/MICROSOFT TEAMS**

BOARD MEMBERS IN ATTENDANCE:	Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O'Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora
BOARD MEMBERS ABSENT:	Gary Klacking, Christian Marcus
CEOs IN ATTENDANCE:	Christine Gebhard, Chip Johnston, Karl Kovacs, Diane Pelts, Nena Sork
STAFF IN ATTENDANCE:	Carol Balousek, Lisa Hartley, Sandy Kintz, Eric Kurtz, Brandon Rhue, Sara Sircely, Deanna Yockey
PUBLIC IN ATTENDANCE:	Chip Cieslinski, Marissa Gunther, Donna Hardies, Derek Miller, Susan Pulaski, Sue Winter

CALL TO ORDER

Let the record show that Chairman Randy Kamps called the meeting to order at 10:00AM.

ROLL CALL

Let the record show that Gary Klacking and Christian Marcus were excused from the meeting on this date; all other NMRE Board Members were in attendance.

PLEDGE OF ALLEGIANCE

Let the record show that the Pledge of Allegiance was recited as a group.

ACKNOWLEDGEMENT OF CONFLICT OF INTEREST

Let the record show that no conflicts of interest were expressed with any of the agenda items.

APPROVAL OF PAST MINUTES

Let the record show that the March meeting of the NMRE Governing Board was cancelled due to the COVID-19 pandemic. The minutes of the February meeting of the NMRE Governing Board were included in the materials for the meeting on this date.

MOTION MADE BY GARY NOWAK TO APPROVE THE MINUTES OF THE FEBRUARY 26, 2020 MEETING OF THE NORTHERN MICHIGAN REGIONAL ENTITY BOARD OF DIRECTORS CORRECTED AS INDICATED; SECOND BY ROGER FRYE.

ROLL CALL VOTING TOOK PLACE ON THE MOTION.

“Yea” Votes Recorded: Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O'Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora

“Nay” Votes Recorded: Null

MOTION CARRIED BY UNANIMOUS VOTE.

APPROVAL OF AGENDA

Let the record show that no changes to the Agenda were proposed during the meeting on this date.

PRESENTATION

Derek Miller from Roslund Prestage & Company was in attendance to review the NMRE FY19 Financial Audit. NMRE Total assets were reported as \$26,770,151, and total liabilities were reported as \$14,135,537 for a net position of \$12,634,614. Mr. Miller noted the NMRE's Internal Service Fund (\$5,034,468) was down 58% from FY18. The FY19 Operating Revenue was reported as \$188,191,855 (an increase of \$5,627,535 from FY18); Operating Expenses were reported as \$194,376,424 (an increase of \$12,839,969 from FY18). Mr. Miller drew attention to the fact that \$20,976,127 (in excess of the \$250K covered by FDIC) of the NMRE's bank balance of \$21,226,127 was exposed to custodial credit risk because it was uninsured and uncollateralized. Mr. Miller reported no significant issues while conducting the audit and thanked Ms. Yockey and the finance team for their preparedness.

Ms. Sherman asked about the custodial credit risk issue. With a \$250K cap, the NMRE would require 84 banking institutions to eliminate the custodial credit risk. Mr. Kurtz responded that Chase Bank was selected specifically since the State also held its funds with Chase. Mr. Miller clarified that his intent was to bring it to the Board's attention for transparency, not necessarily to require that it be "fixed." Certificate of Deposit Account Registry Service (CDARS) and Insured Cash Sweep (ICS) programs were both named as options used by other governmental institutions to alleviate this issue and things the NMRE could consider.

MOTION MADE BY ROGER FRYE TO APPROVE THE FISCAL YEAR 2019 AUDIT OF THE NORTHERN MICHIGAN REGIONAL ENTITY BY ROSLUND PRESTAGE & COMPANY; SECOND BY GARY NOWAK.

ROLL CALL VOTING TOOK PLACE ON THE MOTION.

"Yea" Votes Recorded: Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O'Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora

"Nay" Votes Recorded: Null

MOTION CARRIED BY UNANIMOUS VOTE.

CORRESPONDENCE

1. House Bills 5412, 5413, 5414, 1545, and 5416 related to the delivery of services during the COVID-19 pandemic.
2. Memorandum from Adam Carlson, Senior Director of Government and Political Affairs for the Michigan Health and Hospital Association supporting House Bills 5412 through 5416.
3. MDHHS Behavioral Health and Developmental Disabilities Administration Communication #20-01 "Essential Behavioral Health Services and Stay Home Stay Safe Executive Order 2020-21 in the COVID-19 Context" guidance document dated March 25, 2020.
4. MDHHS Behavioral Health and Developmental Disabilities Administration Communication #20-02 "Guidance for Specific Clinically Essential Face to Face Encounters in Behavioral Health Clinics, Substance Use Services, and Residential Settings in the COVID-19 Context" document dated March 25, 2020.

5. Letter from Jackie Glaze, Acting Director Medicaid and CHIP Operations Group Center at the Centers for Medicare and Medicaid Services dated April 1, 2020 regarding Request for Waivers Under Section 1135 of the Social Security Act in response to the coronavirus outbreak along with the 1135 Waiver COVID-19 State/Territory Request Template.
6. Letter to Robert Gordon, MDHHS Director from Calder Lynch at the Centers for Medicare and Medicaid Services dated April 6, 2020 regarding Section 1135 Flexibilities requested in the April 1, 2020 Correspondence.
7. State of Michigan Approval of Federal Section 1135 Waiver Requests dated April 6, 2020.
8. Memorandum from Jeffrey Wiefelich, Director of the Bureau of Community Based Services at MDHHS dated April 8, 2020 regarding Plan of Service and due process concerns during COVID-19 Stay Home Stay Safe Executive Order.
9. CMHAM System Redesign Advisory Group Summary of April 13, 2020 discussion.
10. Acton Alert from Alan Bolter at CMHAM requesting an emergency appropriation of \$38.5 billion for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress.
11. Letter from Eric Kurtz to Representative Whiteford in response to CMHAM Information Request Regarding Opioid and Behavioral Health Home Models including Current Integrated Care Initiatives Through Opioid and Behavioral Health Homes dated March 23, 2020.
12. NMRE Operations Committee meeting minutes from March 17, 2020 in draft form.
13. NMRE Finance Committee meeting minutes from April 8, 2020 in draft form.

Mr. Kurtz noted that "MDHHS halted its system design effort and it is clear that the Whitmer administration is unlikely to spend energy and resources on moving system design forward this year." (More later in the Agenda.)

Mr. Kurtz drew attention to the Call to Action from the National Council requesting that an emergency appropriation of \$38.5 billion for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress.

Mr. Kurtz also recognized the Behavioral Health Home and Opioid Health Home overview that he sent to Representative Whiteford at the request of CMHAM. He has since learned that Rep. Whiteford is looking for support to allocate \$4M to alternatives to the specialty integrated plan (SIP). Mr. Kurtz will continue to follow up.

ANNOUNCEMENTS

Let the record show that Chairman Kamps announced that Annie Hooghart was not reappointed to the NMRE Board; her service will be recognized for her contributions at a future date. Mr. Kamps called for the formation of a Nominating Committee to elect Board officers (normally done in April); with no objections, Mr. Kamps appointed Mr. Klacking, Mr. Schmidt, Mr. Ginop, Mr. Larson, and Ms. Marois. Communication will be sent to those named to schedule a meeting.

PUBLIC COMMENT

Let the record show that members of the public were introduced and added to the list of attendees for the meeting on this date; no comments were recorded.

REPORTS

Executive Committee Report

Let the record show that no meetings of the NMRE Executive Committee have occurred since the February Board Meeting.

CEO's Report

The NMRE CEO Monthly Report for March-April 2020 was included in the materials for the meeting on this date. Mr. Kurtz reported that work hasn't slowed down during shut down, if anything it has gotten busier. Biweekly calls are occurring with the Behavioral Health and Developmental Disabilities Administration to work through COVID-19 related issues. An 1135 emergency waiver, and an Amendment to the 1915(c) Waiver are being considered.

SUD Board Report

The minutes of the March 2, 2020 NMRE Substance Use Disorder Oversight Board were included in the materials for the meeting on this date. Liquor tax requests will be presented under a later Agenda item. Mr. Kamps noted that a lively discussion was reflected in the meeting minutes.

MOTION MADE BY JOE STONE TO RECEIVE AND FILE THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD MINUTES FOR MARCH 2, 2020; SECOND BY KARLA SHERMAN.

ROLL CALL VOTING TOOK PLACE ON THE MOTION.

"Yea" Votes Recorded: Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O'Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora

"Nay" Votes Recorded: Null

MOTION CARRIED BY UNANIMOUS VOTE.

Financial Report

The NMRE Monthly Financial Report for February 2020 was included in the meeting materials.

- Traditional Medicaid showed \$69,370,880 in revenue, and \$68,463,184 in expenses, resulting in a net surplus of \$ 907,696. Medicaid ISF was reported as \$1,460,876 based in the Interim FSR. Medicaid Savings was reported as \$0.
- Healthy Michigan Plan showed \$9,245,687 in revenue, and \$8,493,210 in expenses, resulting in a net surplus of \$752,477. HMP ISF was reported as \$3,573,592 based on the Interim FSR. HMP savings was reported as \$0.
- Net Position* showed Medicaid and HMP ISF combined net surplus of \$1,660,173. Medicaid and HMP combined ISF was reported as \$5,034,468. The Total Medicaid and HMP Net surplus, including carry forward and ISF was reported as \$7,124,542.
- Behavioral Health Home showed \$45,959 in revenue, and \$40,709 in expenses, resulting in a net surplus of \$5,250.
- SUD showed all funding source revenue of \$7,003,523, and \$6,072,664 in expenses, resulting in a net surplus of \$930,859. Total PA2 funds were reported as \$5,673,301.
- *HSW Receivable was reported at \$ 429,901.
- *NMRE Medicaid and HMP combined Net Surplus after the adjustment was reported as \$2,090,074.

Mr. Kamps asked about the HSW receivable amount. Ms. Yockey clarified that HSW is a moving number; NMRE is verifying whether payments have been received for all the individuals enrolled. Ms. Yockey reported that a rate adjustment is due at the end of April; \$2.3M was estimated based on high-level calculations. Mr. Kamps asked how likely we are to receive the

\$429K for HSW. Ms. Yockey responded that NMRE is digging into the data to evaluate its legitimacy based on the number of slots and historical payments. Mr. Kurtz added that he believes the issue is “starting to get fixed.” Payments for the first quarter of the fiscal year were incorrect. Mr. Kamps expressed concern as it relates to ISF; he is hopeful that improved rates moving forward will help with build it back up. Mr. Kurtz emphasized that money moving forward is a moving target. Medicaid enrollment is likely to increase due to COVID-19 and related unemployment levels.

Ms. Yockey announced that the first of three PA2 revenue payments for the year is expected in May.

MOTION MADE BY NINA ZAMORA TO RECEIVE AND FILE THE NORTHERN MICHIGAN REGIONAL ENTITY MONTHLY FINANCIAL REPORT FOR FEBRUARY 2020; SECOND BY JAY O’FARRELL.

ROLL CALL VOTING TOOK PLACE ON THE MOTION.

“Yea” Votes Recorded: Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O’Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora

“Nay” Votes Recorded: Null

MOTION CARRIED BY UNANIMOUS VOTE.

NEW BUSINESS

PA2 Requests

1. Health Department of Northwest Michigan – Otsego County – \$10,613
2. 53rd Circuit Court – Cheboygan County – \$6,000
3. Catholic Human Services – Grand Traverse County – \$24,945
4. Catholic Human Services – Alcona and Presque Isle Counties – \$38,892 and \$10,08 respectively.
5. District Health Department #2 – Alcona, Alpena, Cheboygan, Iosco, Montmorency, Ogemaw, Oscoda, and Presque Isle Counties – \$61,359 split proportionately among the eight counties.
6. Health Department of Northwest Michigan – All 21 Counties in the NMRE Region - \$110,000 split among the 21 counties based on interest and use.

MOTION MADE BY JOE STONE TO APPROVE THE LIQUOR TAX RECOMMENDATIONS OF THE NORTHERN MICHIGAN REGIONAL ENTITY SUBSTANCE USE DISORDER OVERSIGHT BOARD ON MARCH 2, 2020; SECOND BY MARY MAROIS.

ROLL CALL VOTING TOOK PLACE ON THE MOTION.

“Yea” Votes Recorded: Roger Frye, Ed Ginop, Randy Kamps, Terry Larson, Mary Marois, Gary Nowak, Jay O’Farrell, Richard Schmidt, Karla Sherman, Joe Stone, Don Tanner, Nina Zamora

“Nay” Votes Recorded: Null

MOTION CARRIED BY UNANIMOUS VOTE.

COVID-19 Response

Mr. Kurtz expressed that regional leaders have worked collaboratively to ensure that essential services continue to be provided in the safest manner possible. The expansion of telehealth has been very effective; Mr. Kurtz is hopeful some of that continues after the crisis abates.

CMHAM System Redesign Advisory Group

The state's FY20 budget is expected to have a \$1 – \$3 billion budget gap with a \$4 billion gap in FY21. The State's system redesign hibernation and budget pressures open the door for other options now or in future.

- 1) System redesign will be taken off the table permanently
- 2) Legislators and Health Plans will propose a carve-in for Medicaid Managed specialty supports and services
- 3) The SIP will resurface after the pandemic
- 4) Other options will be considered

The Advisory Group collectively supported Option 4, including the possibility of a “reverse carve-in.” Mr. Johnston commented that he finds the fixation on the SIP and Certified Community Behavioral Health Clinics (CCBHC) astounding. Mr. Johnston is attempting to tie BHH efforts into the CCBHC; CCBHC is essential a health home model. Mr. Kurtz called the payment model for the CCBHC “archaic at best.” A lot of education to thwart still lingering “bad ideas” will be needed. Mr. Johnston stressed the importance of a rural exemption. Mr. Stone agreed that now is a great time to put something together that's best for all. The next meeting is scheduled for May 11th.

OLD BUSINESS

Let the record show that there was no “Old Business” on the Agenda for the meeting on this date.

COMMENTS

Board

- Mr. Frye asked whether the SUD Board meeting scheduled for May 4th is moving forward. Ms. Sircely responded that due to a lack of liquor tax requests, the meeting has been cancelled. The next meeting is planned for July 6th at 10:00AM.
- Mr. Schmidt commented that he was impressed how the lively conversation during the March NMRE SUD Board meeting was handled; Members asked the same questions he would have asked if he was in attendance.
- Mr. Kamps stated he was glad that there was no meeting in March; the financial report reviewed on this date (February 2020) showed improvement.
- Mr. Tanner implored everyone to stay healthy.
- Mr. Kamps expressed that he felt the meeting on this date went as well as it could in the virtual environment.

MEETING DATES

The next meeting of the NMRE Board of Directors will take place on May 27, 2020. Communication will be sent regarding whether the meeting will take place at the NMRE office in Gaylord or via teleconference.

ADJOURN

Let the record show that Mr. Kamps adjourned the meeting at 11:11AM.

	Program	Consumers served May 2020 (5/1/20 - 5/31/20)	Consumers served in the Past Year (6/1/19 - 5/31/20)	Running Average (Variable Timeframe) (10/1/19 - 5/31/20)
1	Access / Crisis / Prescreens	40 - Routine 0 - Emergent 1 - Urgent 25 - Crisis 30 - Prescreens	676 - Routine 1 - Emergent 3 - Urgent 837 - Crisis 503 - Prescreens	54 - Routine 0 - Emergent 0 - Urgent 63 - Crisis 41 - Prescreens
2	Doctors' Services	425	1379	466
3	Case Management			
	Older Adult (OAS)	111	294	108
	MI Adult	170	433	183
	MI ACT	21	50	25
	Home Based Children	37	83	38
	MI Children's Services	95	307	108
	IDD	133	409	195
4	Outpatient Counseling	242(22/222)	554	210
5	Hospital Prescreens	30	503	41
6	Private Hospital Admissions	14	247	19
7	State Hospital Admissions	0	1	0
8	Employment Services			
	IDD	17	87	44
	MI	14	64	19
	Touchstone Clubhouse	84	99	82
9	Peer Support	25	58	35
10	Community Living Support Services			
	IDD	40	147	82
	MI	56	125	68
11	CMH Operated Residential Services			
	IDD Only	57	64	
12	Other Contracted Resid. Services			
	IDD	31	32	32
	MI	38	41	37
13	Total Unduplicated Served	1044	2310	1109

County	Unduplicated Consumers Served Since June 2019
Alcona	263
Alpena	1405
Montmorency	258
Presque Isle	285
Other	82
No County Listed	17

CARF Standards Strategic Planning
2019

Standard Number	Standard	Evidence
C.1.	<p>The ongoing strategic planning of the organization considers:</p> <ul style="list-style-type: none"> a. Expectations of persons served b. Expectations of other stakeholders c. The competitive environment d. Financial opportunities e. Financial threats f. The organizations capabilities g. Service area needs h. Demographics of the service area i. The organizations relationship with external stakeholders j. The regulatory environment k. The legislative environment l. The use of technology to support: <ul style="list-style-type: none"> • Efficient operations • Effective service delivery • Performance improvement m. Information from the analysis of performance. 	<ul style="list-style-type: none"> • Strategic Planning takes place every May/June/July • Environmental Scan provided. • Strategic Planning includes the Board of Directors and the Director of the CMH, staff, and Consumer Advisory. • The group is aware of demographics of the service area • The group is aware of financial threats • The group is aware of financial opportunities • The group is aware of the environment and resources within that environment. • The group is aware of the expectations of the consumers and the community. • The group is aware of the regulatory environment and the legislative environment. • Group reviews and includes improvement areas/ends review • Group reviews and includes technology and the need for technology to grow and be efficient/effective. • Planning includes information from needs assessment/analysis. • Standards are provided to Board. QI Coordinator/CARF Coordinator present to ensure all areas are covered.
C.2.	<p>A The organization implements a Written Strategic Plan:</p> <ul style="list-style-type: none"> a. Is developed with input from: <ul style="list-style-type: none"> 1. Persons served 2. Personnel 3. Other Stakeholders b. Reflects current and projected financial position: 	<ul style="list-style-type: none"> • A strategic planning meeting occurs every May/June/July. • A strategic plan which has end statements as goals is developed. • Previous Ends are reviewed/discussed for progress or lack of progress. • Priorities are set taking into consideration the financial position of the agency. • The plan is shared with others such as leadership in the agency and PIHP leaders.

CARF Standards Strategic Planning
2019

	<ol style="list-style-type: none"> 1. At the time the plan is written. 2. At Projected points in the future. 3. With respect to allocating resources necessary to support accomplishment of the plan. <p>c. Sets:</p> <ol style="list-style-type: none"> 1. goals 2. priorities <p>d. is reviewed at least annually</p> <p>f. is updated as needed.</p>	
1.C.3	<p>The strategic plan is shared as relevant to the needs of the specific group with:</p> <ol style="list-style-type: none"> a. Person served b. Personnel c. Other stakeholders 	<ul style="list-style-type: none"> • The strategic plan is shared with the Advisory Council • The strategic plan information is located in the annual report • The strategic plan is posted for staff. • The strategic plan is located on the agency website.

Northeast Michigan Community Mental Health Authority

STRATEGIC PLAN 2019-2020



Mission:

To provide comprehensive services and supports that enable people to live and work independently.

Vision:

Northeast Michigan Community Mental Health will be the innovative leader in effective, sensitive mental and behavioral health services.

In so doing, services will be offered within a culture of gentleness and designed to enhance each person's potential to recover. We will continue to be an advocate for the person while educating the community in the promotion of mental and behavioral health.

Core Values:

- A Person-Centered focus shall be at the heart of all activities.
- Honesty, respect and trust are values that shall be practiced by all.
- We will be supportive and encouraging to bring out the best in one another.
- Recognition of progress and movement toward a continuously improving environment is a responsibility for all.
- We prefer decision-by-consensus as a decision-making model and will honor all consensus decisions.

Forces in the Environment Impacting Behavioral Health

Payors/Payment Reform

- Reimbursement based on health outcomes
- ACA
- Health system insurance plans
- Section 298 and 928

Persons Served

- Aging population and other demographic changes
- Expansion of coverage
- Increasing comorbid conditions
- Individuals served accessing health information

Quality Improvement

- Health and safety
- Minimizing waste, fraud and abuse
- Right amount of scope & duration of service

Regulatory Changes

- Home and Community-Based Services Rules
- Potential carve-in of specialty behavioral health
- 1115 waiver application

Workforce

- *Shortage of qualified staff* of all types of disciplines (professional as well as direct care)
- Aging workforce
- Competing with the private sector (lower pay)
- Challenging work environment
- Evidence-Based Practices
- Training of staff to address current environment

Technology

- Electronic Health Record (HER)
- Data Analytics
- Increase Mobile Capabilities
- Self-Management Tools/Consumer Portal

Goals:

1. To reduce the risk of metabolic syndrome in both adults and children.
 - a. Nursing staff will collect blood pressures (BPs), weights and body mass index (BMI) on all new psychiatric evaluations and all children receiving medication clinic services.
 - b. The Agency will participate in the data analytics project to identify those individuals who are at risk for increased health concerns.
 - c. Clinical staff will work with the Medicaid Health Plans to coordinate care and treatment.
 - d. Participate in PIHPs QAPIPs [Quality Assessment Performance Improvement Projects].
 - i. QAPIP #1 – Follow up care for children prescribed ADHD medications.
 - ii. QAPIP #2 – Adults prescribed psychotropic medications for more than six (6) months will be screened for diabetes.
2. To continue the partnership with Alcona Health Center and local school systems in order to provide school-based social work services for children
3. Promote a trauma-informed community through education, assessment and participation in community initiatives.
4. Support and expand services to all children and young adults diagnosed with Autism Spectrum Disorders.
5. Coordinate community education and partnerships in suicide prevention.
6. To increase Substance Use Disorder (SUD) services and training within the Agency, while partnering with local SUD providers to educate and reduce substance use in the community.
7. To collaborate with the Veteran's Administration assuring comprehensive behavioral health services are available.
8. To further utilize the Health Information Exchange (HIE) with Great Lakes Health Connect and local organizations in order to share critical health care information. *[It*

should be noted, our current electronic record system (PCE) is a conduit for this information making this utilization much easier.]

9. To keep current in education and information technology (IT).

Barriers/Challenges:

Home and Community-Based Services – NeMCMHA will need to work with our providers to assure compliance with the rules for all.

ABA Expansion – Qualified providers, either in-person or through a telehealth arrangement, are limited in this program area.

Integrated Healthcare – The Health Information Exchange (HIE) is not progressing as rapidly as previously anticipated. Data provided is not sufficient to address real time queries on health information of the populations served. Current restrictions of Personal Health Information (PHI) specific to Substance Use Disorders/treatment does not address the total needs of the individual in an HIE venue.

Funding – The contractual obligations to the Michigan Department of Health and Human Services (MDHHS) while staying within the Per Member Per Month (PMPM) formula provided by the PIHP.

Jail Services – Limited use by law enforcement impacts the number of pre- and post-booking jail diversions.

Recruiting and Retention of Qualified Staff – Local competition for positions has made it difficult to recruit.

Service Population – If service delivery is modified to include the mild to moderate population, current staffing level is insufficient.

Residential Options – Decrease of family operated foster care resulting in the need to contract with more expensive corporate specialized foster care placements.

Opioid Epidemic – The increasing opioid epidemic has strained community resources.

Increasing Violence in our Society – The increasing violence in our society is requiring communities to come together to develop a comprehensive community action plan.

Opportunities:

Work collaboratively with the community partners in the region to promote integrated services, develop shared services and improve consumer accessibility, health outcomes and efficiencies.

Introduce new Evidence-Based Practices (EBPs) and training in the delivery of services.

The infrastructure of NeMCMHA is relatively strong, with excellent facilities, dedicated staff, continued IT investment and a balanced budget.

Provide education to the community at large and support and promote local advocacy efforts.

Work collaboratively with the community partners in the region to address challenges related to the increasing opioid epidemic and increase in violence and anger dyscontrol.

Take advantage of training opportunities provided by MDHHS.

Options:

The Agency must continue to strengthen its relationships with other partners of the market and reinforce its niche in intensive services for people with serious mental illness, serious emotional disturbance and intellectual/developmental disabilities, including those whose disabilities co-occur with substance use. The Agency must strategize to become a valued partner and be indispensable in the pursuit of quality, accessible health care at a lower cost. Options to be considered:

- Shared psychiatric consultation with staff at other clinics
- Easy and consistent flow of individuals and information between behavioral health and primary care providers
- Growth of health care awareness and services in CMH services through enhanced training in health coaching and the use of data analytics
- Work closely to assure people with a serious mental illness or intellectual/developmental disability are receiving all necessary primary and behavioral healthcare. Expand telemedicine services as it relates to pediatric and adult services.
- Provide community members and staff with training as it relates to Mental Health First Aid for youth and adults, suicide prevention, increasing violence in our society, co-occurring disorders and the effects of trauma on individuals.
- Continue to be a member of Human Services Collaboratives.

Plan:

Community Partners will be essential for NeMCMHA as we continue to be successful in the provision of integrated, comprehensive physical and behavioral health services. Northeast will continue to work collaboratively with the major primary health care providers and the Medicaid Health Plans (MHPs) to ensure the requirements to meet the health care reform challenges are met. Joint ventures will be established with community partners to provide seamless systems of care that eliminates duplication, lower costs, ensure quality care and achieve superior outcomes.

The Ends Statements reflect methods of monitoring population groups and department specific goals.

Ends:

All people in the region, through inclusion and the opportunity to live and work independently, will maximize their potential.

Sub-Ends:

Services to Children

1. Children with serious emotional disturbances served by Northeast will realize significant improvement in their conditions.

- a. 75% of all children who complete treatment (targeted case management, outpatient counseling, Home-Based Services and Wraparound) will show a 20 point or more decrease in CAFAS scores at completion of services.

Services to Adults with Mental Illness and Persons with I/DD

2. Individuals needing independent living supports will live in the least restrictive environment.
 - a. Development of two additional contract residential providers within our catchment area to increase capacity for persons requiring residential placement.
 - b. Development of additional supported independent services for two individuals currently living in licensed Foster Care.

Services to Adults with Co-Occurring Disorders

3. Adults with co-occurring disorders will realize significant improvement in their condition.
 - a. 90% of those persons prescribed Buprenorphine for opioid dependence will have an objective in their plan of service addressing their substance use recovery goals.

Financial Outcomes

4. The Board's Agency-wide expenses shall not exceed Agency-wide revenue at the end of the fiscal year (except as noted in 5.b. below).
5. The Board's major revenue sources (Medicaid and Non-Medicaid) shall be within the following targets at year-end:
 - a. **Medicaid Revenue:** Expenses shall not exceed 100% of revenue unless approved by the Board and the PIHP.
 - b. **Non-Medicaid Revenue:** Any over-expenditure of non-Medicaid revenue will be covered by funds from the Authority's fund balance with the prior approval of the board.

Community Education

6. The Board will provide community education. This will include the following:
 - a. Disseminate mental health information to the community utilizing available technology and at least one Report to the Community.
 - b. Develop and coordinate community education in Mental Health First Aid for adults and youth, trauma and the effects of trauma on individuals and families, suicide prevention, co-occurring disorders and the increasing violence in our society.
 - c. Support community advocacy

The Ends will be monitored by the Board at least semi-annually.

The Strategic Plan will be reviewed by the Board at least annually.

COMMERCIAL CARD RESOLUTION

Pursuant to Michigan State law and public policy, the following apply:

Authorization

The governing board of **Northeast Michigan Community Mental Health Authority** has 1) authorized Card use (provided by The Huntington National Bank) for specific purposes and 2) have or will approve and adopt a policy governing usage of the credit card and appropriate oversight controls.

Appropriation

We certify that the governing board approved card usage for those purposes involving the procurement of goods and/or services for which **Northeast Michigan Community Mental Health Authority** has appropriated funds in its annual appropriations budget.

Usage and Oversight Controls

The governing board of **Northeast Michigan Community Mental Health Authority** has adopted formal policies and procedures concerning Card usage and oversight, including but not limited to the following considerations: 1) a list of authorized employees; 2) custody of the card(s); and 3) the pre-approval of card usage and reconciliation of usage against purchase orders.

Authorized Person to Execute Agreement

The governing board certifies that the following individual(s) of **Northeast Michigan Community Mental Health Authority** are fully authorized to execute/sign a Card Agreement with The Huntington National Bank and **Northeast Michigan Community Mental Health Authority** to its terms.

PRINTED NAME: Nena Sork _____

TITLE: Director _____

PRINTED NAME: Connie Cadarette _____

TITLE: Finance Officer _____

Two Members:

PRINTED NAME: _____

PRINTED NAME: _____

SIGNATURE: _____

SIGNATURE: _____

TITLE: _____

TITLE: _____

DATE: _____

DATE: _____

RESOLUTION, CREDIT CARD POLICY & CARDHOLDER USER AGREEMENT

WHEREAS: The **Northeast Michigan Community Mental Health Authority** adopted a Credit Card policy for the use of the Huntington Bank Credit Card in compliance with Michigan Public Act 266 of 1995.

WHEREAS: **Northeast Michigan Community Mental Health Authority** has identified a need to add a Huntington Bank Credit Card for use within the agency to update current business practices and the operating environment;

NOW THEREFORE BE IT RESOLVED: That the Board does hereby adopt the following Huntington Bank Credit Card Policy and Cardholder User Agreement:

- a) Under direction of the Board, the Director and the Finance Officer are designated as the positions responsible for credit card issuance, accounting, monitoring, setting individual credit limits, retrieval and overall compliance with the credit card policy. New users shall be jointly authorized by the Board, Director and the Finance Officer.
- b) Any credit card issued to **Northeast Michigan Community Mental Health Authority** may be used by a designated employee of the agency for official agency business purposes only. The card may not be used for private expenses or to withdraw cash (cash advance). Credit card use shall be strictly limited and used to facilitate business transactions which routinely require a credit card number.
- c) An employee using a credit card issued to the agency shall submit documentation, as required by the financial review processes of the agency, to validate the official agency business purpose of all such expenditures. The cardholder is responsible for timely reconciling the monthly credit card statement and for providing adequate documentation for expenditures incurred prior to submitting for financial review and payment. Documentation must include a copy of the invoice or receipt that includes the payee name, date and amount of expenditure, and proof of payment, and must be accompanied by the business purpose for the expenditure. Expenditures for meals, meetings, training and education, travel or similar expenses must identify those involved in accordance with Internal Revenue Service guidelines.
- d) An employee issued a credit card is responsible for its protection and custody and shall immediately notify the issuing agency and the Director and the Finance Officer if the credit card is lost or stolen. Protection and custody applies to the physical card as well as the specific account information; credit card data is not permitted to be stored on external servers, websites, etc. The cardholder is ultimately responsible for the safekeeping and appropriate use of the corporate credit card and must read and sign the agency's Cardholder User Agreement acknowledging acceptance of this policy. Individuals who fail to adhere to these policies and procedures risk revocation of their credit card privileges and/or disciplinary action.
- e) The corporate credit card is the property of the agency, an employee issued a credit card shall return the credit card to the agency with a final reconciliation and receipts of all expenditures upon the termination of his or her employment or official service to the agency.
- f) The internal controls, monitoring, accounting and payment of credit card charges shall be the same as those in place for noncredit card purchases of goods and services. Use of the Card is

subject to the guidelines of the agency's Corporate Credit Card, Travel Policies, and current agency procurement processes and procedures.

g) Payment of all credit card invoices is subject to the internal accounting controls and expenditure review process of the agency.

h) The balance including interest due on an extension of credit under the credit card arrangement shall be paid within not more than thirty (30) days of the initial statement date.

i) Unauthorized use of a credit card by an employee of the agency shall subject them to disciplinary measures consistent with law and the personnel policies of the agency up to and including termination of employment and/or prosecution.

BE IT FUTHER RESOLVED: That the policy be effective immediately upon adoption and existing agency credit card holders shall complete the requisite Cardholder User Agreement, acknowledging their responsibilities under such policy, within fourteen calendar days of adoption.

Credit Card Limit and Spending Limit for each cardholder listed below will be \$50,000. The monthly minimum spending limit has been waived by Huntington Bank.

Nena Sork, Director

Date

Connie Cadarette, Finance Officer

Date

Darla Fleming, Purchasing Agent

Date

JULY AGENDA ITEMS

Policy Review

Community Resources 01-010

Policy Review & Self-Evaluation

Public Hearing 02-010

Monitoring Reports

Budgeting 01-004 (Finance Report)

Asset Protection 01-007 (Insurance Reports)

Community Resources 01-011 (Collaboration Report)

Activity

Strategic Plan/Ends

Plan for CEO Evaluation [It's already been a year]

Old Business

Ownership Linkage

Educational Session

Finalize Strategic Planning/Setting Ends



REPORT

400 Johnson Street • Alpena, Michigan 49707
May 2020



Accredited in 17 Programs

Letter to the Community

Dear Citizens of Northeast Michigan,

The Board of Directors and staff of Northeast Michigan Community Mental Health Authority (NeMCMHA) is pleased to present our Annual Report for fiscal year 2019. We hope it will enhance your understanding of our work. Due to the retirement of Cathy Meske, Executive Director, NeMCMHA had a “changing of the guard” during the last quarter of the fiscal year. Cathy Meske served the public community mental health system for 47 years and had been part of the development of the current system we have in place today.

NeMCMHA exists to serve, and last year we provided services for children with serious emotional disturbances, adults with serious and persistent mental illnesses, adults and children with intellectual and developmental disabilities and individuals with a co-occurring substance use and mental illness diagnosis. In addition, we provide crisis services for anyone within our services area. We have the privilege of providing and arranging high quality, comprehensive behavioral healthcare for 2,434+ of some of our most vulnerable citizens. Last year we also responded to 3,623+ crisis calls. The OBRA Program continues to grow due to the increased need for behavioral health consultation and service to nursing homes. We continued to focus on integrated behavioral and physical health services in our region and closely monitor the people we serve with comorbid diagnosis of chronic obstructive pulmonary disease (COPD), diabetes, high blood pressure, chronic heart conditions and obesity. We have worked closely with the Primary Care Physicians (PCPs) to manage these chronic illnesses and teach the people we serve about prevention, health and wellness. We are treating the whole person – mind, body and spirit. We are very pleased to report that in the last year, 92% of the people we serve had an appointment with their PCP. In 2018, only 77% of adults in the U.S. stated they visited their PCP at least once a year.

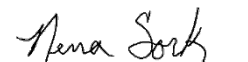
We are proud to have earned another accreditation from CARF International, which is an important endorsement of how our organization operates at all levels. We appreciate your past advocacy efforts and ask for your continued support to keep our public community mental health system accountable to the public and rooted in our counties.

During the recent pandemic, our workers are the essential healthcare workers that have continued to deliver services throughout this challenging period. We want to thank them publicly. They are there on the front lines, going into people’s homes and when a person who we serve tests COVID-19 positive, we are the ones who are taking care of them, supporting them and “walking through this” with them. Our staff are the “ninjas” of the healthcare world. In fact, they are so committed to what we do, many in the communities we serve do not realize we are out there each and every day, 365 days a year. This is the greatest testimony and truest compliment to what our staff do and how they do it. It speaks volumes about the people who choose to work for a Community Mental Health organization. It solidifies the moral and ethical commitment they have made to their profession and contributions to the communities we serve. It is because of their belief in the mission and vision of the organization that they get up each and every day and take on an incredible responsibility however this is just “ordinarily ordinary.” This is our “business as usual” every day, not just during a pandemic.

We are facing uncertain times with unforeseen changes and challenges, both at the State and Federal level. However, we are confident our efforts have positioned NeMCMHA in a positive place to be a proactive and collaborative partner in whatever environment we may face going forward. We are driven by always keeping the best interest of our neighbors in mind with all of our efforts. We are all honored to serve the citizens of Alcona, Alpena, Montmorency and Presque Isle counties and to strive for good physical health and mental wellness for the individual and for the community at large.

Sincerely,


Eric Lawson, Chairman


Nena Sork, Director



Meet Rebecca...

Meet REBECCA STOCKFORD... who began her journey with the Community Support Program after moving to Alpena. She learned about the community and its resources and soon knew what she needed to do to live successfully on her own. Rebecca quickly transitioned from Community Support Program to the Supported Independence Program. With the assistance of staff, the Tech room monitoring staff and case manager, as well as being an active participant in the Fit-N-Fun series, Rebecca learned the skills she needed to get her health issues under control. Rebecca became involved in local walking groups that meet at the Northern Lights Arena. She lost weight, became active, was able to graduate from needing the monitor services and has greatly decreased need for staffing. Rebecca has become very independent choosing what she wants in her day-to-day life and the work she chooses to do.



Rebecca had a strong desire to work and with the assistance of Supported Employment, Rebecca became employed in August 2013. Over the years, Rebecca has successfully learned her job roles, is very independent and now only receives minimal assistance from a job coach provided through NeMCMHA. If you hear the doorbell ring, Rebecca may greet you with a friendly “hello” and a beaming smile asking if you are interested in purchasing Avon. Her excellent business skills include great customer service, dedication, motivation and marketing to name a few. Rebecca also has a second job as a greeter for classes at NeMCMHA. Everyone is always happy to be met by her friendly disposition and eagerness to assist them. Genny Domke (her co-worker) states, “Rebecca handles any situation with finesse and grace. She always has a willingness to work with a positive attitude. She is a delight and great benefit to the jobs she performs.”

Rebecca also worked the janitorial area at Besser Company with support from NEMROC. She recently decided to leave this job and focus on her Avon business and greeter position. Even though Rebecca is a very busy woman, she recently became involved with the Northern Michigan Regional Entity’s “Regional Entity Partners (REP).” The REP is an advisory council covering a 21-county area in northern Michigan. She is excited about this opportunity and will be a great addition and advocate. When asked about her jobs, Rebecca stated, “I love both of them and I wish this stuff (COVID-19) would be over so I can get back to work and make money!” She has many friends throughout the community and a very busy social life. Her upbeat, outgoing personality makes Rebecca a person that draws people to her and we are very proud of her accomplishments. She is an inspiration to all who know her.



A strong social support system improves overall mental health outcomes and the ability to bounce back from stressful situations.




TO LEARN MORE
mhanational.org/may

Empower yourself with resources to overcome the challenges you face

It's important to find support if you're feeling heightened stress and uncertainty brought on by the current coronavirus (COVID-19). myStrength's web and mobile tools are safe, secure and personalized – just for you.

Choose from over a dozen activities, including:

- Strategies to manage heightened stress
- Tips for parenting during challenging times
- Ideas to manage social isolation
- Other tools and information for emotional support




SIGN UP TODAY

1. Visit www.mystrength.com and click on "Sign Up."
2. Enter the Access Code marked below.
3. Complete the myStrength sign-up process and personal profile.
 - NeMCMHACommunity

Go Mobile! Download the myStrength mobile app, log in, and get started today.

myStrength is presented by
NORTHEAST MICHIGAN COMMUNITY MENTAL HEALTH AUTHORITY

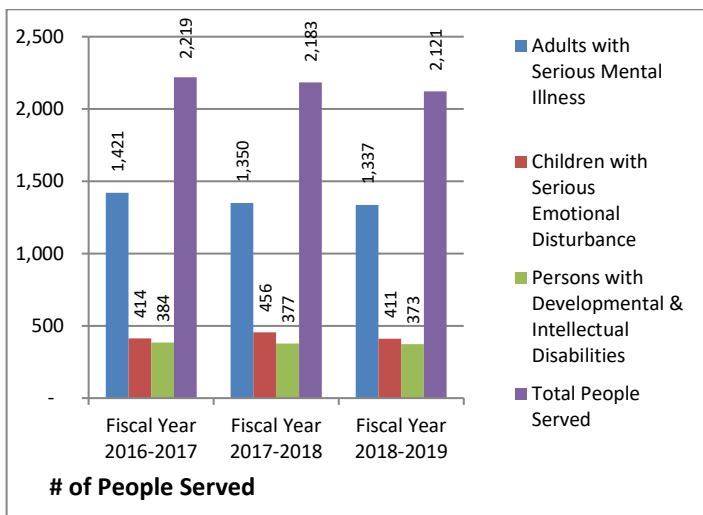
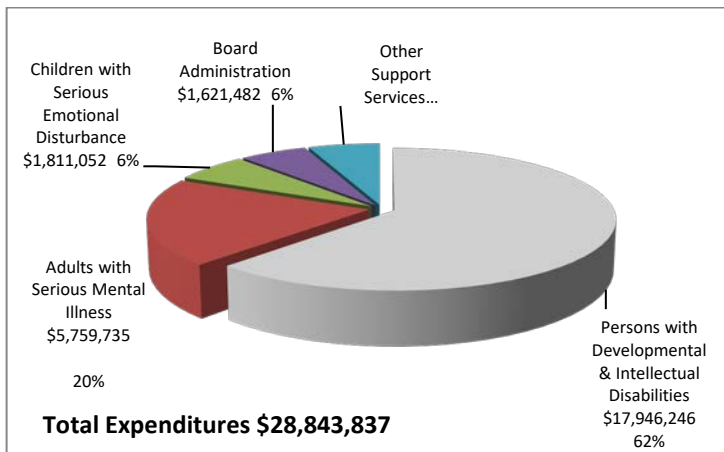
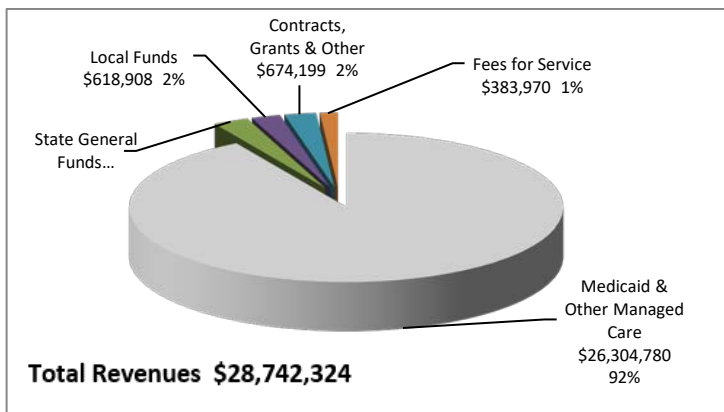


Northeast Michigan Community Mental Health Authority
October 1, 2018 – September 30, 2019

Sources and Uses of Funds

Total Revenue	\$28,742,324
Total Expenditures	\$28,843,837
Net Income/(Loss)	\$ (101,513)

[Post-retirement benefits are not offered at NeMCMHA. Employee Pensions are 401 Plans, which are fully funded.]



Four Board Members Appointed / Re-appointed to NeMCMHA Board

Members of the four-county board of directors governing Northeast Michigan Community Mental Health Authority are appointed by each county's board of commissioners to serve a three-year term. Due to staggered terms, four Board members are appointed each year. The Board also had the resignation of one Board member in January with Alpena County appointing Bob Adrian to fill the remainder of that term. Respective counties reappointed Bonnie Cornelius, Roger Frye and Gary Nowak to a new three-year term. The Board is still searching for an Alpena County candidate. Ideally, this candidate should have lived experience as the Board must be comprised of a certain number of primary consumers and family members. If you are interested in filling this role, please contact the Alpena County Board of Commissioners for an application.



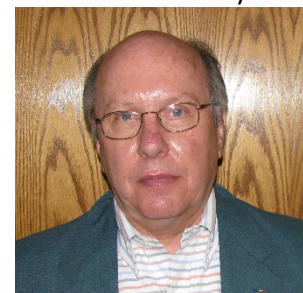
Bob Adrian
Alpena County



Bonnie Cornelius
Alcona County



Roger Frye
Montmorency County



Gary Nowak
Presque Isle County

2020 NeMCMHA Board

Alcona County
Bonnie Cornelius, *Secretary*
Gary Wnuk

Montmorency County
Roger Frye, *Vice Chair*
Albert LaFleche

Alpena County
Bob Adrian
Judy Jones
Vacancy
Eric Lawson, *Chair*
Pat Przeslawski

Presque Isle County
Lester Buza
Terry Larson
Gary Nowak, *Past Chair*



TAKING A SCREEN IS AN EASY WAY TO CHECK IN ON YOUR MENTAL HEALTH.



MAY IS 2 MENTAL HEALTH MONTH



NeMCMHA Quality Improvement – Satisfaction Surveys...

NeMCMHA provides various opportunities for persons served to express their level of satisfaction with our services. The Prepaid Inpatient Health Plan (PIHP), known as the Northern Michigan Regional Entity (NMRE), provides us with five satisfaction surveys that are consistent across the 21 counties of northern lower Michigan. This allows for trending of needed areas of improvement activities. In addition, we assess satisfaction at the annual plan of service and during plan of service reviews and through public forums at predetermined times of the year.



During Fiscal Year 2019 (FY19), the NMRE used a Survey Monkey process. This captured over 1,060 surveys across our region of persons diagnosed with a mental illness/serious emotional disturbance. Of those, 286 were completed by persons receiving services from NeMCMHA. The service areas addressed in the surveys included Assertive Community Treatment (ACT), Adult/Child Case Management, Medication Services, Clubhouse and Outpatient Services. Of those surveyed, 93% indicated they would use CMH services even if there were other service providers to choose from, and 96% indicated they would refer a friend or family to our services.

For persons diagnosed with an intellectual/developmental disability (I/DD), NeMCMHA sent 346 satisfaction surveys in FY19. We received 156 returned surveys; of these returned surveys 98% indicated they were treated with dignity and respect and 95% indicated they were satisfied overall with the services they receive. One area of improvement we identified is that we will develop a process that helps people we serve with an I/DD diagnosis to identify and express when they do not like something about their services. Although we will look at improving in this area, NeMCMHA received a 79% satisfaction rating for this question and this was the lowest rating for a response in the entire survey. The highest negative response of any questions on the survey was 4%.

The annual Plan of Service meetings assess individuals for their satisfaction with services. In FY19, of the 937 individuals assessed for satisfaction of overall services, 98% reported satisfaction.

Person receiving services from NeMCMHA also participated in a recovery survey provided to us from the NMRE. This survey captured information on recovery practices, involving recovery orientation, life goals, individual involvement, and treatment options, individual's choice, inviting space, and tailored services. We were able to identify two areas as needing improvement. The first area is to encourage attendance at open meetings at NeMCMHA. The second is to increase participation of the persons we serve in the development of new programs or services. NeMCMHA received the highest ratings in staff helping persons served develop life goals beyond just symptoms and stability. The question that received the highest score identified staff encouraging high hopes and expectations regarding recovery.

NeMCMHA will continue to survey persons served as this allows us to assess the perception of persons served related to the services they are receiving. Surveying annually allows NeMCMHA to better meet the expectations of those we serve and to continue to improve the services we are providing.



NeMCMHA Receives Re-Accreditation from CARF

The Commission on Accreditation of Rehabilitation Facilities (CARF) is an international, non-profit organization founded in 1966. CARF International has surveyed hundreds of thousands of programs around the world since it was founded. CARF International accreditation provides a visible symbol that assures the public of a provider's commitment to continually enhance the quality of services and programs with a focus on the satisfaction of the persons served.

NeMCMHA received their notification from CARF indicating achievement of a three-year accreditation for 17 of our programs serving Children and Adolescents, Adults and individuals with an Intellectual/Developmental Disability. The CARF review team consisted of four surveyors from around the country, each with a specific area of focus that is their expertise. Agency staff welcomed the CARF team to their program, home or office and with pride provided the CARF team with the evidence they needed to address the many standards in the accreditation process. The CARF certification process also provides the organization with recommendations for continued opportunities for improvement in areas of the organization.

Meet Andrew, a true story of success and recovery...

When Andrew began experiencing mental health symptoms at age seventeen, he established services with CMH. Andrew was not initially interested in prescribed medications causing him to suffer for several months prior to his first psychiatric hospitalization. Although some progress was made over the next few years, he experienced additional hospitalizations as a result of stopping his medications. After his last inpatient discharge, it was recommended Andrew attend Clubhouse. He began attending Clubhouse just one time per week. Andrew found it was nice to no longer be socially isolated and to spend his days being more productive. His Clubhouse participation increased and he was invited to attend a two-week training at Clubhouse International in Massachusetts with fellow Clubhouse peers and staff members. After visiting Clubhouse International, he began helping with the Touchstone Services Clubhouse transition. Joining the Advisory Board at Clubhouse also gave him an opportunity to participate in a leadership role.



Andrew previously enjoyed attending Healing Voices Group. In fact, this led Andrew to be encouraged to apply for his current position as an agency Peer Support Specialist. As a Peer Support Specialist, Andrew appreciates feeling trusted and being held to a high regard.

Andrew notes his employment, involvement with Clubhouse, exercise, nutrition and medication have helped him to achieve and maintain recovery. If Andrew were to give advice to other individuals coping with a mental illness, he would encourage them to take care of themselves physically, mentally and emotionally. He also believes medication is helpful for those who need it.

Andrew's hobbies consist of reading, spending time with family and friends, and physical exercise including bicycling, basketball, swimming and attending a local gym. He is also a talented musician and enjoys playing the guitar.



NeMCMHA is funded, in part, by the Michigan Department of Health and Human Services

Continued from Page 4

Re-Accreditation (cont'd)

Per CARF's accreditation decision, NeMCMHA received the following feedback from the review team, "On balance, NeMCMHA demonstrated substantial conformance to the standards. NeMCMHA is respected in the community. Funding sources, persons served, and referral sources have all expressed satisfaction with the services provided. The organization's continued commitment to CARF's values and the diligence and eagerness with which it addresses the standards are evidenced in the provision of quality services to NeMCMHA persons served. Teamwork and an atmosphere of cooperation are noted across the organization. NeMCMHA benefits from the talented leadership's commitment and competence. It enjoys the appreciation and satisfaction of persons served, family members, referral sources, and other stakeholders. The organization's services, setting, and environment communicate a sense of respect across its business operations and service delivery."

Each year, CARF updates its standards manuals to ensure that its standards are relevant and guide service excellence. The staff at NeMCMHA focus on CARF standards for excellence all year long. NeMCMHA has been accredited by CARF since 2007.



1 IN 5 PEOPLE WILL HAVE A MENTAL HEALTH CONDITION IN THEIR LIFETIME.

TAKING A SCREEN IS AN EASY WAY TO CHECK IN ON YOUR MENTAL HEALTH.

HELP US REACH OUR GOAL OF A #MILLIONINMAY. VISIT MHASCREENING.ORG





**NORTHEAST MICHIGAN
COMMUNITY MENTAL
HEALTH AUTHORITY**

LOGIN DONATE CONTACT  

Mental Health Emergencies:

(989) 356-2161 (800) 968-1964

SERVICES ABOUT COMMUNITY RESOURCES NEWS & EVENTS FOR PROVIDERS CAREERS 



We Are a Community Mental Health Center

It's our mission to provide comprehensive services and supports that enable people to live and work independently.

NeMCMHA Launches new website...www.nemcmh.org

[Some parts still under construction]

At the end of the fiscal year, Management Team began to address the problem we were having with recruitment of staff. One of the biggest barriers was our current system required applications for employment be completed on a paper system and these forms had to be printed off, completed and either dropped off at the main office, mailed in or faxed to the Human Resources department. We realized we were missing many potential applicants because we did not have the ability to have a prospective employee complete and submit an application online. We knew from our online advertising data that over 70% of people viewing our job openings did so on their smart phone device. These same people were unable to complete the application process on their phone after viewing the job listings. We needed to streamline the process in order to stay competitive in recruiting potential employees. Our current website did not have the capacity to add online job applications.

We reviewed several web page designers both locally and within the NMRE region and the Management Team with Board approval chose a developer to assist us with designing and implementing a "new website." In addition, we added a Facebook page and a YouTube channel so that we can have better communication with the communities we serve. The new website has a direct link to the Northeast Michigan Community Foundation which manages our endowment fund. This will allow donations to our Northeast Michigan Community Mental Health fund to be much easier.

Although the website was "still under construction," we were able to launch it in the beginning of the COVID-19 crisis. Our hope is to better communicate with the public during this time. We have provided contact information, our hours of operation, available mental health services, crisis services, community safety recommendations and tips for managing anxiety and depression during this challenging time. We are also advertising new positions that we are looking at hiring and during this time when so many people are laid off or their jobs are being eliminated we are hoping to hire to fill our current vacancies. Access the website at www.nemcmh.org and you can learn about our Mission and Vision, news and events, services we provide, employment opportunities and community resources.



How to **SUPPORT A LOVED ONE**
Going Through a Tough Time During **COVID-19**

1 Treat the person with respect and dignity .	2 Offer consistent emotional support and understanding .	3 Have realistic expectations .
4 Give the person hope .	5 Provide practical help .	6 Offer information .

*Information provided in the Mental Health First Aid curriculum. **Mental Health First Aid is managed, operated, and disseminated by the National Council for Behavioral Health.



WEEKLY Update

May 29, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! MSHN staff publish paper on Coronavirus mitigation in CMH settings

The Chief Medical Officer and Chief Clinical Officer of the Mid-State Health Network, in collaboration with other practitioners and researchers recently published an article in *Consultant 360* entitled “COVID-19 Pandemic Mitigation for the High-Risk Patients Served by the Community Mental Health

System.” The article can be found [here](#). Bravo to the MSHN staff for the groundbreaking work that they have done in outlining a proven approach to contagion mitigation during this unprecedented pandemic.

New! CMHA opens first phase of Telehealth Resource Center with the resource-rich webpage

Telehealth approaches – typically live (synchronous) video and audio linking of mental health practitioners within a range of disciplines to clients/persons served – provide access to quality mental health services when geography, transportation, time, and workforce shortages present barriers to access.

While the value of telehealth to ensure access to quality mental health service was made clear during the Coronavirus pandemic, many see telehealth approaches as a key component in the permanent behavioral health landscape.

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan’s behavioral healthcare infrastructure and a part of the clinical toolbox of the state’s behavioral health workforce, the **Community Mental Health Association of Michigan (CMHA) has formed the** Telehealth Resource Center for Michigan Mental Health Practitioners.

This Telehealth Resource Center is designed as a telehealth resource hub providing access to education, guidance, peer practitioner connections, and technical assistance on the best practices in the use of telehealth methods. The Center is designed to support the work of those essential to the future of telehealth in Michigan: the state’s mental health clinicians, clinical supervisors, administrators, policy makers, and persons served.

The first concrete component of the Center is the [Telehealth Resource Center webpage](#) on the CMHA website. This webpage contains a curated list of some of the best telehealth resources from across the country. We will keep Weekly Update readers informed as other components of the Center come to fruition.

New! CMHA issues white paper “A Tradition of Excellence and Innovation: Measuring the Performance of Michigan’s Public Mental Health System”

Over the last several decades, policy makers and elected officials have debated and implemented a range of plans for redesigning Michigan’s public mental health system. Unfortunately, some these system redesign proposals have been based on a lack of accurate information on the performance of that system.

To provide an accurate picture of the performance of Michigan’s public mental health system, the Center for Healthcare Integration and Innovation (CHI2) recently issued a white paper that examines the performance of Michigan’s public mental health system against a number of state-established and national standards. This white paper can be found [here](#).

This paper underscores the very high levels of performance that Michigan’s public mental health system, in partnership with the Michigan Department of Health and Human Services (MDHHS), has demonstrated, over decades, on a number of dimensions of healthcare quality and innovation.

This high level of performance was found in an examination of a number of components of the system's operations: longstanding strong performance against the state-established and nationally recognized performance standards; nation-leading de-institutionalization; high rankings against national standards of behavioral health prevalence and access to services; proven ability to control costs over decades; pursuit of healthcare integration; use of evidence-based and promising practices and the infrastructure to support their use.

State & National Developments and Resources

New! How state and local mental health authorities can use the FEMA Crisis Counseling Program to create a comprehensive behavioral health response to COVID

The Federal Emergency Management Agency's Crisis Counseling Program (CCP) is an essential source of funding for enabling communities to recover following a disaster. The program is built around community-based outreach and psycho-educational services, so a strong partnership between state and local government can help to ensure its effective implementation. At least 38 states have already begun to draw down CCP Immediate Services Program funding, and we expect the total COVID-19-related CCP funding to be billions of dollars.

NACBHDD, of which CMHA is a longtime partner, and NASMHPD are partnering to bring our members a timely and important webinar about the CCP. Attendees will learn:

- What the CCP provides and what the rules are governing its program offerings
- How the funds flow
- How state and local mental health authorities can achieve diverse strategic goals by collaborating and can together:

Please join your NACBHDD and NASMHPD colleagues on June 10, 2020 at 3:30 pm ET. You can register for this webinar [here](#).

New! Crip Camp: A Disability Revolution

From the Crip Camp website: "No one at Camp Jened could've imagined that those summers in the woods together would be the beginnings of a revolution."

The movie Crip Camp: A Disability Revolution has won awards for its portrayal of what some are calling a "disability revolution". The film (more about the film is found [here](#)) has recently been released to on Netflix. This award winning documentary look at grassroots activism is produced by President Barak Obama and Michelle Obama.

There is also a virtual camp every Sunday, 5:00-6:30pm from May 17th-August 30th. Details on the virtual camp can be found [here](#). Below is a description of the Crip Camp Virtual Experience from the Crip Camp Campaign site.

The Crip Camp Impact Campaign is proud to announce Crip Camp: The Official Virtual Experience! In these unprecedented times, there is no one better to think outside of the box and deliver community building right to your home. We are inviting all grassroots activists and advocates to join us this summer for a virtual camp experience featuring trailblazing speakers from the disability community. All are welcome, you do not need any activism experience to participate.

New! Two recent reports on the substance use, suicide, and “deaths of despair”

A recent report from the Trust for America’s Health and The Well Being Trust, [*Pain in the Nation Update: Alcohol, Drug and Suicide Death in 2018*](#), revealed that while there was a slight decline in drug-induced deaths, alcohol-induced and suicide deaths continued to rise. The study offers useful data about specific mortality rates in states, as well as demographic data indicating increased death rates due to alcohol, drugs and suicide in African American, Latinx and American Indian communities.

A second document, [*Projected Deaths of Despair from COVID-19*](#), notes that “deaths of despair,” due to alcohol, drugs and suicide, have been on the rise in the past decade and now constitute an epidemic within a pandemic. According to co-author, Benjamin Miller, Psy.D., “The isolation, economic uncertainty, grief and stress brought on by the [COVID-19] pandemic will likely aggravate the inequalities that drive drug overdose, alcohol-related and suicide deaths.”

New! Deinstitutionalization and Decarceration Emerge as New COVID-19 Issues

A recent article, in Behavioral Healthcare Executive, opens, “It is hugely ironic that deinstitutionalization from state psychiatric hospitals and decarceration from city and county jails—major objectives long sought by the behavioral health community—have turned into significant problems in the COVID-19 era.” The full article, a very powerful piece, can be found [here](#).

State Legislative Update

New! Governor’s Press Conference – Outlines Budget Priorities

Yesterday, Governor Gretchen Whitmer held a press conference to provide a state update on COVID-19. Governor Whitmer began the press conference highlighting actions taken to protect Michiganders, specifically with funding for hospitals, direct care, community mental health grants, personal protection equipment (PPE), small business grants and support for working families. The Governor emphasized the actions taken thus far are a step in the right direction, but support from the federal government is necessary to combat the negative effects of COVID-19. Specifically, Governor Whitmer called upon President Donald Trump and U.S. Senate Majority Leader Mitch McConnell (R-Kentucky) to aid the state in the projected budget shortfall, as well as by allowing more flexibility in funds already passed in the Federal CARES Act. This message was repeated by State Budget Director Chris Kolb, who joined the Governor in her press conference, and emphasized the importance of additional federal aid and needing

more flexibility in how to apply federal funds in combating the combined projected \$6.28 billion shortfall for Fiscal Year 2019-2020 and 2020-2021.

Governor Whitmer listed her policy agenda, which includes improving access to healthcare, high quality childcare, worker training – Futures for Frontliners, return to school plans, supporting small business and enhanced consumer protections. In addition to her policy agenda, Governor Whitmer took time to highlight her budget priorities going forward considering the COVID-19 pandemic and the changes it has forced on budget priorities. The Governor stated her priorities are:

- Funding school classrooms and literacy programs
- Protecting police, firefighters and local communities
- Worker Protections – Hazard pay for first responders, unemployment benefits, COVID-19 Office of Worker safety
- Fund vaccine research at Michigan research universities
- Paid sick and family leave
- Rebuilding Michigan Bonding program to start fixing state roads

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 55 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer’s Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-99** – Declaration of state of emergency and state of disaster related to the COVID-19 pandemic, please click [here](#) to access Executive Order 99.
- **Executive Order 2020-100** – Amending certain previously issued executive orders to clarify their duration, please click [here](#) to access Executive Order 100.
- **Executive Order 2020-101** – Extending the expiration date for watercraft registration, please click [here](#) to access Executive Order 101.
- **Executive Order 2020-102** – Temporary Relief from Standard Vapor Pressure Restrictions on Gasoline Sales, please click [here](#) to access Executive Order 102.
- **Executive Order 2020-103** – Providing alternative notice of public hearings under Michigan’s tax abatement statutes, please click [here](#) to access Executive Order 103.
- **Executive Order 2020-104** – Increasing COVID-19 testing by expanding the scope of practice for certain professionals and encouraging the establishment of community testing locations, please click [here](#) to access Executive Order 104.

Federal Update

Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- July 13, 2020
- August 17, 2020

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm

- October 5, 2020 Education: 1:00pm – 4:00pm
- November 2, 2020

Training Fees:

\$103 CMHA Members \$126 Non-Members

Registration will be available June 2, 2020!

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- July 20, 2020
- August 3, 2020

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members \$47 Non-Members

Registration will be available June 2, 2020!

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.**



It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual

DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings – Virtual Information to come soon!

- July 21, 2020 (Rescheduled from April 21) – Virtual

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**.

The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

MHTTC webinar series, Making a Good Connection: Engaging Students and Families in School Tele-Mental Health

The MHTTC webinar series, **Making a Good Connection: Engaging Students and Families in School Tele-Mental Health**, kicked off 12-1 p.m. CST Friday, May 22 with the series running through June 5 – see schedule below.

This series occurs over three Fridays and is geared toward providers who are making the transition from in-person to telehealth services. Session content will focus on practical strategies and equity concerns related to engaging children, adolescents and families using distance technology. The 1-hour webinar sessions take place on Fridays at 10am PT / 11am MT / 12pm CT / 1pm ET.

Registration is required and can be done by clicking on the link for each webinar, below:

May 22: Best Practices for Student Engagement Through Tele-Mental Health

May 29: Enhancing Family-School Partnerships Through Tele-Mental Health

June 5: Strategies for Addressing Trauma, Crises and Grief Through Tele-Mental Health

Certificates of attendance will be available to viewers of 50% (30 minutes) or more of the live webinar. CEUs are not offered for these sessions. Webinar recordings and FAQs for each session will be posted on the website. Download the flyer for this series [here](#).

News from Our Preferred Corporate Partners

Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org



WEEKLY Update

May 22, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMH Association and Member Activities

New! CMHA to open Telehealth Resource Center

Telehealth approaches – typically live (synchronous) video and audio linking of mental health practitioners within a range of disciplines to clients/persons served – provide access to quality mental health services when geography, transportation, time, and workforce shortages present barriers to access.

While the value of telehealth to ensure access to quality mental health service was made clear during the Coronavirus pandemic, many see telehealth approaches as a key component in the permanent behavioral health landscape.

With the aim of helping to make telehealth approaches, wisely and prudently applied, a central component in Michigan’s behavioral healthcare infrastructure and a part of the clinical toolbox of the state’s behavioral health workforce, the Community Mental Health Association of Michigan (CMHA) is forming the Telehealth Resource Center for Michigan Mental Health Practitioners.

This Telehealth Resource Center is designed as a telehealth resource hub providing access to education, guidance, peer practitioner connections, and technical assistance on the best practices in the use of telehealth methods. The Center is designed to support the work of those essential to the future of telehealth in Michigan: the state’s mental health clinicians, clinical supervisors, administrators, policy makers, and persons served.

The first concrete component of the Center will be a **Telehealth webpage** on the CMHA website that will contain a curated list of some of the best telehealth resources from across the country. That webpage is expected to open in the next few weeks.

State & National Developments and Resources

New! Recent news coverage on the impact of the coronavirus crisis on mental-health issues

- Michigan’s coronavirus crisis creates epidemic of mental-health issues (MLive) – article can be found [here](#).
- The Next Pandemic Crisis Is Mental Health. Coronavirus Lockdown Takes a Toll on Mental Health (Foreign Policy) – article can be found [here](#).

New! NIDA announces COVID-19 impact on recovery

The National Institute on Drug Abuse (NIDA) is sharing resources to help audiences understand how the COVID-19 pandemic may affect people in recovery or with substance use disorder. These resources include:

- A short animation highlights some of the COVID-19-related challenges that may be occurring for people with substance use disorder or in recovery. <https://youtu.be/Df90-f487y0>
- A video interview with NIDA Director Dr. Nora Volkow who discusses the challenges faced by those in recovery or struggling with addiction and NIH research dedicated to understanding SUD-related health risks during the COVID-19 pandemic. <https://youtu.be/iEF6g83EOTI>

New! Updated Forecast of COVID-19 Impact on Medicaid, Marketplace, Uninsured

Health Management Associates, a longtime partner of this association, recently issued an in-depth analysis of the projected growth in Michigan's and the nation's Medicaid enrollment, enrollment in marketplace/exchange insurance, and the growth in the number of those uninsured. That analysis can be found [here](#).

New! I'm Sick of Asking Children to Be Resilient: an opinion piece by Dr. Mona Hanna-Attisha

It's time for reparations and resources and to not expect kids to "rise above" says Dr. Mona Hanna-Attisha in a recent New York Times editorial about the children of Flint. Dr. Hanna-Attisha is a pediatrician and professor at Michigan State University College of Human Medicine and was the first to identify the impact of Flint's water on its residents. That editorial can be found [here](#).

New! Health Affairs blog: A Model For Avoiding Unequal Treatment During The COVID-19 Pandemic

COVID-19 has imposed on hospitals and health systems the threat of having to ration scarce resources. As health systems grapple with how to ensure truly fair resource allocation, Oregon's experience with health care prioritization offers lessons. That blog can be found [here](#).

State Legislative Update

New! Governor Wins Round One in Suit with Legislature

A Court of Claims judge ruled Gov. Gretchen Whitmer has the authority to declare states of emergency and disaster under the 1945 Emergency Powers of the Governor Act (EPGA), and the House and Senate's arguments to the contrary are "meritless."

However, Judge Cynthia Diane Stephens sided with the Republican-led Legislature in ruling that the Democratic governor "exceeded the authority of the Governor" under the 1976 Emergency Management Act (EMA) by re-declaring a state of emergency in late April without support from the Legislature because that law has a 28-day limit on how long a governor can act independently.

It's arguably a hollow victory as the judge said the Legislature has "not established any reason to invalidate any executive orders resting on EO 2020-67." "While the Governor's action of re-declaring the same emergency violated the provisions of the EMA, plaintiffs' challenges to the EPGA and the Governor's authority to issue executive orders thereunder are meritless," the judge wrote in her 25-page opinion, which dismisses the lawsuit.

On Friday, an attorney for the Legislature argued Whitmer effectively stole their power by improperly applying the EMA when she terminated and re-issued a state of emergency in the COVID-19 pandemic.

The state argued that both the EMA and EPGA are construed not to limit or abridge a governor's authority during an emergency.

"While we are disappointed by aspects of this determination, we are vindicated in our assertion that the Governor acted unlawfully in attempting to extend the states of emergency and disaster under the Emergency Management Act without legislative approval," Senate Majority Leader Mike Shirkey (R-Clarklake) said. "We are confident in our position and will appeal this ruling."

In a statement, the Governor's office said today's decision recognizes Whitmer's actions "to save lives are lawful," and she will continue to do what "she's always done: take careful, decisive actions to protect Michiganders from this unprecedented, global pandemic."

New! Stay Home, Stay Safe Order Updated

Governor Gretchen Whitmer updated the Stay Home, Stay Safe order today by signing Executive Orders 2020-96 and 2020-97. Executive Order 2020-96 broadens the list of sectors of the economy and social activities now permitted by the Stay Home, Stay Safe order.

Executive Order 2020-96 updates the current Stay Home, Stay Safe order to allow retail businesses and auto dealerships by appointment only statewide, beginning on Tuesday, May 26, as part of her MI Safe Start plan. Executive Order 2020-96 also lifts the requirement that health care providers delay some nonessential medical, dental, and veterinary procedures statewide, beginning on Friday, May 29. Additionally, the order authorizes small gatherings of 10 people or less starting immediately, as long as participants practice social distancing. Executive Order 2020-96 replaces Executive Order 2020-92, which is now rescinded, along with Executive Orders 2020-17 and 2020-34, which are rescinded as well. To view Executive Order 2020-96, please click [here](#).

Executive Order 2020-97 updates a prior order, Executive Order 2020-91, on workplace safety. Executive Order 2020-97 requires reopened outpatient health-care facilities, including clinics, primary care physician offices, and dental offices to adopt strict protocols to prevent infection. The Department of Licensing and Regulatory Affairs (LARA) will issue guidance to aid those facilities in adopting appropriate safeguards. Executive Order 2020-97 replaces Executive Order 2020-91, which is now rescinded. To view Executive Order 2020-97, please click [here](#).

FOR IMMEDIATE RELEASE

May 21, 2020

Media Contact: Press@Michigan.gov

Governor Whitmer Reopens Auto Dealerships and Retail Businesses by Appointment, Authorizes Nonessential Medical, Dental and Veterinary Procedures

Governor's order allows gatherings of ten people or less, with social distancing

LANSING, Mich. -- Today, Governor Gretchen Whitmer signed executive order 2020-96 to reopen retail businesses and auto dealerships by appointment statewide on Tuesday, May 26, as part of her MI Safe Start plan. The governor's executive order also lifts the requirement that health care providers delay some nonessential medical, dental, and veterinary procedures statewide beginning on Friday, May 29. And the order authorizes small gatherings of 10 people or less starting immediately, as long as participants practice social distancing.

"The data shows that Michigan is ready to phase in these sectors of our economy, but we must stay vigilant and ensure we're doing everything we can to protect ourselves and our families from the spread of COVID-19," said **Governor Whitmer**. "On behalf of our brave first responders on the front lines of this crisis, we must continue to all do our part by staying safer at home. We owe it to them to do what we can to stop the spread of this virus."

"As businesses continue to reopen, it's crucial that they adopt strict safety measures to protect their employees, customers, and their families," said MDHHS Chief Deputy for Health and Chief Medical Executive **Dr. Joneigh Khaldun**. "I know that as medical professionals begin offering nonessential procedures again, they will do everything in their power to protect patients and their families from COVID-19. I will continue to work with Governor Whitmer and our partners across Michigan to protect our families and lower the chance of a second wave."

"This is great news for dealerships across the state," said **Doug North**, President of North Brothers Ford. "We appreciate the governor's leadership, and we welcome the opportunity to serve our customers in a way that helps keep everyone safe from the showroom floor to the open road."

The governor also signed a separate order, Executive Order 2020-97, updating a prior rule on workplace safety. Per the amended order, reopened outpatient health-care facilities, including clinics, primary care physician offices, and dental offices, will have to adopt strict protocols to prevent infection. The Department of Licensing and Regulatory Affairs will issue guidance to aid those facilities in adopting appropriate safeguards.

As before, businesses maintaining in-person activities must adopt social distancing practices and other mitigation measures to protect workers. They must, among other things, provide COVID-19 training to workers that covers, at a minimum, workplace infection-control practices, the proper use of PPE, steps workers must take to notify the business or operation of any symptoms of COVID-19 or a suspected or confirmed diagnosis of COVID-19, and how to report unsafe working conditions.

"With today's announcement, physicians and health care providers in Michigan are ready to resume taking care of patients," said **Dr. Bobby Mukkamala**, president of the Michigan State Medical Society. "It

is time for patients to catch up on the care that has been deferred for the past two months. We encourage the citizens of Michigan to tend to their health and protect each other by following public health guidance to prevent spread of this virus."

Consistent with the governor's previous Safer at Home orders, any individual able to medically tolerate a face covering must wear a covering over his or her nose and mouth—like a homemade mask, scarf, bandana, or handkerchief—when in any enclosed public space. Michiganders who are not working as critical infrastructure workers or at a business that has been authorized to reopen should stay home to protect themselves and their families from the spread of COVID-19.

To view Executive Order 2020-96 and Executive Order 2020-97, click the links below:

- [EO 2020-96 Emerg order - MI Safe Start - re-issue.pdf](#)
- [EO 2020-97 Emerg order - Workplace safeguards - re-issue.pdf](#)

New! Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed over 50 Executive Orders in response to COVID-19. Below is the most recent list of Executive Orders with the topic and a hyper link accessing the Executive Order below.

For a complete list of Governor Whitmer's Executive Orders click on the link below:

https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705---,00.html

- **Executive Order 2020-85** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 85.
- **Executive Order 2020-86** – Encouraging the use of telehealth services during the COVID-19 emergency, please click [here](#) to access Executive Order 86.
- **Executive Order 2020-87** – Temporary Extension of Deadlines for Boards of Review, County Equalization, and Tax Tribunal Jurisdiction, please click [here](#) to access Executive Order 87.
- **Executive Order 2020-88** – COVID-19 Return to School Advisory Council, please click [here](#) to access Executive Order 88.
- **Executive Order 2020-89** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 89.
- **Executive Order 2020-93** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 93.
- **Executive Order 2020-95** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 95.

- **Executive Order 2020-96** – Temporary requirement to suspend certain activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 96.
- **Executive Order 2020-97** – Safeguards to protect Michigan’s workers from COVID-19, please click [here](#) to access Executive Order 97.

Federal Update

Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We’re still rallying. We’re still moving ahead together. And we’re still bringing our field’s most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you’ve come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- June 22, 2020
- August 17, 2020
- October 5, 2020
- November 2, 2020

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members

\$126 Non-Members

Registration will be available next week!

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- June 15, 2020
- August 3, 2020

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members

\$47 Non-Members

Registration will be available next week!

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will

provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date! Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings **NEW DATES**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.

- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of “Cognitive Behavioral Treatment of Borderline Personality Disorder” by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm

Location:

Lansing Center
333 E. Michigan Ave.

Lansing, MI 48933

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS

trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a **COVID-19 Financial Response Strategy ECHO Series**. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC



MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**.

The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.



Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage. This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

New! MHTTC webinar series, Making a Good Connection: Engaging Students and Families in School Tele-Mental Health

The MHTTC webinar series, **Making a Good Connection: Engaging Students and Families in School Tele-Mental Health**, kicks off 12-1 p.m. CST this Friday, May 22.

This series occurs over three Fridays and is geared toward providers who are making the transition from in-person to telehealth services. Session content will focus on practical strategies and equity concerns related to engaging children, adolescents and families using distance technology. The 1-hour webinar sessions take place on Fridays at 10am PT / 11am MT / 12pm CT / 1pm ET.

Registration is required and can be done by clicking on the link for each webinar, below:

May 22: Best Practices for Student Engagement Through Tele-Mental Health

May 29: Enhancing Family-School Partnerships Through Tele-Mental Health

June 5: Strategies for Addressing Trauma, Crises and Grief Through Tele-Mental Health

Certificates of attendance will be available to viewers of 50% (30 minutes) or more of the live webinar. CEUs are not offered for these sessions. Webinar recordings and FAQs for each session will be posted on the website. Download the flyer for this series [here](#).

News from Our Preferred Corporate Partners

New! Relias announces offering: Identifying Signs of Depression and Anxiety in People Living With Dementia

Date: Thursday, May 28, 2020

Time: 3:00 – 4:00 p.m. ET

Register for May 28 [here](#).

Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications

costs for cost reduction. CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

myStrength: new digital behavioral health resources empower consumers to move beyond trauma

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals move beyond trauma. [Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org



Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

WEEKLY Update

May 15, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by [CLICKING HERE](#)**.

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CMHA Association and Member Activities

CMHA adds Newsroom page to its website

CMHA has recently added a new tab to its webpage to capture the large number of media stories that feature CMHA members and those served by those members. While the initial set of postings contained on this webpage revolve around the system's response to the COVID pandemic, future postings on this webpage will address a broader set of issues covered by the media. This webpage can be accessed [here](#).

New! Hegira offers telecast for teen Q&A on mental health

Below is a recent announcement from Hegira Health of an upcoming telecast, on social media, designed to help adolescents get sound answers to mental health questions.



DO YOU KNOW TEENAGERS WHO MIGHT WANT TO ASK A THERAPIST QUESTIONS ABOUT MENTAL HEALTH?

Join Kevin, Administrator of Children's Services and Amanda, a licensed therapist, to receive personalized answers to teen

questions about mental health during this special Facebook and Instagram Q&A Telecast Event on May 20, 2020.

Please have teens email their questions before May 18 to jneamtu@hegirahealth.org.

JOIN US ON OUR FACEBOOK (<https://www.facebook.com/hegirahealth/>) AND INSTAGRAM (<https://www.instagram.com/hegirahealthinc/>) PAGES ON MAY 20 FOR THE Q&A.
PRIVACY: No names or email addresses will be shared.

New! Mental health crisis looms as agencies, clients hit hard by COVID-19 in Wayne County

Below are excerpts from a recent article in Crain's Detroit Business about the fiscal strain that mental health organizations in Wayne County are facing as a result of the COVID pandemic.

With nearly half of the deaths and positive cases of COVID-19, Wayne County, including Detroit, is at the epicenter of the COVID-19 pandemic in Michigan.

Out of the spotlight, Wayne County also is facing a growing behavioral health crisis that is threatening the financial viability of more than a dozen community health agencies in the state's largest county and has contributed to the region's high mortality rates and positive COVID-19 cases, mental health executives tell Crain's.

The crisis is fostering increases in suicides, anxiety and substance abuse, mental health experts say. Meanwhile, the agencies and workers serving the population are being pushed to the brink.

"We have some of the sickest (most acute) patients. Wayne County has 25 percent of all the mental health patients in Michigan (25 percent, or 82,000, of the state's total of 350,000) and has the largest Medicaid population here (28 percent, or 690,000 of 2.5 million)," said Sherry McRill, CEO of Northeast Integrated Health, a Detroit-based mental health provider. Many already have other symptoms of high blood pressure, diabetes, heart disease, hypertension" and they are highly susceptible to being infected by coronavirus, said McRill. Of the more than 4,200 deaths and 45,000 positive COVID-19 cases in Michigan as of last week, 47 percent of deaths and 40 percent of cases are in Wayne County, said the Detroit Wayne Integrated Health Network, the largest of the state's 10 regional behavioral health organizations.

Agencies strained: Willie Brooks, CEO of Detroit Wayne Integrated Health Network, said he has asked for at least \$50 million more in financial support from the state Department of Health and Human Services to deal with the crisis. "This is a two-year scenario. COVID-19 will have another (surge this fall). We are preparing for it. The facts out there show there will be a strain (on agencies). "All the signs are there for an onslaught of more (mental health and substance abuse) cases," he said. "We know life will not be the same. Personal protective equipment will be a part of our lives for a long time."

In a survey this month, the collaborative found among its agencies: 38 COVID-19 client deaths, 202 positive COVID-19 clients, one agency staffer death and 39 positive staff cases. Revenue lost per month averaged about \$250,000 per agency for nine reporting agencies, and furloughs totaled 199, averaging 20 employees per agency of the reporting 10 agencies. McRill and Liesman said most agencies are down 25 percent to 40 percent in case visits and revenue. They say agencies and staff are stressed and nearly at the breaking point. "Most clinics have shut down some programs and services, laid off a lot of staff," McRill said. "There is no back-to-work plan for mental health workers. When this is over, our workers and clients are facing more trauma, more depression, more child abuse. There will be a greater need for services."

Sheehan said he has spoken with MDHHS officials about gaining approval for "retainer payments," or funding to agencies at their historic funding levels, from the Centers of Medicare and Medicaid Services to address shortfalls. "Without federal approval, neither (agencies) nor the prepaid inpatient health plans (including DWIHN) have the authority to make these retainer payments," Sheehan said. Allen Jansen, MDHHS' director of behavioral health and developmental disabilities, said the state has requested a waiver from CMS to allow retainer payments to be made to providers. "Retainer payments creates stability for the provider network and we are very supportive of it," said Jansen, adding the state hopes to have approval by the end of May. It would apply to all mental health providers in the state. McRill said additional funding is needed now, but most providers in Wayne County have been underfunded for behavioral health services for years.

Carol Zuniga, executive director with Hegira Health Inc. in Livonia, said COVID-19 has led to a 20 percent reduction in revenue and its residential services were reduced 65 percent because of social distancing to 24 patients from a typical 41 patient daily census. "We provide crisis services and our detox residential services have been cut tremendously because we had no PPE" We had

a staff member and two patients die in the initial month. We have it under control now, but our revenue has been decimated." In March, Zuniga said 20 employees were furloughed and another 25 part-time workers were cut back to zero hours. Zuniga said mental health agencies would survive if Detroit Wayne paid Hegira and other agencies its historic monthly funding.

Personal protective equipment shortages: Another issue the agencies say is extremely important is an increase in personal protective equipment. Most agencies have been forced to purchase their own PPE and the amount they have received from the state has been minuscule and insufficient. Last week "We have spent thousands of dollars on cloth masks and gloves. We have some clinic sites still open because we have some chronically ill patients who need monthly injections of psychotropic medication and those needing their blood drawn," McRill said. "We have to keep those services open for adults."

Shift to telemedicine: In mid-March, when Michigan first started seeing increased numbers of COVID-19 patients, mental health agencies, along with many physician offices and other providers, switched from face-to-face appointments to online telehealth services. Shortly afterward, on March 23, when Gov. Gretchen Whitmer issued her first stay home order, the state began to allow Medicaid to pay for telehealth appointments and DWIHN created billing codes for telehealth, Brooks said. "Relaxation of telehealth rules was huge. Overnight we made that transition. We still do 10 percent to 15 percent face to face, but telehealth is here to stay," Liesman said.

"Mental health conditions will get worse (including) PTSD, anxiety, depression," Liesman said. "There are so many people who have died or had the virus, some had good outcomes, but many more people will need counseling because of what we all have been through."

The full article can be found [here](#).

State & National Developments and Resources

New! MDHHS issues L letter regarding premium pay for direct care workers

Below are excerpts from a recently issued letter from MDHHS regarding some of the details related to the payment of increased wages, known as "premium pay".

Dear Provider: RE: COVID-19 Response: Premium Pay Effective April 1, 2020, through June 30, 2020, in response to the COVID-19 state of emergency, a temporary hourly wage increase (referred to as "Premium Pay") will be applied to payment for in-home direct care workers providing certain services under the following programs:

The temporary Premium Pay for services provided in April, May and June 2020 is intended to cover a \$2.00 per hour increase in direct care worker wages, along with a \$.24 per hour increase for agencies to cover their additional costs associated with implementing this increase. These

amounts are to be paid in addition to the wage the direct care worker was earning since April 1, 2020 and recorded separately from base pay. The \$2.00 per hour Premium Pay must be applied entirely to direct care worker wages. The \$2.00 and \$.24 per hour amounts may be implemented by an equivalent as divided per billing unit.

One example of “an equivalent as divided per billing unit” is, for programs billing in 15-minute increments, the payment would be \$.50 per 15-minute unit for the direct care worker, and \$.06 per 15-minute unit for the additional agency cost. For program participants receiving services through a self-determination arrangement under the behavioral health, MI Health Link and MI Choice Waiver programs, direct care workers must receive this Premium Pay for the hours or billing units worked in April, May, and June 2020. The Fiscal Intermediary, or agency (for Agency with Choice), must receive \$.24 per hour for related taxes. The “equivalent as divided per billing unit” described above applies.

Direct care workers should still follow the guidance issued in March 2020 titled “Actions for Caregivers of Older Adults During COVID-19” along with the document “Actions for Caregivers for Older Adults Addendum Frequently Asked Questions”. These documents describe recommendations for in-home direct care workers and methods to assure a face-to-face visit is needed. These documents can be found at: <https://www.michigan.gov/coronavirus/> and go to “Resources”, then “For Health Professionals”. Direct care workers who are providing behavioral health services should also follow the additional guidance found at: <https://www.michigan.gov/mdhhs/BHDDACOV19> .

The full L letter can be found [here](#).

New! Governor Whitmer Signs Executive Order Expanding Telehealth Options for Michiganders

Below is a recent press release regarding the expansion of telehealth options for Michiganders.

Governor Gretchen Whitmer today signed Executive Order 2020-86, which expands telehealth options for Michiganders by authorizing and encouraging health care providers to use these services when appropriate and after getting consent from patients. The order takes effect immediately and continues through June 10, 2020.

“Telehealth provides a way for patients to safely consult with their doctor and receive health care services while continuing to practice social distancing and limit potential exposure to COVID-19,” Governor Whitmer said. “This Executive Order ensures Michiganders who need health care during this ongoing pandemic can still receive care while staying safer at home.”

Under Executive Order 2020-86, many health care services, such as mental health care, drug treatment, and home health services may be provided via telehealth. Additionally, insurance carriers must cover virtual check-ins and e-visits, to facilitate the affordability of telehealth services.

Information around this outbreak is changing rapidly. The latest information is available at [Michigan.gov/Coronavirus](https://www.michigan.gov/Coronavirus) and [CDC.gov/Coronavirus](https://www.cdc.gov/Coronavirus).

This Executive Order 2020-86, can be viewed [here](#).

New! PBS Newshour - how persons with disabilities are responding to the COVID 19 pandemic

Recently PBS Newshour aired a segment on how persons with disabilities are responding to the COVID 19 pandemic. The recorded version of that news story can be found [here](#).

New! Federal HEROES Act proposal to aid non-profit organizations

Recently, Democrats in the US House of Representatives released a proposal for the next phase of major COVID-19 relief legislation – the Health and Economic Recovery Omnibus Emergency Solutions (HEROES) Act.

As written, the HEROES Act includes all Section 501(c) organizations in the Paycheck Protection Program (PPP). Any nonprofit with 500 or fewer employees will be able to apply for PPP funds. Following are other notable provisions, among many, that are relevant to our community:

- The covered period for PPP loans would be extended to December 31, 2020
- PPP funds could be stretched over 24 weeks instead of the eight weeks originally passed in the CARES Act
- Businesses and organizations that receive PPP loans would be allowed to defer payroll tax payments
- Coordination between the PPP and Employee Retention Tax Credit would be improved to “ensure borrowers can take advantage of both types of assistance”
- The legislation would direct the Federal Reserve to create a nonprofit-specific program within the Main Street Lending Program

While this is a considerable development, the need for steadfast advocacy remains to ensure associations and nonprofits gain access to the PPP. As stated by Susan Robertson, CAE, ASAE’s President and CEO:

“Associations have been working to help prop up the nation’s essential industries and professions without a financial safety net during the COVID-19 pandemic, and many are struggling to maintain basic operations such as payroll, mortgages and rent. Elements of this package will obviously require reconciliation with the Republican-controlled Senate where there is bipartisan support for assisting the association community during this economic crisis. ASAE urges Congress to act swiftly to resolve differing priorities in the next round of COVID relief legislation and affirm the support associations need to weather this pandemic.”

State Legislative Update

New! Legislative Activity

This week, both the Senate and House took noteworthy actions on the legislative front.

On Wednesday, the Senate Appropriations Committee and then later in the day the FULL Senate unanimously adopted a substitute to Senate Bill 690, which provides \$508 million in supplemental appropriations for Fiscal Year 2020 from the federal coronavirus relief fund for various purposes, including a \$3/hour increase to direct care worker wages; pay for frontline first responders; funding for testing and personal protection equipment; and unemployment agency support, among other things.

The increase amounts to \$178 million in temporary pay increase for direct care workers. There are still a number of details that must be worked out before this money can be operationalized, but this is what we believe some of the details may be:

1. Those already receiving \$2/hour under the governor's order would receive \$1 more for \$3/hour total
2. Nursing home workers added to receive \$3/hour increase
3. Eligibility would be until Sept. 30 and retroactive to April 1

The bill still must pass the House and have the Governor sign into law, both of which are expected to occur in short order.

Also on Wednesday, the House of Representatives unanimously passed HBs 5412-5416, which increases flexibly for telemedicine services. Briefly the bills address store and forward responses, which allows physician to reply to non-live questions/concerns, the bills also address originating sites for consumers and physicians.

New! State Budget Update

Earlier today, state economic leaders gathered for Michigan's semi-annual Consensus Revenue Estimating Conference (CREC).

At this event, previous revenue forecasts are reviewed and revised, and forecasts for the coming year are established. These forecasts are an important step in determining potential adjustments for the current (Fiscal Year 2019-2020) budget and are the foundation for construction of the upcoming (Fiscal Year 2020-2021) budget.

For the current fiscal year, revenue collections are now forecast to decline by \$3.2 billion (\$1.98 billion General Fund; \$1.25 billion School Aid Fund) than was forecast in January 2020.

For the upcoming fiscal year, which will begin on October 1, revenue collections are now forecast to be \$3 billion less than was forecast in January 2020. Of that decrease, \$1.92 billion is General Fund and \$1.14 billion is School Aid Fund.

Since actual revenue for a fiscal year is falling below anticipated as was indicated today, the Michigan Constitution requires the Governor to reduce discretionary expenditures by Executive Order with the approval of the House and Senate Appropriations committees. Barring any extraordinary external factors, such as an infusion of federal dollars, we can anticipate this process beginning to unfold in the coming weeks.

The economists noted that they have strong confidence in their numbers but there is still uncertainty and volatility with respect to the forecasts due to variables, such as potential federal assistance, the risk of a second wave of disease, tax filing extensions, and consumer confidence, among other things. Nonetheless, the numbers were deemed “staggering” and the downward revision was larger than the last largest downward revision in May 2009, during the onset of the Great Recession.

It was announced that it will be appropriate for the CREC to reconvene in late August/early September in order to provide economists with more information to adjust revenues going forward.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 50 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below.

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.

- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.
- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.
- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.

- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-61** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 61.
- **Executive Order 2020-62** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 62.
- **Executive Order 2020-63** – Temporarily suspending the expiration of personal protection orders, please click [here](#) to access Executive Order 63.
- **Executive Order 2020-64** - Affirming anti-discrimination policies and requiring certain health care providers to develop equitable access to care protocols, please click [here](#) to access Executive Order 64.
- **Executive Order 2020-65** – Provision of K–12 education during the remainder of the 2019–2020 school year, please click [here](#) to access Executive Order 65.
- **Executive Order 2020-66** – Termination of the states of emergency and disaster declared under the Emergency Management Act in Executive Order 2020-33, please click [here](#) to access Executive Order 66.
- **Executive Order 2020-67** – Declaration of state of emergency under the Emergency Powers of the Governor Act, 1945 PA 302, please click [here](#) to access Executive Order 67.
- **Executive Order 2020-68** – Declaration of states of emergency and disaster under the Emergency Management Act, 1976 PA 390, please click [here](#) to access Executive Order 68.
- **Executive Order 2020-69** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 69.
- **Executive Order 2020-70** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 70.
- **Executive Order 2020-71** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 71.
- **Executive Order 2020-72** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 72.

- **Executive Order 2020-73** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 73.
- **Executive Order 2020-74** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 74.
- **Executive Order 2020-75** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 75.
- **Executive Order 2020-76** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 76.
- **Executive Order 2020-77** – Temporary requirement to suspend certain activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 77.
- **Executive Order 2020-78** – Temporary extension of the validity of driver licenses, state identification cards, and certain vehicle registrations, please click [here](#) to access Executive Order 78.
- **Executive Order 2020-79** – Temporary suspension of youth work permit application requirements, please click [here](#) to access Executive Order 79.
- **Executive Order 2020-80** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 80.
- **Executive Order 2020-81** – Enhanced support for deliveries, please click [here](#) to access Executive Order 81.
- **Executive Order 2020-82** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 82.
- **Executive Order 2020-83** – Expanding childcare access during the COVID-19 pandemic, please click [here](#) to access Executive Order 83.
- **Executive Order 2020-84** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 84.

Federal Update

Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>

Education Opportunities

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- June 22, 2020

Agenda:

Education: 8:30am – 11:30am

- August 17, 2020
- October 5, 2020
- November 2, 2020

Lunch Break: 11:30am – 1:00pm
 Education: 1:00pm – 4:00pm

Training Fees:

\$103 CMHA Members

\$126 Non-Members

Registration will be available next week!

VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CE's and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- June 15, 2020
- August 3, 2020

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members

\$47 Non-Members

Registration will be available next week!

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?



This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date!
Registration will re-open soon
- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

[Basic: Monday & Tuesday, July 20-21, 2020](#)

[Advanced: Monday & Tuesday, July 20-21, 2020](#)

[Supervisory: Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings **NEW DATES**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.

- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date! Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date! Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan.* This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick

to provide a **COVID-19 Financial Response Strategy ECHO Series**. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today’s cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

Featured resource from the Great Lakes MHTTC

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.



According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

Social Emotional Learning at Home: Remote Learning Options – available [here](#).

Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am – Every Tuesday | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners

Relias announces offering: Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

The most recent resource on that page is outlined below:

Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Date: Monday, May 11th

Time: 2:00pm EST

During this Ask the Expert webinar, experienced telehealth practitioners from innovaTEL Telepsychiatry will share tips in preparing yourself and clients for sessions and tactics for engaging new and established clients. innovaTEL providers have been delivering care exclusively via telehealth technology for the last six years. This session is intended to support those who are new to telehealth or looking for a refresher—bring your questions and be prepared to engage in this dynamic webinar!

In the session, you'll learn:

- Best practices for offering telemental health services at your organization/practice
- Tips to prepare you and your staff as you move to telemental health
- Ways to engage new and established clients when meeting virtually

Register for this offering [here](#).

New! Message from Abilita to audit telecom costs

The impact of COVID-19 has already caused a significant economic impact in Michigan and may force difficult decisions to balance budgets. We believe now is a good time to audit your telecommunications costs for cost reduction.

From our endorsed partner [Abilita](#):

CMHs and providers' staff are already at full capacity. Their workload will most likely increase when returning to the new normal. Staff will have to do 'more with less' and this will cause important but not urgent tasks to be put aside. As a result, telecom services may increase in cost and contracts left to the carriers to dictate terms.

Abilita regularly audits for savings and is paid out of realized savings (average 29% reduction in costs) while freeing up staffs' time.

Abilita partners with members and act as an extension of CMH staff. This gives our clients peace of mind that someone is watching these services and making ongoing recommendations for cost reduction."

CMHA has endorsed Abilita since 2009 to monitor and implement savings with [satisfied](#) results according to a survey of their clients. Contact us or Abilita directly for additional information at abilita.com/cmha

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others
- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the

Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
Carly Sanford, Training and Meeting Planner, csanford@cmham.org
Bethany Rademacher, Training and Meeting Planner, brademacher@cmham.org
Jodi Hammond, Training and Meeting Planner, jhammond@cmham.org
Alexandra Risher, Training and Meeting Planner, arisher@cmham.org
Madi Sholtz, Training and Meeting Planner, msholtz@cmham.org
Dana Ferguson, Senior Accounting Specialist, dferguson@cmham.org
Robert Sheehan, CEO, rsheehan@cmham.org

WEEKLY Update

May 8, 2020

COVID-19 Resources: CMHA has developed a curated set of COVID-19-related resources and announcements from a range of reputable state and national sources. That curated set of resources, which will be regularly updated, **is available by CLICKING HERE.**

Searching for past articles in Weekly Update: Weekly Update readers often remember seeing a past article that they would like to retrieve, but cannot recall the Weekly Update edition in which they saw it. Past Weekly Update articles (and other resources, anywhere on the CMHA website) can be found by key words in the title of the Weekly Update article or website resource. Simply use the “Search” box on the top right side of the CMHA website: <https://cmham.org/>.

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CMH Association and Member Activities

New! Weekly Update has new look

This edition of the CMHA Weekly Update kicks off the new look for the Update. This new look was developed in response to the positive reaction, by CMHA members and stakeholders, to the innovative design built into other CMHA documents and webpages.

This Weekly Update will continue to contain a curated set of articles, announcements, and resources on a range of issues of interest to CMHA members. The Weekly Update will also continue to have the point-and-click feature (that moves the reader to the article of interest by clicking on its title in the table of contents) and the hyperlink feature (giving the reader access to lengthier documents and resources and immediate access registration sites for educational events).

CMHA highlights its members' "Heroic Stories: Exceptional, Selfless Service Response To COVID-19"



As Weekly Update readers, you remember, CMHA has initiated an "Accurate Picture Campaign" as one of the core elements of our association's advocacy work. This campaign aims to highlight, in accessible formats and terms, the strengths of Michigan's public mental health system (one of the best in the country)

With the advent of the COVID-19 pandemic, the first phase of this campaign will highlight stories of excellence, innovation, selflessness, and heroic effort in response to the COVID-19 pandemic. CMHA is using these stories as part of a media relations effort, in partnership with the skilled PR firm of Lambert, aimed at media markets across the state.

These stories are coming to CMHA, from member organizations, across the state and are being highlighted on the Association's Newsroom webpage under the heading "Heroic Stories: CMHA Members Exceptional, Selfless Service Response To COVID-19". The CMHA Newsroom webpage can be found [here](#).

CMHA adds Newsroom page to its website

CMHA has recently added a new tab to its webpage to capture the large number of media stories that feature CMHA members and those served by those members. While the initial set of postings contained on this webpage revolve around the system's response to the COVID pandemic, future postings on this webpage will address a broader set of issues covered by the media. This webpage can be accessed [here](#).

State & National Developments and Resources

New! MDHHS announces expansion of Behavioral Health Homes and Opioid Health Home initiative

Based on the strong success of the state's Medicaid Behavioral Health Homes and Opioid Health Homes, MDHHS recently announced an expansion to this effort to other parts of the state. The Department indicates that it is on course to implement with an October 1, 2020 effective date.

MDHHS has been working diligently with our federal, state, and local partners to ramp up and deliver expanded Health Home services on October 1, 2020. Once implemented, MDHHS believes the Behavioral Health Home will serve 5,000-6,000 beneficiaries while the Opioid Health Home will serve 2,000-3,000 beneficiaries.

As you may know, the independent cost-efficiency and quality outcomes for the Behavioral Health Home have been nothing short of amazing, yielding between \$103-\$366 per member per month savings depending on the year of the evaluation. Extrapolated to the aforementioned expansion estimates, this yields annual cost-efficiencies between \$8.6 and \$39.5 million.

Below are the expansion regions:

Behavioral Health Home (for Medicaid beneficiaries with distinct SMI/SED diagnoses); currently in Grand Traverse and Manistee Counties in PIHP Region 2, and will expand to:

PIHP Region 1 (Upper Peninsula)

PIHP Region 2 (all remaining counties in the northern part of the Lower Peninsula))

PIHP Region 8 (Oakland County)

Opioid Health Home (for Medicaid beneficiaries with an opioid use disorder diagnosis); currently in PIHP Region 2, and will expand to:

PIHP Region 1 (Upper Peninsula)
PIHP Region 4 (Calhoun and Kalamazoo Counties within this region)
PIHP Region 9 (Macomb County)

This expansion of the proven health home model is a very good policy direction. Bravo to BHDDA/MDHHS and to those CMHs and PIHPs who have been and will lead these health home initiatives.

New! MDHHS seeking comment on Medicaid telehealth policy

The following proposed policy has been issued for public comment:

COVID-19 Response: Telemedicine Policy Changes, Updates to Coverage for Physical Therapy, Occupational Therapy and Speech Therapy

Comments may be forwarded to the e-mail noted on the policy's transmittal sheet. Proposed Medicaid policies may be accessed [here](#) on the MDHHS website.

New! Executive Order is issued ensuring equitable healthcare access, to persons with disabilities, during the COVID pandemic

Below are excerpts from a recent announcement of Governor Whitmer's Executive Order that calls for equitable access to healthcare to all persons, including those with disabilities, during the COVID-19 pandemic.

Governor Gretchen Whitmer today signed Executive Order 2020-64, which reaffirms the state's commitment to equitable access to health care, and requires health care facilities to develop protocols that ensure non-discrimination in the event demands for critical health care resources exceed availability.

"Michigan has one of the finest health care systems in the country, and our medical professionals are performing heroically under trying circumstances. But the unprecedented challenges posed by this pandemic have created a heightened need for clear, transparent protocols based on a common understanding of core values, including equitable access to care.," Governor Whitmer said. "Everyone, no matter who they are, deserves access to quality, affordable health care, especially during a pandemic. This executive order helps ensure all individuals, no matter their circumstances, have equitable access to these critical resources as we continue to fight this deadly disease."

The order affirms the right to receive medical care without discrimination based on stereotypes, assessments of quality of life, or judgments about a person's relative "worth" based on the presence of disabilities or other factors. It also requires all health care providers to take steps to ensure non-discrimination and support individuals' functional needs to the fullest extent possible.

Under the order, designated health care facilities must also:

- Develop patient care protocols for when demand exceeds availability of resources that prohibit discriminatory decision-making based on a number of factors. These protocols must be based on the best available medical evidence.
- Provide sign language interpreters if requested, and provide interpreters with appropriate personal protective equipment.
- Coordinate and share information about availability of resources and ability to transfer patients with the state Department of Health and Human Services.
- Post protocols online and provide them upon request.

The requirement to develop these protocols that guide decision-making applies to hospitals and entities used as surge capacity for one or more hospitals.

The order is effective immediately, and continues until Michigan's emergency and disaster declarations are lifted.

Information around this outbreak is changing rapidly. The latest information is available at Michigan.gov/Coronavirus and CDC.gov/Coronavirus.

To view executive order 2020-64, click the link: [EO 2020-64 Emerg order.pdf](#)

New! CMS expand telehealth for Medicare services

Below are excerpts from a recent CMS announcement of its expansion of telehealth services provided with Medicare dollars.

CMS recently directed an expansion of telehealth services so that doctors and other providers can deliver a wider range of care to Medicare beneficiaries in their homes. Beneficiaries thus don't have to travel to a healthcare facility and risk exposure to COVID-19.

For the duration of the COVID-19 emergency, CMS is waiving limitations on the types of clinical practitioners that can furnish Medicare telehealth services. Prior to this change, only doctors, nurse practitioners, physician assistants, and certain others could deliver telehealth services. Now, other practitioners are able to provide telehealth services, including physical therapists, occupational therapists, and speech language pathologists.

Hospitals may bill for services furnished remotely by hospital-based practitioners to Medicare patients registered as hospital outpatients, including when the patient is at home when the home is serving as a temporary provider based department of the hospital. Examples of such services include counseling and educational service as well as therapy services. This change expands the types of healthcare providers that can provide using telehealth technology.

Hospitals may bill as the originating site for telehealth services furnished by hospital-based practitioners to Medicare patients registered as hospital outpatients, including when the patient is located at home.

CMS previously announced that Medicare would pay for certain services conducted by audio-only telephone between beneficiaries and their doctors and other clinicians. Now, CMS is

broadening that list to include many behavioral health and patient education services. CMS is also increasing payments for these telephone visits to match payments for similar office and outpatient visits. This would increase payments for these services from a range of about \$14-\$41 to about \$46-\$110. The payments are retroactive to March 1, 2020.

New! State of Michigan announces new resources to support COVID-19 responders

Below are excerpts from a recent announcement, from the State of Michigan, on several resources designed to support COVID-19 responders.

"Futures for Frontliners," a G.I. bill program for essential workers
Governor Gretchen Whitmer announced a series of initiatives to help Michigan workers and their families during the ongoing COVID-19 pandemic, including the "Futures for Frontliners" program to provide a tuition-free pathway to college or a technical certificate to essential workers who don't have a college degree.

Steps to make child care affordable and accessible for families
Michigan has created the "Child Care Relief Fund" to provide direct, non-competitive grants to child care providers. The Child Care Relief Fund consists of \$100 million in federal CARES Act funding and \$30 million from the state's child care fund, both dedicated to be used only for child care services.

MDHHS develops resource guide to support family well-being during COVID-19 emergency
The guide features practical tips on ways to support vulnerable families. It includes recommended questions to help understand the needs of potentially at-risk caregivers and children. It also provides statewide resources available to families who might have concerns about food, housing, mental health, finances or safety.

New! Health Equity and Enlightened Leadership in the Shadows of COVID-19

Recently, a virtual dialogue was held around health equity and the COVID crisis. This recorded dialogue and related health equity resources are provided below.

Dr. Jay Bhatt dialogue - Health Equity and Enlightened Leadership in the Shadows of COVID-19. You can view the webinar recording at <https://vimeo.com/414815586/9ca60acd0d>

Resources to more deeply explore key themes referred to during our discussion:

Take the Pledge for Equity of Care – American Hospital Association
www.equityofcare.org

American Hospital Association and National Urban League Partnership on Community Health Workers
<https://www.aha.org/national-urban-league-community-health-worker>

80% of COVID-related deaths in Georgia are African-American

<https://thehill.com/policy/healthcare/495339-african-americans-account-for-80-percent-of-georgia-coronavirus>

Age-Friendly Health Systems (Institute for Healthcare Improvement)

<http://www.ihl.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx>

New! BPC Launches Behavioral Health Integration Task Force with Recommendations to Address COVID-19 Mental Health Needs

Below are excerpts from a recent announcement from the national Bipartisan Policy Center on the formation of its Behavioral Health Integration Task Force.

The Bipartisan Policy Center today launched a new Behavioral Health Integration Task Force to improve the integration of primary and behavioral health care to achieve better health outcomes and reduce costs. The task force also released recommendations to quickly address the urgent need to access behavioral health care as our nation faces the COVID-19 pandemic. Co-chaired by former Rep. Patrick Kennedy; former U.S. Sen. John E. Sununu; Sheila Burke, fellow, BPC; strategic advisor, Baker Donelson; and Richard Frank, professor of health policy, Harvard University, the task force will develop long-term solutions over the coming months to better integrate behavioral and primary care in the United States. Moreover, BPC is calling for comments on these important policy issues through an online survey.

As the COVID-19 crisis exacerbates the mental health and substance use disorder needs facing our country, the Behavioral Health Integration Task Force offers the following policy recommendations for immediate action, but acknowledges that even more needs to be done:

1. Expand access to telehealth. This will ensure that people who are struggling with pre-existing behavioral health conditions, as well as new conditions resulting from the COVID-19 crisis, get the help they need. The task force recognizes that lack of broadband is a major barrier to telehealth in rural and tribal communities and will consider long-term solutions, but in the interim recommends lifting the following restrictions:

Congress and states should align commercial insurance and Medicaid telehealth policies with Medicare telehealth provisions in the CARES Act and recent Trump administration waivers. Medicaid and commercial insurers should reimburse telehealth services at in-person rates for the duration of the public health emergency, with consideration for permanent changes.

2. Bolster training for an integrated care workforce. Longstanding workforce shortages of both primary care and behavioral health providers across the country are mounting due to the impact of COVID-19. This necessitates a call for action to support the current primary care workforce in expanding access to behavioral health care:

Congress should provide funds to the Health Resources and Services Administration (HRSA) to support fast-tracked targeted training opportunities for providers. This includes training for primary care physicians, social workers, nurses, and peer and

recovery support specialists emphasizing evidence-based practices, as well as interventions to address immediate mental health needs due to COVID-19, including PTSD, anxiety, depression, and social isolation.

As Congress considers the immediate workforce training and re-deployment required for addressing urgent needs, such as testing and contact-tracing, the task force asks that Congress also consider the workforce needed to address the skyrocketing behavioral health needs.

Over the coming months, the Behavioral Health Integration Task Force will work alongside an advisory group of stakeholders, advocates, and experts, to build upon BPC's 2019 report to develop policy recommendations for release early 2021. Long-term recommendations will focus on 1) promoting care delivery models and payment reform to support widespread implementation of integrated care; 2) addressing workforce shortages on integrated care teams, and promoting integrated workforce training and education; 3) targeting telehealth and health IT issues that prevent widespread use of electronic health records and integrated care delivery, and 4) giving attention to special populations who face unique barriers, such as communities of color, veterans, and children, when accessing behavioral health care.

State Legislative Update

New! Governor Whitmer Details Six Phases of Her MI Safe Start Plan

At Thursday's press conference Governor Whitmer announced that Michigan's manufacturing workers will return to work on Monday, May 11, and detailed the six phases of her MI Safe Start Plan to re-engage Michigan's economy. The governor has worked with leaders in health care, business, labor, and education to develop the plan, and announced that Michigan is in phase three.

The phases of the pandemic include:

- 1) **UNCONTROLLED GROWTH:** The increasing number of new cases every day, overwhelming our health systems.
- 2) **PERSISTENT SPREAD:** We continue to see high case levels with concern about health system capacity.
- 3) **FLATTENING:** The epidemic is no longer increasing and the health-system's capacity is sufficient for current needs.
- 4) **IMPROVING:** Cases, hospitalizations and deaths are clearly declining.
- 5) **CONTAINING:** Continued case and death rate improvements, with outbreaks quickly contained.

6) POST-PANDEMIC: Community spread not expected to return.

"I am working closely with health care experts and epidemiologists to closely monitor Michigan's progress in the fight against COVID-19," said Governor Whitmer. "As we move forward with the MI Safe Start Plan, I am working closely with partners in business, labor, and education to determine the best way to move forward each day. All of us know the importance of getting people back to work and the economy moving again. We've already reopened lower-risk sectors like construction, manufacturing, and lawn care.

"The worst thing we can do is open up in a way that causes a second wave of infections and death, puts health care workers at further risk, and wipes out all the progress we've made. That's why we will continue to monitor the spread of this virus, hospital capacity, testing rates, and more as we work toward reaching the 'improving' phase."

Click the link below for the governor's full MI Safe Start Plan:

[Governor Whitmer's MI Safe Start Plan.pdf](#)

New! Legislative Republicans file lawsuit against Governor

The Governor's interpretation of the 1945 emergency powers law that allows her to issue rolling, consecutive emergency orders is unconstitutional, according to a [lawsuit](#) filed today in the Court of Claims by the House Speaker and Senate Majority Leader.

The two are arguing that the '45 law, known informally as the Riot Act, doesn't give the Governor unlimited authority without any checks or balances.

Senate Majority Leader Mike Shirkey (R-Clarklake) and House Speaker Lee Chatfield (R-Levering) want the courts to make an immediate declaration that the COVID-19 related orders issued under the new emergency order (EO 2020-66) are "invalid and unenforceable."

Shirkey told media today he doesn't tackle a lawsuit unless he's willing "to take it all the way." "The Governor's actions leaves us little choice, but to file a lawsuit and seek clarification in the courts," Shirkey said.

Today's action comes after Gov. Gretchen Whitmer declared a new state of emergency declaration April 30, which she said gives her the power to continue issuing executive orders that suspend certain state laws as a way to prevent the spread of COVID-19.

Her decision to take this step comes after the Legislature declined to extend her emergency powers for another 28 days, which is required under a separate 1976 emergency powers act. Shirkey said he didn't believe the lawsuit would cause "any more confusion than has already been created by the ambiguities and uncertainties in some of these executive orders."

The Senate Democratic Caucus issued a statement clarifying they were not part of the lawsuit, it was solely driven by legislative republicans.

Executive Orders Signed

Currently, Governor Gretchen Whitmer has signed 40 Executive Orders in response to COVID-19. Please find a list of active Executive Orders with the topic and a hyper link accessing the Executive Order below.

- **Executive Order 2020-14** – Extends the deadline for Michigan residents to pay back taxes and avoid foreclosure on their property, please click [here](#) to access Executive Order 14.
- **Executive Order 2020-17** – Temporary restrictions on non-essential medical and dental procedures, please click [here](#) to access Executive Order 17.
- **Executive Order 2020-22** – Extension of county canvass deadlines for the March 10, 2020 Presidential Primary Election, please click [here](#) to access Executive Order 22.
- **Executive Order 2020-26** – Extension of April 2020 Michigan income tax filing deadlines, please click [here](#) to access Executive Order 26.
- **Executive Order 2020-27** – Conducting elections on May 5, 2020 using absent voter ballots, please click [here](#) to access Executive Order 27.
- **Executive Order 2020-28** – Restoring water service to occupied residences during the COVID-19 pandemic, please click [here](#) to access Executive Order 28.
- **Executive Order 2020-31** – Suspends the April 1 requirement for lower vapor pressure gasoline, please click [here](#) to access Executive Order 31.
- **Executive Order 2020-34** – Clarifies the temporary restrictions the Governor placed on non-essential veterinary procedures as part of Executive Order 2020-32, please click [here](#) to access Executive Order 34.
- **Executive Order 2020-36** – Protecting workers who stay home, stay safe when they or their close contacts are sick, please click [here](#) to access Executive Order 36.
- **Executive Order 2020-38** – Temporary extensions of certain FOIA deadlines to facilitate COVID-19 emergency response efforts, please click [here](#) to access Executive Order 38.
- **Executive Order 2020-39** – Temporary relief from certain restrictions and requirements governing the provision of emergency medical services, please click [here](#) to access Executive Order 39.
- **Executive Order 2020-44** – Enhanced support for deliveries, please click [here](#) to access Executive Order 44.
- **Executive Order 2020-45** – Enhanced authorization of remote means for carrying out state administrative procedures, please click [here](#) to access Executive Order 45.
- **Executive Order 2020-46** – Mitigating the economic harms of the COVID-19 pandemic through the creation of a spirits buyback program for restaurants and bars throughout the state, please click [here](#) to access Executive Order 46.

- **Executive Order 2020-47** – Temporary extension of the validity of certain driver’s licenses, state identification cards, and vehicle registrations, please click [here](#) to access Executive Order 47.
- **Executive Order 2020-48** – Temporary authorization of remote participation in public meetings and hearings and temporary relief from monthly meeting requirements for school boards, please click [here](#) to access Executive Order 48.
- **Executive Order 2020-49** – Temporary enhancements to operational capacity and efficiency of health care facilities, please click [here](#) to access Executive Order 49.
- **Executive Order 2020-50** – Enhanced protections for residents and staff of long-term care facilities during the COVID-19 pandemic, please click [here](#) to access Executive Order 50.
- **Executive Order 2020-51** – Expanding child care access during the COVID-19 pandemic and rescission of Executive Order 2020-16, please click [here](#) to access Executive Order 51.
- **Executive Order 2020-52** – Temporary extension of certain pesticide applicator certificates, please click [here](#) to access Executive Order 2020-52.
- **Executive Order 2020-53** – Enhanced restrictions on price gouging, please click [here](#) to access Executive Order 53.
- **Executive Order 2020-54** – Temporary prohibition against entry to premises for the purpose of removing or excluding a tenant or mobile home owner from their home, please click [here](#) to access Executive Order 54.
- **Executive Order 2020-55** – Michigan Coronavirus Task Force on Racial Disparities, please click [here](#) to access Executive Order 55.
- **Executive Order 2020-56** – Temporary enhancements to operational capacity, flexibility, and efficiency of pharmacies, please click [here](#) to access Executive Order 56.
- **Executive Order 2020-57** – Temporary expansions in unemployment eligibility and cost-sharing, please click [here](#) to access Executive Order 57.
- **Executive Order 2020-58** – Temporary suspension of certain timing requirements relating to the commencement of civil and probate actions and proceedings, please click [here](#) to access Executive Order 58.
- **Executive Order 2020-61** – Temporary relief from certain restrictions and requirements governing the provision of medical services, please click [here](#) to access Executive Order 61.
- **Executive Order 2020-62** – Temporary COVID-19 protocols for entry into Michigan Department of Corrections facilities and transfers to and from Department custody; temporary recommended COVID-19 protocols and enhanced early-release authorization for county jails, local lockups, and juvenile detention centers, please click [here](#) to access Executive Order 62.
- **Executive Order 2020-63** – Temporarily suspending the expiration of personal protection orders, please click [here](#) to access Executive Order 63.

- **Executive Order 2020-64** - Affirming anti-discrimination policies and requiring certain health care providers to develop equitable access to care protocols, please click [here](#) to access Executive Order 64.
- **Executive Order 2020-65** – Provision of K–12 education during the remainder of the 2019–2020 school year, please click [here](#) to access Executive Order 65.
- **Executive Order 2020-66** – Termination of the states of emergency and disaster declared under the Emergency Management Act in Executive Order 2020-33, please click [here](#) to access Executive Order 66.
- **Executive Order 2020-67** – Declaration of state of emergency under the Emergency Powers of the Governor Act, 1945 PA 302, please click [here](#) to access Executive Order 67.
- **Executive Order 2020-68** – Declaration of states of emergency and disaster under the Emergency Management Act, 1976 PA 390, please click [here](#) to access Executive Order 68.
- **Executive Order 2020-69** – Temporary restrictions on the use of places of public accommodation, please click [here](#) to access Executive Order 69.
- **Executive Order 2020-70** – Temporary requirement to suspend activities that are not necessary to sustain or protect life, please click [here](#) to access Executive Order 70.
- **Executive Order 2020-71** – Temporary safety measures for food-selling establishments and pharmacies and temporary relief from requirements applicable to the renewal of licenses for the food-service industry, please click [here](#) to access Executive Order 71.
- **Executive Order 2020-72** – Temporary restrictions on entry into health care facilities, residential care facilities, congregate care facilities, and juvenile justice facilities, please click [here](#) to access Executive Order 72.
- **Executive Order 2020-73** – Temporary relief from certain credentialing requirements for motor carriers transporting essential supplies, equipment, and persons, please click [here](#) to access Executive Order 73.
- **Executive Order 2020-74** – Encouraging the use of electronic signatures and remote notarization, witnessing, and visitation during the COVID-19 pandemic, please click [here](#) to access Executive Order 74.

Federal Update

New! Hill Day 2020 is Going Digital – Join us on June 23!

The COVID-19 pandemic has changed *how* we work, but we must not let it interrupt *our* work. Mental health and addictions organizations need our continued support now more than ever.

That is why this year we are proud to partner with 25 national advocacy organizations to bring you [Hill Day at Home!](#) We're still rallying. We're still moving ahead together. And we're still bringing our field's most important issues to Congress.

And as we go virtual this year, we need YOU, our friends in the field, to be right there with us as always.

How can you make a difference?

On Tuesday, June 23, you'll be able to log on to our online event portal for the 2020 Virtual Policy Institute. A link to the portal will be sent to registrants ahead of the event.

This four-hour learning event will include keynote speakers, the latest legislative updates, immersive breakout sessions and all the great content you've come to expect from Hill Day.

Hill Day at Home will culminate on **Wednesday, June 24**, with a series of digital advocacy events and outreach opportunities to urge lawmakers to invest in lifesaving funding for mental health and addiction programs.

Click on the link below to register:

https://www.mylibralounge.com/sites/hillday2020/attendee/en/welcome/?lib_SGU=519BCCD4-05CF-4955-9CB4-2B8AF7E29CB0&lib_CST=8538522F-74F0-4E96-802D-7A4B45DAAD80

ACTION ALERT - Support \$38.5 Billion for Behavioral Health Providers in Fighting COVID-19

Congress continues to deliberate continued aid towards the COVID-19 pandemic, talks have been underway regarding a stimulus 4 aid package. Through the National Council and their members, we are requesting **an emergency appropriation of \$38.5 billion** for providers of mental health and addiction treatment services to be included in the next stimulus package considered by Congress. This is one of the largest and most important appropriations requests of our time.

As COVID-19 has spread fear and anxiety across our nation, we have repeatedly asked you, our members, what you needed and how we could help. **We have heard you. You made your needs overwhelmingly clear: you need PPE, you need equipment, and most importantly you need financial resources to keep your doors open and the lights on.** You need this emergency funding to continue doing the lifesaving work you do in your community every day, serving individuals with mental illness and addiction.

Will you take two minutes today to urge your Member of Congress to NOT leave mental health and addictions behind? If possible included examples of what you are facing, closing programs, layoffs, impact of social distancing on services etc...

Click the link below to log in and send your message:

<https://www.votervoice.net/CMHAM/Campaigns/73480/Respond>



Education Opportunities

What's Cancelled and What's Taking Place?????

With the rapidly changing situation, events and meetings are being cancelled, postponed, being held virtually or rescheduled. Please refer to www.cmham.org to see if your event /meetings taking place. The site is being updated several times a day.

New! CMHAM Annual Spring/Summer Conference Postponed



The 2020 Annual Spring/Summer Conference originally scheduled for June 9 & 10, 2020 at the Grand Traverse Resort, Traverse City has been postponed.

We are exploring future dates and virtual conference options.

Stay tuned for more details in Weekly Update!

NEW! VIRTUAL Ethics for Social Work & Substance Use Disorder Professionals Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

Dates:

- June 22, 2020
- August 17, 2020
- October 5, 2020
- November 2, 2020

Agenda:

Education: 8:30am – 11:30am
Lunch Break: 11:30am – 1:00pm
Education: 1:00pm – 4:00pm

Training Fees:

\$115 CMHA Members

\$138 Non-Members

Registration will be available next week!

NEW! VIRTUAL Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC online through Zoom.

This course qualifies for 2 CEUs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Dates:

- June 15, 2020
- August 3, 2020

Agenda:

Education: 9:00am – 11:00am

Training Fees:

\$39 CMHA Members

\$47 Non-Members

Registration will be available next week!

COD Regional Trainings: Co-Occurring, Opioid Use, and Cannabis Use Disorder Treatment Planning

Course Description:

Treatment planning for adults with complex mental health, substance use, and physical health needs involves understanding stages of change and system navigation. Collaborating with these individuals on their wellness and recovery planning requires motivational approaches and often interventions that are more effective for early stage readiness. The prevalence of cannabis and opioid use makes these cases even more demanding to navigate.

Add to this, the opioid crisis in the U.S. Since 1999, sales of opioids in the U.S. have quadrupled. From 1999-2015, more than 180,000 people died from overdoses related to prescription opioids. In Michigan, in 2017, there were 1,600 opioid overdose deaths, an increase of 57% from 2016. It is now the #1 cause of accidental death for people under 50. The Centers for Disease Control (CDC) have issued recommendations that include a preference for non-pharmacological therapy. This presentation will provide an overview of a biopsychosocial model of pain, current best practices in pain management, and treatment planning and interventions. Finally, social justice issues for pain management will be addressed with constructs to improve organizationally and individually.

Who Should Attend?

This event is sponsored by the adult mental health block grant and is **only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the State of Michigan.** It contains content appropriate for CEOs, COOs, Clinical Directors, Supervisors, Case Managers, Support Coordinators, Therapists, Crisis Workers, Peer Support Specialists and any other practitioners at the beginning level of practice. This training is designed for persons providing COD services in Adult Mental Health and Substance Use services, including Integrated Dual Disorder Treatment teams.

Dates/Locations:

- **NEW DATE:** July 10, 2020 – Delta Hotels Kalamazoo Conference Center | Save the date!
Registration will re-open soon

- July 23, 2020 – Park Place Hotel & Conference Center, Traverse City | [CLICK HERE](#) for more information and to register now

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Training Fee:

\$65 per person. The fee includes training materials, continental breakfast and lunch.

Motivational Interviewing College regional trainings

Registration is now open for the FY20 Motivational Interviewing College regional trainings which includes Basic, Advanced, Supervisory, and the TNT course: Teaching Motivational Interviewing! [For more information and to register now, click the links below.](#)

This event is sponsored by the adult mental health block grant and is intended for persons who serve adults only through the mental health and substance abuse provider network in the state of Michigan. It contains content appropriate for CEOs, COOs, clinical directors, supervisors, case managers, support coordinators, therapists, crisis workers, peer support specialists and any other practitioners at the beginning, advanced and supervisory levels of practice.

Dates/Locations:

July – Hotel Indigo, Traverse City

Basic: [Monday & Tuesday, July 20-21, 2020](#)

Advanced: [Monday & Tuesday, July 20-21, 2020](#)

Supervisory: [Tuesday, July 21, 2020](#)

NEW DATES: August – DoubleTree Detroit – Dearborn - Save the Date! Registration will re-open soon

Basic: Monday & Tuesday, August 10-11, 2020

Advanced: Monday & Tuesday, August 10-11, 2020

Supervisory: Tuesday, August 11, 2020

TNT: Teaching MI: Wednesday & Thursday, August 12-13, 2020

Times:

Registration starts at 8:30am & the training will run from 9:00am-4:15pm for all trainings.

Training Fees:

\$125 per person for all 2-day trainings / \$69 per person for the 1-day Supervisory training. The fee includes training materials, continental breakfast and lunch each day.

Be sure to register as soon as possible, training space is limited and will fill up quickly!

Please be sure you're clicking on the correct registration link in the brochure for the date/location you want; unfortunately, full refunds cannot be made when registering for the incorrect date.

NEW DATES: DBT Trainings

2-Day Introduction to DBT Trainings

This 2-Day introduction to DBT training is intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan who are interested in learning the theoretical underpinnings of the treatment. It will explain what the key ingredients are in DBT that make up its empirical base. A basic overview of the original DBT skills will be covered along with how to structure and format skills training groups. This training is targeted toward those who are new to DBT with limited experience and who are looking to fulfill the pre-requisite to attend more comprehensive DBT training in the future.

Dates/Locations:

- July 7-8, 2020 – Hilton Garden Inn Lansing West | [CLICK HERE](#) for more information and to register now
- July 20-21, 2020 – Great Wolf Lodge, Traverse City | [CLICK HERE](#) for more information and to register now

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$125 per person. The fee includes training materials, continental breakfast and lunch for both days.

5-Day Comprehensive DBT Trainings **NEW DATES**

- This training is designed for CMH, CMH service providers, PIHP, and PIHP service provider staff who are directly responsible for delivering DBT.
- Due to the fact DBT is a comprehensive treatment that treats high-risk individuals, one's core training ought to be comprehensive as well.
- IT IS EXPECTED THAT ALL PARTICIPANTS WILL MAKE A FULL COMMITMENT TO ATTEND ALL 5 DAYS mindfully and will participate fully in discussion, role-plays and complete daily homework assignments.
- Participants are asked to bring a copy of "Cognitive Behavioral Treatment of Borderline Personality Disorder" by Marsha Linehan, PhD, with them to the training.
- COMPLETION OF A 2-DAY INTRODUCTION TO DBT TRAINING OR EQUIVALENT IS A PRE-REQUISITE FOR ATTENDING THIS TRAINING.
- This is NOT a training that teaches DBT skills. There will be very little focus on DBT skills. The majority of the focus of this training will be to help clinicians on how to conduct individual DBT sessions. If your goal is to come to this training in order to learn DBT skills, do not attend. By attending, you understand and consent to knowing this ahead of time.

Dates/Locations:

- September 14-18, 2020 – Holiday Inn Grand Rapids Airport West | Save the Date!
Registration will re-open soon
- September 21-25, 2020 – Park Place Hotel & Conference Center, Traverse City | Save the Date!
Registration will re-open soon

Who Should Attend?

This event is sponsored by the adult mental health block grant and is *only intended for persons who serve adults through CMH, CMH Service Providers, PIHP, and PIHP providers in the state of Michigan*. This seminar contains content appropriate for medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all beginning level of practice.

Training Fee:

\$250 per person. Fee includes training materials, continental breakfast and lunch for 5 days.

NEW DATE: Wraparound Conference

New Dates: Monday, September 28, 2020 – Wednesday, September 30, 2020

Location: Great Wolf Lodge: 3575 N. US 31 South, Traverse City, MI 49684

Registration will be available in July on the [CMHA website](#).

NEW DATE: Self-Determination Conference

This conference will broaden and deepen your understanding of the crucial elements of Self-Direction and the importance of Self-Determination in Behavioral Health. It will provide training and technical assistance on the topics of Effective Person-Centered Planning, Independent Facilitation, Supported Decision-Making, Fiscal Intermediaries, How to Structure Self-Directed Service Arrangements, Budget Development, and more. Dynamic presenters and speakers will reenergize your commitment to the principles and practice of Self-Determination!

Date & Time:

Friday, September 11, 2020
8am – 5pm
Lansing, MI 48933

Location:

Lansing Center
333 E. Michigan Ave.

Who Should Attend?:

This conference contains content tracks appropriate for all individuals who receive services, family members, case managers, supports coordinators, clinicians, CMH administrative and clinical staff, providers, HCBS and waiver coordinators, fiscal intermediaries and independent facilitators.

Registration available soon, check [CMHA website](#) for more information and updates.

Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings

Community Mental Health Association of Michigan is pleased to offer Ethics for Social Work & Substance Use Disorder Professionals & Psychologists Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics.

This training fulfills the MCBAP approved treatment ethics code education – specific.

This training fulfills the MPA requirements for psychologists.

Additional dates to be scheduled soon!

Pain Management and Mindfulness Trainings

Community Mental Health Association of Michigan is pleased to offer Pain Management Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This course qualifies for 2 CEs and fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for pain management.

Additional dates to be scheduled soon!

Training Fees: (fee includes training material)

\$39 CMHA Members

\$47 Non-Members

CAFAS and PECFAS Trainings Are Scheduled

Several CAFAS and PECFAS Trainings and Booster Trainings are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org to be notified when trainings become finalized.

Family PsychoEducation Trainings Are Scheduled

Family PsychoEducation Facilitator Training, Family PsychoEducation Advanced Facilitator Training and FPE Learning Communities (for previous FPE Participants) are scheduled for FY2020. Please visit www.cmham.org website for the calendar and search for the trainings or email awilson@cmham.org for more information.

TREM and M-TREM Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: TREM AND M-TREM TRAININGS Featuring: Community Connections, Washington, DC. Based on both clinical experience and research literature, TREM has become one of the major trauma recovery interventions for women and men. TREM and MTREM are fully manualized group interventions for trauma survivors served by behavioral health providers.

LOCATION, DATES AND AGENDA

- Community Mental Health Association of Michigan (CMHAM), Lansing - June 2-4, 2020
- Registration: 8:30a.m. - 9:00 a.m.; Training: 9:00 a.m. - 4:00 p.m.

Open to individuals working in the public Mental Health System. Note: The trauma policy is now an amendment to the CMHSP contract. PARTICIPANTS: Master's prepared clinicians (men and women), their clinical supervisor from CMHSPs. CMHSPs that currently DO NOT have trained TREM/M-TREM clinical staff will be prioritized for the training.

Cost is \$150 per participant. Registration fees, hotel, travel and additional meals are at the agency's expense.

EXPECTATION: Clinicians and Clinical Supervisors registering for the training will be expected to:

1. Participate in 3-day TREM/M-TREM training
2. Participate in 12 monthly coaching calls (1-hour calls)

Clinicians will be expected to: Conduct 2 TREM or M-TREM groups in the year following the training

Teams are comprised of 1 limited licensed supervisor and, at a minimum, 2 limited licensed clinicians. All team members are expected to attend the three days of training. Participate in the monthly coaching calls; and implement 2 TREM/M-TREM groups in the next year.

Please email awilson@cmham.org for information. No continuing education credits available.

Strengthening LOCUS Training Skills

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: Strengthening LOCUS Training Skills

- [June 22, 2020 – Treetops Resort, Gaylord](#)
- [July 20, 2020 \(Rescheduled from April 20\) – Hampton Inn & Suites, Okemos](#)

Audience: LOCUS Trainers

Description: This workshop is designed for those individuals who currently or will be providing LOCUS training, coaching, and/or mentoring. Focus is on helping participants to enhance their skills as a LOCUS trainer while identifying skill building opportunities and activities within their trainings. Participants will have the opportunity to develop or work on a Training Plan for their organizations to assist with LOCUS integration. Time will be provided for questions and problem-solving.

Prerequisite: Thorough understanding of the LOCUS; Completion of MDHHS approved LOCUS Train-the-Trainer

Fee: \$0 registration fee and breakfast, lunch, afternoon snack and materials included

This course qualifies for 6.0 Social Work Contact Hours and 6.0 Related MCBAP Contact Hours

LOCUS Specialty Trainings

Michigan Department of Health and Human Services and Community Mental Health Association of Michigan present: LOCUS Specialty Trainings

- [June 23, 2020 – Treetops Resort, Gaylord](#)
- [July 21, 2020 \(Rescheduled from April 21\) – Hampton Inn & Suites, Okemos](#)

Prerequisite: Basic Understanding of the LOCUS

Each course qualifies for 2.5 Social Work Contact Hours and 2.5 Related MCBAP Contact Hours

Enhancing Your LOCUS Skills: 9:00 AM – 11:30 AM

Audience: LOCUS Users, Trainers, Supervisors

Description: This workshop is designed for those individuals who want to fine-tune and enhance their understanding and use of the LOCUS. Ideal for users of the LOCUS, LOCUS trainers, and organizational supervisors.

Fee: \$0 and includes breakfast and materials

Quality & Outcome Measurement with the LOCUS: 1:00 PM – 3:30 PM

Audience: Supervisors, Quality Specialists and Managers, Utilization Management, Organizational Leadership

Description: Statewide LOCUS implementation is not without its challenges. This workshop is designed to help organizational leadership define and implement outcome measures associated with the LOCUS. We will explore how use of data capture and analysis supports systemic change to achieve positive outcomes for the individuals served.

Fee: \$0 and includes an afternoon snack and materials

New! National Council announces new series on COVID financing strategies

As behavioral health providers continue to adapt service delivery and operations in response to the COVID-19 pandemic, financial management and sustainability are increasingly areas of concern. To support providers in navigating these unprecedented times financially to sustain operations, the National Council, with support from the Delta Center for a Thriving Safety Net, has engaged CohnReznick to provide a **COVID-19 Financial Response Strategy ECHO Series**. This three-part series will provide guidance on financial/operational strategies for remaining financially viable during these trying times.

Given the urgency of this information, this series is scheduled to take place on a weekly basis starting tomorrow.

Session 1: Extending the Runway – Weekly Cash Flow Projections: Practical guidance and case studies on assessing today's cash situation and developing a plan and control/monitor short-term activities and navigate cash flow constraints due to the COVID-19 pandemic.

Tuesday April 21st at 1pm ET: [Register here](#)

Session 2: Extending the Runway – Leveraging Stimulus/Relief Efforts: Review of relief packages available to behavioral health providers and case studies/experiences from the field in accessing these financial relief efforts.

Tuesday April 28th at 1pm ET: [Register here](#)

Session 3: Sustaining the New Normal: Guidance on evaluating the “levers” that can be pulled to stabilize operations in the new normal, such as improving forecasted cash flows including staffing adjustments, revenue opportunities and extending credit.

Tuesday May 5th at 1pm ET: [Register here](#)

Education & Training Resources from Great Lakes MHTTC

Weekly Update readers may remember that our association, the Community Mental Health Association of Michigan (CMHA) is the Michigan partner of the SAMHSA-funded **Great Lakes Mental Health Technology Transfer Center (Great Lakes MHTTC)**. The Great Lakes MHTTC, in partnership with CMHA, provides education and training on a range of evidence based and promising mental health prevention and treatment practices.

This section of the Weekly Update will regularly feature education, training, and technical assistance offerings from the Great Lakes Mental Health Technology Transfer Center (MHTTC) and its partners MHTTCs from across the country.

Catalog of MHTTC resources to be highlighted via new weekly series in CMHA Weekly Update

This month, the Great Lakes Mental Health Technology Transfer Center (MHTTC) will be making available a large catalog of Great Lakes MHTTC products at its [Products and Resources](#) webpage, which can be accessed [here](#).

This section of the MHTTC website hosts all Great Lakes MHTTC products along with products developed with their partner TTCs within the region and across the country.

The first product to be provided on this webpage will be “Social Emotional Learning at Home” resource, which is featured below.

As part of this effort, the CMHA Weekly Update will feature a MHTTC resource each week – drawn from the MHTTC catalog of toolkits, recorded webinars, presentation slides, e-newsletters, and other materials.

Featured resource from the Great Lakes MHTTC

We know this is a challenging time for students, families, and educators. The fear and concern felt by us all is valid and real. While our world is changing and we are learning to adjust, we have the opportunity to use and grow our emotional intelligence to keep us grounded and clear minded – and help our students do the same.

According to the Collaborative for Academic, Social, and Emotional Learning (2003), the goal of a social emotional learning (SEL) program is to foster the development of five emotional and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making.

We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. We have compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey.

Social Emotional Learning at Home: Remote Learning Options – available [here](#).

Telehealth with Children and Adolescents: Telehealth Learning and Consultation (TLC) Tuesdays

9:00am – Every Tuesday | Timezone: US/Mountain
Hosted By: Mountain Plains MHTTC

This hour-long online series will support behavioral health providers who are new to using telehealth. During each hour-long session, our Technology Transfer Center (TTC) Network specialists will spend the first 20 minutes addressing a specific topic, then answer questions submitted by TLC Tuesday registrants. Recordings of the 20-minute presentations as well as additional resources will be posted on the web as they become available.

Every session will run from 9:00 am – 10:00 am (MT). Registration is required for every TLC Tuesday session. During registration, you will be prompted to submit any questions you have in advance of the session.

Register for this series [here](#).

COVID-19 resources from MHTTCs across the country

The Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office at Stanford University has compiled a list of resources related to the COVID-19 pandemic that are being produced by all of the MHTTCs across the country. You can find those resources [here](#).

Great Lakes MHTTC SEL AT HOME: Remote Learning Options



In addition, a set of resources were recently developed in partnership with the National Center for School Mental Health at the University of Maryland, Supporting Student Mental Health: Resources to Prepare Educators. This school mental health resource:

- Describes the role of educators in supporting student mental health.
- Explains the core components of mental health literacy.
- Provides an annotated list of existing resources and trainings that instruct educators on mental health literacy, including information about cost and CEU opportunities.

This resource is now available on the MHTTC website in the Products and Resources Catalog [here](#).

MHTTC's school based mental health resources

MHTTC continually updates its curated list of sound school-based mental health resources. Below are the two most recent sets of such resources:

New Resource on the Great Lakes MHTTC Website - Social Emotional Learning at Home: Remote Learning Options: We are all learning to navigate remote learning and education from afar. Luckily there are several reputable, evidence-informed resources available to help educators and families promote social and emotional well-being in their students outside the classroom. The Great Lakes MHTTC School-based Supplement has compiled a list of SEL resources, lesson plans, activities, games, and tip sheets to get you started on your SEL at home journey. Available [here](#).

New Resource Page on the Great Lakes MHTTC Website – focused on COVID-19 school-based mental health resources: Available [here](#).

News from Our Preferred Corporate Partners

Relias announces offering: Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Relias, a longtime partner of CMHA, recently developed a tele-mental health topic page. The page includes our free telehealth course series, tele-mental health webinars, related blogs, and additional resources. We're still finalizing our upcoming telehealth webinar with innovaTel but can share details soon, if you'd like. That page can be found [here](#).

The most recent resource on that page is outlined below:

Ask the Experts: innovaTEL Telepsychiatry Shares Telemental Health Best Practices

Date: Monday, May 11th

Time: 2:00pm EST

During this Ask the Expert webinar, experienced telehealth practitioners from innovaTEL Telepsychiatry will share tips in preparing yourself and clients for sessions and tactics for engaging new and established clients. innovaTEL providers have been delivering care exclusively via telehealth technology for the last six years. This session is intended to support those who are new to telehealth or looking for a refresher—bring your questions and be prepared to engage in this dynamic webinar!

In the session, you'll learn:

- Best practices for offering telemental health services at your organization/practice
- Tips to prepare you and your staff as you move to telemental health
- Ways to engage new and established clients when meeting virtually

Register for this offering [here](#).

Abilita provides guidance to organizations working to employ E911 approaches

The workplace is quickly changing with the global COVID-19 crisis. As more organizations require employees to work from home, it's essential that they incorporate E911 into their remote communication strategies.

In addition, by the end of this year, all organizations in Michigan with greater than 20,000 square feet of workspace and/or multiple buildings or floors must comply. If someone from your organization called 911 now, would their location in the building get sent to the 911 center? Are you in compliance with the new Michigan E911 law?

Check out www.abilita.com/michigan-e911 to learn more about what you need to do to prepare!

myStrength: new digital behavioral health resources empower consumers to move beyond trauma



Click at left for a video overview of the new Moving Beyond Trauma program

Trauma is incredibly common. Approximately 90% of U.S. adults have experienced at least one traumatic event in their lives, which can adversely affect emotional well-being and interfere with relationships, work and overall quality of life. Expanding on our diverse whole-person resources, Livongo for Behavioral Health by myStrength is pleased to announce new, digital tools to help individuals Move Beyond Trauma. Leveraging gold-standard, evidence-based approaches including cognitive behavioral therapy (CBT) and mindfulness, these web and mobile resources:

- Address a wide range of trauma types from military deployment and assault, to natural disasters, accidents and other traumatic events.
- Empower individuals to manage discomfort and distress with actionable, in-the-moment coping skills to manage their daily symptoms
- Normalize thoughts, feelings and experiences to help consumers understand that there is a way forward that has been proven to work for so many others

- Complement Livongo's whole-person platform, which addresses chronic physical and behavioral health conditions including diabetes, stress, hypertension, and more.

[Click here to request a demo.](#)

CMH Association's Officers & Staff Contact Info

CMHA Officers Contact Information:

The Officers of the CMH Association of Michigan recently proposed, in their commitment to fostering dialogue among the members of the Association with the Association's leaders, that their contact information be shared with the Association membership. While this dialogue will not take the place of the regular dialogue and decision making that occurs during the meetings of the Association's Executive Board, Steering Committee, Provider Alliance, Association Committees, Directors Forum, PIHP CEOs meeting, nor any of the great number of Association-sponsored and supported dialogue venues, the Officers want to ensure that the members of the Association can reach them to discuss issues of interest to the Association's members. The contact information for the officers is provided below:

President: Joe Stone Stonejoe09@gmail.com; (989) 390-2284
First Vice President: Carl Rice Jr; cricejr@outlook.com; (517) 745-2124
Second Vice President: Craig Reiter; gullivercraig@gmail.com; (906) 283-3451
Secretary: Cathy Kellerman; balcat3@live.com; (231) 924-3972
Treasurer: Randy Kamps; randyk@4iam.com; (231)392-6670
Immediate Past President: Bill Davie; bill49866@gmail.com; (906) 226-4063

CMHA Staff Contact Information:

CMH Association staff can be contacted at (517) 374-6848 and via the e-mail addresses below:

Alan Bolter, Associate Director, abolter@cmham.org
Christina Ward, Director of Education and Training, cward@cmham.org
Monique Francis, Executive Secretary/Committee Clerk, mfrancis@cmham.org
Audrey Daul, Administrative Assistant, adaul@cmham.org
Anne Wilson, Training and Meeting Planner, awilson@mham.org
Chris Lincoln, Training and Meeting Planner, clincoln@cmham.org
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